Tips to maintain your heat pump

Installing a heat pump is the first step to ensuring you have the most efficient technology to meet your home's heating and cooling needs. Using your unit correctly will mean that it minimizes energy use and maximizes comfort for you. It's also important to ensure your system is maintained well so that it performs efficiently and its lifespan is optimized.

Here's a checklist to help you keep your unit well maintained and efficient.

For detailed information on these tips, visit bchydro.com/heatpumpmaintenance.

SUMMER COOLING:

- □ Use the air conditioning mode only when you need it.
- U When using your heat pump for air conditioning, close window blinds and curtains in the mornings/afternoons.
- □ Clean your filters regularly and clear any dust buildup on top of the indoor head.
- □ If you have a central heat pump, use the "Circulate only" mode to distribute the cool basement air through your home without having to use the air conditioning mode.

WINTER HEATING:

- □ Focus on your comfort, not the temperature you're used to normally. Experiment over a few days to find the temperature that feels right for you.
- □ Set it and forget it: find the right temperature setting and then leave the heat pump alone.
- □ Turn down your back up heating system at least 5°C lower than your heat pump.

GENERAL MAINTENANCE:

- Avoid setting your unit to "Auto" mode and instead use "Heat" in the winter and "Cool" in the summer.
- □ Schedule maintenance for your unit every 1–2 years (alternate the season from the last visit, if possible).
- □ Clean filters regularly.
- □ Check your outdoor unit at the start of every season to ensure airflow is not restricted. Clear away dirt, debris, snow, ice and dripping water.

