BC Hydro’s Occupational Safety & Health Standards
Contractors working for BC Hydro are responsible to work to the expectations specified in their contract, including adherence to BC Hydro rules and standards. The version of the Occupational Safety & Health (OSH) standards included in this document is designed to provide prospective contractors with an understanding of the safety expectations related to their work with BC Hydro. Once a contract is awarded, however, contractors must adhere to our most current safety policies and procedures—including the latest OSH standards—which can be found on the password-protected Safety Extranet.

Prospective contractors must also be familiar with our Life Saving Rules and our Safety Practice Regulations, which aren’t included in this document.

**How the OSH standards are used**

These standards cover expectations for managing safety. They complement and reinforce existing safety legislation, including WorkSafeBC’s Occupational Health and Safety regulations.

The OSH standards are applied in conjunction with our Safety Practice Regulations. It’s expected that contractors working for BC Hydro will meet the performance expectations expressed in the OSH standards.

Note that work procedures used by contractors to meet these OSH Standards are the responsibility of the contractor, but they must be acceptable to BC Hydro.

BC Hydro does not accept any liability or responsibility of any kind arising from inappropriate use of this information. This version of this safety document is intended solely as an example for prospective BC Hydro contractors. Any other use is strictly prohibited without the written consent of BC Hydro.
### OSH Standard

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OSH Standard 122
Job Planning
Osh Standard 122
Job Planning

1. Scope

1.1 This standard sets out the safety requirements associated with job safety planning folders, preliminary job safety planning (planning work during job safety planning activities that typically take place prior to arriving on site), pre-job conferences, tailboards and post-job activities. It does not cover the planning associated with the development of annual safety plans.

2. Purpose

2.1 The purpose of this standard is to set out the requirements for planning work to ensure:

- The risk of serious incidents occurring is reduced.
- An opportunity to identify and control hazards through application of multiple independent barriers is provided before work begins.
- Safety is integrated into the work planning, design and scheduling phases.
- Managers, supervisors and workers (engineers, designers and tradespersons) practise effective communication.
- Changes that occur during a project or job are effectively identified and managed.

2.2 Contractors are expected to follow their own planning process. BC Hydro’s expectation of contractors is that all hazards are identified and multiple independent barriers are applied for each identified hazard.

3. Standard

3.1 BC Hydro shall achieve and maintain continuous compliance with the Workers Compensation Act, Part 3, Division 3 – General Duties of Employers, Workers and Others. The Job Planning Process shall be structured to assist to fulfil the Act’s expectations regarding the identification and communication of hazards in the workplace, and remedying workplace conditions that are hazardous to the health or safety of workers.

3.2 Job Safety Planning Requirements

3.2.1 All BC Hydro personnel that plan, assign, and/or supervise the performance of work having the potential to result in injury to workers (e.g., Managers, Designers, Engineers, Project Managers, Supervisors, and Crew Leaders) shall ensure that the Job Safety Planning activities described in this standard (e.g., job planning folders, pre-job conferences, job activity sheets, and/or tailboards) are effectively completed and communicated to workers involved in the work, and use current process, materials, and forms available from the Job Planning webpage or your Business Group.

3.2.1.1 All BC Hydro field personnel (e.g., Managers, Supervisors, Crew Leaders, Workers) must complete initial Job Planning training, and refresher training every two years. Refresher training must include conducting effective Tailboards.

3.2.2 All Job Safety Planning activities must incorporate:

3.2.2.1 The identification of all hazards with the potential to result in a fatality or permanent disability. Refer to Appendix 4 for common high hazard work activities at BC Hydro.
3.2.2.2 The selection of the most effective barriers as practicable to prevent injury.

Engineers and Designers. For each identified hazard, every effort must be made to eliminate, minimize, or substitute the hazard through design decisions prior to assignment of work to field crews (e.g., application of Safety by Design). Refer to OSH 110 Hazard Identification and Risk Assessment sections 3.4, 3.5, and 3.6 for requirements to use Safety by Design, the Hierarchy of Controls, and the Safety Decision Making Principles.

Field Crews (e.g., Managers, Project Managers, Supervisors, Crew Leaders, Workers). For each hazard that remains in the workplace, identify or confirm multiple independent barriers to protect workers from each hazard. Refer to the Hazard Barrier Reference sheet on the Job Planning webpage for guidance.

- The Hazard Barrier Reference (HBR) sheet is a job-aid and is not required to be filled out. The requirement is for the HBR sheet to be used as guidance in the selection of barriers, and for those barriers to be identified and recorded in Design Reviews (section 3.3.1), Pre-job conferences (section 3.3.2), and on Tailboards (section 3.3.3).
- Barriers are shown on the HBR sheet in sequence from MOST effective to LEAST effective. When identifying or confirming multiple independent barriers for each hazard, there must be at least one barrier utilized from the MOST effective column for each hazard.
- For work situations where there is no barrier identified in the MOST effective list, work may only proceed if the work can be completed following existing safety rules or approved safe work procedures.

3.2.2.3 Managers are responsible to report all work situations where it is discovered that there is no barrier identified in the MOST effective column of the HBR sheet. This reporting is to be done using the Hazard Barrier Deficiency on-line entry form available on the Job Planning webpage. The information will be captured in a Hazard Barrier Registry which will be used by BC Hydro Safety to identify where new barriers must be developed.

NOTE – Only newly discovered work situations are required to be reported. If the situation is already known and shows on the Hazard Barrier Registry it does not need to be repeated.

3.2.3 Crews who are assigned work must be capable of identifying the hazards described in section 3.2.2.1, and selecting and implementing multiple independent barriers in response to those hazards.

3.2.4 All job planning activities must consider and document emergency response plans, including rescue, appropriate rescue equipment and first aid provisions.

3.2.4.1 Per WorkSafeBC Regulation 4.13 © written rescue and evacuation procedures plus specialized rescue equipment and techniques are required for but not limited to the following types of work:

- Work at high angles (worker is in a location or position that has constrained access, and cannot be reached for rescue purposes by a standard stairway or elevator, e.g., on a ladder or pole, in an excavation, on a tower, crane, or swing stage, etc.).
- Work in confined spaces or where there is a risk of entrapment
- Work with hazardous substances (e.g. chemicals)
- Underground work
- Work on or over water
- Workplaces where there are persons who require physical assistance to be move
3.2.4.2 Rescue procedures and equipment shall be confirmed to be available prior to work commencing.

3.2.4.3 Designated personnel to conduct rescue shall be identified and documented on the tailboard, and their training confirmed as current, prior to work commencing (per WorkSafeBC Regulation 32.2 and Safety Practice Regulation 203).

3.2.5 For jobs that require protective grounding/bonding, a documented grounding plan must be completed before work begins. In areas where worker protection practices exist (i.e. lockout in generating stations), group or personal lockout sheets and associated switching orders suffice as the required documented grounding plan.

3.2.6 Each BC Hydro Business Group must determine the scope of work activities required to use the Job Safety Planning process, and to develop and maintain the tools required to support the Job Safety Planning process (e.g., Job Planning folders, tailboards, job activity sheets, etc.), in a manner consistent with the requirements of this Standard.

3.2.6.1 Transmission and Distribution Business Group has delegated these responsibilities to the T&D Technical Working Groups (alternative arrangements must be made should eligible work activities not be covered by the T&D Technical Working Groups).

3.2.6.2 Generation Business Group has delegated these responsibilities to Planning Managers, or others as required.

3.3 Job Safety Planning Process

Safety shall be integrated into each phase of the job planning process and barriers identified for use will be documented.

Note: Job Safety Plan documents consist of, but are not limited to, any combination of:

- Job Safety Planning Folders
- Pre-job Conference forms
- Job Activity Sheets (used in Generation) and work/business–specific Tailboard forms (used in T&D)
- Safety Management Plans, used in Construction Services for projects deemed too complex to use a Job Planning Folder

3.3.1 Preliminary Job Safety Planning. The following requirements for preliminary job safety planning will be met, where applicable.

3.3.1.1 Hazards, barriers, residual risks and required safety equipment will be identified.

3.3.1.2 Design Review. Where hazards with a potential to result in a fatality or permanent disability are present, designers/project managers will involve Field Crews (e.g., Managers, Supervisors, Crew Leaders, Workers) as early as possible, by asking them to review preliminary designs/job specifications to design out specific hazards where practicable.

Using the Hazard Barrier Reference (HBR) sheet as guidance Field Crews will advise if there is any difficulty identifying and implementing barriers from the MOST effective column of the HBR sheet for each hazard. If there are no barriers available in the MOST effective column for any hazard, an interim solution must be identified (see section 3.2.2.2).

When contractors will be carrying out the work, designers/project managers are encouraged to involve contractors in the same manner wherever possible.

Note: Eliminating, substituting or minimizing hazards through design is the primary objective

3.3.1.3 Establish the scope and task sequence of the planned work.
3.3.1.4 Establish crew complement for numbers and types of trades.

3.3.1.5 Establish safety management plans and, if the job may lead to environmental impacts, suitable environmental mitigation measures.

3.3.1.6 Establish emergency response plans, including rescue and first aid provisions.

3.3.2 Pre-job Conferences

3.3.2.1 Pre-job conferences will be completed for large or complex jobs.

3.3.2.2 Pre-job conferences will ensure Job Safety Planning folder is reviewed, procedures reviewed and signed off, isolation plan and additional barriers finalized.

3.3.2.3 Pre-job conferences will review all identified hazards with the potential for fatality or permanent disability in the planned work area, and will identify, confirm, and document multiple independent barriers that will be implemented to perform the work.

Using the Hazard Barrier Reference (HBR) sheet as guidance Field Crews (e.g., Managers, Supervisors, Crew Leaders, Workers) will determine if there is any difficulty identifying and implementing barriers from the MOST effective column of the HBR sheet for each hazard. If there are no barriers available in the MOST effective column for any hazard, an interim solution must be identified (see section 3.2.2.2).

3.3.2.4 Pre-job conferences will confirm that the resources that are allocated to the job meet the following conditions:

• Workers are qualified to perform their assigned tasks, or there is a process in place to make this determination prior to work commencing.

• The tools and equipment that will be used are in a safe condition and appropriate for the job, or a process is in place such that this determination will be made prior to work commencing.

• Emergency response plans, including rescue, appropriate rescue equipment, and first aid provisions are identified and will be available.

3.3.3 Tailboards

3.3.3.1 As per Safety Practice Regulation rule 106, documented tailboards will be held for all hazardous work involving one or more worker:

• Before work commences

• And/or whenever there is a significant change in the work plan

Work is considered hazardous, and therefore requiring a documented tailboard, where the hazardous energy of the activity being performed has a credible and realistic potential to cause death or probable permanent disability. For more information on hazardous work definition, refer to Section 7 Definitions and Appendix 4 Common High Hazard BC Hydro Activities.

3.3.3.2 For low hazard work, verbal tailboards can be used. As per Safety Practice Regulation rule 718, when working under Group Lockout, hold a documented tailboard meeting to ensure all workers understand which energy sources have been controlled and which equipment is in a protected state.

3.3.3.3 Everyone involved in the on-site work must participate at the tailboard meeting.

3.3.3.4 Each hazard with the potential for fatality or permanent disability must be confirmed and individually
recorded on the applicable job planning documentation (Job Planning Folder, Tailboard).

Using the Hazard Barrier Reference (HBR) sheet as guidance, Field Crews (e.g., Managers, Supervisors, Crew Leaders, Workers) must list multiple independent barriers, in order of effectiveness, for each hazard.

Barriers are shown on the HBR sheet in sequence from MOST effective to LEAST effective. When identifying or confirming multiple independent barriers for each hazard, there must be at least one barrier utilized from the MOST effective column for each hazard.

For work situations where there is no barrier identified in the MOST effective column, work may only proceed if the work can be completed following existing safety rules or approved safe work procedures.

Supervisors, Crew Leaders, and/or Workers are responsible to ensure their Manager is made aware of any work situation where it is discovered that there is no barrier identified in the MOST effective column. Managers are to report any newly discovered work situations of this nature (see section 3.2.2.3 for reporting method).

3.3.3.5 The tailboard discussion must review, confirm availability, and document emergency response plans, rescue equipment, and first aid provisions.

3.3.3.6 All tailboard documentation will be retained for two years.

3.3.4 Safe Work Observations

3.3.4.1 During regular Safe Work Observations, managers must ensure and verify application of the Job Safety Planning requirements and completion of accompanying Job Safety Planning documents. This includes:

- Having Workers identify to the Manager each hazard with the potential for fatality or permanent disability in the work zone.
- Having Workers show and explain to the Manager the barriers used to protect Workers from each hazard, in order of effectiveness, with at least one barrier from the MOST effective column of the Hazard Barrier Reference sheet.
- The Manager confirming that each hazard has been recorded on the Tailboard or Job Activity sheet with corresponding barriers written in order of effectiveness.
- The Manager confirming that emergency response plans, including rescue and first aid provisions have been discussed, and that rescue equipment is available.

3.3.5 Post-Job Debriefs

3.3.5.1 Where key safety issues have been identified in the course of work, post-Job Debriefs will be held to ensure that safe work observations are shared to allow for improvements to be incorporated in future jobs.

If work situations have been identified where there is no effective barrier identified in the pertinent MOST effective column on the Hazard Barrier Reference sheet, then the work situation must be reported in the Hazard Barrier Deficiency process (see section 3.2.2.3 for reporting method)

3.3.5.2 All tailboards will be reviewed by managers until they are satisfied with their quality. Once satisfied,
tailboard reviews will be carried out periodically, but more frequently for large, complex jobs.

4. Roles and Responsibilities

4.1 Managers

4.1.1 General roles and responsibilities for managers are to ensure that:

• Proper safety planning of all work is completed.
• Pre-job conferences are conducted and documented where applicable.
• Contractors and/or subcontractors have WorkSafeBC coverage and liability insurance.
• The qualification and authorization of workers under their authority and direction is appropriate for the work to be performed.
• Work procedures and safety standards will be followed and maintained.
• Workplace risk assessments are completed and issues are corrected as required.
• Orientation of all workers to the job site and associated hazards are completed.
• Emergency response equipment and personnel certification are up-to-date.

4.2 Senior Managers (i.e. M3/M4)

4.2.1 Senior managers are responsible for:

• Ensuring Safe Work Observations occur on a pre-determined frequency in order to be satisfied that the processes are carried out in a manner that meets their expectations.
• Ensuring there is a process for monitoring the quality and effectiveness of Job Safety Plan documents and Safe Work Observations which is sufficient to ensure Senior Management is knowledgeable of the process.
• Ensuring that work situations where there is no effective barrier identified in the MOST effective column on the Hazard Barrier Reference sheet are reported; that new barriers are being considered to provide additional protection in these circumstances, and that work is being done safety until additional barriers are available.

4.3 First Line Managers (i.e. M1/M2)

4.3.1 First line managers are responsible for:

• Ensuring workers are qualified to identify the hazards described in section 3.2.1, by conducting a hazard assessment prior to work and to select and implement effective barriers in response to those hazards.
• Ensuring Job Safety Plan documents are completed.
• Conducting documented Safe Work Observations as often as is required to ensure quality of the Job Safety Planning process.
• Ensuring Safe Work Observations include querying Workers on workplace hazards with the potential for fatality or permanent disability.
• Providing feedback to workers on the quality of Job Safety Plan documents.
• Conducting a documented assessment of completed Job Safety Plan Folders as often as is required to ensure quality of the Job Safety Planning process.
• Reporting new work situations where there is no effective barrier in the MOST effective column of the Hazard Barrier Reference sheet (refer to section 3.2.2.3).
• Ensuring Pre-job conferences are held and that all relevant parties understand and are prepared to discharge their roles and responsibilities.

• Disallowing addition of significant work to the work plan within ten days of the work taking place (applicable to BC Hydro’s Generation Business Group).

• Maintaining a file of Job Safety Planning documents for a minimum of two years.

4.4 Supervisors (i.e. Crew Leaders, Work Leaders, Foremen, Sub-Foremen)

4.4.1 Participate and contribute during Pre-job Conferences and Tailboard Discussions to ensure understanding of the potential hazards, barriers, and any specific rescue considerations required in the event of an incident.

4.4.2 Prepare written Job Safety Plan documents in advance.

4.4.3 Review and sign-off Job Safety Plan documents.

4.4.4 Ensure that hazards are identified and barriers are in place and communicated to workers, with at least one barrier utilized from the MOST effective column of the Hazard Barrier Reference sheet for each hazard. If no barrier is identified in the MOST effective column for any particular hazard, ensure the work is completed following existing safety rules or approved safe work procedures, and ensure any work situations where this condition is discovered is reported to the responsible Manager.

4.4.5 Ensure tailboard discussions are held with workers.

4.4.6 Use the Job Safety Plan documents to record identified changes during the work that may require specific action.

4.4.7 Monitor the work in reference to the plan.

4.5 Workers

4.5.1 Participate and contribute during Pre-job Conferences when requested to ensure understanding of the potential hazards, barriers, and any specific rescue considerations to be used in the event of an incident.

4.5.2 Participate and contribute during tailboard discussions to ensure:

• Identification and understanding of any hazards with the potential for fatality or permanent disability,

• Implementation of multiple independent barriers for each hazard with at least one barrier per hazard from the MOST effective column of the Hazard Barrier Reference sheet, and

• Review specific rescue considerations to be used in the event of an incident.

4.5.3 Review Job Safety Plan documents for identified changes during the work that may require specific action.

4.6 Occupational Safety and Health (OSH) Specialists

4.6.1 Participate and contribute as required during Pre-job Conferences as Subject Matter Expert on potential hazards, barriers, and any specific rescue considerations to be used in the event of an incident.

4.6.2 Develop safety documents associated with Job Safety Planning as required.

4.6.3 When at worksites, query Workers on work zone identification of hazards and barriers.

4.7 Trades Training Instructors (TTIs)

4.7.1 Provide Job Safety Planning training as required.
4.7.2 Act as Job Safety Planning Subject Matter Experts.

4.7.3 When at worksites, query Workers on work zone identification of hazards and barriers.

4.8 Safety Advocates

4.8.1 Act as Job Safety Planning Subject Matter Experts.

4.8.2 When at worksites, query Workers on work zone identification of hazards and barriers.

4.9 Office Administrators

4.9.1 Maintain a file of Job Safety Planning documents for a minimum of two years.

5. Records and Documentation

5.1 Job Safety Planning Folders

5.2 Pre-Job Conference forms

5.3 Tailboard Forms for Specific Business Groups and Jobs

5.4 Specific Work Procedures and Operating Orders

5.5 Hazard Barrier Reference Sheet (see Job Planning website)

5.6 Hazard Barrier Deficiency Process and Hazard Barrier Registry (see Job Planning website)

6. References

6.1 WorkSafeBC Part 3, Division 3 – General Duties of Employers, Workers and Others

6.2 Power System Safety Protection, System Operating Order (SOO) IT–12L – Module 2, Section 3, Module 3, Section 3

6.3 BC Hydro Safety Practice Regulations Book

6.4 BC Hydro Job Planning Webpage

7. Definitions

High Hazard Activity

Activity is considered high hazard if the hazardous energy of the activity being performed has a credible and realistic potential to cause death or probable permanent disability. Refer to Appendix 4 for examples of common BC Hydro high hazard activities.

Hazardous Energy: Any electrical, mechanical, hydraulic, pneumatic, chemical or thermal energy, or force such as gravity that could potentially harm workers (Source: BC Hydro Safety Practice Regulations Glossary)

Attention:
BC Hydro defines high hazard activity for the general purpose of job planning/documenting tailboards.

Note that WorkSafeBC Regulation 9 and OSH Standard 303 “Confined Space”, distinguishes between “high”, “moderate” and “low hazard atmosphere”. Workers involved in confined space activities must determine and record through tailboards confined space atmosphere hazard accordingly.

Preliminary Job Safety Planning: Planning and coordination activities, including Design Review, that are carried out with sufficient lead time such that work can be safely and successfully completed when the workers arrive on site.
Pre-Job Conferences: Meetings that are held in advance of large or complex jobs to ensure that all relevant parties understand and are prepared to discharge their roles and responsibilities.

Tailboards: On-site discussions that shall be held immediately before work commences or during the course of work when there is a change in the job or crew composition to ensure that all workers understand the hazards, barriers in place, risks and procedures associated with the job.

Post-Job Debriefs: Discussions that are held following large or complex jobs to ensure that key safety issues are discussed, allowing for improvements to be incorporated for future jobs.

Personal Protective Equipment:

- Personal Barrier – PPE means any device or appliance designed to be worn or held by an individual for protection against one or more health and safety hazards during accidents.
- Rescue/Medical Aid – The worker is rescued in some way following contact with the hazard.
- Preventative Barriers – Barriers that are put in place to prevent the loss of control of a hazardous energy source.
- Mitigating Barriers – Barriers that are put in place to reduce or eliminate the potential for harm to workers in instances where there has been a loss of control of a hazardous energy source (i.e. in instances where preventative barriers fail).

Revision Rationale:
OSH Standard 122 V5: This standard has been revised in response to the corrective actions related to November 2014 electrical contact at the New Westminster Substation.

OSH Standard 122 V5-1 (Updated February 10, 2016): Additional edits made to rescue section 3.2.4 in response to WorkSafeBC orders related to November 2014 electrical contact at the New Westminster Substation.

OSH Standard 122 V5-2 (Updated July 12, 2016):

- Removal of content from Appendix 1 and edits to section 3.2.2.2 to reflect and point to the new OSH Standard 110 Hazard Identification and Risk Assessment that replaces this information.
- Update section 3.2.4.1 to provide clarity on the term “high angle” when considering rescue requirements.
Appendix 1

Hierarchy of Accident Sequence Controls

Please note that the contents of this appendix have been moved from this standard to a new location in Appendix 4 of the July 2016 updated version of OSH Standard 110 Hazard Identification and Risk Assessment.
Appendix 2

Generation Safety Planning Decision Tree for the Job Planning Folder

(Stand Alone Jobs)

Job Safety Planning Decision Tree

Job Planning Folder

Job to be performed

Is this a large complex job?

YES

Prepare a Job Planning Folder

Complete the following steps for each task in the folder

YES

Assess the hazards by referring to the shaded portion of the Job Activity Sheet

YES

Is there a change in the job?

NO

Workers discuss tasks and hazards associated with the job and start work

YES

Prepare Job Activity Sheet

Revised: June 9, 2009
Appendix 3

Additional Requirements for Preliminary Job Safety Planning,

Pre–Job Conferences and Tailboards

Preliminary Job Safety Planning

- As required, ensure that system and local component training for workers assigned to the job is current.
- For multiple employer worksites ensure that a site safety coordinator is designated
- Documented preliminary grounding plans, including isolation requirements, will be prepared. The preliminary job safety plan will consider the effects of having more than one set of grounds applied on the same isolated section of line at different work locations.
- Obtain applicable operating orders, BC Hydro OSH Standards, and written procedures
- Ensure an authorized worker to act as the Person in Charge (PIC), when operating responsibility is assigned by Fraser Valley Operations (FVO) to BC Hydro for the planned work.
- Ensure that all required specialized tools and equipment meet applicable BC Hydro standards (inspections, etc) and will be on the job site (e.g., air monitors, live line tools, vehicles, man lifts).
- Worksite risk assessments are completed where applicable
- Documentation (e.g., WHMIS, Notice of Project (NOP), etc.) and permits (e.g., Transportation of Dangerous Goods (TDG), diving, etc.) are obtained.

Pre–Job Conferences

- A risk assessment will be done, or reviewed if a pre–existing risk assessment is applicable, for the work to be carried out so that related safety and health hazards are identified and appropriate barriers are put in place to control these hazards.
- For work involving contractors, BC Hydro's relationship with the contractor (e.g., dependent, independent or prime contractor) will be reviewed as per the Workers Compensation Act.
- All relevant work groups are to be represented at the pre–job conference.
- For large or complex jobs involving contractors and/or subcontractors, a pre–job conference will be held in accordance with BC Hydro's OSH Standard covering contract management.
- A safety plan will be developed as required. It will include, as a minimum, emergency response details specific to the planned work, and worker job/site orientation.
- Pertinent operating orders and BC Hydro OSH Standards are to be identified and reviewed.
- Establish a method of communication between the work groups for emergency response purposes.
Tailboards

- Workers who are working alone shall apply the tailboard requirements, set out in below, prior to commencing work.
- Tailboard discussions shall include the following topic areas:
  - The scope and task sequence of the planned work, including any applicable procedures.
  - A review of any relevant preliminary or pre-job documentation.
  - The location and boundaries of the work and the placement of signage/demarcation of safety zones to establish safety zones as required.
  - Environmental conditions which could impact the work.
  - Communication requirements and systems.
  - Rules and regulations applicable to the work being performed.
  - All the known hazards and the required barriers.
  - Required personal protective equipment.
  - Safety management plans and environmental management plans, including requirements for emergency response, rescue plans and first aid.
  - Other work that could affect the work area.
  - Worker experience and knowledge of the job at hand.
Appendix 4

Common High Hazard BC Hydro Activities

The table below is not all inclusive but is meant to list examples of most common high hazard

BC Hydro activity/work situations broken down by hazard category. Documented tailboard is required prior to any of these (or similar) activities/work situations.

<table>
<thead>
<tr>
<th>Hazard Category</th>
<th>Activity/Work Situation</th>
<th>Potential Consequences</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Electrical</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Working on energized lines and/or equipment (&gt;= 150 V DC or &gt;=30 V AC)</td>
<td>Electrocution, Electrical burns, Ventricle fibrillation</td>
</tr>
<tr>
<td></td>
<td>Working in close proximity of energized/exposed lines and/or equipment [closer than Column 4 Limits of Approach (LOA)]</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Working with hazardous test energy</td>
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<tr>
<td></td>
<td>CT work</td>
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<tr>
<td></td>
<td>Working with equipment isolated not de-energized per SPR rule 512</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Working on/near failed equipment</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Electrofishing</td>
<td></td>
</tr>
<tr>
<td><strong>Gravity</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Working at height</td>
<td>Falling, Falling objects, crushing, Asphyxiation, Drowning</td>
</tr>
<tr>
<td></td>
<td>Working with objects at height</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Working in or above excavations</td>
<td></td>
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<tr>
<td></td>
<td>Working above water</td>
<td></td>
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<tr>
<td><strong>Mechanical</strong></td>
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<tr>
<td></td>
<td>Working on or near moving equipment or equipment that may move unexpectedly</td>
<td>Crushing, Entanglement, Component failure, Struck by cable/conductor or jack</td>
</tr>
<tr>
<td></td>
<td>Working on or near power tools or machinery/equipment with moving parts or stored energy</td>
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<tr>
<td></td>
<td>o Springs</td>
<td></td>
</tr>
<tr>
<td></td>
<td>o Pulling cable</td>
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<tr>
<td></td>
<td>o Stringing conductor</td>
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<tr>
<td></td>
<td>o Jacking conductor (&quot;sucking bubbles&quot;)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>o Replacing insulators</td>
<td></td>
</tr>
<tr>
<td><strong>Chemical</strong></td>
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<td></td>
</tr>
<tr>
<td></td>
<td>Working in a toxic atmosphere or with hazardous substances: asbestos, lead, mercury, PCBs, ammonia, chlorine, silica dust, acid, caustic, flammables (gasoline, hydrogen), radioactivity etc.</td>
<td>Harmful exposure, Burns, Asphyxiation</td>
</tr>
<tr>
<td><strong>Pressure</strong></td>
<td>Sudden uncontrolled release of high pressure gas or fluid</td>
<td>Harmful exposure, Burns</td>
</tr>
<tr>
<td><strong>Thermal</strong></td>
<td>Working in proximity to high temperature sources</td>
<td>Fire, Burns, Explosion</td>
</tr>
<tr>
<td></td>
<td>Implosive sleeves</td>
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</tr>
<tr>
<td><strong>Biological</strong></td>
<td>Working in proximity of rodent droppings</td>
<td>Hanta virus, HIV, hepatitis</td>
</tr>
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<td>Working in proximity of blood-borne pathogens</td>
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<tr>
<td><strong>Other</strong></td>
<td>Working in confined space</td>
<td>Asphyxiation, Drowning</td>
</tr>
<tr>
<td></td>
<td>Working in water including the use of divers</td>
<td></td>
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</tbody>
</table>

Table of Contents
OSH Standard 201
Worker Qualifications for Limits of Approach Authorization
Osh Standard 201
Worker Qualifications For Limits Of Approach Authorization

1. Scope
This standard applies to the process of authorization for workers intending to work for BC Hydro on or in proximity to exposed energized conductors or equipment of BC Hydro's power system in accordance with Safety Practice Regulation (SPR) Rule 401 or other regulation addressing Limits of Approach (LOA).

2. Purpose
The purpose of the standard is to:
- Identify the workers who can be authorized for LOA
- Establish what worker qualifications are expected for each authorization level
- Assist managers accountable for authorization in carrying out their responsibility for assigning LOA authorization to their workers based on worker qualification experience and competence.

3. LOA Authorization Requirements

3.1 Each worker must be authorized by their manager to a specific Column of LOA specified in Table 401 of the SPR. Managers will base authorization upon obtaining assurance of each worker’s understanding of the electrical hazards to which he or she will be exposed.

3.2 The authorization must be recorded in PSSP/WPP Manager.

3.3 When workers transfer, their LOA authorization must be reviewed by their new manager and be confirmed or changed as required.

4. Specific Worker Qualification Requirements
The specific requirements below (by category) apply to the four categories of worker that may be seeking LOA authorization.

4.1 Qualified Electrical Workers

4.1.1 Only experienced electrical utility trades or technical workers who have achieved and maintained their qualifications may be designated as Qualified Electrical Workers. Recognized trades or technical classifications consist of Power Line Technicians, Electricians, Operators, Cable Splicers, Winders, CPC Technologists, P&C Technologists (Engineering), Instrumentation & Controls Technologists, Meter Technicians, Project Equipment Specialists and Electrical Engineers.

4.1.2 These workers may be authorized to work up to distances specified in Column 2 LOA if they are authorized to at least PSSP Category 5 or WPP Category C.

4.1.3 These workers may be authorized to work up to distances specified in Column 1 LOA only if their job specifically requires this.

4.1.4 Only qualified electrical workers are permitted to act as safety watchers in relation to high voltage electrical hazards.
4.2 Apprentice Electrical Workers

4.2.1 These workers may be authorized to work up to distances specified in Column 3 LOA if they are authorized to at least PSSP Category 3 or WPP Category B.

4.2.2 These workers may work up to distances specified in Column 2 LOA if all of the following are met:

- They are working under the direct and continuous supervision of a Qualified Electrical Worker authorized to either Column 1 or 2 LOA.
- They are working in accordance with the Level Requirements of their apprenticeship.

4.2.3 These workers may work up to distances specified in Column 1 LOA if all of the following are met:

- They are apprentice Power Line Technicians working on the Transmission System at voltages of 138 kV and above, and they are working in accordance with the term requirements of their apprenticeship (in this circumstance, term 5).
- They are working under the direct and continuous supervision of a Qualified Electrical Worker (Power Line Technician) authorized to Column 1 LOA.
- They are performing work in accordance with an Approved work procedure.
- For training of this nature, the Apprentice shall not be considered a Qualified Electrical Journeyperson for the interpretation of Safety Practice Regulation crew complement requirements.

4.2.4 These workers may participate in high voltage rubber glove field training if all of the following are met:

- They are apprentice Power Line Technicians working in accordance with the Level Requirements of their apprenticeship.
- They are working under the direct and continuous supervision of a Qualified Electrical Worker (Power Line Technician) authorized to Column 1 LOA and certified in rubber glove work procedures.
- They have received formal classroom rubber glove training by a Trades Training Instructor, and have demonstrated technical competence at an approved training facility.
- For training of this nature, the Apprentice shall not be considered a Qualified Electrical Journeyperson for the interpretation of Safety Practice Regulation crew complement requirements.

4.3 Qualified Workers – Specially Trained

4.3.1 These are typically non-electrical workers who have received special training in order to work closer than the distances specified in Column 4 LOA.

4.3.2 These workers may be authorized to work up to distances specified in Column 1 LOA if all of the following are met:

- They are apprentice Power Line Technicians working on the Transmission System at voltages of 138 kV and above, and they are working in accordance with the Level Requirements of their apprenticeship (in this circumstance, term 5).
- They are working under the direct and continuous supervision of a Qualified Electrical Worker (Power Line Technician) authorized to Column 1 LOA.
- They are performing work in accordance with an Approved work procedure.
- For training of this nature, the Apprentice shall not be considered a Qualified Electrical Journeyperson for the interpretation of Safety Practice Regulation crew complement requirements.
4.3.3 These workers may be permitted to work to Column 2 but only under a specific, dedicated work procedure that is approved by the BC Hydro’s Senior Vice-President of Safety, Security and Emergency Preparedness.

4.3.4 These workers are not permitted to act as safety watchers in relation to high voltage electrical hazards.

4.4 Unqualified Workers

4.4.1 Workers that do not meet the requirements stated in sections 4.1 – 4.3 are considered unqualified. These workers may still be authorized, but only to Column 4 LOA and if they hold PSSP Category 2 or WPP Category A authorization.

5. References

5.1 BC Hydro Safety Practice Regulations Rule 401 Limits of Approach to Exposed Energized Conductors and Equipment.

5.2 WorkSafeBC Occupational Health and Safety Regulation Part 19 “Electrical Safety”.

Revision Rationale:

a) Section 4.2.3: This change is made to align with current training practices, and to ensure proper permission of these practices in this standard. Some work on the transmission system is required to be done closer than Column 2 LOA (e.g., working the cold end of an insulator string). In order for apprentices to learn this work under the supervision of a qualified journeyman, they must be allowed to work closer than Column 2. This training has traditionally been done, but the creation OSH Standard 201 section 4.2 did not previously take this into account, so disrupted the ability to do this training.

b) Section 4.2.4: This change is made to align with current training practices, and to ensure proper permission of these practices in this standard. LOA authorizations are required in order to permit the placement of appropriate cover–up prior to performance of rubber glove work procedures.

November 12, 2014 minor edit:

a) Update the wording of 4.2.2 and 4.2.4 to match that now used by the Industry Training Authority and by the Apprentice Training Program.
OSH Standard 203
Welding, Cutting and Hot Tapping
Osh Standard 203
Welding, Cutting And Hot Tapping

1. Scope

1.1 This standard covers safety aspects and hazards associated with welding, cutting and hot tapping (hot tapping is welding on vessels that contain liquids or gases).

2. Purpose

2.1 This standard identifies requirements associated with welding, cutting and hot tapping which must be in place for reducing the risk associated with these hazards.

3. Standard

3.1 Hazard Assessment

A detailed hazard assessment of welding and cutting operations conducted by a person with a thorough understanding of the process hazards is required which includes:

- Type of welding or cutting that needs to be done;
- Air contaminants generated from the welding or cutting operation, including by-products;
- Physical hazards in the area;
- Fire and explosion hazards;
- Other hazards resulting from associated processes (e.g. cleaning the metal, grinding, chipping, removing existing coatings) such as electricity, UV exposure, noise and burns from slag.

3.1.1 Written procedures will be developed to control hazards identified in clause 3.1.1 and will address the following:

- Hazard control;
- Administration controls (i.e. Hot work permit);
- Engineered controls;
- Personal protective equipment.

Small welding contractors without occupational health & safety resources may accomplish this by following procedural guidelines contained in CSA Standard W117.2–94.

3.2 Exposure Control Plan

Due to the potential exposure to designated hazardous substances, an exposure control plan must be developed.
3.3 Safe Work Procedures

3.3.1 Written procedures must be developed to control hazards identified in the hazard assessment and will follow the hierarchy of controls:

- Elimination or substitution (e.g. use of welding rods with lower concentration of hazardous contaminants);
- Engineering controls (e.g. ventilation);
- Administrative controls (i.e. Hot work permit);
- Personal protective equipment.

3.3.2 For all welding operations appropriate personal protective equipment is required, including flame resistant clothing, helmet, eye protection and respiratory protection appropriate to the job and location.

3.3.3 Protection is to be in place (e.g. welding screens, ventilation, barriers and signage) so that other workers in the area will not be exposed to arc flashes and other welding related hazards.

4. Roles and Responsibilities

4.1 Managers

4.1.1 Managers are responsible for providing risk assessments, safe work procedures and approved equipment for welding, cutting and hot tapping.

4.1.2 Managers must ensure that employees who perform welding, cutting or hot tapping are qualified for the assigned work and have reviewed the Exposure Control Plan and safe work procedures.

4.2 Workers

4.2.1 Workers who operate gas or electric welding equipment are responsible for doing so safely, including using appropriate personal protective equipment.

4.2.2 Workers are responsible for identifying and reporting potential high risk areas and following written work procedures.

4.2.3 Workers must only carry out work they are trained and qualified for.
5. References

5.1 WorkSafeBC OHS Regulation Part 12.

5.2 CSA W117.2–94 (referred to by WorkSafeBC Part 12)


5.4 ANSI Z491 1973 Safety in Welding and Cutting

5.5 BC Fire Code, Division B, Part 3 (Indoor and Outdoor Storage) and Part 5 (Hazardous Processes and Operations)

5.6 BC Hydro Electric Arc Welding, Welding Fume Exposure Control Plan and Welding Work Procedures

5.7 BC Hydro OSH Standard 313 and OSH Standard 601

Revision Rationale:

Wording throughout this standard was revised based on comments received from knowledgeable persons in order to add more clarity, including the following:

- Added a requirement for an Exposure Control Plan in accordance with Safety Directive 2016–7–D
- Moved supplementary information into Appendix 1
- Additional references added such as the BC Fire Code, BC Hydro Exposure Control Plan and Work Procedures
Appendix 1
Additional Information

Gas Welding and Oxy-fuel Cutting

- Grease or petroleum products shall not be used on oxygen fittings or hoses because as oxygen is released from a cylinder, it expands and can form an explosive mixture with oil. Oil and grease should also be kept clear of rubber hoses because they cause deterioration. See that jointing surfaces in cylinder valves and regulators are free from oil or grease. If they are found to be oily, do not attempt to clean them; return them to the supplier for exchange.

- Acetylene cylinders will not be used when cylinder pressure is less than 103 kPa (15 lb/in²). Oxygen cylinders will not be used when cylinder pressure is less than 172 kPa (25 lb/in²).

- Acetylene and oxygen cylinders are not permitted inside confined spaces.

- Regulators will be set such that safe working pressures recommended by the manufacturer are not exceeded.

- Acetylene, in contact with certain metals, particularly alloys of copper, can form explosive compounds. Acetylene should therefore never be allowed to come into contact with copper or any alloy containing more than 70% copper.

- All cylinders must be secured upright when they are in use. Only sufficient spare cylinders for one day’s use may be stored at the immediate work area. Others must be in an approved storage space elsewhere. When stored, cylinders must be upright and secured (against a wall by an adjustable chain where possible). Oxygen will be grouped separately from acetylene (a half-hour fire-rated partition between them is ideal). When transported in a vehicle or trailer, cylinders must be secured. Regulators, hoses and torch assemblies must be removed from cylinders and cylinder safety caps screwed on, hand tight, to protect valve heads from damage in an accident. Gas lines must be bled. Use appropriate equipment (e.g. dolly) to transport cylinders. Never drag, slide, or roll cylinders.

  Note: If the valve breaks off, a pressurized cylinder becomes a lethal torpedo.

  - Valves, hoses and torches shall be kept free of dust, dirt or any such obstruction.

  - Inspect for leakage or defects prior to each use and test frequently for leaking connections. Escaping acetylene can generally be detected by the odour. Test with soapy water, never with an open flame.

  - Should any compressed gas cylinder develop a leak, take it out in the open air, keep it well away from ignition sources, secure it in an upright position and notify the supplier at once.

  - Flashback arrestors must be used.

  - Use only friction lighters for lighting torches. Do not attempt to re-light a torch that has blown out without first closing both torch valves.

  - Remember: oxygen regulators use right hand threads, acetylene regulators use left hand threads but to increase pressure they both turn clockwise. Always use the correct wrench supplied for the regulators. The nut for oxygen is purposely different from the acetylene nut to avoid mixing accessories.

  - The key for opening the acetylene cylinder valve must be kept on the valve stem while the cylinder is in use so that the acetylene may be quickly turned off in an emergency. Use the “turn of the wrist” rule.

  - Acetylene cylinder pressure is greatly affected by heat and cold. Pressure gauge readings do not indicate contents.

  - When welding is stopped for a long period (lunch, or overnight), first turn off the acetylene torch valve, then the oxygen torch valve. Close the cylinder valves. Remove the residual pressure in the lines and regulators relieving the oxygen first, then the acetylene. Do not open the cylinder valves suddenly.

  - Torches and hoses must be removed from a confined space when not in use and when the confined space is vacated.
Electric Welding

- Never change the polarity or the rotary switch of an electric welding machine when the machine is under a load. If done under load, the switch contacts will probably be burnt, and the resulting arc may injure the operator.
- The welding machine must be properly grounded. Pipelines carrying gasses or flammable liquids and conduits carrying electrical conductors must not be used for grounding the welding machine.
- The polarity or the rotary switch of an electric welding machine must not be switched when the machine is under a load.
- Compressed gas cylinders not required for the welding operation will be kept clear of the work area. Those in the work area will be protected from arc flash.

Welding or Hot Tapping on Equipment that Contain Flammables

- The contents of the equipment being welded must not unintentionally alter the metallurgical or chemical properties of the material being heated.
- Welding will not be performed on equipment that is operating above its rated working pressure and temperature, or on equipment that is operated at less than atmospheric pressure.
- Check that the material to be welded is of sufficient strength and thickness for the welding.
- Where flammable vapours are likely to be present in equipment, work may not proceed until a qualified person has conducted tests to ensure that work may be safely performed.
- Positive flow in the line being welded should be maintained, at least until after welding operations have been completed so that heat is dissipated. Where there is insufficient flow, the line must be flushed with steam, inert gas or hydrocarbon gas. Such steam or gas should be kept flowing through the line during the welding operation.
- Air lines or vessels must be free from lubricating oils (e.g. those that could be distributed through the system by a compressor) prior to welding.
- Prevent the ignition of a flammable atmosphere in the vapour space due to the application of external heat or release of flammable vapours from vents.
- A suitable fire extinguisher (minimum 4A~40BC) or a pressurized fire hose must be ready at the job-site. It is highly recommended that extinguishers with a hose as opposed to a stubby discharge nozzle and spark blankets be used. A water pressure or water mist type extinguisher may also be appropriate depending on the hazard.
- Never pump fluid in or out of tanks, agitate the contents or cause venting while hot work is in progress. Personal lockout should be applied to:
  - Agitator switches
  - All valves on product lines at the tanks
  - Gas-blanketing valves
  - Heater coil valves
Flashback

- When the flame flashes back into the mixing tube and sustains itself there, it is called “flashback”. It is caused by:
  - Overheating the tip and torch mixer tube
  - Keeping the tip in a small space so long that it cannot be cooled by the air around it
- A shrill hissing or squealing usually accompanies a flashback.
- Extinguish a flashback immediately by shutting off the preheat oxygen valve. Without oxygen, the flame cannot burn inside the torch.
- To protect the welder, check valves must be installed. Some are placed in each hose-line just behind the torch; other types are installed at the regulator.
OSH Standard 204
Personal Lockout
Osh Standard 204
Personal Lockout

1. Scope

1.1 The scope of this standard is limited to personal locks and lockout requirements.

1.2 WorkSafeBC Regulations Part 1O applies when work is conducted on equipment that is not part of the Power System.

1.3 On the Power System:

1.3.1 System Operating Order 1T−12 Power System Safety Protection (PSSP) applies within the PSSP boundaries. Refer to System Operating Order (SOO) 1T−12 A and 1T−12B and SPR 600 in combination with this standard to identify what equipment is subject to personal lockout and how the lockout is to be applied.

1.3.2 Work Protection Practices (WPP) applies for all work performed on equipment within the Generation boundaries. See SOO 1T−12A 6.0 and SPR 700 for further clarification on how personal lockout procedures apply.

Note:
Non-Integrated Area (NIA) facilities are implementing a staged conversion from PSSP to WPP starting May 30, 2014 and concluding March 2015. Upon completion of implementation at each facility, the requirements at that facility change from section 1.3.1 of this Standard to section 1.3.2.

1.4 All work performed on customer equipment will be in accordance with SOO 1T−12H. Customer lockout will:

• Follow WorkSafeBC personal lockout procedures.
• Be isolated by the customer using the customer’s procedure.
• Be over-locked with BC Hydro worker personal locks and a lockout tag.

2. Purpose

2.1 The purpose of this standard is to clarify how WorkSafeBC Regulations Part 1O is applied within BC Hydro in conjunction with System Operating Order (SOO) 1T−12 (PSSP−SPR 600) and Work Protection Practices (WPP−SPR 700). The requirements for safe lockout, published in WorkSafeBC Regulations Part 1O, should be reviewed in combination with this standard.

3. Standard

3.1 Equipment not on the power system requires specific written procedures. The specific written procedure is to include the following steps:

• Identify the equipment to be locked out.
• Stop the equipment.
• Disconnect the hazardous energy sources.
• Verify lockout effectiveness.
• Apply personal locks.
3.2 Workers must use only locks that are assigned to them.

3.2.1 Personal locks that are assigned to workers will have affixed labels that clearly identify the name (first and surname) of the designated user.

3.2.2 Personal locks provide worker protection. A personal lock may be utilized only by its designated user.

3.2.3 Within PSSP boundaries, Lockout Tags are to be used to draw attention to locks. Tags designated for use on the Power System (Section 500 of the Safety Practice Regulations) must not be used for personal lockout. See Appendix 1 for tags used in personal lockout.

3.2.4 Locks may be issued to workers for retention throughout their career in BC Hydro. It is also acceptable to issue personal locks for the duration of a job.

3.3 All electrical power supplies must be individually lockable — with the exceptions of the following two scenarios and their resolutions:

3.3.1 The machine receives power from a plug.

- If the work will be out of the immediate and direct control of the worker, the plug must be locked in a short stop.

3.3.2 The machine is hard-wired to a circuit breaker panel.

- The appropriate circuit breaker must be individually locked in the open position.
- A circuit breaker that cannot be individually locked open may be safeguarded by opening the circuit breaker and securing the circuit breaker panel door with a personal lock, only if:
  - There is a main switch to kill all power to the locked panel, and;
  - Either the worker is the only person required to lock out the equipment; or the panel door is transparent — allowing other workers to view the breaker status before applying their own locks.

3.4 Scissor clips may be used when two or more workers have to apply locks and when the isolation point cannot accept more than one lock.

- In the event that a scissor clip has to be attached to an isolation point that is already locked out, the original lock holder must remove the lock. The scissor clip may now be inserted and all workers must apply their locks to it.

3.5 All external contractors working on BC Hydro equipment subject to personal lockout must follow BC Hydro procedures when working within the Power System boundary area (PSSP or WPP boundaries). This requirement will be written into contracts, and the person responsible for the equipment will ensure that applicable BC Hydro procedures are followed.
4. Roles and Responsibilities

4.1 Workers

4.1.1 Each worker is personally responsible for the isolation and lockout of all hazardous energy sources that may jeopardize their safety during the course of their work.

4.1.2 The worker must have full knowledge of: the hazardous energy sources that will be isolated; the boundaries of the safe work area; and the safety procedures for the job.

4.1.3 Follow written lockout procedures during all maintenance work. The written procedures must be readily accessible for every job.

4.1.4 Remove the last lock. Ensure that that all persons are clear and that the machinery or equipment can be operated safely.

4.2 Managers

4.2.1 Master or spare keys must be kept in a secure place accessible only to the manager for emergency use.

5. Records and Documentation

5.1 Lockouts must be conducted in accordance with documented procedures. The procedures must be readily available to all workers that are required to work on the machinery or equipment.

5.2 A checklist must be used when the number of personal lockout points is three or more.

5.3 The manager's removal of a worker's lock in an emergency must be recorded.

6. References

6.1 WorkSafeBC Regulations Part 10 De-energization and Lock

7. Glossary

7.1 Control device – A means of isolating machinery or equipment from the flow of energy. The control device may be a switch, circuit breaker, valve, latch or clutch. Electrical switches or push buttons that control current flow remotely by means of relays or contactors are not considered suitable isolating devices for the purpose of lockout.

7.2 Hazardous energy – Energy that could injure or endanger a worker (e.g. electric, compressed gas, steam, chemical, hydraulic, tensioned spring or elevated object.)

7.3 Lockout – Use of lock(s) to render machinery or equipment inoperable or to isolate an energy source in accordance with written procedures.

7.4 Maintenance – Work of keeping machinery or equipment in a safe operating condition and includes, but is not limited to, repairing, adjusting, cleaning, lubricating and the clearing of obstructions to the normal flow of material.

7.5 Personal lockout – The use of personal locks to secure the control devices which regulate the release of hazardous energy. It is intended to provide safety for workers during maintenance work.

7.6 Short Stop – A lockable plastic cover that clamps over the male end of an electric plug to prevent its connection to a power supply.
Revision Rationale:

OSH Standard 204 V1 June 10, 2011: The scope of this standard was revised to include maintenance of low voltage equipment in Non–Integrated Generating Stations in the application of lockout procedures, consistent with Safety Practices Committee Bulletin 134. This is a change in practice where previously workers were required to follow Power System Safety Protection (PSSP).

OSH Standard 204 R1 June 10, 2011 (V1–1 Updated December 4, 2014): The scope of this standard was revised to reflect the implementation of Work Protection Practices (WPP) within the non–integrated Generating Stations and Substations.

OSH Standard 204 (V1–2 Updated October 23, 2017): Removal of Section 3.6 (lighting circuit exceeding 250V are subject to personal lockout) has been communicated with the PSSP Committee as part of the rollout of the new PSSP operating orders in May 2016. This change reflects those updates.
Appendix 1

Lockout Equipment

The BC Hydro stores catalogue and list of stationery items for lockout.

**Personal Lock** — Stores stock #110 0510. This padlock is issued with two keys: one for the assigned lock holder; and one for the supervisor. All locks are uniquely keyed.

**Scissor Clip** — Stores stock #110 O511. This multiplex device allows six padlocks to be locked on to one isolating point.

**Short Stop** — Stores stock #110 O512. This is a plastic lockable box that clamps over an electric plug to prevent its connection to a power source.

**Lockout Clip** — Stores stock #110 O513. This device is used to immobilize a circuit breaker. It is designed to fit over several varieties of panel mounted circuit breakers (up to 15 amp).

**Lockout Clip** — Stores stock #110 O514. This is similar to 110 O513 but specifically designed for FPE circuit breaker, style AB, type NEG311015.

**Lockout Sticker** — Stationery form #10236. This is a circular orange adhesive tag, 3.8 cm diameter, which draws attention to equipment that is subject to personal lockout procedures.

**Attention Tag** — Stationery form #LGO2–2O. This yellow tag can be attached to equipment that is not locked out but which needs attention.

![BC Hydro Lockout Procedures](image)
Locked Out Tag – Stationery form #10243. This red tag can be attached to equipment that is locked out. The tag is used to supplement the personal lock – not replace it.

Notes:

- It is recommended that, where appropriate, electrical supplies to machinery should be fed through individual disconnect switches that can be locked, or through removable plugs. In single-phase supplies, it is often easy to insert an in-line plug and socket such as a Twistlok in a flexible supply cable.

- Other items of hardware for lockout may be obtained from outside the BC Hydro stores system. Suppliers of many types of panel mounted circuit breakers have single-pole and multi-pole clips and other lockout devices.
OSH Standard 206
Worker Protection
Grounding/Bonding
Osh Standard 206
Worker Protection Grounding/Bonding

1. Purpose

1.1 To establish and communicate the safety and health requirements and responsibilities for Worker Protection Grounding/Bonding devices, practices, and procedures.

2. Scope

2.1 This standard shall apply to all work on being done by or for BC Hydro on its Power System, either conducted and supervised by BC Hydro employees or assigned to contractors.

3. Requirements

3.1 BC Hydro shall have and maintain Worker Protection Grounding/Bonding procedures that meet the requirements of:

- WorkSafeBC Occupational Safety and Health Regulation Part 19 Electrical Safety Section 22 Grounding and Blocking, and
- The BC Hydro Safety Practice Regulations, specifically Rules 512 and 513

3.2 All grounding system components including grounding cable, ball studs, clamps, ferrules, and accessories must meet the requirements of ASTM Standard F855 Standard specification for Temporary Protective Grounds to be used on De-energized Electrical Power lines and Equipment, and have the appropriate fault current rating for the application. Grounding equipment that meets ASTM F855 is approved for use.

Only the following exceptions are permitted. For more details refer to the Worker Protection Grounding/Bonding Manual.

- Chance C-Clamp C600–2256 is approved for use in tower grounding up to 20kA only on 1 3/4” steel angle iron where the angle iron is completely inside the jaw of the clamp.
- Universal clamps are only approved for use on flat bar when the bar is complete inserted inside the jaw of the clamp.
- Flat faced ground clamps are not approved for use since they have been shown during testing to come off during a fault.

3.3 The point at which ground leads are applied to electrical equipment and the ground lead assembly must have current carrying capabilities/ratings equivalent to or greater than the maximum fault current available at the location of grounding (e.g. attaching ground leads to corona rings is not acceptable). Required ground lead sizes are listed in:

- System Operating Order (SOO) 2T–05 (Transmission/Distribution lines and Stations).
- Generation Operating Order (GOO) 2G–44 specifies local fault levels which are used to determine appropriate ground lead sizes, which are listed in Local Operating Orders (Generating Stations).
3.4 Ground Leads must be tested in accordance with ASTM Standard F2249 Standard Specification for In–Service Test Methods for Temporary Grounding Jumper Assemblies Used on De–Energized Electric Power Lines and Equipment or equivalent standard at one–year intervals.

3.4.1 Testing and maintenance instructions for Ground Leads are located in Section E of the BC Hydro Testing and Maintenance Instructions for Safety Service Shops manual. Responsibility for the development and maintenance of this manual is delegated to the BC Hydro Safety Engineering Department.

3.4.2 A tag or label must be attached to grounding leads identifying the lead’s length and test due date. Untagged or unlabeled ground leads are not to be used.

3.5 Any Worker Protection Grounding/Bonding device that has been subject to a fault must be immediately removed from service and disabled in a manner that ensures it cannot inadvertently re–enter service.

3.6 BC Hydro Business Groups shall ensure that work procedures developed for the application of grounding and bonding are aligned with the requirements of this Standard, and with the requirements of the Safety Practice Regulations. These work procedures are found in:

- The Worker Protection Grounding/Bonding Manual (Transmission/Distribution lines and Stations).
- Generation Maintenance Instruction O1.20.MTCE.03 (Generating Stations).

Contractors are responsible for creating their own work procedures, which must be acceptable to BC Hydro.

3.7 Executive Vice Presidents shall ensure implementation of this Standard and related procedures in their business units.

3.8 The Senior Vice–President of Safety, Security and Emergency Preparedness shall provide oversight of BC Hydro performance and compliance with this standard, and shall report status to the CEO and Board of Directors according to the schedule set out in the audit plan.

4. Roles and Responsibilities

4.1 Managers, Foremen/women, Sub–Foremen/women, and Crew Leaders are responsible for understanding and meeting their responsibilities as defined in this Standard and related manuals, operating orders, and work procedures, including but not limited to:

4.1.1 Planning and supervising work.

4.1.2 Ensuring workers are trained and competent.

4.1.3 Responding to, reporting and investigating incidents and non–conformances.
4.2 Workers who carry out work within the scope of this Standard are responsible for:

4.2.1 Completing any required instruction and training prior to work.

4.2.2 Adhering to work procedures that are approved for this work, including the selection and application of grounding/bonding equipment, and the appropriate matching to fault currents.

4.2.3 Development of a grounding/bonding plan for each job, and documenting as part of the Job Plan or Tailboard.

4.2.4 Stopping work immediately if they encounter unsafe conditions, and reporting any problems or concerns to their work/crew leader or manager.

5. Regulation and Related Documents

5.1 WorkSafeBC OHS Regulation, Part 19.22 Grounding and Blocking

5.2 BC Hydro Safety Practice Regulations

5.3 ASTM F855 — Standard specification for Temporary Protective Grounds to be used on De-energized Electrical Power lines and Equipment

5.4 ASTM Standard F2249 — Standard Specification for In-Service Test Methods for Temporary Grounding Jumper Assemblies Used on De-Energized Electric Power Lines and Equipment

5.5 Worker Protection Grounding/Bonding Manual

5.6 Recommended Grounding Practices for the Maintenance Work, Major Repair Activity, and Testing of Synchronous Generators – Standard Number: 01.20.MTCE.03

Revision Rationale: Complete re-write to align the content of this Standard to the Safety Practice Regulations and to Business Group work procedures in the T&D Worker Protection Grounding/Bonding Manual and Generation Maintenance Instruction O1.20.MTCE.03. Duplicated material has been removed and placed in appropriate documents to ensure contradictions between documents is prevented.
OSH Standard 208
Chainsaws and Portable Power Tools
Osh Standard 208
Chainsaws And Portable Power Tools

1. Purpose
   1.1 To communicate acceptable and required safety equipment and practices for the use of chainsaws and other portable power tools.

2. Scope
   2.1 This standard shall apply to all BC Hydro work whether conducted and supervised by BC Hydro employees or assigned to contractors.

3. Requirements
   3.1 Chainsaws and power tools will be operated in accordance with WorkSafeBC (WSBC) Occupational Health and Safety Regulation (OHSR), plus other references as identified in Section 5 of this standard.

3.2 Chainsaws
   3.2.1 Chain Saw — a power-driven tool designed to cut wood with a saw chain and consisting of an integrated compact unit of handles, power source, and cutting attachment, designed to be supported with two hands.

   Note: A “Hot Saw,” which is a saw mounted on an extended pole, is not considered a chainsaw for the purposes of this standard since it is not a compact unit. Therefore only section 3.4 of this standard would apply.

   3.2.2 All chainsaws used at BC Hydro must have the following safety features:
   - Chain brake (inertial)
   - Chain catcher
   - Bumper or bucking spikes (“dogs”)
   - Hand guards front and rear
   - Reduced radius chain bar tip on top-handled saws
   - Spark arresting muffler (gas powered saws)

   3.2.3 Basic personal protective equipment (PPE) (including hard hat, hearing protection, safety glasses, gloves and steel toed boots) must be worn when using a chainsaw.

   3.2.4 Additional PPE for all chainsaw use must include:
   - Face shield
   - Leg protection such as pants, chaps or apron meeting the requirements of WSBC OHSR 8.21, Schedule 8-A.
3.3 General Rules for Safe Chainsaw Operation

3.3.1 Any BC Hydro employee who uses a chainsaw at work must have had formal training in safe chainsaw operation. Minimum training is BC Hydro SAFE-529 (Chainsaw Operation).

3.3.2 Any worker who falls a standing tree larger than 6 inches in diameter must be certified to the BC Faller Training Standard or be a Certified Utility Arborist (CUA) with falling certification acceptable to WSBC.

Note: this requirement does not apply to work related to clearing trees that have already fallen (e.g.: storm damage).

3.3.3 The saw must be in good operating condition with all safety features in place, chain tension properly adjusted, and the chain brake confirmed to be working properly.

3.3.4 Saw use must be restricted to cutting wood only.

3.3.5 Workers must not work alone when operating chainsaws except as specified in Safety Practice Regulation 801.1.

3.4 Portable Power Tools Including Powder Actuated Tools

This section applies to all portable power tools include nailers, drills, grinders, saws and others where energy operating the tool is electrical, pneumatic, hydraulic, internal combustion or explosive cartridge (i.e., powder actuated).

3.4.1 Any employee required to use portable power tools must be instructed in the safe use of those tools.

3.4.2 Any employee using portable power tools will wear applicable basic PPE as well as any additional PPE, such as respiratory protection, as identified in safe work planning.

3.4.3 All power tools will be used only for their intended purpose and as per the manufacturer’s instructions.

3.4.4 All guards and other safety devices provided by the tool’s manufacturer must be kept in good working condition and never defeated.

3.4.5 Powder actuated tools – refer to WSBC OHSR 12.51 through 12.57 for specific requirements on the selection, use, and storage of these tools.

4. Roles and Responsibilities

4.1 Workers

4.1.1 Comply with the provisions of this standard and all referenced regulations, standards and rules as applicable.

4.1.2 Follow all BC Hydro safe work procedures and Work Methods applicable to the work.

4.2 Supervisors

4.2.1 Supervisors must ensure that workers are instructed on the safe use of portable power tools and trained in the safe use of chainsaws.

4.2.2 Supervisors must ensure all elements of a safe work plan are in place before work begins.
5. Regulation and Related Documents

5.1 CSA Standard Z62.1–95 Chainsaws
5.2 CSA Standard Z62.1–15 Chainsaws
5.3 WSBC OHSR 26.1 and Guideline Part G26.1–1
5.4 WSBC OHSR 8.21 and Guideline Part G8.21
5.5 WSBC OHSR and Guideline “Powder Actuated Tools” Parts12.51 to 12.57
5.6 WSBC OHSR Part 12.72 to 12.73
5.7 WSBC OHSR and Guideline Part G26.21
5.8 BC Forest Safety Council
5.9 BC Hydro Safety Practice Regulations rules 31O and 8O1.1
5.10 BC Hydro SPR 4O5
5.11 BC Hydro OSH Standard 6O1
5.12 SAFE 529 Chainsaw training

6. Information Controls

6.1 Revision History

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OSH Standard 209
Isolation of Mechanical Apparatus
Osh Standard 209
Isolation Of Mechanical Apparatus

1. Scope

The scope of this safety standard is to address acceptable isolation of mechanical devices including such equipment as:

- Intake and spillway gates
- Large valves — penstock inlet valve, turbine inlet valve, pressure regulating valve
- Wicket gates, deflectors, needles
- Any other hydraulic operated equipment
- Piping systems
- Generating Units

2. Purpose

The purpose of this standard is to establish a consistent approach to the isolation and blocking of mechanical apparatus used as isolating devices. Where it is not practicable to apply the minimum standard, the facility WPP/PSSP local operating order shall specify alternate procedures which achieve an equivalent level of worker safety (e.g. engineered systems).

3. Standard

See Appendix 1 to learn about design concepts for isolation of mechanical devices.

3.1 Application Concepts

3.1.1 General Requirements

Prior to worker access to mechanical apparatus, all hazardous energy sources shall be isolated.

Due to the wide variety of systems and designs in use, specific energy control measures shall be designed on a system by system basis, by first analyzing every energy source individually and then in combination with the other energy sources present.

3.1.2 Isolating Devices

Isolating devices shall be rated to withstand the maximum credible pressure and/or forces that could be applied to them in their isolated state. All isolating devices shall be lockable.

3.1.3 Reliance on Pressure

It is not acceptable to rely on fluid pressure to maintain isolation or blocking of mechanical apparatus. Exemptions may be made with approval in writing from both the Safety Practices Committee (SPC) and a Professional Engineer.
3.1.4 Reliance on Check Valves

It is not acceptable to rely on check valves to maintain isolation.

3.1.5 Verification

i) Concept for Blocking

Blocking shall be verified by confirming that the correct blocking device is installed and locked (tagged if PSSP) in the correct position.

ii) Concept for Piping Systems

The isolation of a piping system shall be verified by one of the following methods, listed in order of preference. In each case, several attempts could be used to demonstrate the cause and effect relationship between the drain and the observation.

- Visually monitor the dissipation of stored energy from the system into the drain as a direct result of opening the valve. Shortly after opening little or no flow should exist.
- Audibly monitor pressure dissipation from the system into the drain by hearing flow noise as direct result of opening the valve. Shortly after opening, no flow noise should exist.
- Using a pressure gauge, observe the pressure in the system decrease as a result of opening the drain valve. The pressure gauge must originally record pressure present, to check its operation, and then decrease to zero.
- Open a drain valve to atmosphere and confirm it is not plugged, possibly by inserting a rod long enough to reach the main pipe into the drain.

3.1.6 Visual Check

i.) Concept for Blocking

Blocking shall be visually checked by confirming that the correct blocking device is installed and locked (tagged if PSSP) in the correct position.

ii.) Concept for Piping Systems

Isolation of a piping system shall be visually checked by confirming all valves are in the correct position and are locked (tagged if PSSP) in that position.

3.2 Large Gates and Valves

3.2.1 Hydraulically Operated

Acceptable methods of isolating hydraulically operated devices include, in order of preference:

1. Complete depressurization of the system with a drain open, and isolation of all energy sources. If the device must be held in position to prevent it from moving, positional blocking must be installed as well.

2. Single valve and drain with full-force blocking.

3. Double valve and drain with a second drain line to ensure the actuator remains without any pressure, and positional blocking.
For large gates and valves held in place by gravity, refer to A (iii) in Appendix 1, which defines gravity as fulfilling the requirements of positional blocking in some situations.

3.2.2 Water Operated

Acceptable methods of isolating water operated devices are the same as for hydraulically operated devices.

If a water-operated device receives its energy from a line or header which has already been isolated in accordance with this document, the energy source for the water operated device can be considered isolated as well. Note that blocking may still be required.

3.2.3 Wire Rope

Wire rope devices shall be isolated by disconnecting electrical power to the devices, isolating any manual/auxiliary operators, and using positional blocking to maintain the device in position.

Blocking applied to the hoist braking mechanism such as brake clamps shall be considered an acceptable method of blocking the gate in a desired position, provided the design of the clamp and the suitability of the system has been approved by a Professional Engineer.

3.2.4 Crane and Lifting Beam

When a device is solely operated using a crane with a lifting beam, the device may be isolated using one of the following methods, in order of preference:

1. Removing the lifting beam from the device and locking the access for the beam to the gate slot.
2. Removing the lifting beam from the device and locking the lifting beam.

3.2.5 Direct Drive

A direct drive device such as belt, chain or shaft driven shall be isolated by disconnecting electrical power to the device and isolating any manual/auxiliary operators. Positional blocking is required unless the system is approved as self locking by a Professional Engineer.

3.3 Hydroelectric Generating Units

Each generating unit must be considered individually. The subsections here set out guidelines for isolating the higher hazard sources of energy. It is not intended to be a complete list of all points to isolate a generating unit, but rather a list to address the major sources of energy. Although not specifically listed, consideration must be given to the other sources of energy present such as fire protection and brake air systems.

3.3.1 Servomotors and Wicket Gates

Isolation of the wicket gates shall be by one of the following three methods:
1. Depressurizing the accumulators and opening a drain, isolating the air supply, electrically isolating the oil pumps, and installing positional blocking on the servomotors; or

2. Isolating the hydraulic and pneumatic energy using single valve and drain of the piping, and installing full force blocking on the servomotors.

3. Isolating the hydraulic and pneumatic energy using double valve and drain of the piping, and installing either positional or full force blocking on the servomotors. If this method is used, the possibility of stored energy in the servomotors must be addressed, as described in Appendix 1, Section B iv.

3.3.2 Unit Rotation

Full force mechanical blocking of the rotating components is not practical. Therefore, isolation of the hazardous energy is necessary and shall include the following components:

1. Intake operating/maintenance gate, penstock inlet valve and associated bypass valves, turbine inlet valve and associated bypass valves, or other device closed to block the flow of water into the turbine;

2. Penstock or scroll case drain valve open (or equivalent, such as an open scroll case door) to drain leakage from item 1 above;

3. All raw water valves necessary to prevent back flow shall be closed;

4. Generator electrical isolation – perform as required by local operating order and the Recommended Grounding Practices for Hydroelectric Generators Maintenance Standard (01.20.MTCE.03); generally it includes:
   a. Disconnect open or flex links removed and grounded, neutral disconnect open or secondaries open, and neutral ground installed; and
   b. Inadvertent rotor movement blocked by:
      i. Isolating the energy from the generator lift pump; if a unit does not have a lift pump inadvertent movement can be considered blocked; and
      ii. Restricting backflow of water through the turbine by installing draft tube gates or isolating and blocking the wicket gates in the closed position; and
      iii. Isolating the energy from the unit jacking system.

3.3.3 Unit Rotation – Brushgear Maintenance

Note:
Brushgear maintenance generally includes measuring brushes, replacing brushes, and/or cleaning the slipring and collector assemblies. It does not generally include removing the speed switches, PMG, slipring assembly or collector assembly. Due to the risk of rotation while performing work, adequate safe work procedures are required to prevent minor worker injury due to pinch hazard. If the unit creeps for any reason the Brushgear maintenance is stopped and established isolation reviewed.

1. Hazard

The residual magnetism in the rotor is only a hazard if the rotor is able to spin allowing this magnetism to interact with the stator winding. This can result in an undetermined amount of continuous current flow (rotor
speed dependant) in the stator winding Worker Protection Grounds which may affect their integrity. These grounds are applied on the stator to protect the workers from inadvertent energization of the stator and their integrity must be maintained.

- Rotation hazard of the slip rings — pinch factor or loose clothing getting caught between the brush holders and sliprings

2. Equipment Protection Methodology Associated with a Pressurized Scroll Case

- Generator brakes must remain applied to prevent unit rotation:
  - To mitigate residual magnetism interacting with the stator to ensure integrity of the worker protection stator grounds
  - Enable creep detection systems to protect the generator bearing

- Governor in an active, but shutdown condition to maintain gate squeeze

- Lift pump operational and **NOT isolated** to protect the generator bearing:
  - Creep detection systems protect the generator bearing and must be in an operational state. If a creep operation initiates gate opening to take the unit to speed–no–load, the **scroll case must be drained**

3. Isolation of Prime Mover Methodology

- Wicket gates blocked closed, verified and locked or nozzles blocked closed, verified and locked

3.3.4 Water Passages

Some water passages are considered confined spaces. Check with area Occupational Safety and Health (OSH) Specialist to confirm classification. For water passages which are classified as confined spaces, refer to Section 3.5 of this standard.

3.3.5 Pressurized Air Admission Systems

Pressurized air is considered a hazardous substance as it could cause injury in a confined space, even if it is considered breathable air.

For entry of personnel into the water passages of generating units equipped with synchronous condenser operation or pressurized air injection, isolation will be determined by the classification of the water passage:

1. Confined Space — isolation to meet the requirements of WorkSafeBC OSHR Part 9 and OSH Standard 303 for confined space entry; or

2. Not a Confined Space — isolation to be single valve and drain.

3.4 Work on Piping Systems

This section is intended to outline the isolation required for working on a piping system, not entry into the piping system or a confined space connected to the piping system. Entry into confined spaces is subject to additional considerations to meet the requirements of WorkSafeBC OSHR Part 9 and OSH Standard 303.
Isolation may not be required for all piping system work provided an alternate approved work procedure is followed (e.g., hot tapping).

When establishing isolation, a drain might be remote to the work. Best practice for disconnecting or opening a pipe is to treat it as live until it is obviously open to atmosphere. For example, flange bolts should be loosened on the side opposite the worker.

A piping system, including pipes for air, oil, and water, can be isolated in any of the following three manners, listed in order of preference.

3.4.1 Depressurizing

It is preferable to remove the hazard by depressurizing, but often this is not practical. Note that the section of piping may have to be specifically depressurized in addition to depressurizing the equipment at the source.

3.4.2 Disconnecting

Removing a section of piping to ensure the hazardous energy cannot reach the work area.

3.4.3 Blanking

Installing a blank in the line and draining the line section to be worked on.

3.4.4 Single Valve and Drain

At a minimum, depressurizing will consist of isolating the energy source and opening a drain line in the section of piping to be worked on.

3.5 Confined Spaces

For entry into a confined space, the requirements of WorkSafeBC OSHR Part 9 and OSH Standard 303 must be fulfilled in addition to those presented in this Standard.

Isolation options for hazardous substances in lines adjacent to a confined space include disconnecting, blanking, double block and bleed, and single device isolation. For details and formal definitions, see the references.

3.6 Cranes

Cranes have both electrical and gravitational hazards. Electrical isolation shall be made using the main disconnect. Isolation for the gravitational hazard is required when movement of the load bearing components would endanger a worker (e.g., replacing the brake pads or the brake assembly); this requires the hoist to be dogged or the hook placed on the floor.

3.7 Auxiliary Equipment (i.e. Pumps and Compressors)

For work on auxiliary equipment, electrical isolation is required as per WPP/PSSP, in combination with isolation and draining of the piping system connected to the equipment. Piping system isolation shall be by single valve and, if necessary, a drain. The drain is required if pressure could be stored or built up in the isolated area.
4. Roles & Responsibilities

4.1 Managers

4.1.1 Required to manage the work for the requirements of this standard are met

4.1.2 For generating stations, ensure the WPP local operating order contains necessary procedures.

4.1.3 Ensure spaces which workers are required to enter are reviewed to determine if they are confined spaces. A written entry procedure is required for workers to enter a confined space.

4.2 Workers

4.2.1 Follow applicable safe work practices and procedures

5. References

5.1 WorkSafeBC OHSR Part 9 Confined Spaces

5.2 BC Hydro Safety Practice Regulation (SPR) Rule 518

5.3 OSH Standard 303 – Confined Spaces

5.4 Recommended Grounding Practices for Hydroelectric Generators Maintenance Standard (O1.20.MTCE.03); (accessible by using the FileNet Search Engine and login with BC Hydro login and password )

6. Glossary

Blocking – Physically securing mechanical equipment against inadvertent movement, or maintaining a physical opening in the case of electrical installations.

Brake Clamps – A device applied to a brake disk or assembly meeting the requirements of blocking.

Direct Drive – A system where the rotational energy is transmitted by a belt, chain or shaft.

Dissipating – Reducing hazardous energy to a level that is required by regulation or is otherwise safe for humans, including measures such as releasing pneumatic, gas, or hydraulic pressure; releasing spring energy; and applying Worker Protection Grounding/Bonding or Blocking.

Double Valve and Drain – To close two designated isolating valves in the piping and open a designated drain valve located in between the two designated isolating valves. The drain line can be less than the diameter of the line being isolated. This does not meet the requirements of WorkSafeBC OSHR Part 9.1 – additional requirements must be met for Confined Space Entry. If the drain line is the diameter of the line being isolated then this is Double Block and Bleed.

Double Block and Bleed (for confined space entry) – The closure of adjacent piping by locking out a drain or vent in the open position in the line between two locked out valves in the closed position. The diameter of the bleed line must be no less than the diameter of the line being isolated, unless certified by a Professional Engineer.
Drain – A method for the safe release of a liquid or a gas.

Hazardous Energy – Any electrical, mechanical, hydraulic, pneumatic, chemical, or thermal energy, or force such as gravity that could potentially harm workers.

Hydraulically-Operated Device – A device, the movement of which is controlled by fluid pressure.

Isolated – For electrical equipment, the normal sources of hazardous energy have been disconnected by opening and securing all associated switches or by making a line or bus cut. For mechanical equipment, the equipment has been rendered and secured non–operative by installing a blank in a pipe line, closing a valve, depressurizing, draining, venting, or other effective means.

Isolating Device – A device that physically prevents the transmission or release of hazardous energy to equipment, such as a switch, line or bus cut, fuse, or valve.

Single Valve and Drain – To close a designated isolating valve in the piping and open a designated drain valve. Does not meet the requirements of WorkSafeBC OHSR Part 9 – additional requirements must be met for Confined Space Entry.

Vent – a safe opening for the escape of a gas or liquid or for the relief of pressure
Revision Rationale:

The following changes and their accompanying references are as follows:

- Added unit jacking to isolation for unit rotation (3.3.2)
- Clarified scope of brushgear maintenance (3.3.3)
- Changed brushgear maintenance section to apply to a pressurized scroll case rather than a primed penstock (3.3.3)
- Expanded requirements for considering gravity when working on cranes (3.6)
Appendix 1

DESIGN CONCEPTS FOR ISOLATION OF MECHANICAL APPARATUS

This section outlines the underlying design concepts which form the basis for the standard. It is intended to provide background information for the more specific cases outlined in Section 3 of this standard.

A. Blocking

The intention here is to clarify the requirements in SPR Rule 518 by providing guidelines for the design and use of blocking while still meeting Rule 518. Two categories of blocking, full force and positional, are defined for use in different situations.

i) Design

Devices used for blocking shall be designed by a Professional Engineer to withstand the maximum credible force on the mechanical apparatus for the specific position(s) in which the apparatus is secured. Determination of the maximum credible force will take the following factors into consideration:

• Actuator or hydraulic forces acting on the device (e.g. actuator forces resulting from leakage of isolation points)
• Other forces acting on the device (e.g. worker climbing on mechanical linkages)
• Weight of the components acting to hold the device in the required position (e.g. lever arm, piston, rod, etc.)
• Effects of friction where the coefficient of friction can be shown to be predictable over time
• Forces required to maintain a positive seal on the device (e.g. to keep a large valve from leaking)

Blocking must have provision for being secured and locked in position.

ii) Full Force Blocking

Full-force blocking of mechanical apparatus shall be designed to withstand the maximum credible actuator force in combination with other forces.

Since full force blocking is designed to a higher standard than positional blocking, full force blocking may always be used in place of positional blocking when positional blocking is called for in the standard.

iii) Positional Blocking

Positional blocking does not need to consider actuator forces.

Positional blocking is generally a device designed to hold an isolating device in an open, closed, or incremental position. However, for the purposes of this standard, if gravity is holding the device in position, the device is considered to have positional blocking applied. In other words, gravity can perform as positional blocking if the physical configuration is appropriate.
iv) Application

All blocking devices shall be visually inspected for deformation or damage prior to use and removed from service if unacceptable.

v) Testing

All blocking must be tested at least once, generally as a commissioning test when it is first fabricated or constructed, to ensure it withstands its maximum credible force without significant damage or deformation.

B. Vents and Drains

i) Design

Devices used for vents and drains shall be designed to dissipate stored or residual energy. Vents and drains shall be designed with consideration to the following factors:

- Minor leakage from the isolating device
- Fluid expansion/contraction resulting from thermal effects.
- Provision for verification and visual checking as defined by Safety Practice Regulations (SPRs)
- Prevention of introduction of air into a system or drainage of residual oil from a system when it could cause erratic operation or equipment damage
- Provision to prevent accidental oil spills
- Dissipation of stored or residual energy

All components of vent and drain piping must meet the minimum diameter requirements given in B (ii) below.

Vent and drain valves used for immobilizing an isolating device shall not be used to accommodate excessive leakage from an isolating device. As a general guideline, the drain shall have free space available in the pipe and fluid must not be ‘spraying’ from the outlet.

ii) Sizes

Drains and vents shall be sized to accommodate reasonably anticipated leakage. In general, the diameter of the drain line should be no less than 10% of the diameter of the supply line.

The intention is for the drain to accommodate minor leakage through the valve and to act as a telltale for the condition of the isolating valve, not to fully relieve pressure in the case of a complete isolating valve failure.

iii) Sizes of Vents and Drains for Confined Spaces

The requirements in B (ii) do not meet the requirements of WorkSafeBC OHSR Part 9.18 for entry into confined spaces. For piping where a harmful substance could enter an occupied confined space, double valve and drain with a drain line equal in size to the isolating valve size, a blank in the line, or a Single Device Isolation Certificate must be in place. See Section 3.5 of this Standard for more details.
iv) Trapped Pressure

Double valve and drain does not necessarily drain the pressure from piping and equipment downstream of the isolation. Pressurized oil or gas could be trapped in a device or build up due to thermal expansion.

When used on a hydraulic device where complete immobilization of the device is critical for worker safety, double valve and drain shall incorporate a second drain line on the actuator to bleed off any residual pressure. This second drain shall be a minimum of ¼ inch nominal diameter for dissipating energy. The second drain line is not required if minor movements of the device are deemed to be not hazardous by a Occupational Safety and Health (OSH) Specialist or Professional Engineer.

Additionally, a proper switching sequence must be followed to prevent trapping pressure in piping or equipment.
OSH Standard 210
Rigging Components
Osh Standard 21O
Rigging Components

1. Scope

1.1 This standard covers the selection, inspection, maintenance, and application of ropes, slings, and rigging components. It also covers the requirements for the dielectric properties of Live Line rope and Barehand rope.

2. Purpose

2.1 This standard outlines the requirements for the use of slings and ropes and rigging components. There are three classes of non-conductive rope:

- Live Line Rope used for voltages 60kV or less
- Live Line Rope used for voltages 500 kV or less
- Barehand Rope used for Barehand work

3. Standard

3.1 Slings

3.1.1 Web slings and rope slings must be visually inspected each time before use and defective equipment must be immediately removed from service.

Note:
- Sling Rejection criteria can be found in the WorkSafeBC OH&S regulations
- Manufactured web strap slings are preferred for use

3.1.2 Slings must be properly stored when not in use. See Appendix 4.

3.1.3 Workers that splice rope must have received suitable training from a recognized authority (e.g. a rope manufacturer) and must maintain an acceptable level of rope splicing proficiency.

3.2 Rope

3.2.1 Ropes must comply with applicable specifications, referenced in Appendix 1.

3.2.2 Rope must be visually inspected each time before use and defective rope must be immediately removed from service (see Appendices 2 and BC Hydro Testing and Maintenance Instructions for Safety Service Shops (section E7).

3.2.3 Fibre ropes will be protected from being damaged by sharp edges. Pads must be inserted between the rope and any sharp edge that the rope may contact.

3.2.4 Metal eye thimbles are recommended to protect rope eyelets. Thimbles or shackles should be in place when coupling fibre to wire rope.

3.2.5 A fibre rope that is cut shall have its ends bound or whipped.
3.2.6 Natural fibre ropes must not be used for hoisting with a powered hoist.

3.2.7 Fibre ropes must be properly stored when not in use. See Appendix 4.

3.2.8 Synthetic ropes must not be exposed to corrosive chemicals or excess heat.

3.2.9 Wire ropes and metal components are to be periodically lubricated in accordance with manufacturers’ recommendations.

3.3 Non-Conductive Rope

3.3.1 Non-conductive rope shall not be used for any purpose other than Live Line or Barehand work. It shall be kept clean, dry, and free of foreign substances.

3.3.2 Live Line rope used for work on up to 60 kV shall have the following attributes in addition to those listed in 3.3.1 above:

- It will be white in colour and will include manufacturer’s colour tracers.
- It will be of double braid polyester–polyester construction.
- It is not dielectrically tested.
- It can be used such that it comes into direct contact with energized lines having voltages of no more than 60 kV. It may be used at voltages greater than 60 kV, but for such applications it is not to come into contact with energized conductors, rather it may only approach them up to ½ absolute limits of approach.

3.3.3 Live Line rope used for work on up to 500 kV shall have the following attributes in addition to those listed in 3.3.1 above:

- It will be green in colour.
- It will be tested in accordance with the test protocols of BC Hydro Testing and Maintenance Instructions for Safety Service Shops (section E7) prior to going into service and at an interval of no less than once per year.
- It will have a label affixed to it identifying the electrical test due date.
- It can be used such that it comes into direct contact with energized lines having voltages of up to 500 kV.
- It will be field tested prior to use.
- Rope that is purchased for the purpose of Live Line applications will meet the electrical test requirements (part 13) of ASTM F1701.

3.3.4 Barehand Rope shall have the following attributes in addition to those listed in 3.3.1 above:

- It will be orange in colour.
- It will be tested in accordance with the test protocols of Appendix 3 prior to going into service and at an interval of no less than once per year.
- It will have a label affixed to it identifying the electrical test due date.
- It will be used only for Barehand work.
- It will be field tested prior to use.
- Rope that is purchased for the purpose of Barehand applications will meet the electrical test requirements (part 13) of ASTM F 1701.
3.4 Rigging Components

3.4.1 The design, construction, maintenance and use of work platforms that are suspended from cranes or hoists will comply with WorkSafeBC Standard: WPL 2-2004 Design, Construction and Use of Crane Supported Work Platforms.

3.4.2 Adjustable Strain poles shall have their pole clamps subject to non-destructive testing on an annual basis.

3.4.3 Hoists

• Hoists will be subject to a pre-use inspection, in accordance with manufacturer’s instructions, prior to use on each shift. This includes ensuring the hoist is clean and its chain/wire is adequately lubricated.

• Hoists will be subject to a shop inspection at intervals of either 1 year or as specified by the hoist manufacturer. Approved shops for hoist maintenance are as specified in writing by the hoist manufacturer or as listed in the “Approved Safety Service Shops” list.

• The Tractel Tirfor TU model is the only hoist authorized for use in applications where hoists are required to support workers at elevation. This hoist model may also be used for general applications.

• Hoists that are suspected of being deficient will be immediately tagged and then shop inspected prior to returning to service.

• Hoists are to be stored and transported in a manner that promotes prolonged service life.

4. Roles and Responsibilities

4.1 Workers

4.1.1 Rigging and slinging work will only be done by qualified workers or under the direct supervision of a qualified worker. Competencies held by the qualified worker will include:

• Familiarity with the equipment to be used and familiarity with applicable manufacturer’s instructions.

• The ability to avoid conditions where any component could be subject to unsafe loads.

• The ability to reject rope, fittings and slings that are unfit for service.

• The ability to prevent workers and the public from being exposed to hazardous conditions.
5. Records and Documentation

5.1 Labels will be affixed to rope that has passed the Dry and Wet Dielectric Tests (See BC Hydro Testing and Maintenance Instructions for Safety Service Shops (section E7). Information on the label will include an identification of the applied test; the name of the testing agency; and the due date for the next test (one year from the date of the test).

5.2 Slings and rigging components will be identified with their Working Load Limits (WLLs).

6. References

6.1 WorkSafeBC Occupational Health & Safety Regulation Part 15

6.2 BC Hydro Safety Practice Regulations


6.4 BC Hydro Rigging for the Line Trade Manual

6.5 BC Hydro Testing and Maintenance Instructions for Safety Service Shops

6.6 Videos on Safe Rigging

6.7 ASME B30.9 1990, Slings

Revision Rationale: Appendix 3 (Non-conductive Rope Test Requirements) has been removed from this standard and has been added to the BC Hydro Testing and Maintenance Instructions for Safety Service Shops (section E7).
Appendix 1

Rope and Sling Specifications

BC Hydro specifications pertaining to this standard are listed in Table 1, copies of which may be obtained from either Store 1 or Materials Management.

<table>
<thead>
<tr>
<th>Specification Number</th>
<th>Title</th>
<th>Purchasing Specification</th>
<th>Performance Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td>106–0000</td>
<td>Synthetic or Wire Rope</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>106–0200</td>
<td>Synthetic Rope Slings</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>106–0270</td>
<td>Synthetic Rope Bulk</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>106–0275</td>
<td>Synthetic Rope Winch Lines</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>106–0318</td>
<td>Wire Rope Sling – Vertical Lift</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>106–0327</td>
<td>Webbing Sling</td>
<td>✓</td>
<td></td>
</tr>
</tbody>
</table>

Table 1

Table 2 below lists the BC Hydro stock numbers and qualities of various double braided rope.

<table>
<thead>
<tr>
<th>Rope Type &amp; BCH Stock #</th>
<th>Diameter</th>
<th>Stringing Lines</th>
<th>Winch Lines</th>
<th>Rope Blocks</th>
<th>Slings</th>
<th>Safety Belts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type 1 Nylon–Cover Core (106–0295)</td>
<td>5/8</td>
<td>Fair</td>
<td>Fair</td>
<td>Good</td>
<td>Good</td>
<td>Excellent</td>
</tr>
<tr>
<td>Type 3 Polyester Cover–Polyester Core (106–0280) (106–0281) (106–0282) (106–0283) (106–0284)</td>
<td>3/8 1/2 5/8 7/8 1</td>
<td>Excellent</td>
<td>Good</td>
<td>Excellent</td>
<td>Good</td>
<td>Good</td>
</tr>
<tr>
<td>Type A Nylon Polyester Composite (106–0289)</td>
<td>1</td>
<td>Good</td>
<td>Excellent</td>
<td>Excellent</td>
<td>Excellent</td>
<td>Fair</td>
</tr>
</tbody>
</table>

Table 2 Note: These tables are from the BC Hydro “Rigging for the Line Trade” Manual, reference 3.3.4.
Appendix 2

Rejection Criteria for Fibre Ropes

The remaining service life of fibre ropes is to be continually evaluated. The following criteria will be used when deciding whether or not to discard a rope:

- If the individual cover strands have been worn to below 50% of their original bulk over an extended length of the line, then the line shall be discarded.
- A fibre rope shall be discarded if its surface feels excessively dry and brittle (this is evidence that the rope has been in contact with a source of heat).
- A fibre rope shall be discarded if it shows serious discolouration (this is evidence of the rope's exposure to an acid).
- A fibre rope that is suspected of being unfit for use should be immediately destroyed by cutting it up into short lengths so that it can no longer be inadvertently used for hoisting purposes.
- If as many as half of the cover strands are cut at any point, then the damaged section must be removed from the line.
Appendix 3

Storage of Fibre Ropes

- Fibre ropes are to be stored in a dry cool room that has good air circulation. A temperature of between 10 and 21°C and a humidity of 40 – 60% are recommended.

- Fibre ropes are not to be stored on the floor, in boxes, or in cupboards where the air circulation is restricted.

- Fibre ropes should be protected from the weather, dampness and sunlight. They should be kept away from boilers, radiators, steam pipes and other sources of heat, including exhaust gases.

- If a wet rope becomes frozen, it must not be disturbed until it is completely thawed. If a sour odour is detected on natural fibre ropes, the rope should be aired until the odour disappears.
Appendix 4

Testing Contractors for Slings

Contractors are available in various locations that will test, certify and mark rigging fittings and slings.

Two such contractors are:

- Powertech Labs Inc., 12388 88th Avenue, Surrey, BC, V3W 7R7
- Midway Chain, 13412 72nd Avenue, Surrey, BC, V3W 2N8, Telephone: 604 591 5366
OSH Standard 212
Safe Handling of Oils, Liquids, and Compressed Gases
Osh Standard 212
Safe Handling Of Oils, Liquids, And Compressed Gases

1. Scope

1.1 This standard describes the safe handling of oils, liquids, and compressed gases.

2. Purpose

2.1 This standard identifies the potential safety problems and mitigation of hazards for oil handling and transportation as well as the safe handling and storage of compressed gases. It does not cover the environmental issues and procedures for spill protection and response.

3. Standard

3.1 Transferring Oil

3.1.1 Oil transfer practices must prevent a static charge from accumulating and discharging whenever flammable vapours may exist.

3.1.2 Before commencing an oil transfer, all components from the receiving vessel to the dispensing vessel (including all equipment such as pumps and hoses) shall be bonded to a common ground. A bonding plan must be prepared as required by the system used to transfer oil.

3.1.2.1 Except as permitted in clause 3.1.2.2, all hoses shall be fitted with a bond consisting of a continuous spiral wire securely connected at each end to the camlock fitting. This bond shall be physically inspected and electrically tested for continuity before each use. Annual date due test tags should be allocated to the transfer hose.

3.1.2.2 When transferring oil using a 1” diameter hose in a substation or switchyard, conditions may exist where the use of a hose fitted with a spiral bonding wire would create a touch or step potential hazard created through induction. This will typically occur when the hose is positioned so that the free end is moved a significant distance—either horizontally or vertically—from the location where the fixed end is bonded. The preferred method for dealing with this hazard is to apply a draining wire to the transfer hose to dissipate induced charges. Alternatively, it is permissible to use a hose that does not contain a spiral bonding wire only when the hazard created by touch or step potential is deemed to be greater than that created by the use of a non-bonded hose. All other requirements for grounding and bonding of equipment still apply.

3.1.2.3 After transferring oil, wait at least 30 minutes to allow dissipation of static charges before connecting anything to ground.

3.2 Liquids and Compressed Gases

3.2.1 Low lying spaces in which denser than air gases are used or stored must have suitable detection devices in place and have adequate ventilation (natural or forced).

3.2.2 Loose fitting, well-insulated gloves and eye protection must be worn when handling super cooled liquids. E.g. SF6, propane, and natural gas.
3.2.3 Cylinders of compressed gas must be handled with care.

3.2.3.1 Cylinders must not be allowed to fall or strike each other. They must be transported and stored securely with an adjustable chain or other suitable securement clamp and be in the upright position with the contents identified.

3.2.3.2 Cylinders shall be stored in a cool, dry, well ventilated area protected from sparks, flames, excessive heat, physical damage, electrical contact or corrosion. Full cylinders must be separated from empty ones.

3.2.3.3 Valve protection caps will be left in place until cylinders are individually secured and ready for connection to their intended equipment.

3.2.3.4 Cylinder valves are to be opened fully when in use and closed fully at other times, even when the cylinder is empty.

4. Roles and Responsibilities

4.1 Managers

4.1.1 Ensure storage facilities are in place, regularly inspected, and in compliance with this standard and WorkSafeBC OHS Regulations.

4.1.2 Ensure bonding plans are checked and in place before each oil transfer

4.1.3 Ensure spill response procedures and equipment are in place when handling oil.

4.2 Workers

4.2.1 Handle oils, liquids, and gases in accordance with this standard.

4.2.2 Report all spills as required.

5. References

5.1 WorkSafeBC OHS Regulations Part 4, 5, and 23.

5.2 BC Fire Code 4.6.4.5 – Bonding and Grounding

5.3 NFPA 77 – Recommended Practice on Static Electricity

Revision Rationale:

OSH Standard 212 RO August 2006: (VO–1 Updated February 2, 2015): Minor edit to Section 3.2.3.2—Revision made to respond to WorkSafeBC concern regarding storage conditions at a specific site, and an expectation that wording in this standard clearly reflect WorkSafeBC regulatory requirements.
Appendix 1

Additional Information

Oil Handling Hazards

- Insulating oils release flammable vapours in amounts dependent on the oil condition, temperature and quantity of gases present. Insulating oil, particularly when removed from a tap changer, or a diverter on reactive equipment, can contain dissolved hydrogen and/or acetylene gas. These gases are extremely flammable.

- Containers, including oil tanks, barrels and station equipment that are not completely filled with oil will have a space above the oil level where flammable vapours can accumulate. Vapour concentrations that fall between the Lower Flammable Limit (LFL) and Upper Flammable Limit (UFL) are extremely hazardous. Hydrogen and Acetylene have exceptionally wide flammable ranges, from 4.0% to 75% and 2.5% and 81% respectively.

- Whenever oil is handled, there is the potential for a static charge to be established both within the oil and its processing equipment and will dissipate if given enough time. It can rapidly dissipate by discharging to ground. If this discharge to ground requires the charge to jump an air gap, sufficient energy may be released to ignite flammable vapour.

- There is a direct relation between the rate at which static charge accumulates, and the speed with which oil is pumped.

- Dry and cold weather greatly increases the possibility of static activity. Extra care should be taken under such conditions to reduce charge accumulation. It has also been observed that wind can generate charge accumulation on tank surfaces.

Cylinder Hazards

- Gaseous vapours are dangerous if allowed to spill and accumulate. Some, like propane and SF6, are colourless and denser than air, and they tend to settle in sumps and drains.

- Sudden release of pressure could cause a cylinder to become a missile capable of being projected through a concrete wall.

- See OSH Standard 203 – Welding, Cutting, and Hot Tapping for more information on oxygen and flammable gases.
Additional Care For Handling oil

In addition to bonding and grounding, take the following steps to minimize the production of static charge:

- When filling containers, all efforts shall be made to avoid splashing or agitation of the oil, as this promotes the accumulation of static charge and the release of dissolved combustible gases.
- Where possible, fill the container from the bottom. If this is not possible, employ a down tube constructed of metal piping to allow the oil to be gently delivered to the bottom of the container.
- Ensure pumping speed not exceed 1 metre per second, particularly when non–bonded hoses are used.
- The use of grounded metallic screens on pump outlets are effective in removing or reducing charge from high speed oil flow.
- Certain types of pumps and oil filters can act as charge generators particularly if they produce high exit velocities. Extra care should be taken when transferring oil using such equipment. Transfer lines should be steel or cast iron, rather than PVC or other non–conducting materials.
- Oil that is transported in containers, particularly large tanks that do not have internal bafflers, may become statically charged due to sloshing.
- Before removing a container cover, provide bonding between the lid and the equipment.
- When connecting a hose to a valve located above the liquid level of the tank, ensure that the valve is in the fully closed position. This will minimize the quantity of flammable vapour present should a spark occur.
- When planning any oil or gas operations, make sure all environmental concerns are addressed before commencing work.
Osh Standard 214
Electrical Measuring Instruments

1. Purpose
   1.1 This standard outlines the rules for the safe operation of electrical measuring instruments.

2. Scope
   2.1 This standard covers the safety aspects of electrical measuring instruments.

3. Requirements
   3.1 Devices must meet requirements of WorkSafeBC OHSR 19.8 – Testing equipment.
   3.2 Safe work procedures must be established and followed for testing electrical equipment and circuits, as per WorkSafeBC OHSR 19.8(3).

   Note:
   Safe work procedures for use of testing devices are covered in external schooling, BC Hydro apprenticeships/journeyperson training, work procedures, and maintenance standards. Contact a Trades Training Instructor or Safety Advocate for any further guidance on safe work practices.

   3.3 Appropriate steps must be taken to eliminate hazards before instruments are used.
   3.4 Voltage test indicators and test lamps must be clearly marked with their voltage range and be protected against glass breakage.
   3.5 Voltage test indicators and test lamps must be tested on a known live source before each use.
   3.6 When measuring current with a clip-on ammeter, the ammeter’s jaws must not be used to provide mechanical support.
      • The magnetic circuits of clip-on ammeters must not be grounded.

   Note:
   Refer to the multimeters section in Appendix 1 – Recommendations for Electrical Measuring Equipment

   3.7 When testing a device that may incur a potential rise, ensure that the test meter is isolated from the user before the device is energized.
      • Before and after taking readings, de-energize the device before touching the meter or leads.
   3.8 When testing voltage or current, determine beforehand the maximum possible value the source can produce and ensure the instrument and test leads are rated for that amount. When using a meter for resistance testing, ensure there is no potential difference on the device being tested.
   3.9 Some instruments are sensitive to transient voltages, which are commonplace in many BC Hydro substations. Digital instruments are more susceptible to transients than are moving coil instruments. Therefore, when applicable:
      • Use instruments that have transient protection incorporated.
      • Disconnect instruments while switching takes place.
3.10 Metering and Testing

3.10.1 The person in charge of hazardous testing (e.g. Hi Pot) shall ensure that no person is endangered by the tests. The test area must be cordoned off with approved barriers to secure access.

3.10.2 Recommended metering and testing practices include:

- Avoid taking measurements in cramped spaces, if possible.
- Remove sufficient covers to gain access to measurement points.
- Provide adequate lighting.
- Deploy rubber blankets, if necessary.

3.10.3 Circuits should be isolated, tested and grounded before measuring instruments are connected or disconnected.

3.10.4 Grounds can be removed as per ‘SPR 515 High Voltage Capacitors’ for testing if required, but they must be re-applied once the tests are complete.

3.10.5 An instrument should be connected on the load side of the protective device having the lowest rating if possible.

3.11 Current Transformer Test Jacks

3.11.1 Only BC Hydro approved Test Jacks shall be used. See Appendix 2 for information.

3.11.2 CT Test Jacks must be inspected on an annual basis. Refer to Appendix 2 for instructions.

4. Roles and Responsibilities

4.1 Workers

4.1.1 Only qualified persons are to use, calibrate, repair or modify electrical measuring instruments.

4.1.2 Users must be aware of the limitations of the instruments and of any potential hazards that may exist. Refer to Appendix 1 for more information.

5. References

5.1 WorkSafeBC OHS Regulation, Part 19 Electrical Safety – Section 19.8 Testing Equipment

Revision Rationale:

January 13, 2017:
Section 3.11 Current Transformer Test Jacks and a supplementary Appendix 2 added in order to retire Safety Alert 2015–11–A* and provide more instruction. Minor revision to multimeter model considerations in Appendix 1.

*Note:
Safety Alert 2015–11–A (CT Test Jacks – Routine Inspection Required) communicated several failures of CT Test jacks while in use. Incident reports #27208 and #17283 were referenced as examples.

References to WorkSafeBC OHSR 19.8 – Testing equipment added.
Appendix 1

Recommendations for Electrical Measuring Equipment

This appendix provides general guidance to workers who purchase, maintain and operate electrical measuring equipment. Specific instructions should be sought from manufacturers’ literature.

Instrument Cases

• Non-metallic cases are preferred for instruments that are utilized near live conductors.

Terminals

• Terminals should be shrouded, if possible.

Multimeters: common error

A common mistake is to attempt a voltage measurement: with the test leads erroneously plugged into the multimeter’s current jacks, or; with the multimeter’s range selector improperly set to measure current.

The latter scenario usually involves multimeters equipped with a rotary-switch range selector. If the operator misidentifies the selector end of the rotary-switch, this could possibly result in an inadvertent selection for current instead of voltage.

If the above mismatch occurs, then a direct short will be placed across the source voltage through a low value resistor – the multimeter’s current shunt. This short allows a high level of current to flow unrestricted through the multimeter, which could possibly result in:

• Extreme damage to the multimeter.
• Extreme damage to the circuit.
• Serious injury to the operator.

Multimeters: model considerations

All multimeters used must meet requirements of WorkSafeBC OHSR 19.8 – Testing equipment. All new meters are required to have either a UL, ULC (Underwriters Laboratories of Canada), or CSA (Canadian Standards Association) mark (indicates that the meter has been independently tested to comply with the applicable standards). Multimeters vary considerably in price. Some inexpensive models are unsuitable for industry use – despite their manufacturer’s claims to the contrary. Their circuitry may provide good sensitivity, accuracy and resolution, but the units could be fragile, inadequately insulated, and/or poorly fused – rendering them unsafe. High quality multimeters are recommended for industry use.

Recommended features for a multimeter are:

• Has a minimum transient overvoltage rating of Cat IV 600V/Cat III 1000V.
• Robust case.
• Good insulation.
• Non-arcing fuse rated to the maximum voltage the meter could be exposed to.
• Unambiguous range markings.
• Alert triggered by a mismatch of input jack with meter range selection.
Test Leads

Test Leads should be:
• Adequately insulated (most leads are not rated for high voltage).
• Of different colours.
• Flexible, robust, and of suitable length for the job.
• Fitted with probes that have no more than 5 mm of bare conductor.
• Should be physically inspected for any defects before they are put into use.
• Fused meter leads are recommended.

Caution Note: Hioki Recording Voltmeter–Milliammeters

Concern has been expressed over possible danger with the use of the Hioki Recording Voltmeter–Milliammeters because:
• The recording paper is conductive and loosely dangles – a potential hazard in environments with exposed energized conductors – e.g. inside a P&C panel.
• The test leads have male banana–type plugs, which can cause a short circuit.

To improve the safety of these Hioki meters, the following recommendations are offered:
• Attach a warning label to each instrument. The labels are available from BC Hydro Stationery under form number D92–64.
• Replace exposed banana plugs with the shielded types that have a spring–loaded protective shield. Available are suitable plugs called the TPI Safety Plug, reference number 122505 (black) and 122506 (red).
Appendix 2

CT Test Jacks Supplementary Information

Approved Test Jacks

A full list of approved Test Jacks is available on the Work Method’s Wiki site.

Current jack test lead inspection instructions:

• Current Jack test leads must use a minimum of #14 AWG wire and 600VAC insulation.
• Confirm meter connections use spade type Sta-Kon connectors (banana jacks are not acceptable).
• Confirm electrical continuity while manipulating the leads along their full length.

Current jack inspection instructions:

• Recommended setup is to have the nipple and alignment tab facing up during measurements. Assemble so they are on the black side of the test jack.
• Inspect the inside and outside of the test jack body and make sure there are no visible cracks in the plastic housing.
• Make sure the plastic insulator for the assembly screw hole is present and in good condition.
• Confirm the test lead is connected to the jack using a ring type Sta-Kon connector.
• A connection using only solder is unacceptable. However, solder can be added to an already crimped connection if desired.
• Use of heat shrink on internal connections is optional. If heat shrink is used it must be clear to still allow visual inspection of the Sta-kon and wire.
• Confirm the Sta-Kon is of the proper size for the wire and the screw, securely crimped and has no visible sign of cracking.
• Confirm the screws holding the Sta-Kons are tightened securely and remain tight during reassembly.
• Connect your test jack to a meter and using a DMM confirm a low impedance path while manipulating your test leads along their full length.
• Apply a label to your test jack indicating the date your inspection was completed.

Example of a properly built Westinghouse Test Jack
OSH Standard 216
Underwater Diving at BC Hydro Facilities
Osh Standard 216
Underwater Diving At BC Hydro Facilities

1. Scope
   1.1 This standard specifies the requirements associated with diving at BC Hydro facilities.

2. Purpose
   2.1 This standard is intended to ensure that contractor work practices and procedures are adequately planned and implemented.

3. Standard
   3.1 General
      3.1.1 Diving activities are frequently carried out at BC Hydro power generating plants, dams, lakes, reservoirs, power intakes, tailraces and cable installations. Nearly all of our diving operations are performed by outside contractors. The work performed includes a wide range of underwater activities such as:
         • inspections or repair of structures (concrete, steel, timber and soil) and support cables
         • removing accumulated debris from power intake trash–racks
         • underwater construction
         • underwater salvage
         • underwater cable installations
         • vegetation control
      3.1.2 Occupational or commercial diving is exhausting and it exposes the divers to risks. Because of this, it is important that all diving operations be conducted in a prudent manner that will prevent or minimize the potential for personal injury, loss of life, occupational illness and property damage. The requirements for underwater operations are published in WorkSafeBC OHS Regulations Part 24, should be reviewed in combination with this standard.

3.2 Requirements
   The following information must be obtained from a prospective diving contractor; some of which is required before the contract is awarded, and some before the work commences.

3.2.1 WorkSafeBC Coverage
   • It is mandatory that individuals and companies contracted to perform work for BC Hydro arrange and maintain compensation coverage through the WorkSafeBC for themselves and all of their employees whose duties may include the provision of service to BC Hydro under the terms of the contract. Evidence of such coverage must be supplied to BC Hydro before work begins, and periodically as required during the life of the contract.
3.2.2 Safe Diving Procedures

- Each contractor must submit a complete set of safe diving instructions (overall safe diving program) before commencing any diving activities. This document must include the contractor’s entire diving program as required by the WorkSafeBC OHS Regulation, Part 24. The procedures must be kept at the dive location and made readily available to dive team members, BC Hydro representatives and to WorkSafeBC officers.

3.2.3 Diver Qualification/Certification

- Only divers who meet the minimum requirements of CSA Standard Z275.4 M97 (or alternatively CSA Standard Z275.4–02) shall be hired as required by the WorkSafeBC OHS Regulation, Part 24. No Recreational Diving Certificates will be accepted. For each diver, a certified copy of competency documents must be available on site for inspection. Divers, including standby divers, must be trained and equipped to operate at the depths and circumstances of the dive.

- Work on BC Hydro facilities, equipment and structures where construction work, entrapment or pressure differentials (i.e. upstream face of dams, power intakes, gates, canal linings, etc.) are involved require divers certified to a standard acceptable to WorkSafeBC, which are:
  - Diver Certification Board of Canada (DCBC), or a school accredited by DCBC. A list of accredited schools may be found at www.divercertification.com
  - National Energy Board of Canada. Refer to National Energy Board – Application for Diving Certification

For questions about whether a diver has been certified to a standard acceptable to WorkSafeBC, please contact WorkSafeBC’s diving coordinator at (604) 276–3100.

Note:
Many divers have occupational training/certificates (2 to 4 weeks training) meeting the minimum requirements of CSA. Some divers with occupational certificates may have been upgraded due to experience or documentation, but do not have the full commercial training provided by those schools listed in Appendix 1. A diver that has attended a 6 month commercial course is more qualified to handle surface or in water emergencies than a diver with only 2 to 4 weeks training.

- All divers, diving supervisors and divers’ tenders must be trained in CPR, oxygen therapy and diving accident management as required by the WorkSafeBC OHS Regulation, Part 24. Records of this training must be available at the dive site. The qualifications of each diver can be verified by the WorkSafeBC Occupational Health department.
3.2.4 Standby Divers

- A Standby diver and tender must be present at all times and utilized as outlined in WorkSafeBC Regulation, Part 24. The standby diver must be equipped for the same mode of diving that is taking place. The diver, if situated on the surface, must be able to render immediate assistance at all times when diving operations are in progress.

3.2.5 Contractor Diving Operations Plan

- A diving operations plan (job specific daily dive plan) must be developed by the contractor or their dive supervisor for each specific diving activity taking place as per the WorkSafeBC OHS Regulation, Part 24. This diving plan must be submitted to the BC Hydro representative for review before diving operations commence. As a minimum, the diving operations plan must contain the following information:
  - detailed description of the mission
  - date, time and location of operation
  - description of any known potential hazards
  - nature of the work to be performed by the divers and other workers
  - names and duties of the dive team members
  - diving mode to be utilized (scuba or surface supplied air) including a description of the backup air supply

Refer to Appendix 2 of this standard for additional information on contractor diving requirements.

3.2.6 Medical Certification

- Contractors must have available on site, up to date medical certificates prepared by a physician knowledgeable and competent in diving medicine for all divers working on the project, as required by the WorkSafeBC OHS Regulation, Part 24. This certification must be renewed every two years up to age 39 and annually from age 40 onwards.

- The Occupational Health Section of the WorkSafeBC website contains a list of physicians recognized by the Board to be knowledgeable and competent in diving medicine. This list can verify the medical certification of each diver, if required. They can be reached at (604) 276 5140. A copy of a “WCB Medical Certificate” is shown in Appendix 3.

3.2.7 Surface Supply Diving

- Underwater diving work on BC Hydro facilities or structures must comply with WorkSafeBC OHS Regulation Part 24, including:

  - A minimum crew of 3 shall be present if planned dive does not exceed 40m (130ft) or the decompression limits, and when there are no hazards present with roles and qualifications as defined in WorkSafeBC Part 24.

  - For planned dives exceeding 40m (130 ft), or the decompression limits, the dive crew must consist of a minimum of 4 workers with roles and qualifications as defined in WorkSafeBC Part 24.

  - Diver qualification and certification. See additional requirement in Section 3.2.3.

  - Divers shall use full–face mask or helmets with effective hardwired two way voice communication to the surface. Hooka equipment is not permitted.
• Use of bail out bottles in the event of a malfunction of the primary breathing gas supply.

• Where pressure differentials (i.e. upstream face of dams, power intakes, gates, canal linings, etc.) or entrapment are involved, additional precautions shall to be taken. These include a minimum crew of 4 present at the dive site (i.e. dive supervisor, 2 divers, diver’s tender).

3.2.8 Scuba Diving

• Refer to WorkSafeBC OHS Regulation, Part 24. Underwater diving at BC Hydro facilities using only scuba equipment is restricted to all of the following:

• Minimum Crew Size for depths 18 meter (60 feet) is 3 workers.
  •   Supervisor tender
  •   2 divers

• Minimum Crew size for diving beyond 18 meter (130 feet)
  •   Supervisor/Tender
  •   2 divers
  •   Surface dressed standby diver/tender

• Dives exceeding 40 meters (130 feet) must have prior authorization from the Board.

• Areas away from dam and powerhouse facilities (i.e. reservoirs, rivers) or areas of open water where there is no risk of entrapment or pressure differential and the diver(s) have free access to the surface.

• Work that does not involve underwater construction, burning, welding, salvage operations, demolition, jetting/suction dredging, exposure to a contaminated environment or pressure differential structures (i.e. a draft tube gates when draft tubes unwatered).

3.2.9 Notice of Project for Diving (NOPD)

• As outlined in the WorkSafeBC OHS Regulation, Part 24, the diving contractor must submit a “Notice of Project for Diving Activity” or notify the Board via telephone, at least 24 hours in advance, or in the case of an emergency within the following 24 hours, if a diving operation involves any of the following:
  •   construction diving
  •   diving in a contaminated environment
• diving for the purposes of engineering inspections
• diving under ice, under or between nets, or into other area of potential entrapment
• exceeding the no decompression limits
• using mixed gas other than nitrox as a breathing medium

The notice must indicate the date, the location, the diving equipment to be used and the scope of the diving operation. A copy of the notice must be posted at the work site before diving commences.

3.3 Safety

3.3.1 Before diving operations commence, safety inspections of the dive site must be conducted and recorded. Checklists are required for this and they will include, as a minimum, those checks outlined in Appendix 4 – Diving Safety Checklist.

3.3.2 Coordination of multiple employer workplaces as per Corporate Safety Management System No.10 must be carried out. All hazards must be identified and communicated to each contractor.

3.3.3 Diving contractors working in Generation must be trained and Authorized to the appropriate WPP Category for System and Local Components. Diving contractors working in Field Operations must be trained and Authorized to the appropriate PSSP Category for System and local component.

3.3.4 Appendix 5 provides an Environmental Conditions checklist.

3.3.5 Appendix 6 provides a list of B.C. emergency contact numbers.

3.3.6 Important Safety Reminders

• Divers must abort a dive if they feel ill in any way.
• If, for any reason, there is an alteration to the approved dive–operating plan, a tailboard involving all workers must be held prior to the commencement / continuation of the dive operation.

4. Roles and Responsibilities

4.1 Contractors

4.1.1 Contractors must, at all times, comply with Part 24 of the WorkSafeBC OHS Regulation entitled ‘Diving, Fishing and Other Marine Operations’. The diving contractor is the employer as far as the term “employer” is referred to in Part 24 of the WorkSafeBC OHS Regulation.

4.2 Managers

4.2.1 BC Hydro will be required to manage the contractors’ compliance with the basic requirements as outlined in this standard. BC Hydro must inform the contractor of any known BC Hydro operations or site conditions likely to be encountered by the divers as outlined in the WorkSafeBC OHS Regulation, Part 20 – Coordination of multiple employer workplaces. Refer to the BC Hydro Diving Safety Checklist included in Appendix 4 of this standard for additional information.

5. References

5.1 WorkSafeBC OHS Regulation, Part 24

5.2 CSA Standard Z275.4 M97, Competency Standard for Diving Operations

5.3 CSA Standard Z275.4 O2, Competency Standard for Diving Operations
6. Glossary

6.1 Scuba — self contained underwater breathing apparatus utilizing the equipment outlined in the WorkSafeBC OHS Regulation, Section 24.38.

6.2 Surface Supply Diving — supplying air or a mixture of gases to a diver through a hose from the surface, utilizing the equipment outlined in the WorkSafeBC OHS Regulation, Section 24.42 to 24.46.

Revision Rationale:

OSH Standard 216 V1–1 updated to reflect current WorkSafeBC requirements for diver certification. This updated version replaces OSH Standard 216 R0.
Appendix 2

Contractors Diving Operations Plan

This appendix contains minimum requirements for the required contractors Diving Operations Plan. Individual contractors may adapt them for each diving mode when preparing to perform diving operations for BC Hydro.

Work Plan

- Define objective
- Collect and analyze data
- Job hazard analysis
- Establish operational tasks
- Diving mode and technique
- Means of water entry and exit
- Dive team members assignments and responsibilities
- Written designation of the diving supervisor given to the person in charge of the vessel or facility
- Report on the nature and planned times of the planned diving operations
- Relevant WPP and PSSP training, if necessary.
- Relevant Local Operating Orders referred to (i.e. Site Emergency Procedures, etc.)
- The plan to be available at the dive site to dive team members
- Notice of work location and time to Port Authorities if applicable.

Emergency Rescue Aid

- Air or ground emergency transportation
- Hyperbaric facility (off site)
- Nearest hospital or medical treatment facility
- Canadian Coast Guard Rescue Coordination Centres (coastal areas only)
- Emergency rescue source other than Canadian Coast Guard
- Area Control Centre emergency desk
- Two way communications available on site

First Aid

- Approved first aid kit (i.e. WorkSafeBC Level 1 Crew First Aid Kit)
- Bag type manual resuscitator
- Oxygen Therapy unit
Surface Conditions

- Surface vessel traffic and vehicular traffic
- Displayed diver signals (during diving operation only)
- Critical dive system to vessel or platform
- Weather forecast: tides, current and wave action, and temperature

Underwater Hazards

- Depth and type of bottom
- Diver fouling or entrapment: culverts, penstocks, sluice valves
- Contamination or toxic liquids
- Confined space penetration
- Use of explosives or seismic activities
- Visibility
- Energized cables

Record Keeping

- Divers personal log
- Treatment records and accident reports
- Diving supervisor's log
- Diver qualification/certification/medical records
Appendix 3

WorkSafeBC Medical Certificate

Street Address: 8100 Granville Avenue Richmond BC V6Y 3T8
Mailing Address: PO Box 5350 Stn Terminal Vancouver BC V8V 5L5
Telephone 604 276 3100

This certificate of medical fitness is granted as a result of having passed a comprehensive occupational diver’s medical fitness examination conducted by a physician knowledgeable and competent in diving medicine.

## DIVER INFORMATION

<table>
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<tr>
<th>Diver's Last Name (please print)</th>
<th>First Name(s)</th>
<th>Social Insurance Number</th>
<th>Date of Birth (mth/day/yr)</th>
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<th>Business Telephone Number</th>
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## OCCUPATIONAL DIVER’S MEDICAL FITNESS EXAMINATION RESULTS

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<th>Date of Medical Certification (mth/day/yr)</th>
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<td></td>
<td></td>
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<tr>
<td>❑ Unfit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>❑ Fit with Restrictions (specify restrictions)</td>
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<th>Expiry date of medical fitness certificate (must be renewed at least every 2 years up to age 39 years and annually from age 40 years onwards, or MORE FREQUENTLY IF CLINICALLY INDICATED*)</th>
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<tr>
<td>❑ 2 years from date of examination</td>
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<tr>
<td>❑ 1 year from date of examination</td>
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<tr>
<td>❑ Other* –Specify expiry date __________________________ (mth/day/yr)</td>
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<table>
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57D1 (R8/98) WHITE – Diver's CANARY – Employer's PINK – Physician's GOLDENROD – WCB, Diving
Appendix 4

Diving Safety Checklist

Date and Time: _________________________ Contractor: __________________________________

Location: ______________________________ Verified By: __________________________________

Job Description: ___________________________________________________________________________
________________________________________________________________________________________

Pre Job Meeting

❑ Copy of BC Hydro Contract Safety Procedures
❑ Copy of BC Hydro OSH Standard 216 – Underwater Diving at BC Hydro Facilities
❑ WorkSafeBC coverage for all individuals and companies contracted to perform the work
❑ Safe diving procedures
❑ Contractors “Diving Operations Plan” (including crew requirements, environmental conditions and emergency rescue) as outlined in Appendix 3.
❑ Diving method used is appropriate for the work being done (surface supplied or scuba). No Scuba to be used in confined areas (entrapment), upstream of structures or plants (pressure differential) or construction work.
❑ Verification of dive team qualifications and experience (Medical certificates, oxygen therapy certification, CPR certification, dive accident management, etc.)
❑ MSDSs for potentially hazardous substances to be used
❑ Safe means for entering and exiting the water (ladders, staging, etc.)
❑ Notice to Shipping Authority or Port Authorities if in an applicable shipping lane.

At the Dive Site

❑ Copy of Diver’s Medical Certification and Competency Certification (CPR, oxygen therapy and diving accident management)
❑ Copy of the Contractor Diving Operations Plan and Safe Diving Procedures
❑ An approved first aid kit for the size of the crew including an oxygen therapy unit with sufficient capacity to reach emergency medical services is available on site
❑ Communication equipment is properly functioning (cellular, VHF radio, etc.)
❑ The Notice of Project (NOPD) is posted
❑ Fire extinguisher and absorbent material readily available
❑ Accident and emergency procedures list has been posted or made readily available including locations and telephone numbers of the nearest hospital with appropriate medical assistance
❑ Current list of facilities with hyperbaric chambers capable of providing emergency treatment
❑ Emergency contacts between BC Hydro and contractor
❑ Emergency signalling between divers or between divers and attendants
❑ Logbooks as per WorkSafeBC OHS Regulation, Part 24.
❑ Diving tables as per WorkSafeBC OHS Regulation, Part 24.
❑ Environmental conditions (see Appendix 4 of this standard)
❑ Final briefing or tailboard held and documented
❑ Documentation of air analysis test for compressor
❑ Copy of BC Hydro OSH Standard 216 – Underwater Diving at BC Hydro Facilities
❑ First Aid Attendant BC Hydro or Contractor provided
Scuba Operation Specific Operational Requirements

- Minimum crew required from zero to 18 m (60 ft) 3 workers:
  - Supervisor/tender
  - 2 divers
- Minimum crew required beyond 18 m (60 ft) 4 workers:
  - Supervisor/tender
  - 2 divers
  - Surface dressed standby diver/tender

- A scuba diver is in constant two way voice communication with the surface or tended by the lifeline from the surface or accompanied by another diver in the water who shall remain in continuous visual or physical contact during the diving operations.
- Scuba operation does NOT include confined spaces
- A time keeping device is available and used by support personnel for recording diving times for all Scuba operations.
- A spare set of scuba gear with fully charged cylinder is ready for emergency purposes.
- Diving depth does not exceed 40 m (130 ft) unless prior authorization from WorkSafeBC
- Operations are not to be conducted against currents exceeding one knot unless line tended

Surface Supply Operations Specific Operational Requirements

- Minimum crew requirements from zero to 40 m (130 ft) 3 workers for each dive (provided the dive does not have significant hazards present):
  - supervisor/tender
  - 2 divers (one standby)
- Minimum crew required beyond 40 m (130 ft) or on pressure differential structures/hazards present 4 workers:
  - supervisor/tender
  - 2 divers
  - Diver’s tender

- A standby diver readily available while a diver is in the water (ready to render assistance at all times)
- A diver must be stationed at the underwater point of entry when diving is conducted in enclosed or physically confining spaces.
- Divers each have “bailout bottle” in case of compressor failure or loss of primary air supply.
- Divers use a full–face mask or helmets with effective hardwired two–way voice communication to the surface.
Appendix 5

Environmental Conditions

**Surface:**
- Visibility
- Wave action
- Current
- Air temperature
- Wind direction
- Cloud description
- Surf visibility
- Local characteristics

**Sub sea:**
- Depth
- Type of bottom
- Visibility
- Water temperature
- Tides
- Pollution
- Obstacles and hazards
- Marina life

**Others:**
- 
- 
- 

-
Appendix 6

B.C. Diving Emergency Assistance

Emergency Evacuation

- For contact to B.C. Ambulance Services, refer to the Site Local Operating Orders for emergency procedures and contact numbers.

Marine Recovery

- Contact a Coast Guard radio station. Frequencies are:
  - VHF 156.8MHz (channel 16)
  - MF 2181kHz

Isolated Location (Coastal Emergencies only)

- Contact the Rescue Coordination Centre (RCC). Phone number is:
  - GVRD: (604) 666 4302
  - Outside Lower Mainland: 1 800 742 1313

Other Emergency Phone Numbers

- Hyperbaric Chamber
  - Vancouver Hospital: (604) 875 4111
  - Dr. Mike Lepawsky (Hyperbaric Chamber expert): (604) 325 8111
  - Fleet Diving Unit, Victoria, 24 hour emergency: (250) 363 2379
OSH Standard 217
Work Near Interprovincial and International Pipelines
Osh Standard 217
Work Near Interprovincial and International Pipelines

1. Purpose

The purpose of this Standard is to ensure that all work done near federally regulated interprovincial and international pipelines is done safely and in accordance with National Energy Board (NEB) regulations.

2. Scope

2.1 This standard shall apply to all BC Hydro work on or near the rights-of-way of interprovincial and international pipelines, either conducted and supervised by BC Hydro employees or assigned to contractors.

2.2 This standard does not apply to provincially regulated pipelines (i.e. those that do not cross provincial boundaries) which are regulated separately by the BC Oil and Gas Commission and the BC Safety Authority.

3. Requirements

3.1 BC Hydro shall achieve and maintain compliance with:

- The National Energy Board Pipeline Damage Prevention Regulation – Authorizations, SOR/2016–124, and
- The National Energy Board Pipeline Damage Prevention Regulations – Obligations of Pipeline Companies, SOR/2016–133 (Jointly referred to as the “Damage Prevention Regulations”) The Damage Prevention Regulations and the NEB’s guidance document Pipeline Damage Prevention – Ground Disturbance, Construction and Vehicle Crossings (June 2016) are available on the NEB’s website at http://www.neb-one.gc.ca.


3.2 Any BC Hydro work done on or near pipeline rights-of-way must be authorized in accordance with the Damage Prevention Regulations. Work that requires authorization under the Regulations includes Facility Construction, Ground Disturbance and Crossing a Right of Way (ROW). Definitions and procedures are provided in Appendix 1 to 4.

3.3 Any known breach of the Damage Prevention Regulations, or any communication from the NEB or the pipeline company of an actual or suspected unauthorized activity, must be reported on the BC Hydro Safety, Health and Environment Incident Management System (IMS).

3.4 Executive Vice Presidents shall ensure implementation of this Standard and related procedures in their business units.

3.5 The Senior Vice-President, Safety, Security & Emergency Management shall provide oversight of BC Hydro performance and compliance with this standard, and shall report status to the Chief Executive Officer and Board of Directors according to the schedule set out in the audit plan.

3.6 Overhead Lines: Consent of the pipeline company under this Standard is not required to construct an overhead line across a pipeline provided that ground disturbances do not occur or that the construction does not involve vehicle or mobile equipment crossing. Other regulatory requirements exist for constructing overhead lines, which are outside of the scope of this Standard.
4. Roles and Responsibilities

4.1 Managers, Foremen/women, Sub–Foremen/women, and Crew Leaders are responsible for understanding and meeting their responsibilities as defined in this Standard and related Business Group planning and work procedures, including but not limited to:

4.1.1 Planning and supervising work.

4.1.2 Ensuring workers are trained and competent.

4.1.3 Responding to, reporting and investigating incidents and non–conformances.

4.2 Workers who carry out work within the scope of this Standard are responsible for:

4.2.1 Completing any required instruction and training prior to work.

4.2.2 Adhering to work procedures that are approved for this work.

4.2.3 Stopping work immediately if they encounter unsafe conditions, and reporting any problems or concerns to their work/crew leader or manager.

5. Regulation and Related Documents

5.1 The National Energy Board Pipeline Damage Prevention Regulations – Authorizations, SOR/2016–124, and

5.2 The National Energy Board Pipeline Damage Prevention Regulations – Obligations of Pipeline Companies, SOR/2016–133

5.3 NEB’s guidance document Pipeline Damage Prevention – Ground Disturbance, Construction and Vehicle Crossings
Revision Rationale:

The National Energy Board has replaced their Pipeline Crossing Regulations with the Pipeline Damage Prevention Regulations. As a result of this change, the process of obtaining a permit from the pipeline company for certain activity remains much the same in the new regulations, however, there are some changes and new duties to note:

- Ground disturbance requiring a permit is now measured to be within 3 metres (10 feet) of either side of the edge of the pipe (it used to be larger and measured from the outer boundary of the pipeline ROW).
- Any ground disturbances within 3 metres (10 feet) of either side of the edge of the pipe is prohibited unless additional actions are taken (outlined in Appendix 1 of this Standard).
- New obligation to submit a locate request at least 3 days before work begins. Authorization isn’t valid unless a locate request was made.
- New obligation to ensure you have received, before beginning work, an explanation of the pipeline locate markings and any safety practices the pipeline company may have in place for working near the pipe.

OSH Standard 217 has also been re-formatted to align with current templates where the procedural information is moved to the Appendix.
Appendix 1

Facility Construction and Ground Disturbance

1) Definitions

- Facility Construction: Any construction or installation of a Facility on, across, along, or under an interprovincial or international pipeline, including the pipeline right-of-way. ‘Facility’ includes overhead or underground transmission or distribution structures, pipes, fences, roads, walkways, parking lots, drainage, retaining walls, etc...

- Ground Disturbance: Any activity that causes ground disturbance that is within 30 meters (100 feet) of either side of the centreline of the pipe. Excluded from this requirement is any ground disturbance to a depth of less than 30cm and that does not reduce the depth of earth cover over the pipeline. Ground disturbance includes pole hole digging, with or without power operated equipment.

2) The following must be completed to obtain authorization for Facility Construction and Ground Disturbance:

a) At least three working days before work begins, BC Hydro must make a locate request to BC One Call.

b) Before beginning work, BC Hydro must have received from BC One Call an explanation of the pipeline locate markings and any safety practices the pipeline company may have in place for working near the pipe.

c) Before beginning the work, obtain consent from the pipeline company via a written permit. To obtain consent, contact the pipeline company for their technical guidelines, which will outline the application process. The pipeline company is required to either grant or deny an application for consent within 10 working days of receiving it.

3) Regardless of the above, ground disturbances within 3 metres (10 feet) of either side of the edge of the pipe is prohibited unless:

a) If the excavation runs parallel to the pipe, the pipe has been exposed by hand at sufficient intervals to confirm the pipe’s location or the pipeline company has used a method that would permit it to confirm the pipe’s exact location and has informed BC Hydro of that location,

b) If the excavation crosses the pipe, the pipe has been exposed by hand at the point of crossing or the pipeline company has used a method that would permit it to confirm the pipe’s exact location, has informed BC Hydro of that location and has confirmed that the pipe is at least 60 cm deeper than the proposed excavation, and

c) If ground conditions render it impractical to locate the pipe using any of the methods set out above, the pipeline company directly supervises any excavation.
Appendix 2

Crossing a Right of Way (ROW)

1) Definition
   - Crossing an ROW: Operation of a vehicle or mobile equipment across a pipeline right-of-way unless that travel is on a highway or public road.

2) The following must be completed to obtain authorization for Crossing a ROW before beginning work:
   a) Obtain consent from the pipeline company via a written permit. To obtain consent, contact the pipeline company for their technical guidelines, which will outline the application process.
   b) The pipeline company is required to either grant or deny an application within 10 working days of receiving it.
Appendix 3

Business Group Planning

1) In addition to the above requirement for authorization, compliance includes but is not limited to:

- Work must be completed within 2 years of obtaining consent unless the permit provides a different timeline.
- Work must comply with any instructions in the pipeline company’s permit or instructions from a pipeline company representative.
- Before beginning work, BC Hydro must inform all persons working on its behalf of their obligations under the Damage Prevention Regulations. This includes informing employees and contractors.
- Any changes to the design, location or type of work made after the pipeline company has issued its permit must be communicated and agreed to by the pipeline company before that work starts.
- For emergency work, BC Hydro must make an emergency call to BC One Call, and the pipeline company must be notified as soon as practicable.
- A pipeline company must be given 24 hours’ notice before any backfilling occurs over a pipe.
- Any contact with a pipe or its coating must be reported to the pipeline company immediately along with any other damage that may have occurred.
Appendix 4

Contractor Work Planning

1) For work done by BC Hydro contractors that is within the scope of this Standard, the BC Hydro Contract Manager shall ensure it is done in compliance with NEB direction. This includes:

   a) Provision of a copy of the NEB's Pipeline Damage Prevention – Ground Disturbance, Construction and Vehicle Crossings publication to the contractor.
      • Confirmation prior to the commencement of work that the contractor has acceptable work procedures in place to perform the work in compliance with the Damage Prevention Regulations, in the same manner as described in this Standard.
      • Confirmation that the contractor's procedures are implemented in the performance of the work.

   b) BC Hydro shall have a representative on-site where the work is being performed to ensure:
      • All necessary written permissions and safety instructions have been obtained from the pipeline company prior to the start of work.
      • That the contractor is complying with any conditions and instructions set out by the pipeline in the permit or from a pipeline company representative.

   c) The BC Hydro on-site representative must have the qualifications and authority to stop the contractors work, and must do so, in any situation where the contractor has not obtained the necessary written permissions from the pipeline company, or is not in compliance with written permissions that have been obtained.

   d) In the case of contractor contraventions of the Damage Prevention Regulations or conditions of the pipeline company's written permission, BC Hydro must re-evaluate the acceptability of the contractors work procedures, ensure deficiencies are remedied by the contractor, and verify implementation of the updated procedure.
OSH Standard 301
WHMIS 2015 and Hazardous Materials
Osh Standard 301
WHMIS 2015 and Hazardous Materials

1. Purpose

1.1 The purpose of this standard is to ensure that hazards of hazardous products used, stored or handled in BC Hydro are identified, assessed and controlled, to ensure applicable WHMIS 2015 and WorkSafeBC requirements are met. For assistance with implementing this standard managers should contact their Occupational Safety and Health (OSH) Specialist.

2. Scope

2.1 This standard applies to all “Hazardous Products” (see Glossary, Appendix 1) that are used, stored or handled in BC Hydro, including products that are covered by the Workplace Hazardous Materials Information System (WHMIS) 2015 legislation and products/materials that are partially or completely exempted from WHMIS 2015 legislation.

2.2 WHMIS 2015–Exempted Hazardous Materials

2.2.1 Some hazardous materials are partially exempted (e.g. pesticides, consumer products) or completely exempted (e.g. hazardous waste, manufactured articles) from WHMIS 2015 legislation (see Glossary Appendix 1 for definitions of bolded terms).

2.2.2 If a worker is exposed to a hazardous product that does not fall under the WHMIS 2015 legislation, then the “General Information Requirement” in Section 5.2 of the OSHR must be met (see Glossary, Appendix 1 for details).

3. Standard

3.1 Inventory and Hazard Information

Every BC Hydro work site/location must prepare and maintain a local inventory of all hazardous materials handled, stored or used at that location (Stationery Form #80420 - Toxic/Hazardous Product Inventory – is available to assist with inventory preparation).

Note: To minimize the work required to prepare/maintain the local inventory, assess/control hazards (Section 3.3) and train workers (Section 3.4.2):

- Dispose of products that are no longer used (Contact Surrey Disposal for assistance);
- Standardize on one product and supplier for each type of product used and establish purchasing controls to ensure that only the “approved” products are purchased in the future; and
- Whenever possible, select the least hazardous of the available alternatives.

3.1.1 The SDS or other required hazard information for all products in the inventory must be readily available for review by workers. One source of information is BC Hydro’s SDS database. The SDS system also has a “Location Binding” feature that can be used to create and update local inventories.

3.1.2 If hazard information cannot be obtained for a hazardous product, the product must not be used. Interim storage while actively seeking hazard information is permitted but must be kept to a minimum.
3.2 Labeling

3.2.1 All hazardous products must be labeled, in accordance with the applicable regulatory requirements. A summary of requirements for labeling and hazard information is provided in Appendix 2 of this standard.

3.2.2 Supplier labels must be attached and clearly visible on all containers originating from the supplier or manufacturer.

3.2.3 Workplace labels must be provided for containers when supplier labels are lost or illegible, and when hazardous products are transferred from a supplier container to another container in the workplace. Workplace labels are provided for many of the products on BC Hydro's SDS database system.

3.2.4 Other means of identifying the hazardous product must be used where workplace labels are impractical (e.g. products in piping).

3.3 Risk Assessment and Control

3.3.1 If a worker is or may be exposed to a hazardous material, the potential for overexposure must be assessed in accordance with Section 5.53 of the OSHR (Workplace Monitoring) and, if necessary, controls must be implemented.

3.3.2 If exposure to a product exceeds 50% of the applicable exposure limit (ACGIH TLV) the exposure must, whenever practicable, be eliminated or reduced to less than 50% of the exposure limit by substitution with a less hazardous product or engineering controls (e.g. local exhaust ventilation).

3.3.3 An exposure control plan that meets the requirements of Section 5.54 of the OHSR must be implemented if a worker is or may be exposed to an air contaminant in excess of 50% of its exposure limit and the exposure cannot be eliminated or reduced via substitution or engineering controls.

3.4 Education and Training

3.4.1 WHMIS education must be provided to all workers who use, store or handle hazardous materials. Education must include WHMIS 2015 program elements, rights and responsibilities of workers and employers, hazard classes, and the content and significance of the information required on labels and SDSs. Education must be repeated, as deemed necessary, based on the results of the program review (Section 3.5 of this standard).

3.4.2 Job/product-specific training including, if applicable, training in written work procedures, must be provided to all workers use, store or handle hazardous materials. Workers shall be considered adequately trained when they understand the applicable work procedures and know:

- The hazards of the controlled product;
- How to protect themselves from those hazards;
- What to do in the event of an emergency or spill; and
- Where they can get more information on the product.

Retraining must be done if the products used, hazard information or conditions of use in the workplace change.
3.5 Program Review

3.5.1 The local WHMIS 2015 and Hazardous Material program must be reviewed at least annually, in consultation with the local OH&S Committee or Key Safety Person (KSP). The purpose of the review is to confirm that the program elements are in place and, if necessary, to take corrective actions (e.g. update inventory, SDSs, hazard assessment and/or education/training).

4. Roles and Responsibilities

4.1 Managers

4.1.1 Managers at locations where hazardous product are used, stored or handled are responsible for implementing the requirements of this standard, in consultation with the OH&S Committee or KSP.

4.2 Workers

4.2.1 Workers must use, store and handle hazardous products in a safe manner, in accordance with the education and training provided, and must inform their manager or work leader if they have questions or concerns about the products that they use.

5. References

5.1 Hazardous Products Regulations.

5.2 WorkSafeBC OHSR Part 5 (Chemical and Biological Substances) and Part 6 (Substance Specific Requirements).

5.3 WHMIS Core Material Manual.

5.4 WorkSafeBC publication “WHMIS at Work” (BK 40).

5.5 BC Hydro Stationery Form #80402 (Toxic/Hazardous Products Inventory).

5.6 BC Hydro Stationery Form #80487 (Workplace Label).

6. Information Controls

6.1 Revision History

<table>
<thead>
<tr>
<th>Date</th>
<th>Version</th>
<th>Comments</th>
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</thead>
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<tr>
<td>January 8, 2016</td>
<td>V1–O</td>
<td>This standard (renamed to WHMIS 2015 and Hazardous Materials) has been updated to reflect current regulatory changes to hazardous materials legislation including:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1) Repeal of Health Canada, Controlled Product Regulations</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2) New Health Canada Regulation, Hazardous Product Regulations that came into force in February 2015</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3) Updated WVSBC Regulations Part 5 (WHMIS) to align with Health Canada.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Updating housekeeping items such as MSDS to SDS, changes to WHMIS Classification.</td>
</tr>
</tbody>
</table>
Appendix 1

Glossary

1.1 **Hazardous Waste**: A hazardous material that is intended for disposal or is sold for recycling or recovery. Hazardous wastes are exempted from WHMIS 2015, but there are requirements in the OHSR to ensure safe handling and storage of hazardous wastes (Sections 5.3@ and 5.76–5.81).

1.2 **Hazardous Product**: Any hazardous product, material or substance that meets the criteria specified in Part 7 and Part 8 of the Hazardous Products Regulations (HPR) for Physical and Health Hazards.

1.3 **Partially Exempted Product**: A hazardous product that is regulated Federally by legislation other than the HPR (e.g. Pest Control Products Act or the Consumer Chemicals and Containers Regulations). Note that the OHSR contains specific requirements for pesticides in Sections 6.70–6.109.

1.4 **Manufactured Articles**: Articles that are manufactured prior to purchase. Manufactured articles may contain hazardous products but do not present an exposure risk during normal conditions of use (e.g. thermometers, fossil–fueled equipment, asbestos–containing floor tiles and batteries).

1.5 **WorkSafeBC General Information Requirement (Section 5.2)** requires that, if a worker is or may be exposed to a chemical or biological substance which could cause an adverse health effect, the employer must ensure that:
   - The identity of the substance, its possible effects on worker health and safety and any precautions are clearly indicated (e.g. labels, SDS);
   - The content and meaning of the hazard information is clearly communicated to the worker;
   - Effective written procedures are prepared and implemented to prevent exposures that could cause an adverse health effect, and to address emergency and cleanup in the event of a spill or release; and
   - The supervisor and the worker are trained in and follow the established procedures.
Appendix 2

Labeling & Hazard Information Requirements
For Hazardous Products

<table>
<thead>
<tr>
<th>Product</th>
<th>Label</th>
<th>Hazard Information (See Section 3.1.2, Page 2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Controlled/Hazardous Product that falls under WHMIS 2015</td>
<td>WHMIS 2015–compliant Supplier Label</td>
<td>WHMIS 2015–compliant SDS from the supplier</td>
</tr>
<tr>
<td>2. Hazardous Product that is Partially Exempted from WHMIS 2015</td>
<td>Normal supplier label</td>
<td>Latest SDS or other hazard information from the supplier</td>
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<tr>
<td>(e.g. Pesticides, Consumer Products)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Hazardous Waste</td>
<td>Any form of identification</td>
<td>Hazard information applicable to the waste material (e.g. Waste Profile Sheet)</td>
</tr>
<tr>
<td>4. Hazardous Product that are Completely Exempted from WHMIS 2015</td>
<td>Any form of identification</td>
<td>Latest SDS from the supplier, if available, or other hazard information</td>
</tr>
<tr>
<td>(e.g. manufactured articles)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Products listed in 1 &amp; 2 when decanted into a secondary storage container</td>
<td>WHMIS 2015–compliant Workplace Label</td>
<td>See 1 or 2, above</td>
</tr>
<tr>
<td>6. Products listed in 1 &amp; 2 when decanted into a “controlled use” container (i.e. used by one worker for one shift)</td>
<td>Any form of identification known to the user</td>
<td>See 1 or 2, above</td>
</tr>
</tbody>
</table>
OSH Standard 302
Safety During Spill Response
Osh Standard 302
Safety During Spill Response

1. Purpose

This standard establishes the requirements associated with spill response safety.

2. Contents

1. Purpose
2. Contents
3. Scope
4. Requirements
5. Roles and responsibilities
6. Reference material
7. Recent document changes
8. Appendix 1 – Spill Response Hazard Assessment

3. Scope

Pre-planning, training and written procedures are required to prevent exposures to hazardous materials and to ensure regulatory compliance during spill response. This standard outlines the requirements to ensure the safety of workers involved in spill response associated with liquids and solid materials typically found at BC Hydro facilities. This standard does not address situations involving explosion, fires or equipment failures that release respiratory hazards (in these circumstances, please contact your OSH Specialist for assistance).

For information about environmental requirements, including notification procedures, emergency contacts, spill response equipment and waste handling, refer to Waste Management Standard WM–110 Spill Response.

4. Requirements

4.1. This standard deals exclusively with the regulatory requirements governing the safety of spill responders. Workers must ensure their personal safety at all times. If a worker lacks understanding, training and experience with the material involved, they must remove themselves away from the spill area.

4.2. Standard spill response protocol requires the following sequence of events:

- Ensure safety
- Stop the flow
- Secure the area
- Contain the spill
- Notify and report
- Clean up
4.3. The primary regulation governing spill response safety is Occupational Safety and Health Regulation (OHSR), Section 5.97 to 5.102 Emergency Procedures, Section 5.3 to 5.21 “WHMIS” and Section 5.2 “General Information Requirement”. The intent of the regulation is to ensure that workers are fully informed about the hazards of the products that they are required to handle, and that they have the training and the equipment needed to protect themselves from those hazards.

4.4. Regulatory compliance requires pre-planning, training and written work procedures. For assistance with implementing this standard, contact your Occupational Safety & Health (OSH) Specialist.

4.5. Develop an inventory of the hazardous materials used or stored in the workplace and obtain all the required hazard information (MSDS, label, identifier) for each product (see OSH Standard 301 WHMIS and Hazardous Materials). Hazardous materials are pesticides, hazardous wastes, consumer products and products covered by WHMIS.

4.6. Carry out an MSDS and site review to identify those products which pose serious concern from an environmental or safety point of view.

4.6.1. Spills to the environment that exceed “reportable volumes” must be reported to the Provincial Emergency Region, this is specified in Waste Management Standard WM–110. For further assistance, contact the Waste Management Specialist in each SBU environmental department.

4.6.2. Products are a potential safety spill concern if they would require special precautions during spill response or clean-up. Examples include:

- Solvents
- Mercury
- PCBs and PCB contaminated oils
- Asbestos
- Carbon dioxide (fire suppression systems)
- Corrosives (e.g. battery acid, ammonia, chlorine)

4.7. Carry out a hazard assessment of each product identified as a potential spill concern. The potential hazard to spill responders will depend on a number of factors including product toxicity, product volume and where the spill response will take place (e.g. outdoors vs. an enclosed or confined space). It is possible to develop a single spill response procedure for a group of products with similar hazards (e.g. flammables, oils) provided that selection of personal protective equipment is based on the worst case scenario. Procedures will consider evacuation, notification, clean-up and re-entry. These procedures must, however, be specific to location and situation to ensure that appropriate personal protective equipment, particularly respiratory protection, is selected (e.g. mercury). Appendix 1 of this standard contains a Spill Response Hazard Assessment Form to assist with the hazard assessment process.

4.8. Develop written procedures for each product and situation, integrating safety and environmental (WM–110) requirements. Procedures will consider evacuation, notification, clean-up and re-entry. Procedures must describe how and where the spill response will be carried out, and the required personal protective equipment. Attach a current MSDS to the spill response procedures.

4.9. Provide training on product hazards, spill response procedures, and the use and location of the required equipment for all workers who are expected to respond to spills.

4.10. Drills should be conducted regularly to test the adequacy of procedures and training.

4.11. Maintain and management of record management of spill response related information.
5. Roles and responsibilities

<table>
<thead>
<tr>
<th>Role</th>
<th>Responsibility</th>
<th>Applicable section(s)</th>
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<tbody>
<tr>
<td>Managers</td>
<td>• Development of a hazardous products inventory</td>
<td>4.5</td>
</tr>
<tr>
<td></td>
<td>• Provision of all required hazard information</td>
<td>4.7</td>
</tr>
<tr>
<td></td>
<td>• Development of spill response procedures</td>
<td>4.8</td>
</tr>
<tr>
<td></td>
<td>• Provision of the required equipment and materials</td>
<td>4.8</td>
</tr>
<tr>
<td></td>
<td>• Training of spill responders</td>
<td>4.10</td>
</tr>
<tr>
<td></td>
<td>• Training on appropriate and safe use of personal protective equipment</td>
<td>4.10</td>
</tr>
<tr>
<td></td>
<td>• Maintain records of spill response procedures on file at the applicable work site</td>
<td>4.11</td>
</tr>
<tr>
<td></td>
<td>• Review spill response procedures annually with responders</td>
<td>4.10</td>
</tr>
<tr>
<td></td>
<td>• Update spill response plans when there are changes in any of the factors that impact on the hazard assessment</td>
<td>4.11</td>
</tr>
<tr>
<td>Workers</td>
<td>• Responsible for carrying out spill response in accordance with the procedures and training provided</td>
<td>4.9 &amp; 4.10</td>
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6. Reference material

6.1. Applicable regulations

<table>
<thead>
<tr>
<th>Regulation</th>
<th>Applicable section(s)</th>
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<tbody>
<tr>
<td>WorkSafeBC Occupational Health &amp; Safety Regulation – Part 5 (sections 5.97 to 5.102)</td>
<td>OSH Standard 302 sections:</td>
</tr>
<tr>
<td>• 5.97  Emergency plan</td>
<td>3.3  Compliance plan</td>
</tr>
<tr>
<td>• 5.98  Inventory</td>
<td>3.5  Inventory &amp; worksite review</td>
</tr>
<tr>
<td>• 5.99  Risk Assessment</td>
<td>3.6  Hazard assessment</td>
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<tr>
<td>• 5.100 Procedures</td>
<td>3.7  Written procedures</td>
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<tr>
<td>• 5.101 Procedures for spill cleanup &amp; reentry</td>
<td>3.8  Training on hazards, procedures &amp; response</td>
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<td>• 5.102 Training &amp; Drills</td>
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6.2. Related documents

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<th>Reference</th>
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<tr>
<td>Waste Management Standard WVM–110 Spill Response</td>
<td>OSH Standards:</td>
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<tr>
<td>OSH Standards related to hazardous materials</td>
<td>304 PCBs (Poly Chlorinated Biphenyls)</td>
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<tr>
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<td>305 Sulfur hexafluoride</td>
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<td>306 Asbestos</td>
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<td>310 Selection &amp; Use of Solvents</td>
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<td>311 Mercury</td>
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<td>313 Respiratory Protection</td>
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<td>317 Battery Work Safety Requirements</td>
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7. Recent document changes

This document was last updated on March 30, 2017.

<table>
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<th>Date</th>
<th>Comments</th>
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<tbody>
<tr>
<td>March 8, 2017</td>
<td>Addition to Scope (section 3). Wording related to explosion, fires and equipment failures. Minor points of clarification made with alignment to the new OSH Standard format.</td>
</tr>
</tbody>
</table>
8. Appendix 1

Spill Response Hazard Assessment

SITUATION

1. Product: __________________________________________ (Attach MSDS)
   Permissible Concentration:

2. Estimated Maximum Spill Volume: __________________________

3. Product/Spill Location: _________________________________

4. Ventilation:
   • Poor (Indoors with no mechanical ventilation, or enclosed, or confined space)
   • Moderate (Indoors with mechanical dilution ventilation – Note: If ventilation must be turned off during spill response to
     prevent contamination of occupied areas, then rate ventilation as poor)
   • Good (outdoors, or indoors with local exhaust ventilation)

HAZARDS (Refer to MSDS)
TDG – UN# and emergency response Guide if spilled product cannot immediately be identified.

1. Fire Hazard:
   • High (Flash point 100°F (37.8°C) or lower)
   • Moderate (Flash point higher than 100°F but lower than 200°F (93.3°C))
   • Low (Flash point higher than 200°F)

2. Health Hazards (Routes of Exposure):
   • Inhalation
   • Skin
   • Eyes
   • Ingestion

REQUIRED HAZARDS CONTROLS (Refer to MSDS)
(For assistance contact your OSH Specialist)

1. Personal Protective Equipment:
   Respiratory Protection: (Refer to BC Hydro Guide to Respiratory Protection, SafeHub)
   • Not Required
   • Required; Type: ________________________________

   Gloves:
   • Not Required
   • Required; Type: ________________________________
Eye Protection:
- Not Required
- Required; Type: ________________________________

Body Protection:
- Not Required
- Required; Type: ________________________________

Protective Footwear:
- Not Required
- Required; Type: ________________________________

2. Control of Ignition Sources:
- Not Required
- Required; Details: ________________________________

3. Other
   Access Control:
   - Not Required
   - Required; Details: ________________________________

Ventilation Control:
   - Turn off Building Ventilation
     - No or N/A
     - Yes; Details: ________________________________
   - Provide local exhaust ventilation
     - No or N/A
     - Yes; Details: ________________________________
   - Provide Air Blowers (Dilution Ventilation)
     - No or N/A
     - Yes; Details: ________________________________

Evacuation:
- Not Required
- Required; Details: ________________________________

Additional Comments:
______________________________
______________________________
______________________________
OSH Standard 3O3
Confined Spaces
Osh Standard 303
Confined Spaces

1. Purpose

1.1 To establish and communicate the safety and health requirements for management of confined spaces at BC Hydro worksites.

2. Scope

2.1 This standard shall apply to all BC Hydro work, either conducted and supervised by BC Hydro employees or assigned to contractors.

2.2 This standard shall apply to all properties owned by BC Hydro.

3. Requirements

3.1 BC Hydro shall achieve and maintain continuous compliance with confined space requirements of Part 9 of the Occupational Health and Safety Regulation and the Workers Compensation Act section 119.

3.2 Owners and managers of BC Hydro assets, including equipment and infrastructure, shall maintain an inventory, provide information on known hazards and conduct hazard assessments of all confined spaces that workers may need to enter, and they shall make the inventory available to managers, workers and contractors.

Note: A Functional Lead Model has been approved to be developed, and once finalized the standard and program will be updated to reflect this as appropriate.

3.3 When planning, designing, constructing, acquiring or modifying assets, owners and managers shall seek to minimize risks associated with confined spaces, through elimination where practicable. The Senior Vice-President of Safety, Security and Emergency Preparedness shall identify the means for oversight of the BC Hydro Confined Space Program, including identification of the program administrator(s) and assignment of sustainment accountabilities. For information on this program, go to the Confined Space webpage on HydroWeb.

Note: A Functional Lead Model has been approved to be developed, and once finalized the standard and program will be updated to reflect this as appropriate.

3.4 Executive Vice-Presidents shall ensure implementation and sustainment of the BC Hydro Confined Spaces Management Program through the assignment of people and resources in their business units to implement the Program.

3.5 Before assigning work, BC Hydro managers and work leaders shall ensure that work planning identifies all confined spaces that may be accessed, and shall implement barriers and controls to manage the risks in accordance with the BC Hydro Confined Spaces Management Program.

3.6 For work assigned to a contractor, the BC Hydro Contract Representative shall provide the inventory of all confined spaces to the contractor at the beginning of the job planning process, and ensure the contractor has included all required elements of an acceptable confined space management program in their safety plan.

3.7 The Senior Vice-President of Safety, Security and Emergency Preparedness shall provide oversight of BC Hydro performance and compliance with this standard, and shall report status to the Chief Executive Officer and Board of Directors.
4. Roles and Responsibilities

4.1 Managers, Foremen/women, Sub–Foremen/women, and Crew Leaders are responsible for understanding and meeting their responsibilities as defined in the Confined Space Management Program, including but not limited to:

4.1.1 Planning and supervising work.
4.1.2 Ensuring workers are trained, competent, and using work and rescue procedures.
4.1.3 Responding to, reporting and investigating incidents and non–conformances.

4.2 Workers who carry out work at locations where there are confined spaces are present are responsible for:

4.2.1 Completing required instruction and training prior to work.
4.2.2 Adhering to operational work and rescue procedures that are approved for the facility and task.
4.2.3 Stopping work immediately if they encounter unsafe conditions, and reporting any problems or concerns to their work/crew leader or manager.

5. Regulation and Related Documents

5.1 Workers Compensation Act Section 119 ‘General duties of owner’


(Additional confined space references found in WorkSafeBC OHSR subsections 9.12 to 9.51)

5.2 WorkSafeBC Publication – Confined Space Entry Program (BK 84)
5.3 WorkSafeBC Publication – Hazardous of Confined Spaces (BK 83)

6. Information Controls

6.1 Revision History

<table>
<thead>
<tr>
<th>Date</th>
<th>Version</th>
<th>Comments</th>
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<tr>
<td>March 21, 2016</td>
<td>V2-1</td>
<td>Minor administrative improvements made to reflect: 1. Requirements of section 119 or Workers Compensation Act – general duties of employers regarding confined space information 2. References to hazard assessment requirements as pert WorkSafeBC OHSR part 9. 3. Reference to the Chief Safety Officer changed to the Senior Vice–President of Safety, Security and Emergency Preparedness. 4. Revisions were made to reflect a Functional Lead Model for assigning sustainment accountabilities which was approved at the Safety Accountability Meeting on March 21, 2016. A “SMS Hazard Management – Governance, Roles and Responsibilities” project is still underway which may result in future changes.</td>
</tr>
<tr>
<td>Sept. 5, 2014</td>
<td>V2-0</td>
<td>This standard has been completely revised to reflect WorkSafeBC Occupational Health and Safety Regulation requirements and the creation of a BC Hydro Confined Space Management Program and supporting documents.</td>
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</table>
OSH Standard 304
Polychlorinated Biphenyls (PCBs)
OSH Standard 304
Polychlorinated Biphenyls (PCBs)

1. Scope

1.1 This standard covers hazard aspects and safe handling of polychlorinated biphenyls.

2. Purpose

2.1 This standard outlines the hazards associated with PCBs and the procedures which must be followed to prevent employee overexposures during work involving PCBs or PCB–contaminated (>50 PPM) materials (e.g. oils, wastes, equipment).

3. Standard

3.1 General

3.1.1 Polychlorinated Biphenyls (PCBs) are a group of synthetic fluids that have been widely used in electrical equipment because of their stability, fire resistance and excellent insulating and thermal properties. However, the inherent stability of PCBs also causes them to persist in the environment, which resulted in the banning of PCB manufacture in 1977 and the subsequent regulation of their use, transportation, storage and disposal.

3.1.2 For information about PCB–related environmental and fire standards and regulations, refer to the following BC Hydro Waste Management standards:

- VWM–310 – Management of Materials Containing PCB
- VWM–340 – Transport of PCBs

3.2 Hazards

3.2.1 Environmental Contamination

3.2.1.1 PCBs have been identified as an environmental contaminant because they persist in the environment where they accumulate in the food chain. As a result of past environmental releases of PCBs, they are found worldwide in water, air, soil, sediments, fish, birds and mammals, including man.

3.2.1.2 The main goal of current PCB–related environmental regulations is to minimize the release of PCBs into the environment and prevent further environmental effects.

3.2.2 Occupational Exposure

3.2.2.1 Workers may be exposed to PCBs through inhalation, skin contact or accidental ingestion. PCB exposure due to inhalation may occur if fluids are heated enough (>50°C) to produce vapors, if fluids are aerosolized (e.g. sprayed) or if PCB–contaminated dusts are disturbed. PCBs can also enter the body through skin absorption. Ingestion can occur whenever PCBs are transferred to food, drink or other items that may get into the mouth (e.g. pencils, cigarettes).

3.2.2.2 Studies of human occupational exposures by the U.S. National Institute for Occupational Safety and Health (NIOSH) have linked PCBs to skin/eye irritation and chloracne – a reversible skin condition which resembles severe acne. There have been no reported cases of chloracne among BC Hydro workers.
3.2.2.3 Although animal studies have identified other possible PCB health effects (e.g. cancer, reproductive effects), these effects have not been confirmed in human occupational studies, and there have been no significant differences in death rates between workers who handled PCBs for years, and those who did not.

3.2.2.4 Levels and durations of PCB exposure in the studied workers were typically in excess of 100 times the exposure levels that have been measured during routine BC Hydro PCB-related work. BC Hydro worker exposures have been confirmed to be very low via medical monitoring of PCB levels in blood.

3.2.3 Fire Hazards

3.2.3.1 PCBs are fire resistant but, under arcing or fire conditions, they can break down and produce highly toxic by-products, including polychlorinated dibenzofurans (PCDFs), hydrogen chloride and polychlorinated dibenzo-p-dioxins (PCDDs).

3.2.3.2 The health hazards resulting from fires involving PCBs are primarily due to the inhalation of PCB vapours or the vapours of toxic PCB by-products. After a fire has been extinguished, workers may be further exposed to these contaminants if they contact or inhale fire residues.

3.2.4 Safe Handling Procedures for Routine Activities

3.2.4.1 PCB-related activities that BC Hydro employees are routinely required to carry out include: sampling, pouring, transporting and inspecting PCBs, PCB-contaminated materials and/or related equipment or storage containers.

3.2.4.2 Only employees trained in the hazards and safe handling of PCBs shall work in areas where PCBs are used or stored, and the procedures outlined in clauses 3.2.4.3 through 3.2.4.5 must be followed to prevent skin contact, ingestion and inhalation if/when the nature of the PCB-related activities could result in exposure via those routes.

3.2.4.3 Protective equipment must be used to prevent potential eye or skin contact. Depending on the nature of the planned work, the required equipment may include goggles, gloves (nitrile), aprons, coveralls, jackets, pants and footwear (e.g. rubber or neoprene boots/overshoes or disposable boot covers). Protective clothing must be disposable (e.g. Tyvek) or reusable (neoprene). If reusable protective clothing is used, then it must be used only for PCB-related work and must be cleaned and maintained in accordance with the instructions provided in clause 3.2.8 of this Standard.

3.2.4.4 PCB exposure through ingestion can best be prevented through good personal hygiene practices. In addition to wearing gloves to prevent skin contact, employees involved in PCB-related activities must wash their hands prior to breaks and prior to eating, drinking or smoking. Hand washing may be done using disposable wipes, waterless cleaners or soap and water.
3.2.4.5 PCB exposure through inhalation must be prevented by providing adequate ventilation to minimize exposure levels and/or by using respiratory protection (NB respirator protection is required when exposure levels exceed 50% of the WorkSafeBC’s Permissible Exposure levels). There is normally no inhalation hazard associated with the routine PCB-related activities carried out in BC Hydro unless fluids are heated (>50°C) or sprayed/misted, or if contaminated dust is disturbed. For assistance with determining if/when respiratory protection is required, contact your local Occupational Safety and Health (OSH) Specialist. For information about the proper selection, use and maintenance of respiratory protective equipment, refer to OSH Standard 313 – Respiratory Protection.

3.2.5 Handling of Electrical Equipment After Failure Due to Arcing or Lightning Strike

3.2.5.1 Small amounts of toxic PCB by-products (e.g. PCDFs, PCDDs) may be produced when electrical equipment arcs or is struck by lightning, but the exposure risk associated with handling this equipment after the event is low if the following conditions apply:

- the fire, if any, has been completely extinguished and the fluids in the equipment have cooled (<50°C),
- the fire was minor (i.e. its spread was limited to the immediate vicinity of the transformer/capacitor involved, and
- there is no fire residue which could become airborne and inhaled during the planned work.

3.2.5.2 If the above conditions apply, then the potential exposure risks are limited to eye/skin contact and ingestion and, if the nature of the planned work could result in exposure via those routes, then, appropriate protective equipment must be worn (clauses 3.2.4.3 and 3.2.4.4).

3.2.6 Spill Response Procedures

3.2.6.1 Managers of locations where there is a potential for a leak or spill involving PCBs or PCB-contaminated fluids must develop and implement response/emergency plans, in accordance with the requirements outlined in Environmental Standard WM 110 – Spill Response and OSH Standard 302 – Safety During Spill Response.

3.2.6.2 The type/level of personal protective equipment required during spill response will depend on the volume of the spill and other site-specific conditions (see OSH Standard 302), but the general exposure prevention guidelines provided in clauses 3.2.4.3 through 3.2.4.5 and clause 3.2.7 of this Standard will apply.

3.2.7 Fire Response and Post–Fire Clean–Up Procedures

3.2.7.1 Any fire involving PCBs or PCB–contaminated (>50 PPM) fluids must be treated as a serious event. Safe and effective handling of a PCB fire and the post–fire clean–up requires pre–planning, specialized equipment and thorough training of designated response personnel.

3.2.7.2 Post–fire clean–up requires specialized safety and environmental procedures, and must be carried out only by properly trained and equipped workers. Whenever practicable, post–fire clean–up work should be carried out by qualified internal CBU employees or external contractors. If regular BC Hydro employees must be assigned to this type of work, contact your local Occupational Safety and Health (OSH) Specialist for assistance with developing safe work and decontamination procedures. For further information about environmental standards and regulations refer to Environmental Standard WM 35O – PCB Fire Clean–Up.
3.2.8 Cleaning of PCB-Contaminated Protective Clothing and Equipment

3.2.8.1 Contaminated protective clothing and equipment must be cleaned immediately after use and cleaning must be carried out in a well-ventilated area, preferable outdoors. Wear nitrile gloves to prevent PCB contact with the skin.

3.2.8.2 The following procedure must be used to clean reusable protective clothing (e.g. gloves, aprons, jackets, pants, footwear):

- First, wipe with dry disposable wipes,
- Secondly, wipe with disposable wipes saturated with a terpene or hydrocarbon degreasing solvent, such as PF Degreaser (NB wear protective gloves to prevent skin contact – refer to applicable MSDS for details),
- Allow clothing to air dry, and
- Label clothing “PCB Free” and store in a separate locker or bag ready for the next use.

Reusable protective clothing should be disposed of and after 10 days (80 hours) use or when material becomes cracked/worn, whichever occurs first.

3.2.8.3 To clean other PCB-contaminated protective equipment (e.g. goggles, respirators), first wipe with dry disposable wipes and then wash with soap and hot water.

3.2.8.4 All materials used to clean contaminated clothing and equipment must be treated as PCB waste.

4. References

4.1 NIOSH Criteria for a Recommended Standard, Occupational Exposure to Polychlorinated Biphenyls (PCBs). DHEW Publication No. 77 255, September 1977


4.3 National Cancer Institute, Bioassay of Arochlor 1254 for Possible Carcinogenicity. Technical Report Series No. 38, 1978

4.4 BC Hydro Waste Management Standards: 110, 310, 340
OSH Standard 305
Sulphur Hexafluoride (SF$_6$)
OSH Standard 305
Sulphur Hexafluoride (SF\textsubscript{6})

1. Scope

1.1 Sulphur hexafluoride (SF\textsubscript{6}) is used as an insulating and arc quenching gas in many types of electrical equipment, including circuit breakers, circuit switchers, current transformers, switchgear and buses. In its pure state, SF\textsubscript{6} is an odourless, tasteless, colourless, non-toxic gas. Under normal operating conditions, the gas is totally enclosed within the equipment.

1.2 The following potential hazards are associated with SF\textsubscript{6} filled equipment.

   - SF\textsubscript{6} gas used in electrical equipment is usually pressurized.
   - SF6 gas is much heavier than air and at high concentrations (>20 %) it may collect in low points of containers or the buildings housing indoor SF\textsubscript{6}–filled equipment, thereby displacing the air and creating a potential asphyxiation (oxygen starvation) hazard in the affected area.
   - When exposed to high temperatures SF\textsubscript{6} will decompose producing a complex mixture of gaseous and solid by-products. A few of these SF\textsubscript{6} decomposition products are highly toxic and most are highly corrosive and irritating when they come into contact with moisture (e.g. in the mouth, eyes or respiratory tract). The composition of the by-product mixture depends on a number of variables, including temperature, moisture, electrode/casing materials and type of arc.
   - Some SF\textsubscript{6} breaker enclosures are confined spaces and, if they are entered, the requirements of OSH Standard 303 (Confined Spaces) must be met.

2. Purpose

2.1 The purpose of this standard is to establish the requirements that must be met and the procedures that must be followed to identify, assess and control the potential hazards associated with operating and maintaining SF\textsubscript{6} equipment. For assistance, managers should contact their Occupational Safety and Health (OSH) Specialist.

2.2 For information on SF\textsubscript{6}—related environmental issues (e.g. spill reporting, waste disposal and transportation) go to the Environmental Best Management Practices.

3. Standard

Requirements:

3.1 General Requirements

3.1.1 SF\textsubscript{6} Cylinders must have WHMIS–compliant labeling (OSH Standard 301) and the normal safe handling procedures for pressurized gas containers must be followed.

   Note: SF\textsubscript{6} is normally supplied in cylinders with 52 kg (115 lbs.) of liquefied SF6.Cylinder pressure is typically 21 MPa (300 psig) at 20 degrees Centigrade (68 F).

3.1.2 Eliminate all sources of heat and open flame (e.g. welding, propane torch and smoking) in indoor work areas when there is an increased risk of SF\textsubscript{6} release (e.g. during filling or evacuation of SF6 equipment).

   Note: SF\textsubscript{6} gas may decompose when exposed to temperatures as low as 200°C.

3.1.3 When working around SF\textsubscript{6} equipment, care must be taken to avoid sudden impact contact (e.g. dropped tools) with pressurized porcelain and epoxy bushings as this could cause a major gas discharge.
3.1.4 SF₆-filled equipment that is pressurized to 40 psi absolute pressure or more (25.3 psi gauge pressure @ 1 atmosphere) is classified as a compressed gas under WHMIS. A peel-and-stick label #1O086 (4" x 4") and #10086-1 (8" x 8"), available from BC Hydro stationery, must be applied to the equipment.

3.1.5 Where an accidental, indoor release of SF₆ may result in overexposures to SF₆ or its decomposition products, warning signs must be posted on all doors leading into the rooms or buildings housing the SF₆ equipment. The above label can also be used for this purpose.

3.2 Risk Assessment

3.2.1 Prior to starting work on SF₆ equipment, carry out a risk assessment to determine if the planned work will present a low, moderate or high risk to workers with respect to decomposition product exposures, and to ensure that the applicable requirements are met (Sections 3.3, 3.4 and 3.5 of this standard). The flowchart in Appendix 1 (Pages 7 and 8) of this standard is provided to assist with carrying out a risk assessment.

3.2.2 If the planned work will involve maintenance of existing SF₆ equipment (i.e. SF₆ gas removal and inspection/repair/cleaning of enclosures), the risk assessment must include the collection of a gas sample from the in-service equipment (i.e. before evacuating gas and opening enclosure) to determine level of total gaseous decomposition products inside the equipment. For assistance with sample collection and analysis, contact Powertech Laboratories.

**WARNING**

Never use the sense of smell to locate a fault or leak. This practice is unsafe and may result in overexposure to SF₆ decomposition products.
3.3 Low Risk Requirements

3.3.1 The potential SF₆-related hazards associated with low risk work are limited to exposure to pressurized gas and, in indoor installations, the accumulation of SF₆ gas in poorly ventilated areas (This refers to minor leaks only. A major, abnormal release is classified as High Risk – see Section 3.5.1 of this standard).

Note: The SF₆ decomposition products that may be formed by arcing or by low-energy discharges and released due to normal leakage from SF₆ equipment will not reach significant levels in the workplace.

3.3.2 The following requirements must be met during low risk work activities.

- Carry out work only in well-ventilated areas.
- Wear protective eyewear and gloves (e.g. leather) when working on high-pressure piping, valves or connectors where there is a risk of a sudden pressure release.
- If work involves entry into SF₆ breaker enclosures, the requirements of OSH Standard 303 (Confined Spaces) must be met. Note: 230 kV Westinghouse (WCL) SF₆ breakers are not confined spaces if both access ports are kept fully open.
- If work involves the use of solvents, the requirements of OSH Standard 310 (Selection and Use of Solvents) must be met.
- Practice good personal hygiene at all times during SF₆-related work:
  - Do not eat, drink or smoke in work areas; and
  - Before breaks, and at the end of the work/shift, wash hands and face before eating, drinking or smoking.

3.4 Moderate Risk Requirements

3.4.1 Routine maintenance of switching equipment, and non-switching equipment that has not been trouble-free, is initially classified as moderate risk because there is a potential for exposure to SF₆ decomposition products when the enclosure is opened for inspection.

3.4.2 To fully determine the exposure risk, the following steps outline a brief “hands-off” inspection that must be completed before proceeding with the planned maintenance work:

- Contact your OSH specialist for assistance with a hazard assessment to determine the required PPE for this inspection.
- In accordance with established procedures, evacuate SF₆ gas and draw a vacuum on the enclosure (30 mm. Hg).
- Open access cover(s) and carry out the initial inspection from the outside. DO NOT ENTER, or put head inside, the enclosure.
- If there is no visible dust/powder, and the enclosure is free from pungent (“rotten egg”) odours, then subsequent work can be considered Low Risk with respect to decomposition products exposure (See Section 3.3)
- Even if the contamination is minor and localized (i.e. only around contacts), you must contact your OSH for assistance in determining how to proceed.
- If there is a significant amount of dust visible on enclosure surfaces and/or a pungent (“rotten egg”) odour is detectable, immediately close access door(s) and implement High Risk procedures (See Section 3.5).
3.5 High Risk Requirements

3.5.1 Although very rare, abnormal releases can occur and the local Emergency Response Plan (ERP) must include written procedures for building evacuation in the event of a major indoor release of SF₆. Until further notice, and regardless of any existing written re-entry procedures, contaminated buildings and rooms must not be re-entered for any reason without a job specific risk assessment to determine the required level of PPE and procedures. For more information and assistance, contact your OSH Specialist. Appendix 2 of this standard can be used as a guide in preparing these procedures.

3.5.2 High Risk work, including evacuation (gas removal) and clean-up of SF₆ enclosures that are contaminated with decomposition products requires specialized equipment, training and procedures. For more information and assistance, contact your OSH Specialist.

3.6 Instruction and Training

3.6.1 Workers who are required to carry out SF₆-related work must be given instruction in the requirements of this standard.

3.6.2 Where applicable (indoor installations), workers must be given instruction in the SF₆-related requirements of the local Emergency Response Plan (ERP).

3.6.3 Workers who are required to carry out work on contaminated SF₆ equipment and/or have responsibilities under the ERP must be given training in the applicable written work procedures.

4. Responsibilities

4.1 Managers are responsible for implementing the requirements of this standard. For assistance, managers should contact their OSH Specialist.

4.2 Workers are responsible for carrying out SF₆-related work in accordance with the instructions and training provided.

5. Records & Documentation

5.1 Required records and documentation include:
Worker instruction and training;
• Respirator fit test records;
• Respirator training records; and
• Where applicable, an Emergency Response Plan that includes written procedures for building evacuation and re-entry in the event of a major indoor release of SF₆.

6. References

6.1 WorkSafeBC OH&S Regulation, Parts 5, 8 and 9

6.2 BC Hydro OSH Standards 301 (WHMIS and Hazardous Materials), 303 (Confined Spaces), 310 (Selection and Use of Solvents) and 313 (Respiratory Protection)

6.3 BC Hydro SF6, Workplace Label, Form #10086 and #10086-1

Appendix 1
SF₆-Related Work Risk Assessment

START

Has there been an abnormal, indoor release of SF₆?

YES → HIGH RISK
Follow requirements in Section 3.5.1 & Appendix 2 of this standard

NO

Has there been a major fault inside the SF₆ enclosure?

YES → HIGH RISK
Follow requirements in Section 3.5.2 of this standard

NO

Did sample contain >100 ppm total gaseous decomposition products? (See Section 3.2.2)

YES → HIGH RISK
Follow requirements in Section 3.5.2 of this standard

NO

Is the planned work limited to assembly, testing or commissioning of new equipment?

YES → LOW RISK
Follow requirements in Section 3.3 of this standard

NO

NEXT PAGE
BC Hydro Disclaimer: BC Hydro does not accept any liability or responsibility of any kind arising from inappropriate use of this information.

This version of this safety document is intended solely as an example for prospective BC Hydro contractors. Current BC Hydro contractors must refer to updated information on the BC Hydro contractor Safety Extranet.

OSH Standard 305
Sulphur Hexafluoride (SF₆)

CONTINUE

Is the planned work limited to operating, or working around, existing equipment?

NO

Is the planned work limited to routine maintenance of non-switching equipment?

YES

Does the equipment have a trouble-free operating history?

NO or UNKNOWN

MODERATE RISK
Enclosure must be inspected to determine actual risk.
Follow requirements in Section 3.4 of this standard.

IF THE PLANNED WORK IS NOT ADDRESSED IN THIS FLOWCHART, CONTACT OSH SPECIALIST FOR ASSISTANCE

YES

IF YES

Does the planned work involve routine maintenance of existing switching equipment?

NO

LOW RISK
Follow requirements in Section 3.3 of this standard

YES

LOW RISK
Follow requirements in Section 3.3 of this standard

NO or UNKNOWN

HIGH RISK
Follow requirements in Section 3.5.2 of this standard

Is there visible dust/powder OR is there pungent ("rotten egg") odours?

YES

LOW RISK
Follow requirements in Section 3.3 of this standard

NO

LOW RISK
Follow requirements in Section 3.3 of this standard
Appendix 2
Guidelines for Preparing Emergency Evacuation and Re-Entry Procedures for Indoor SF₆ Installations

BUILDING EVACUATION

Situations Requiring Evacuation

If any of the following situations occur, personnel must immediately evacuate the building via the nearest exit and, where applicable, sound the general building evacuation alarm:

- The audible SF₆ detection alarm sounds (where applicable);
- A pungent odour (like rotten eggs or a burning battery) is detectable;
- A burning sensation on the skin or difficulty in breathing is experienced; or
- A fault inside the SF₆ equipment results in the release of SF₆ decomposition products.

Note: If the release is in conjunction with a fire, follow the local Fire Emergency Plan.

Assembly, Head Count and Access Control

- Following exit from the building, all personnel must assemble at a pre-determined location, away from building exhaust points, and a head count must be carried out to ensure that all personnel are accounted for.
- If required, re-entry to rescue personnel who are not accounted for must only be attempted by properly trained and equipped personnel – see Building Re-Entry.
- Following the evacuation and head count, secure all building entrances to prevent re-entry by personnel who may not be aware of the evacuation order.

Ventilation

- If the building ventilation fans are not running, they must be started as soon as possible to initiate dilution and exhaust of any SF₆ gas and decomposition products that may be present. If activation of the ventilation fans requires re-entry into potentially contaminated areas it must be done by properly trained and equipped personnel – see Building Re-Entry.
- If there is no mechanical ventilation in the building, or if it is not functioning, open all doors and windows to maximize natural ventilation. Again, do this only if it can be done from the outside without exposing unprotected personnel to hazardous decomposition products.

CAUTION

Ensure that the area(s) around the building’s exhaust point(s) are evacuated and, if necessary, secured with barrier rope/tape to prevent access and exposure of workers and/or the public to SF₆ and its decomposition products.
BUILDING RE-ENTRY

Always delay re-entry into the building as long as possible to maximize dilution and minimize risk to workers (see Monitoring section, below).

Required Protective Equipment, Training, and Procedures

Contact your OSH Specialist for assistance to determine required training, PPE, and procedures. There may be some lead time required to obtain required equipment and training.

If conditions inside the contaminated room or building are unknown and/or have the potential to be immediately dangerous to life and health (IDLH), WSBC requires a minimum of four properly trained and equipped workers to re-enter. Two of them will enter and work as team while the remaining two wait at the entrance to provide standby support in case the first two experience trouble.

Communication

Personnel who are re-entering the building must be able to communicate with outside standby workers and must have pre-established contact intervals (e.g. report every 5 minutes). The standby workers must be fully trained/equipped and prepared to carry out an investigation and/or rescue in the event that contact cannot be made with the workers inside the building.

Initial Entry & Investigation

The duration of the initial entry into an evacuated SF$_6$ building must be minimized. Personnel must leave the building as soon as the cause of the evacuation has been determined and, if applicable, the building ventilation system has been turned on. Initial equipment investigations should be done using “hands off inspection” to minimize the risk of skin contact with any potentially hazardous solid decomposition products.

If it is determined that a gas leak has occurred, then subsequent re-entry into the building must be delayed as long as possible to maximize dilution and minimize risk to workers.

WARNING

If a major burn-through or pressure relief operation has occurred, solid and gaseous SF$_6$ decomposition products ejected into the ambient air will remain at high concentrations for several hours after their release.

Monitoring

If the cause of the evacuation was a SF$_6$ release, monitoring must be carried out to confirm that the SF$_6$ and gaseous decomposition product’s concentrations have been reduced to safe levels by ventilation before restrictions on building access can be lifted and, if applicable, clean up can proceed.

Monitoring must be done by trained personnel wearing SCBA and appropriate protective clothing (see Protective Equipment & Clothing section, above). Whenever possible, re-entry into the building to carry out monitoring should be delayed until ventilation has reduced SF$_6$ levels at building exhaust points to, or below, the criteria in the table provided below. Monitoring must be thorough with particular emphasis on low-lying areas where SF$_6$ may accumulate.
WARNING

$\text{SF}_6$ levels measured at building exhaust points are not necessarily representative of levels that will be encountered inside the building. Much higher levels will likely be present in low-lying and/or poorly ventilated areas inside the building.

Monitoring Method & Criteria

There is currently no practical and accurate method for directly measuring the concentrations of hazardous decomposition products in air, and there is no single decomposition product that can reliably be used as an indicator of exposure risk. An alternative method for monitoring the work environment is to use the $\text{SF}_6$ concentration as an indicator of the risk of exposure to decomposition products and measure the $\text{SF}_6$ in the air using a battery-powered, portable detector capable of sensing $\text{SF}_6$ down to 10 parts per million (ppm).

Before permitting general/unprotected re-entry into areas affected by a $\text{SF}_6$ release, the following criteria must be met (Note: unprotected re-entry must only be permitted to areas that are not contaminated with solid decomposition products). After re-entry, continue ventilating until $\text{SF}_6$ levels throughout the building are non-detectable (<10 ppm).

<table>
<thead>
<tr>
<th>Evacuation Cause</th>
<th>Re-Entry Criteria ($\text{SF}_6$ Concentration)</th>
</tr>
</thead>
<tbody>
<tr>
<td>New $\text{SF}_6$ Leak</td>
<td>&lt; 500 ppm</td>
</tr>
<tr>
<td>Used $\text{SF}_6$ Leak</td>
<td>&lt; 100 ppm</td>
</tr>
<tr>
<td>Fault</td>
<td>Non-Detectable (&lt; 10 ppm)</td>
</tr>
</tbody>
</table>

EQUIPMENT & BUILDING CLEAN UP

After $\text{SF}_6$ (and gaseous decomposition products) concentrations are at a safe level throughout the building, properly trained and equipped clean-up personnel can access the building and equipment.

Clean up of equipment and other areas that are contaminated with solid $\text{SF}_6$ decomposition products requires special equipment, written work procedures and training. Contact OSH Specialist for assistance.
OSH Standard 306
Asbestos Management
OSH Standard 306
Asbestos Management

1. Purpose

1.1 To establish and communicate the safety and health requirements for management of asbestos-containing material (ACM) at BC Hydro worksites.

2. Scope

2.1 This standard shall apply to all BC Hydro work, either conducted and supervised by BC Hydro employees or assigned to contractors.

2.2 This standard shall apply to all properties owned by BC Hydro.

3. Requirements

3.1 BC Hydro shall reduce exposure of workers to airborne asbestos fibres to exposure levels acceptable to WorkSafeBC. This includes:

3.1.1 Reducing exposure at least to the airborne exposure limits as defined in regulation.

3.1.2 Further minimizing exposure to levels as low as reasonably achievable (ALARA).

3.1.3 Substituting asbestos materials with less hazardous materials wherever this is practicable, and where it is not able to be done ensure that documented reasons are available to workers and the Joint Health and Safety Committee.

3.2 The Senior Vice-President of Safety, Security and Emergency Preparedness shall oversee the BC Hydro Asbestos Management Program as the program administrator. For information on this program, go to the Asbestos webpage on the HydroWeb. Responsibility is delegated for development and support of the Program, which shall include:

3.2.1 A coordinated inventory of ACM for all BC Hydro work places, equipment and other assets where asbestos may be present.

3.2.2 Processes and procedures for inventory, inspection, risk control and training, and for monitoring, evaluating and reporting on compliance across BC Hydro.

3.2.3 Clearly assigned duties outlining the required actions of BC Hydro personnel and departments (e.g. asset owners, procurement, operations management, safety).

Note: A Functional Lead Model has been approved to be developed, and once finalized the standard and program will be updated to reflect this as appropriate.

3.3 Executive Vice-Presidents shall ensure implementation of the BC Hydro Asbestos Management Program.

3.4 BC Hydro Managers assigning work that involves demolition, renovation, maintenance, or construction of buildings, equipment or structures at BC Hydro or non–BC Hydro worksites shall confirm the presence or absence of ACM in the workplace.

3.4.1 For worksites with confirmed presence of ACM, BC Hydro Managers shall document in their Annual Safety Plan all required inspection, control and training requirements as defined by the BC Hydro Asbestos Management Program.
3.5 For work assigned to a contractor that involves demolition, renovation, maintenance, or construction of buildings, equipment or structures, the BC Hydro Contract Representative shall confirm the presence or absence of ACM and provide this information to the contractor at the beginning of the job planning process.

3.5.1 For worksites with confirmed presence of ACM, the BC Hydro Contract Representative shall ensure the contractor has included all required elements of an Asbestos Management Program in their Safety Plan.

3.6 Any BC Hydro Manager receiving a WorkSafeBC inspection report regarding asbestos materials shall promptly forward the results of the inspection to the Senior Vice-President of Safety, Security and Emergency Preparedness.

3.7 The Senior Vice-President of Safety, Security and Emergency Preparedness shall oversee audits of the Asbestos Management Program, and shall report on compliance to BC Hydro Executive Management and the Board of Directors according to the schedule set out in the audit plan.

4. Roles and Responsibilities

4.1 Managers, Foremen/women, Sub–Foremen/women, and Crew Leaders are responsible for:

4.1.1 Ensuring that workers and contractors are qualified and comply with the requirements of this Standard, and the BC Hydro Asbestos Management Program.

4.1.2 Reporting and investigating incidents and non–conformances.

4.2 Workers who carry out work at locations where ACM is present are responsible for:

4.2.1 Participating in the instruction and training provided.

4.2.2 Following operational work procedures approved for the facility.

4.2.3 Stopping work immediately if they encounter suspected asbestos–containing material, and reporting any problems or concerns to their work/crew leader or manager.

5. Regulations and Related Documents

5.1 WorkSafeBC Occupational Health and Safety Regulation (OHSR):

5.1.1 Part 5 – Sections 5.54 (Exposure Control Plan), 5.70 (Ventilation – Discharged Air), 5.82 (Personal Hygiene) and Table 5–4 (Exposure Limits)

5.1.2 Part 6 – Sections 6.1 to 6.32 (Asbestos)

5.1.3 Part 12 – Section 12.98 (Risk Assessment – Blasting & Pressure Washing)

5.1.4 Part 20 –Section 20.2 (Notice of Project)

5.1.5 Part 20 – Section 20.112 (Hazardous Materials)

5.2 WorkSafeBC Guidelines Part 6 – Asbestos

5.3 WorkSafeBC Publication – Safe Work Practices for Handling Asbestos (BK27)
6. Information Controls

6.1 Revision History

<table>
<thead>
<tr>
<th>Date</th>
<th>Version</th>
<th>Comments</th>
</tr>
</thead>
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<tr>
<td>March 23, 2016</td>
<td>V3–1</td>
<td>The new OSH Standard format was adopted. References to the Chief Safety Officer were changed to the Senior VP of Safety, Security and Emergency Preparedness. A notation was made to reflect a Functional Lead Model for assigning sustainment accountabilities which was approved at the Safety Accountability Meeting on March 21, 2016. Once finalized, the standard and program will be updated to reflect this and any other related changes as appropriate.</td>
</tr>
<tr>
<td>March 28, 2012</td>
<td>R3</td>
<td>This standard has been completely revised to reflect WorkSafeBC Occupational Health &amp; Safety Regulation requirements and the creation of a BC Hydro Asbestos Management Program.</td>
</tr>
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</table>
OSH Standard 307
Drinking Water
OSH Standard 307
Drinking Water

1. Scope

1.1 This standard covers regulation and safety aspects of drinking water in BC Hydro facilities.

2. Purpose

2.1 The purpose of this standard is to ensure that safe drinking water is provided at all BC Hydro facilities and that the requirements defined by legislation, regulation and government directives under the Drinking Water Protection Act are met.

3. Standard

3.1 General

3.1.1 The domestic water provided to many homes and businesses in British Columbia is supplied by regional, municipal or private water suppliers. They typically carry out water treatment and testing to ensure that the quality of the water meets standards specified under the Drinking Water Protection Regulation or CCME Guidelines for Canadian Drinking Water Quality.

3.1.2 BC Hydro has a number of premises which are not supplied by municipalities or private water suppliers. In some cases, drinking water is taken from a well. In other cases, the domestic water is taken from a surface water source. Surface water means water which is open to the atmosphere and includes streams, lakes, rivers, creeks, springs, shallow wells and any other water source that is under the influence of surface water.

3.1.3 Surface water is vulnerable to microbiological contamination. Sewage from nearby communities and fecal material from wildlife are examples of potential sources of disease-producing organisms (e.g., Giardia, Cryptosporidium and E.coli) which may contaminate surface water supplies.

3.1.4 To minimize the potential health risk associated with surface domestic water sources, the Province of British Columbia enacted the Drinking Water Protection Act in 2001. Parts of the Act were brought into force by the Drinking Water Protection Regulation in 2003 with most recent amendment in 2005. Section 5 of this Regulation requires that water suppliers of small water supply systems (<500 people) must disinfect all water which is taken from a surface water source and used for human consumption or food preparation. Larger water systems (>500 people) must provide potable water for all domestic purposes including human sanitation.

3.1.5 All domestic water systems, except water supply systems that service only one single family residence are regulated by the Drinking Water Protection Act. Employers, like BC Hydro, who provide domestic water to their employees are considered to be “water suppliers” and must comply with the requirements of the Act and Regulation.

3.1.6 Wells that provide drinking water must also meet the standards of construction set by the Groundwater Protection Regulation.

3.2 All facilities with domestic water supply systems must have a valid operating permit issued by the Regional Health Authority. These permits will establish whether a facility requires water treatment, the level of treatment that will be required and other requirements such as emergency planning and sampling. An exemption for providing water treatment may apply to sites that do not use water for human consumption and/or food preparation. The applicability of the exemption will be determined during the permit application process.
3.3 Generation and Engineering Environmental Services (representing Distribution and Transmission facility interests) are developing a plan to bring facilities into compliance. The plan will involve working with Ministry of Health and the Regional Health Authorities to establish consistent approaches to water system requirements across the province.

3.4 To address interim health and safety risks while BC Hydro develops plans to ensure long term compliance with the requirements of the Drinking Water Protection Act, effective immediately:

3.4.1 Managers of facilities with water systems that are permitted and supply potable water will comply fully with all permit requirements (including sampling, operation and maintenance requirements, reporting and communication protocols).

3.4.2 Managers of facilities with water systems that are non-permitted must assume that the water supply is not potable and will:
   - only use bottled drinking water for drinking and for food preparation or will boil water for 1 minute before using
   - ensure signage at all faucets indicating water is not potable
   - continue to use and maintain stand-alone (reservoir-type) emergency eyewash units
   - use boiled water to rinse dishes or use disposable dishes and cutlery
   - provide a disinfecting hand wash at washroom and lunchroom sinks

   Note: Showering may continue at non-permitted facilities. However, staff must be aware that the water may not be suitable for ingestion.

3.4.3 Non-permitted facilities may provide potable water only in circumstances where sampling, operation and maintenance requirements, reporting and communication protocols that are consistent with those in clause 3.4.1 are in place and indicate that the drinking water supply is potable.

3.5 If you have any questions regarding compliance with drinking water legislation, please contact BC Hydro Safety or BC Hydro Environmental Risk Management.

*Note: these are interim measures to mitigate risk at facilities with non-potable water. Permanent solutions to provide potable water at all Generation facilities are currently under development. This procedure does not apply to facilities that are directly connected to municipal water systems.*
4. Roles and Responsibilities
   This section is currently under development and will be finalized at a later date.

5. Records and Documentation
   This section is currently under development and will be finalized at a later date.

6. References

   6.2 Drinking Water Protection Regulation, Order in Council No 879, December 8, 2005.
   6.3 CCME Guidelines for Canadian Drinking Water Quality.
   6.4 Groundwater Protection Regulation, 2004
   6.5 BC Health Files, Water–borne Diseases, Ministry of Health
   6.6 BC Health Files, How to Disinfect Drinking Water, Ministry of Health
   6.7 BC Health Files, Giardiasis ("Beaver Fever"), Ministry of Health
   6.8 BC Health Files, Cryptosporidiosis, Ministry of Health
OSH Standard 308
Video Display Terminal
Workstations Ergonomics
OSH Standard 308
Video Display Terminal Workstations Ergonomics

1. Scope

1.1 This standard describes the requirements and responsibilities for identifying, assessing and controlling computer workstation ergonomic risk factors pursuant to Sections 4.46 to 4.53 of the Occupational Health and Safety Regulation.

1.2 For non-office ergonomic requirements, refer to OSH Standard 316 – Field Ergonomics.

2. Purpose

2.1 The purpose of this Standard is to eliminate or, if that is not practicable, to minimize the risks of musculoskeletal injury (MSI) and to assist employees and managers with identifying, assessing and controlling computer—related ergonomics risk factors.

3. Requirements

3.1 Workstation Design and Layout

3.1.1 Computer workstations must be designed, equipped and adjusted so that they meet the needs of the user(s), in accordance with the applicable ergonomic principles (refer to the Ergonomics Hydroweb site; Ergonomics Tips–Setting Up your Computer Workstation). This requirement applies to all workstations where a user spends an average of three hours or more per day doing computer—related work (see also Section 3.5.2 of this standard).

3.1.2 For assistance with workstation adjustments complete the web–based training SAFE-070 and the Office Ergonomics Workstation Self–Check. Discuss modifications with your manager and implement the suggested solutions and products. If further assistance is required, obtain your manager’s approval and submit an Ergonomics Assessment Request Form to the e–mail address provided on the bottom of the form. The safety administration team will then assign the request to the appropriate OSH Specialist or to an Ergonomics Specialist.

3.1.3 For assistance with purchasing, installing and repairing chairs, workstations, sit–stand desks and auxiliary ergonomics equipment (keyboard trays, monitor arms), submit a Workspace Planning Request via Hydroweb.

3.2 Lighting

3.2.1 To ensure good screen visibility and prevent eye strain, the ambient/background lighting level should be maintained in the 300–500 lux range and sources of glare that impair legibility (e.g. unshielded windows or overhead light fixtures) must be eliminated. Glare can be eliminated by moving the monitor or the source, or by shielding the source (e.g. blinds on windows, diffusers on fixtures).

3.2.2 If it is not possible to eliminate all sources of glare that interfere with legibility, then “glare screens” can be used. Glare screens may reduce glare at the cost of some clarity and should only be used when other control options aren’t practicable.

3.2.3 The low level background lighting must be supplemented with task lighting to facilitate reading of printed material. Workstations can be equipped with task lighting where necessary.
3.3 Computer (Video Display Terminal; “VDT”) Prescription Eyewear

3.3.1 Because reading a computer screen (also referred to as VDT) is more visually demanding than reading paper, proper eye care and regular visual exams are very important. If a worker who is experiencing visual discomfort has not had his/her vision checked within the last two years, this should be done to ensure that the problem isn’t caused by an outdated prescription.

3.3.2 Depending on the type of lenses/prescription they have, computer users who wear prescription eyewear may require user-specific workstation adjustments or prescription eyewear designed for computer (VDT) use. The first step in evaluating the need for a special prescription for computer use must be to carry out an assessment of the affected worker’s workstation to ensure that all ergonomics-related potential causes of vision problems are identified and corrected (see Section 3.1.2 of this standard for instructions on requesting an assessment).

3.3.3 In some situations it isn’t possible to solve computer-related vision problems through ergonomic interventions alone and a special prescription for computer use is needed. In such cases the worker will qualify for a reimbursement if the lenses meet the criteria outlined in Appendix 1 of this standard – VDT Prescription Eyewear Reimbursement Criteria. See OSH Standard 601 – Personal Protective Equipment (Appendix 8) for ordering instructions.

3.4 Office Environment

3.4.1 For work requiring a high level of concentration, a maximum background noise level of 55 dBA is recommended. Whenever possible, potentially distracting noise sources such as printers, photocopiers and fax machines should be located in a separate room/area, away from occupied workstations.

3.4.2 Office heating and ventilation systems must be designed, constructed and operated in accordance with WorkSafeBC requirements (see Section 6 – References). If office air quality is a suspected problem, your OSH Specialist can assist with further investigation.

3.4.3 Office safety programs must include regular inspections to ensure that all safety and health issues are addressed. BC Hydro's Office Safety and Health Inspection Report (Form #80496) is available to assist Managers and Safety Committees with identifying and evaluating offices.

3.5 Education and Training

3.5.1 In order to reduce the risk of ergonomics-related stresses and injuries, computer users must be aware of the potential problems associated with computer use and must know how to make the required workstation adjustments.

3.5.2 All workers who spend an average of approximately three hours or more per day doing computer-related work must be given computer Ergonomics education/training, which is offered via web-based training (SAFE-070) in QLMS.
4. Roles and Responsibilities

4.1 Managers are responsible for implementing the requirements outlined in this Standard.

4.2 Workers are responsible for applying the information provided in training/education sessions to their work environment and reporting ergonomics concerns to their work leaders or managers.

4.3 Safety Committees are responsible for assisting with implementing and monitoring computer–related ergonomics activities.

5. Records and Documentation

5.1 Records must be kept of activities relating to computer ergonomics including:

- Computer workstations ergonomics assessments and recommended improvements (controls); and
- Worker education and training.

6. References

6.1 WorkSafeBC Occupational Health & Safety Regulation, Sections 4.46 to 4.53 (Ergonomics) and 4.70 to 4.82 (Indoor Air Quality and Environmental Tobacco Smoke).

6.2 BC Hydro Ergonomics Webpage.

6.3 Ergonomics Tips – Setting Up your Computer Workstation

6.4 Office Ergonomics Workstation Self–Check

6.5 Ergonomics Assessment Request Form

6.6 Workspace Planning Request Form

6.7 BC Hydro Form #8O496: Office Safety and Health Inspection Report

7. Glossary

7.1 Ergonomics—An applied science that seeks to fit the job to the worker by taking the worker’s capabilities and limitations into account when assessing and designing jobs, workstations and tools. The goal of ergonomics is to prevent adverse health effects by creating an optimal match between the worker’s capabilities and limitations and the demands of the job.

7.2 Musculoskeletal Injury (MSI) – An injury or disorder of the muscles, tendons, ligaments, joints, nerves, blood vessels or related soft tissue including a sprain, strain and inflammation, that may be caused or aggravated by work.

Revision Rationale:

October 12, 2017 VO–2:
Minor changes have been made to update the standard with current terminology and assessment request process as well as the new form for ordering products via Workspace Planning.

June 30, 2016 VO–1:
Minor changes have been made, including the steps to take in order to request a formal ergonomic assessment and details on the education/training available.
Appendix 1

VDT Prescription Eyewear Reimbursement Criteria

In some cases it isn’t possible to solve VDT-related vision problems through ergonomic interventions alone (See Section 3.3 of this standard). In such cases a special eyewear prescription for VDT use is needed and the worker may claim a reimbursement. For more information contact Human Resources.

In order to qualify for reimbursement the worker must already have non–VDT prescription lenses and the new lenses must be specifically designed for VDT use. VDT–specific prescription lenses may be suitable for purposes other than VDT viewing, but are not suitable for all purposes (i.e. can’t be worn as an only pair). Examples include the following:

• Task–specific, single–vision lenses corrected for the eye–to–screen viewing distance. The problem with this option is that the user will have to switch to his/her regular glasses when doing non–VDT work, which can be a nuisance unless s/he spends most or all of the workday doing VDT work.

• Customized bifocals with the bottom portion of the lens corrected for near vision (i.e. reading) and the top part corrected for the VDT screen distance. Again, the user may need to switch to his/her regular glasses for distance viewing but, if his/her tasks are primarily a combination of VDT use and close work (i.e. reading, writing), then the VDT bifocal is a good option.

• Trifocals with distance viewing in the top part of the lens, VDT viewing in the middle (widest), and near vision at the bottom. VDT trifocals will allow the user to see the screen and still look up at distant objects, or down at reading material, without switching glasses.

• Progressive Addition Lenses (PALS) that are designed for VDT use. Unlike regular PALS, these lenses have a wider midrange to allow increased flexibility in head positioning and improved comfort during VDT use. These lenses are suitable for all tasks, including walking around, but are not suitable for driving (i.e. can’t be worn as an only pair). The main disadvantage of this option is that it may be difficult for some people to get used to progressive lenses.
OSH Standard 309
Hearing Conversation
OSH Standard 309
Hearing Conservation

1. Scope

1.1 Hundreds of BC Hydro workers are exposed to hazardous noise levels that, over time, can cause Noise-Induced Hearing Loss (NIHL). This standard outlines the requirements for the implementation and maintenance of an effective Hearing Conservation Program (HCP). The following program elements are covered:

- Roles and Responsibilities (Section 4)
- Identification of Hazardous Noise Sources (Section 3.1)
- Engineering and Administrative Controls (Section 3.2)
- Hearing Protection (Section 3.3)
- Audiometric (Hearing) Testing (Section 3.5)
- Education and Training (Section 3.6)
- Program Review (Section 3.7)
- Records and Documentation (Section 5)

2. Purpose

2.1 The purpose of this standard is to assist managers with meeting the requirements of Sections 7.1 through 7.23 of the WorkSafeBC Occupational Health and Safety Regulation, and to reduce the incidence of Noise-Induced Hearing Loss (NIHL) in BC Hydro. For assistance, managers should contact their Occupational Safety and Health (OSH) Specialist.

3. Requirements

3.1 Identification of Hazardous Noise Sources

3.1.1 Noise measurements must be carried out to identify all hazardous (>85 dBA) noise sources that are present in the work environment of noise-exposed workers (see Sections 3.4 and 7). All noisy areas, equipment and tools (stationary and portable) must be included in the survey.

3.1.2 All noise sources that exceed 85 dBA must be identified as hearing protection areas/equipment/tools by posting signs or applying labels instructing workers to wear hearing protection.

3.1.3 Noise measurements must be carried out by qualified personnel if information identifies a worker may be exposed to a level exceeding 82 dBA Lex, and must be updated when there are changes in equipment, tools or worker activities that affect noise exposures. Contact your OSH Specialist for assistance.

3.2 Engineering and Administrative Noise Controls

3.2.1 Whenever practicable, engineering and/or administrative controls must be implemented to reduce or eliminate noise exposures. Examples of engineering controls include mufflers, acoustical barriers and vibration mounts. Examples of administrative controls include operating noisy equipment at times when fewer workers are exposed, rotating jobs in noisy areas and ensuring that areas used for work breaks are quiet.
3.2.2 When purchasing new tools and equipment, a “buy quiet” purchasing policy must be applied whenever practicable to minimize noise exposures and eliminate the need for future noise control measures.

3.3 Hearing Protection

3.3.1 If it’s not possible to eliminate hazardous noise exposures through engineering or administrative controls, then workers must be provided with and wear hearing protection (muffs or plugs) at all times when noise levels exceed 85 dBA. This requirement also applies to employees whose cumulative/annual exposures are not high enough to require their inclusion in the hearing testing program, but who occasionally visit work sites when noise levels are >85 dBA.

3.3.2 Non-disposable hearing protectors must be maintained in accordance with the manufacturer’s instructions and must be repaired or replaced when, due to wear or damage, they no longer provide the protection that they were designed for.

3.4 Audiometric (Hearing) Testing

3.4.1 The purpose of Audiometric (hearing) Testing is to identify workers who are showing early signs of NIHL so that controls can be implemented to prevent further hearing loss and future hearing loss claims.

3.4.2 Within BC Hydro, all noise-exposed workers (see Glossary) have been identified and included in the testing program. Measurement of worker noise exposure (dose/duration calculations or dosimetry) must be carried out prior to removing workers in a given location or job classification from the testing program. Contact OSH Specialist for assistance.

3.4.3 All noise-exposed workers must be tested each calendar year. New workers must be tested within six months of the start of their employment in a noise-exposed job classification. Annual testing must be completed before the end of September to ensure that the results are included in WorkSafeBC’s annual testing reports.

3.4.4 After the initial (baseline) audiogram, each worker’s subsequent annual (periodic) audiograms are checked for Abnormal Changes (medical problems) and Early Warning Changes (early sign of noise induced hearing loss). The percentage of workers showing an Early Warning Change (EWC) is used by WorkSafeBC and BC Hydro as an indicator of the effectiveness of HCPs.

3.4.5 Scheduling of hearing tests is the responsibility of managers who have noise-exposed workers. The summarized test results (audiogram categories) must be reviewed by managers and used to identify and counsel workers showing EWCs. Counselling of workers with EWCs must include a review of the following topics:

• The meaning of the test results.
• Hearing protector use, on and off the job.
• Designated hearing protection areas, tools and equipment at the worker’s work location(s).

3.4.6 Employees who are not noise-exposed must not be included in the testing program. If a local manager chooses to test non-exposed workers, then the testing contractor must be instructed not to send the applicable audiograms to WorkSafeBC.
3.5 Education and Training

3.5.1 All workers who are included in the hearing testing program must be given hearing conservation education as part of the local indoctrination and refresher education must be provided as required, based on the results of the program reviews (section 3.6).

3.5.2 Hearing conservation education can be arranged through your OSH Specialist and must include the following topics:

- Effects of noise on hearing.
- Results of noise exposure measurements, including designated hearing protection areas, tools and equipment.
- Proper selection, use, fitting, and care of hearing protectors.
- Purpose of the hearing testing program and the meaning of the results.
- Importance of off the job hearing protection.

3.5.3 If local noise controls include the use of engineering or administrative controls to minimize exposures, workers must be given training in the applicable controls.

3.6 Program Review

3.6.1 To ensure its effectiveness, the HCP must be reviewed annually, in consultation with the local safety committee/representative. The review must address:

- The need for further noise measurement.
- The education and training of workers regarding noise exposure.
- The adequacy of noise control measures.
- The selection and worker use of hearing protection.
- Audiometric testing results (%EWV and hearing loss claims).

4. Responsibilities

4.1 Managers of noise–exposed workers are responsible for implementing and maintaining a HCP that meets the requirements of this standard.

4.2 Workers are responsible for wearing hearing protection at all times when noise levels exceed 85 dBA, and for using and maintaining hearing protectors in accordance with the instructions provided.

5. Records and Documentation

5.1 Records of HCP–related activities must be kept on file, including:

- Up–to–date noise measurement results.
- List of noise–exposed workers and date of each worker’s most recent annual hearing test.
- Hearing test results (audiograms), which must be kept on file for as long as the worker is employed by BC Hydro.
- Education and training.
6. References

6.1 WorkSafeBC Occupational Health and Safety Regulation, Sections 7.1 to 7.23

6.2 WorkSafeBC Booklets:
- Hear for Good – Preventing Exposure at Work (BK9);
- Sound Advice – A Guide to Hearing Conservation Programs (BK12); and
- Testing Your Hearing – How and Why (BK18)

6.3 Hearing Conservation Webpage

7. Glossary

7.1 Noise-Induced Hearing Loss (NIHL) – Hearing loss due to irreversible damage to the hair cells in the cochlea (inner ear) caused by overexposure to noise, typically over time (i.e. damage is cumulative).

7.2 dBA – Decibel of noise, measured with an A-weighted filter (Note: WorkSafeBC uses a 3 dB exchange rate – i.e. when the sound energy is doubled, the decibel level increases by 3).

7.3 Noise-Exposed Worker – Worker whose total (cumulative) daily or annual exposure to noise in dBA exceeds the equivalent of an average, daily exposure of 85 dBA for 8 hours.

Revision Rationale:

OSH Standard 309 R1 March 12, 2012: Minor edits to Section 5.1 and Appendix 1 (#2 and #4) changing service provider ABSU Health Services to BC Hydro, Health and Recovery Services.

OSH Standard 309 R1 March 12, 2012 (R1-1 Updated April 11, 2014): Edit to Section 3.4.5, 3.4.6 and removal of Appendix 1, both sections have been replaced by current content on the Audiometric Testing Toolkit webpage.
OSH Standard 310
Selection and Use of Solvents
OSH Standard 310
Selection And Use Of Solvents

1. Purpose

The purpose of this standard is to provide guidelines for the evaluation, selection and safe use/handling of solvents. For assistance with implementing this standard, contact your Occupational Safety and Health (OSH) Specialist.

2. Scope

2.1 This standard covers the safety requirements associated with selection and use of solvents.

2.2 General hazardous material requirements can be found in OSH Standard 301: WHMIS and Hazardous Materials, and Parts 5 and 6 of the WorkSafeBC OHS Regulations.

2.3 Background Information

2.3.1 A solvent is any liquid, which is used to dissolve other substances. Within BC Hydro, solvents are primarily used for removing dirt, grease and oil from tools, parts and equipment; and for thinning paint.

2.3.2 The nature and extent of the hazards associated with the use of solvents depend on their physical, chemical and toxicological properties. Aside from the fire and explosion risks associated with some solvents, harmful effects result mainly from skin contact or the inhalation of vapour or mist. The harmful effects of exposure to solvents are extremely varied and, depending on the solvent involved, may include acute and chronic effects such as irritation of the respiratory system, eyes or skin; dermatitis; narcosis; damage to the nervous system, kidneys or liver; cardiac effects and cancer.

3. Standard

3.1 General

3.1.1 This standard is based on the requirements outlined in the relevant sections of Parts 3, 5 and 8 of the WorkSafeBC OHS Regulation.

3.2 Solvent Selection

3.2.1 All solvents must be screened by the BC Hydro purchaser before they are purchased. The following categories of solvents must not be purchased or used unless a thorough review finds a suitable less hazardous solvent is not available (refer to the Safety Data Sheet for the product):

- Solvents in which any ingredient present at greater than 5% has an exposure limit (or T.L.V./P.E.L.) of less than 100 parts per million (ppm).
- Solvents that are flammable (flash point below 100°F [38°C]) e.g. isopropanol, ethanol. If a suitable replacement can’t be found, the special conditions outlined in sections 5.27–5.38 of the WorkSafeBC OHS Regulation must be met.
- Solvents with any ingredients which are Designated or “ALARA (As Low as Reasonably Achievable)” substances as defined in section 5.57 of the WorkSafeBC OHS Regulation:
  a) ACGIH A1 or A2, or IARC 1, 2A or 2B carcinogen;
  b) ACGIH reproductive toxin;
  c) ACGIH sensitizer;
d) ACGIH L endnote.

- Solvents for which complete hazard information is not available (WHMIS-compliant, where applicable).

3.2.2 Solvents that are listed on the BC Hydro Banned Substance List must not be used. If you discover any of these substances in your workplace, arrange for their disposal.

3.2.3 An inventory must be kept locally of the solvents in use at a workplace and information about the hazards must be readily available to workers. (e.g. Safety Data Sheets, labels; see OSH Standard 301).

3.2.4 General Selection Guidance

For general cleaning of oil, dirt and grease, always select the safest solvent that will do the job. Apply the following hierarchy, and step to a lower option only when the requirement for increased cleaning efficiency is balanced with the cost of more stringent exposure control precautions:

1. Water or a mild water-based cleaner.
2. Natural terpene (e.g. d-limonene).
3. Terpene and aliphatic hydrocarbon blend
4. Aliphatic hydrocarbon.

Appendix 1 of this standard provides names and suppliers of the classes of solvent recommended for general cleaning.

3.2.5 Some cleaning jobs in BC Hydro require the use of more hazardous solvents in order to meet specifications related to performance (e.g. high solvency; non-conductivity; low residue; compatibility with materials; fast evaporation). Examples of these special cleaning applications include generator stator bars and rotors, SF6 substation components, and cables.

3.3 Solvent Use

3.3.1 General

No single control measure guarantees safe use of all solvents. Whenever possible, over-exposures must be eliminated or minimized by engineering or administrative controls. Personal protective equipment must be used as it is designed in order to be effective, and should only be used if other types of controls are not practicable or do not reduce exposures to less than 50% of the Exposure Limit (EL) (as outlined by the principles in OSH Standard 110: Hazard Identification & Risk Assessment, and OSH Standard 601: Personal Protective Equipment).

3.3.2 Exposure Control Plan

As per section 5.54 of the WorkSafeBC OHSR, an exposure control plan, including written work procedures and worker training, is required when:

- Potential exposures during solvent work will exceed 50% of the exposure limit, or
- The solvent is classified as a Designated or “ALARA” substance as per section 5.57 of the WorkSafeBC OHS Regulation.

The work procedures must incorporate all the applicable controls outlined in sections 3.3.4 and 3.3.5 of this standard and must also address spill response and clean-up (see OSH Standard 302 – Safety During Spill Response).
3.3.3 Use of Flammable Solvents

If a suitable non-flammable substitute is not available, a flammable liquid must not be used as a manual solvent unless the requirements of section 5.32 of the WorkSafeBC OHS Regulation are met. The section includes but is not limited to:

- Written work procedures submitted to WorkSafeBC.
- Minimizing the quantity of the liquid used.
- Worker instruction and training.

3.3.4 Engineering and Administrative Controls

The following engineering and administrative controls must be considered and, if practicable and applicable, implemented to prevent over-exposure during work with solvents.

- Substitute with a less hazardous solvent.
- Work outdoors.
- Use an enclosed system for cleaning to minimize inhalation hazard.
- Use mechanical assists (e.g. wire baskets, tongs) to minimize skin contact.
- When working indoors, use local exhaust ventilation or maximize general dilution ventilation (natural or mechanical).
- Control sources of ignition in accordance with the applicable electrical and fire codes.
- Reduce or limit duration of exposures by controlling access to the work area or by scheduling solvent work when there are no workers present in nearby areas.

3.3.5 Work Practices and Personal Protective Equipment

When applicable, the following safety precautions must be included in the solvent work practices and procedures:

General:

- Engineering and administrative controls listed in the previous section.
- Hazard information from the Safety Data Sheet for the solvent (accessed through BC Hydro’s Safety Data Sheet Database).

Storage:

- Use as little solvent as possible and keep containers closed when not in use.
- Minimize the volume of solvents in the work area to the amount needed for the work in progress (normally in one shift) (as per WorkSafeBC OHSR 5.23).
- Minimize the volume of solvents stored on site and store all solvents in approved storage cabinets or rooms separate from the work area, in accordance with the applicable fire and electric codes.
- Ensure that metal or bulk containers of flammable solvents are bonded or grounded during dispensing.
- If solvents are decanted from a supplier’s container into other containers, apply Workplace Labels, (see OSH Standard 301 – WHMIS and Hazardous Materials).
Skin and Eye Protection:
  • Avoid hand contact by using mechanical assists or by wearing impervious gloves. Refer to Safety Data Sheet for recommended type of gloves.
  • Avoid skin contact and contamination of personal clothing or footwear by wearing appropriate protective clothing when there is a chance of solvent contact with skin or clothing (e.g. chemical-resistant apron or a disposable coverall and rubber boots or foot covers).
  • Avoid eye contact by wearing chemical goggles and face-shield when there is a chance of solvent splashing.

Respiratory Protection:
  • Avoid solvent over-exposure via inhalation of vapours or mists by wearing appropriate respiratory protection when solvent concentrations exceed 50% of the applicable exposure limit. For assistance with monitoring exposure, contact your local OSH Specialist.

Spills:
  • Clean up all solvent spills promptly.
  • Store waste rags and other solvent–contaminated waste in sealed containers and dispose of them in accordance with applicable environmental and Transportation of Dangerous Goods regulations. For assistance with disposal, contact Environmental Field Services personnel or Waste Management Personnel

4. Roles and Responsibilities

4.1 Managers
  4.1.1 Ensure all applicable requirements are met and that solvents are selected and used in a manner which does not result in the over-exposure of workers.

4.2 Workers
  4.2.1 Ensure that the selection, use and storage of solvents are carried out in accordance with instructions and procedures that are provided.
  4.2.2 Remove stock of solvents no longer in use.

5. References

5.1 WorkSafeBC, Occupational Health and Safety Regulations, Parts 3, 5 and 8
5.2 BC Hydro OSH Standard 301: WHMIS and Hazardous Materials
5.3 BC Hydro OSH Standard 302: Safety During Spill Response
5.4 BC Hydro OSH Standard 110: Hazard Identification & Risk Assessment
5.5 BC Hydro OSH Standard 601: Personal Protective Equipment
6. Information Controls

6.1 Revision History

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<td>January 8, 2016</td>
<td>V1-0</td>
<td>Removed outdated reference to: Solvents in the Workplace Industrial</td>
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<td>This standard has received a general update to align with current</td>
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<td>organizational structure, WHMIS 2015 legislation, and WorkSafeBC</td>
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Appendix 1

Recommended Solvents for General Cleaning

(This list is not exhaustive. Other products with similar chemical compositions may be available and are acceptable. See Safety Data Sheet.)

Mild Water-Based Solvents

Mild household cleaners such as dishwashing detergents, Mr. Clean, Fantastik, etc.

Terpenes

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<td>d-Limonene</td>
<td>&gt;99% d-Limonene</td>
<td>Univar Canada Ltd 604 273 1441 or Fisher Scientific Ltd. 800 234 7437</td>
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<tr>
<td>Citrasafe</td>
<td>&gt;99% d-Limonene</td>
<td>Inland Technology Inc. 800 552 3100</td>
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Aliphatic Hydrocarbon and Terpene Solvents

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<td>P.F. Degreaser</td>
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<td>Winford Insulation 604 420 9609</td>
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<tr>
<td>Pensolv 805</td>
<td>70–90% Aliphatic 10–30% d-Limonene</td>
<td>West Penetone Inc. 780 454 3919</td>
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<td>Action 316</td>
<td>60–90% Aliphatic 10–30% d-Limonene</td>
<td>Active Chemicals 800 663 6090</td>
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<td>Citrex</td>
<td>60–90% Aliphatic 10–30% d-Limonene</td>
<td>Guardian Chemicals 800 661 6544</td>
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Aliphatic Hydrocarbon Solvents

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<td>Mineral Spirits</td>
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<td>Vanishing Oil</td>
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OSH Standard 311
Mercury
OSH Standard 311
Mercury

1. Scope

1.1 Workers who work with or near mercury-containing equipment are at risk of exposure to metallic mercury. Electrical equipment that may contain metallic mercury includes voltage regulators, switches, contacts, seals, rectifiers, transformers and lamps. Mercury may also be present in barometers, manometers, pressure gauges, hydrometers, thermometers, current meters, vacuum pumps and fire detection/suppression systems.

1.2 Metallic mercury (a.k.a. elemental or inorganic mercury) is a shiny, silver-white liquid at room temperature that can readily evaporate to form colourless, odourless mercury vapours. Mercury exposure can occur through inhalation of vapours, absorption through skin and/or ingestion.

1.3 Potential health effects resulting from exposure to hazardous mercury levels may include damage to the central nervous system (tremors, mood/personality changes) and body organs (kidney, liver and spleen).

1.4 Metallic mercury is regulated under Part 5 of the Occupational Health & Safety Regulation (OHSR) and it is assigned the following exposure limit and designations.

• Exposure Limit: 0.025 mg/m³ (8 hour Time-Weighted Average).
• Skin: May be absorbed through intact skin to contribute to overall exposure.
• R: Has adverse reproductive effects.

Note: Section 5.57(1)(b) of the OHSR requires that substances designated as having reproductive critical effects must be replaced or substituted, whenever practicable, with a less hazardous material. If that is not practicable, measures must be taken to keep exposures as low as is reasonably achievable (see Section 3.2 of this Standard).

1.5 Mercury is also a persistent, mobile and a bio-accumulative hazard in the environment. For more information about environmental requirements, contact your Regional Environmental Coordinator or go to the Environmental Best Management Practices website.

2. Purpose

2.1 The purpose of this Standard is to ensure that the hazards associated with mercury are identified, assessed and effectively controlled, and to assist managers with meeting the requirements of Part 5 of the OHSR. For assistance, managers should contact their Occupational Safety and Health (OSH) Specialist.
3. Requirements

3.1 Inventory & Labelling

3.1.1 The mercury-containing equipment at each work site/location must be identified and an inventory must be developed and kept up to date.

3.1.2 All mercury-containing equipment must be labelled with a peel-and-stick, 4” x 4” Mercury workplace label (Form #BO486) available from BC Hydro Stationery.

3.2 Exposure Control

3.2.1 Whenever practicable, mercury exposures in the workplace must be eliminated via replacement or substitution of mercury-containing equipment. For assistance with carrying out exposure risk assessments and identifying control options, contact your OSH Specialist.

3.2.2 If it is not practicable to eliminate the risk of mercury exposure, an Exposure Control Plan must be developed and implemented to maintain workers’ exposure as low as reasonably achievable below the exposure limit. The exposure control plan must meet the requirements of section 5.54 of the OHSR.

3.2.3 Work involving exposure to mercury must only be carried out by properly trained and equipped workers, in accordance with job-specific, written work procedures.

3.3 Spill Response

3.3.1 Mercury spills involving more than 10 ml are considered large spills and present a significant exposure risk. Depending on spill conditions (e.g. temperature and location), even small mercury spills (less than 10 ml) can present a risk of exposure. The volume of mercury in electrical equipment ranges from a few millilitres (switches) to several hundred millilitres (large flow meters, fire systems), to several litres (mercury rectifiers at Arnott and VIT).

3.3.2 Locations with mercury-containing equipment must develop appropriate procedures for responding to mercury spills. For more information, refer to OSH Standard 302 – Safety During Spill Response.

3.3.3 Clean up of mercury spills must only be carried out by properly trained and equipped workers, in accordance with job-specific, written work procedures.

3.4 Medical Monitoring

3.4.1 Mercury-in-urine monitoring is required for workers who are routinely exposed to airborne mercury levels exceeding 50% of the exposure limit and/or perform short-term, high-risk work that may result in an unacceptable mercury dose (e.g. spill responders). For more information, refer to OSH Standard 312 – Medical Monitoring.
3.5 Education & Training

3.5.1 Workers who work with or near mercury-containing equipment or instruments must be given Mercury Hazards Awareness and Avoidance education.

3.5.2 Workers who do work involving exposure to mercury must be given training in the applicable job-specific written work procedures.

3.5.3 For assistance with delivery of mercury-related education and training, contact your OSH Specialist.

4. Responsibilities

4.1 Managers are responsible for implementing the requirements outlined in this Standard, in consultation with their OH&S Committee or Key Safety Person (KSP).

4.2 Workers are responsible for carrying out mercury-related work in accordance with the instruction and training provided and for immediately reporting mercury spills to their manager or supervisor.

5. Records & Documentation

5.1 Mercury-related activities must be documented and kept on file, including:

   • Inventory of mercury-containing equipment;
   • Education and training; and
   • If required, Mercury Exposure Control Plan and all related documentation, including risk assessments, exposure monitoring, medical monitoring and written work procedures.

6. References

6.1 WorkSafeBC Occupational Health & Safety Regulation, Part 5

6.2 OSH Standard 312 – Medical Monitoring

6.3 OSH Standard 302 – Safety During Spill Response

6.4 BC Hydro Mercury Workplace Label, Form #80486
OSH Standard 312
Medical Monitoring
**OSH Standard 312**

**Medical Monitoring**

1. Scope

   1.1 This standard covers medical monitoring of workers.

2. Purpose

   2.1 This standard provides an overview of medical monitoring of workers.

3. Standard

   3.1 General

      3.1.1 Medical monitoring is the periodic testing of selected workers to detect subtle physiological changes related to workplace exposures. Workers may be tested to detect the concentration of workplace contaminants (or their by-products) in body fluids (blood, urine) or to measure hearing acuity, lung function or other parameters. The results of these tests are compared with values expected for healthy, non-exposed individuals.

      3.1.2 The purpose of medical monitoring is to confirm that the required workplace exposure controls are effective and that workers are not receiving unacceptable chemical (e.g. mercury, lead) or physical (e.g. noise) exposures.

      3.1.3 Not all workplace exposures result in physiological changes that can be detected through medical monitoring. Medical monitoring is only used where:

         • Workplace exposure levels are high enough to require routine use of personal protective equipment such as respirators or hearing protectors (i.e. exposures exceed the WorkSafeBC “action level” or 50% of the applicable Exposure Limit – EL);

         • Exposure to chemical or physical contaminants is the workplace results in physiological changes that can be effectively and safely detected; and

         • Detection of physiological changes can result in action to lower current workplace exposures and/or diagnose occupational disease earlier thereby benefiting exposed workers.

   3.2 Exposure Assessment and Control

      3.2.1 Workers who are exposed to chemical or physical hazards exceeding the applicable action level (i.e. 50% of the EL or, for noise, an 8-hour average of 85 dBA) must be identified and, whenever practicable, exposures must be eliminated or minimized by implementing workplace engineering and/or administrative controls.

      3.2.2 If engineering/administrative controls are not practicable, or do not reduce exposures to below the action level, personal protection controls (e.g. respirators or hearing protectors) must be used and a medical monitoring program must be implemented for the affected workers to ensure that those controls are effective.
3.3 Implementation of Medical Monitoring Programs

3.3.1 Medical Monitoring Program criteria, administration and follow-up requirements depend on the type of hazard and, where required, medical monitoring programs must be implemented in accordance with the directions provided in the following references.

- Audiometric (Hearing) Testing – see OSH Standard 309 Hearing Conservation.
- Lung Function Testing (Asbestos) – see Appendix 1 of this Standard.
- Lead Medical Monitoring – see Appendix 2 of this Standard.
- Mercury Medical Monitoring – see Appendix 3 of this Standard.

4. Roles and Responsibilities

4.1 Managers

4.1.1 Implement medical monitoring programs, where required, in accordance with this Standard. For assistance contact your Occupational Safety and Health (OSH) Specialist.

4.2 Workers

4.2.1 Workers have a responsibility to participate in medical monitoring programs, where required. Workers have the right to refuse medical monitoring provided that they are informed of the medical significance of their refusal. Where work involving exposures to specific chemical or physical hazards is designated by the WorkSafeBC as requiring medical monitoring, workers who refuse medical monitoring can not perform such work.

5. References

5.1 WorkSafeBC, Occupational Health & Safety Regulation, Part 5 Chemical and Biological Substances
5.2 WorkSafeBC, Occupational Health & Safety Regulation, Part 6 Substance Specific Requirements
5.3 WorkSafeBC, Occupational Health & Safety Regulation, Part 7 Noise
5.4 WorkSafeBC, Occupational Medicine Section's Procedures/Guidelines
5.5 OSH Standards 306 – Asbestos
5.6 OSH Standards 309 – Hearing Conservation
5.7 OSH Standards 311 – Mercury
5.8 OSH Standards 314 – Lead Abatement
Appendix 1

Lung Function Testing

1. Purpose

   • Lung function testing is normally performed before identified exposed workers are added to the Corporate Asbestos Exposure Registry. The purpose of the test is to obtain baseline function data for the worker’s medical file.

   • For information about BC Hydro’s asbestos-related standards and policies, refer to OSH Standard 306 Asbestos.

2. Identifying Exposed Workers

   • In the early 1980’s surveys were conducted of workers who had worked in BC Hydro locations with significant asbestos exposure potential (e.g. Burrard Thermal Generating Station, Georgia Generating Station, etc.). This survey identified the original asbestos study group.

   • Since the original survey, the few workers that have begun work involving routine exposure to asbestos above the action level (50% of the Exposure Limit) have been added to the program.

   • With very few exceptions, BC Hydro workers no longer perform work with significant asbestos exposure potential. Qualified internal (CBU) or external asbestos contractors normally perform high and moderate risk asbestos work

   • All workers who have been identified as having had significant potential asbestos exposures as a result of past or present work in BC Hydro are added to the Corporate Asbestos Exposure Registry.

3. Testing

   • Lung function testing measures the rate and volume of exhalation using a spirometer. Genetic factors, smoking and previous illness can cause lung function test results to vary widely in non-occupationally exposed individuals.

   • Measured lung function parameters are compared with normally expected values and grouped into categories of normal, mild, moderate and severe impairment. Test results indicating moderate or severe (and, in some cases, mild) impairment are further evaluated.
4. Follow Up

• Medical Follow Up – The testing contractor administers a brief questionnaire to all participants in the program. When indicated by the results, the individual is contacted by BC Hydro, Health Services and referred to their family physician for further assessment and diagnosis. The test results and questionnaire information are provided in confidence to the physician performing the follow-up examination.

• Work Environment Follow Up – Using lung function testing as an indicator of asbestos exposure is an unusual application of medical monitoring since it takes more than 10 years for exposures to produce detectable effects. No relevant workplace exposure investigation is usually possible when asbestos-related disease is diagnosed.

5. Program Administration

• Baseline lung function testing for identified exposed workers can be arranged through BC Hydro, Health and Recovery Services.
Appendix 2

Lead Medical Monitoring

1. Purpose

Workers significantly exposed to airborne lead dust or fumes are monitored for lead concentration in the blood to allow for:

- The detection of unacceptable internal doses of lead before the onset of the symptoms of lead poisoning;
- The removal of workers receiving unacceptable internal doses from further exposure while their lead body burden returns to normal; and
- Ongoing monitoring of the effectiveness of workplace exposure controls (refer to OSH Standard 314 Lead Abatement).

2. Identifying Exposed Workers

Lead medical monitoring is indicated for:

- Workers routinely exposed to airborne lead levels exceeding 50% of the Exposure Limit (i.e. > 0.025 mg/m³); and
- Workers performing short-term, high-risk work which may result in an unacceptable lead dose (e.g. lead paint abatement project work).

3. Testing

3.1 To arrange for testing for lead-exposed workers, contact your OSH Specialist.

3.2 The concentration of lead in the blood of the exposed worker is measured and the result is compared with the normally expected values for the non-occupationally exposed population. Lead exposures in BC Hydro fall into one of two categories.

- Category A: Exposure is the result of routine, ongoing work activities involving lead. Refer to the following Table for testing criteria and required follow-up actions.
- Category B: Exposure is due to seasonal or non-routine work activities involving lead (e.g. lead paint abatement project work). Blood testing must be carried out before the start of the project (within one month) and re-testing must be carried out near the end of the project (within one week after the exposures stop). If the duration of the project exceeds 2 months, then blood testing must also be carried out mid-way through the project.
Test Criteria and Required Action – Lead in Blood

<table>
<thead>
<tr>
<th>LEVEL (umol/L)</th>
<th>RE-TEST</th>
<th>ACTION REQUIRED</th>
</tr>
</thead>
</table>
| Less than 1.0 | Category A: Annually  
                Category B: See above | NORMAL VALUES  
No specific actions necessary. |
| 1.0 – less than 1.75 | Category A: Within 6 months.  
                       Category B: See above | CAUTION  
Minimize exposure by reviewing all sources and improving controls. |
| 1.75 – less than 2.5 | Category A: Within 3 months.  
                       Category B: See above | ALERT  
Minimize exposure by reviewing all sources and improving controls. |
| 2.5 or above | Monthly until level is acceptable to a physician | REMOVAL  
Return worker to previous duties when:  
• Blood lead level is acceptable to a physician; and  
• Exposure has been minimized through a review of all sources and improvement in controls. |

4. Follow Up

4.1 Manager Follow Up – The test result is sent to the local manager and s/he is responsible for ensuring that the result is reviewed with worker. In the event that a test result is unacceptable, workplace exposure controls must be investigated and improved to ensure that health and safety standards are met (refer to OSH Standard 314 – Lead Abatement). Contact your OSH Specialist for assistance.

4.2 Medical Follow Up – A copy of the test result is sent to BC Hydro, Health and Recovery Services. Medical follow up including, if required, a treatment plan will be determined by the worker’s personal physician in consultation with BC Hydro, Health and Recovery Services. The test result will be filed in the worker’s confidential medical file at BC Hydro, Health and Recovery Services.
Appendix 3

Mercury Medical Monitoring

Purpose

Workers significantly exposed to airborne mercury vapor are monitored for mercury concentrations in urine to allow for:

- The detection of unacceptable internal doses of mercury before the onset of the symptoms of mercury poisoning;
- The removal of workers receiving unacceptable internal doses from further exposure while their mercury body burden returns to normal; and
- Ongoing monitoring of the effectiveness of workplace exposure controls (refer to OSH Standard 311 Mercury).

Identifying Exposed Workers

Mercury medical monitoring is indicated for:

- Workers routinely exposed to airborne lead levels exceeding 50% of the Exposure Limit (i.e. > 0.0125 mg/m³); and
- Workers performing short-term, high-risk work which may result in an unacceptable mercury dose (e.g. spill responders).

Testing

3.1 To arrange for testing of mercury-exposed workers, contact your OSH Specialist.

3.2 The concentration of mercury in the urine of the exposed worker is measured and the result is compared with the normally expected values for the non-occupationally exposed population. Mercury exposures in BC Hydro fall into one of two categories.

- Category A: Exposure is the result of routine, ongoing work activities involving mercury (e.g. mercury rectifier work crews at Arnott and VIT substations). Refer to the following Table for testing criteria and required follow-up actions.
- Category B: Exposure is due occasional or non-routine work activities involving mercury (e.g. mercury spill clean-up resulting from damaged mercury-filled equipment, such as regulators). Urine testing must be carried out as soon as possible following spill clean-up. If results are acceptable (< 125 umol/mol) re-test after the next spill clean-up/exposure. If results are unacceptable (125 umol/mol or greater) follow the directions provided in the following Table.
### Test Criteria and Required Action – Mercury in Urine

<table>
<thead>
<tr>
<th>Level – umol/mol (ug/L)</th>
<th>Re-Test</th>
<th>Action Required</th>
</tr>
</thead>
</table>
| Less than 75 (<150)    | Category A: Within 4 months  
                        Category B: See above | NORMAL VALUES  
                       No specific actions required. |
| 75–124 (150–250)      | Category A: Within 2 months  
                        Category B: See above | SURVEILLANCE  
                       Occupationally acceptable but surveillance is indicated. |
| 125 – 250 (250–500)   | Within 1 month              | ALERT  
                       Minimize exposure by reviewing all sources and improving controls. |
| Greater than 250 (>500)| As required until levels are less than 100 umol/mol (200 ug/L). | REMOVAL  
                       Remove worker from further mercury exposure.  
                       Return worker to previous duties when:  
                       • Worker is symptom free;  
                       • Mercury levels are less than 100 umol/mol (200 ug/L); and  
                       • Exposure has been minimized through a review of all sources and improvement in controls. |

### Follow Up

1. **Manager Follow Up** – The test result is sent to the local manager and s/he is responsible for ensuring that the result is reviewed with worker. In the event that a test result is unacceptable, workplace exposure controls must be investigated and improved to ensure that health and safety standards are met (refer to OSH Standard 311 – Mercury). Contact your OSH for assistance.

2. **Medical Follow Up** – A copy of the test result is sent to BC Hydro, Health and Recovery Services. Medical follow up including, if required, a treatment plan will be determined by the worker’s personal physician in consultation with BC Hydro, Health and Recovery Services. The test result will be filed in the worker’s confidential medical file at BC Hydro, Health and Recovery Services.
OSH Standard 313
Respiratory Protection

1. Scope

1.1 This standard establishes the requirements of BC Hydro's Respiratory Protection Program pursuant to Sections 8.1- 8.9 and 8.32–8.44 of the WorkSafeBC Occupational Health & Safety Regulation (OHSR).

1.2 This scope of this standard is limited to work in atmospheres that are not immediately dangerous to life and health (IDLH). If work in an IDLH atmosphere is required a qualified person must carry out a risk assessment, develop written work procedures and provide training to ensure that the risk to worker health and safety is minimized.

2. Purpose

2.1 The purpose of this standard is to assist managers of workers who are required to use respiratory protection with implementing a Respiratory Protection Program that meets WorkSafeBC requirements and ensures worker safety and health. For assistance, managers should contact their Occupational Safety and Health (OSH) Specialist.

3. Requirements

3.1 Determine if Respiratory Protection is Required

3.1.1 As per Section 8.32 of the OHSR, respiratory protection must provided and worn if a worker is or may be exposed to concentrations of an air contaminant in excess of an applicable exposure or excursion limits in Part 5 of the OHSR. It is BC Hydro’s policy that, whenever practicable, respiratory protection will be worn when exposures exceed 50% of the applicable exposure limits.

3.1.2 As per Section 3.3 of OSH Standard 301 (WHMIS & Hazardous Materials), risk assessments including, where necessary, monitoring of air contaminant concentrations, must be carried out to determine workers’ exposures to hazardous products.

3.1.3 If exposure to a product exceeds 50% of the applicable exposure limit, the exposure must, whenever practicable, be eliminated or reduced to less than 50% of the exposure limit by substitution with a less hazardous product or engineering controls (e.g. local exhaust ventilation).

3.1.4 If exposures can not be eliminated or reduced to less than 50% of the applicable exposure limit, respiratory protection must be provided and the requirements of this standard must be met.

3.1.5 If worker exposures do not exceed 50% of the applicable exposure limit, but respirators are provided for extra protection, the requirements of Sections 3.2 (Selection, Use and Maintenance) and 3.4 (Education & Training) of this standard must be met.

3.2 Selection, Use and Maintenance of Respiratory Protection Equipment

3.2.1 The selection of correct respiratory protective equipment for specific work tasks must be based upon the type and concentration of the air contaminant(s) present. Respiratory protection equipment must not be issued to a worker unless a risk assessment has been carried out and has confirmed that the equipment issued will provide effective protection against the air contaminant(s) that the worker is exposed to.

3.2.2 Only respiratory protection equipment that is acceptable to WorkSafeBC shall be used. To be acceptable, the equipment must meet the standards set by the (US) National Institute for Occupational Safety and Health (NIOSH) or CAN/CSA Standard Z94.4 (Selection, Use and Care of Respirators), or have been given specific acceptance in writing by WorkSafeBC for a proposed use.
3.2.3 All workers who are required to use a face seal dependent air purifying respirator must be assigned a personal respirator and issued the required cartridges and filters, based on the type and concentration of the air contaminants present during the work.

3.2.4 If Self Contained Breathing Apparatus (SCBA) is used, the equipment must be used, inspected and maintained in accordance with the manufacturer’s instructions. For more information, refer to Appendix 1 of this standard (pages 6–7).

3.2.5 If supplied air respirators are used, the compressed air system that supplies the breathing air to the respirator must meet the requirements of CAN/CSA Standard Z180.1 (Compressed Breathing Air and Systems). For more information, refer to Appendix 2 of this standard (page 8).

3.2.6 If a worker is required to use respiratory protection and there is doubt about the worker’s ability to use a respirator for medical reason, the worker must be examined by a physician to determine if s/he is able to use the equipment. The examining physician must be given information about the type of respiratory protection equipment that the worker is required to use, and the frequency, duration and conditions of use.

3.2.7 Workers required to wear respiratory protective equipment must inspect, clean, maintain and store their equipment in accordance with manufacturer’s instructions and the training provided (see Section 3.4.4 of this standard).

3.3 Fit Testing

3.3.1 All workers who are required to wear face seal dependent respirators must be fit tested annually to ensure that the respirator provides an effective seal. Fit testing must be conducted under the direction of a person trained in the correct procedures (qualified person). A respirator must not be issued to a worker unless a fit test demonstrates that it provides an effective seal.

3.3.2 When carrying out fit testing, the qualified person must complete a BC Hydro Respirator Fit Test Record (Stationery Form #80484). A copy of the completed form must be must be given to the worker and kept with respirator.

3.3.3 All workers who are required to wear face seal dependent respirators must be clean shaven where the respirator seals with the face.
3.4 Education and Training

3.4.1 Before they are required to wear respiratory protection equipment, workers and the work leaders who supervise such workers, must be given respiratory protection awareness education (Section 3.4.3) and job-specific training (Section 3.4.4). Education and training must be repeated as required, based on the results of the annual program review (Section 3.5). Job-specific training must also be updated if workplace changes results in exposure to higher concentrations or to new hazards requiring changes in respiratory protective equipment and/or procedures.

3.4.2 Respiratory protection education and training must be delivered by a person with a sound knowledge and practical experience in the principles and practices related to respiratory protection. For assistance, contact your OSH Specialist.

3.4.3 Respiratory protection awareness education must include the following topics:
   - Respiratory Protection Program requirements and responsibilities.
   - Respiratory hazards and their potential effects on health.
   - Capabilities and limitations of respiratory protection equipment.
   - Fit testing requirements.
   - Medical and physical limitations that affect respirator use.

3.4.4 Job-specific training must include:
   - The respiratory hazards that are or may be present at the specific worksite.
   - Results of risk assessments including, where applicable, exposure monitoring data.
   - The capabilities and limitations of the respiratory protection equipment that workers are required to use.
   - Putting on the respiratory protection equipment including, if applicable, carrying out positive and negative seal checks.
   - Inspection, maintenance, cleaning and storage of the respiratory protective equipment that workers are required to use.
   - Training in job-specific work procedures, including use/operation of engineering controls and emergency procedures (where applicable).

3.5 Program Review

3.5.1 The local Respiratory Protection Program must be reviewed at least annually, in consultation with the local OH&S Committee or Key Safety Person (KSP). The review must:
   - Assess exposure control measures to ensure that they are still effective.
   - Determine the need for further control measures.
   - Evaluate education and training.
   - Assess the adequacy of exposure monitoring data and the need for further monitoring.
   - Ensure the adequacy of the fit testing program.
4. Roles and Responsibilities

4.1 Managers are responsible for:

- Implementing the requirements of this standard.
- Consulting with the local OH&S Committee or KSP, and workers when selecting respiratory protection equipment.

4.2 Work Leaders are responsible for:

- Providing respiratory protection equipment when required.
- Ensuring that workers are aware of respiratory hazards and use respiratory protection equipment correctly.
- Ensuring that workers who are required to wear face seal dependent respirators
- Ensuring that respiratory protection equipment is properly inspected, maintained and stored.
- Notifying managers if there are changes in working conditions that may result in exposure to higher concentrations of air contaminants, or to new contaminants.

4.3 Workers are responsible for:

- Using respiratory protective equipment when required and in accordance with the instruction and training provided.
- Properly inspecting, cleaning, maintaining and storing the respiratory protection equipment that has been assigned to them.
- Conducting a positive and negative fit check before each use (where applicable).
- Understanding and following written work and emergency procedures (where applicable).
- Immediately reporting any equipment malfunctions or other problems to their Work Leader.

5. Records and Documentation

5.1 Records of activities relating to the Respiratory Protection Program must be kept on file, including:

- Identification and assessment of respiratory hazards including, where applicable, exposure monitoring results.
- Names of workers required to use respiratory protection equipment and, if applicable, any special medical requirements relating to the use of the equipment.
- Fit testing records (completed Forms #80848).
- Education and training.
- Inspection and maintenance of Self Contained Breathing Apparatus (see Appendix 1).
- Respirable (breathing) air systems maintenance and testing results (see Appendix 2).
- Maintenance of air supplied respirators, powered air purifying respirators and sorbent cartridges and canisters.
- Rescue and evacuation exercises (SCBA).
- Any supplementary procedures, instructions, inspections or other records relating to the correct use of respiratory protection equipment.
6. References

6.1 WorkSafeBC OHSR Part 8 (Personal Protective Clothing and Equipment), Part 5 (Chemical and Biological Substances), Part 4 (Emergency Preparedness and Response) and Part 32 (Evacuation and Rescue).

6.2 WorkSafeBC Booklet: “Breathe Safer: How to Use Respirators Safely and Start a Respiratory Program” (BK75).


6.4 BC Hydro Respirator Fit Test Record, Stationery Form #80484.

6.5 CAN/CSA Standard Z94.4 – Selection, Use, and Care of Respirators.

6.6 CAN/CSA Standard Z180.1 – Compressed Breathing Air and Systems.
Appendix 1

USE AND MAINTENANCE OF SELF CONTAINED BREATHING APPARATUS

Use Of Self Contained Breathing Apparatus (Scba)

SCBA may be used in BC Hydro facilities for one or more of the following reasons.

- For escape or rescue in buildings where Gaseous Fire Protection Systems (e.g. CO2, Halon 1301 or Inergen) or SF₆-insulated electrical equipment are installed.
- If work or emergency procedures dictate that SCBA is required for Confined Space or other types of rescue.
- If emergency procedures require the use of SCBA to re-enter a building or plant, under the protection of fire fighting personnel, to provide technical assistance or to make the facility safe for fire fighting operations.
- If designated and properly trained and equipped personnel are required to fight fires.

Note – If SCBA is used for firefighting:

- A Personal Alert Safety System (PASS) alarm must be used; and
- The requirements of NFPA 1404 (Fire Department Self Contained Breathing Apparatus Program) and NFPA 1981 (Open Circuit Self Contained Breathing Apparatus for Fire Fighters) must be met.

Physical Condition

SCBA is often used for emergency response which can be physically and emotionally stressful. Users must be in adequate physical condition to perform the anticipated tasks.

A physician’s certificate of fitness must be supplied by any worker who experiences breathing difficulty while wearing the apparatus or is known to have heart disease, impaired pulmonary function, or any other condition that may affect the worker’s ability to use SCBA safely and effectively.

Fit Testing – SCBA users must be fit tested in accordance with Section 3.3 of this standard (page 2).

Education and Training

Workers who are required to use SCBA workers must given education and training (see Section 3.4 of this standard) and training records must be kept. Training must be specific to the SCBA brand and model that the worker is required to use. A good indicator that training is satisfactory is when workers can competently don the equipment when challenged to do so.

If SCBA is used for firefighting training must be repeated at least annually and must include training in fire suppression methods, fire prevention, emergency procedures, organization and chain of command, firefighting crew safety and communication (OHSR Section 4.16).

If SCBA is used to provide rescue or evacuation, training must include simulated rescue or evacuation exercises and regular retraining, appropriate to the type of rescue or evacuation being provided (OHSR Section 32.2). If SCBA is used for confined space rescue, rescue must be practiced annually or prior to starting work in the confined space (OHSR Part 9).
Inspection and Maintenance of SCBA

All SCBA require periodic checks, inspections and maintenance by qualified personnel. Following is a description of the service functions that are typically required. For detailed requirements, refer to the manufacturer’s instructions for your apparatus brand and model.

Checks & Inspections

- **Weekly Check:** A weekly check to ensure that all cylinders are full and the apparatus is intact. When SCBA are stored in an area where the public have access, it may be prudent to institute this check on a more frequent basis.

- **Monthly Inspection:** Requirements vary depending on manufacturers but most require a physical inspection and full functional test of the regulator, low air warning device, pressure demand and bypass functions.

- **After Use Inspection:** Generally the same as a Monthly Inspection, in conjunction with cleaning and sanitizing.

Cylinder Maintenance – Regardless of the manufacturer, all SCBA cylinders require recharge and testing, as follows.

- **Cylinder Recharge**
  Every TWELVE months, regardless of use, or when 10% or more below the rated capacity.

- **Hydrostatic Test**
  Every THREE years for composite fiberglass wrapped aluminum cylinders.
  Every FIVE years for conventional steel and aluminum cylinders.
  Note: Composite cylinders have a service life of fifteen years. Standard cylinders may be used indefinitely until they fail a hydrostatic test.

Calibration/Bench Test

A test of apparatus and calibration to ensure the unit is operating to specifications. Manufacturers typically require a Calibration/Bench Test every one to two years.

Overhaul

Replacement of wearable or perishable parts is generally done in conjunction with a Calibration/Bench test. Some manufacturers specify the interval; others require it if the SCBA fails the Calibration/Bench Test.

QUALIFICATIONS OF INSPECTION AND MAINTENANCE PERSONNEL

Personnel assigned to perform SCBA checks and inspections must possess the necessary skills and abilities to perform these tasks competently, in accordance with the manufacturer’s instructions.

Cylinder recharges must be performed by a Factory Authorized Service Centre or a Fire Department.

Specialized skills and equipment are required to perform Calibration/Flow tests, Overhauls and Hydrostatic Testing of cylinders. This work must be performed by a Factory Authorized Service Centre. For more information, contact the SCBA manufacturer or an Authorized Distributor.
Appendix 2

Compressors Used As Source Of Respirable (Breathing) Air

Compressed Air Systems

- Compressed breathing air systems must be installed, commissioned, operated and maintained in accordance with the manufacturer’s instructions.
- The service outlets for compressed breathing air must be clearly identified and must only be used for providing breathing air.
- Most compressors in BC Hydro are multi-stage, oil-lubricated air compressors driven electrically or by combustion engine. These types of Industrial compressed air systems (e.g. Station air systems) are not designed to provide breathing quality air and manufacturers may specifically prohibit use for this purpose (e.g. warning labels). Such compressed air systems may be used to supply airline respirators only if an air purification system is installed upstream of the respirator connection point.

Air Purification Systems

- Air purification systems must be designed to provide air that meets the requirements of CAN/CSA Standard Z180.1. An air purification system will typically contain purification media that contains the following elements: coalescing filter, chemical sorbent beds and fine particulate filter. For more information, refer to Appendix A of CAN/CSA Standard Z180.1.

Respirable (Breathing) Air Testing

- Where a compressed air system is used to provide breathing air for respiratory protection, a sample of the system air shall be collected and submitted to an accredited laboratory and analyzed for compliance to CAN/CSA Standard Z180.1. To arrange for testing, contact your OSH Specialist.
- Air sampling and analysis must be done annually or prior to using the system to provide breathing air.
- Additional testing is required following a major compressor overhaul and following modifications or extensive repairs to the compressed air system.
- The sampling results must be posted in the workplace, adjacent to either the applicable air compressor or air purification system in use.
OSH Standard 314
Lead Abatement
OSH Standard 314
Lead Abatement

1. Scope

1.1 This standard covers requirements and procedures for working with lead.

2. Purpose

2.1 The purpose of this standard is to establish safety and health requirements for working with lead to ensure that workers involved in such work are protected against health hazards and to ensure consistent compliance with WorkSafeBC and environmental regulations.

3. Standard

3.1 General

3.1.1 Within BC Hydro, lead based products have been used as rust and corrosion inhibitors (e.g. paints) and lubricants (e.g. white lead pastes/powders). Lead based paints have been commonly applied to a wide range of structures and equipment, including spillway gates, surge towers, penstocks, scroll cases, draft tubes, breakers and transformers, but may also appear in other areas and applications. Lead pastes/powders were sometimes used to lubricate parts (e.g. wedges in generator rotor poles or bolts). Lead based paints and lubricants are no longer to be used in BC Hydro. Lead removal activities routinely expose workers to lead levels that exceed the WorkSafeBC's Exposure Limits (0.05 mg/m3).

3.1.2 Because of its toxicity, lead is considered a significant occupational and environmental hazard. Over-exposure to lead can cause health problems, which may be temporary or permanent depending on the amount of lead inhaled or ingested. Common symptoms of acute lead poisoning are loss of appetite, nausea, vomiting, stomach cramps, constipation, insomnia, fatigue, moodiness, headache, joint or muscle aches, anemia and decreased sexual drive. Severe health effects of acute lead exposure include damage to the nervous system, tremors, convulsions, coma and death. Lower levels of chronic over-exposure to lead can result in damage to the blood, nervous system, kidneys, bones, heart and reproductive system.

3.1.3 This standard applies to all work involving lead where workers are, or may be, exposed to levels exceeding 0.025mg/m3 (i.e. >50% of the WorkSafeBC’s Exposure Limit). Most lead paint removal tasks commonly result in exposures exceeding this action level, even when the lead content of the paint is very low.
The following table shows typical exposure levels for common tasks:

<table>
<thead>
<tr>
<th>Task</th>
<th>Typical Exposure Level [mg/m³]</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Manual scraping, chemical removal, sanding and demolition. Heat gun applications. General clean up. Lead removal using power tools equipped with dust collection systems (local exhaust).</td>
<td>0.025 – 0.50 (.5 to 10 times PC)</td>
</tr>
<tr>
<td>2. Lead removal using power tools without dust collection systems or high pressure water. Clean up of dry, used abrasives. Removal or movement of containment.</td>
<td>0.50 – 2.50 (10 to 50 times PC)</td>
</tr>
<tr>
<td>3. Abrasive blasting, welding, cutting and torch burning.</td>
<td>&gt; 2.50 (&gt; 50 times PC)</td>
</tr>
</tbody>
</table>

3.2 Regulations

3.2.1 Where workers are, or may be, exposed to potentially hazardous lead levels, the WorkSafeBC requires that the employer develop and implement an effective written control program for lead exposure. The program must comply with the requirements outlined section 5.54 (Exposure Control Plan), Sections 5.82 to 5.84 (Personal Hygiene) and sections 6.59 to 6.69 (Lead) of the WorkSafeBC Occupational Health & Safety Regulation (OHSR). Also, in accordance with section 20.2, a Notice of Project (NOP) must be sent to the WorkSafeBC prior to starting any abatement or other activity that will involve significant disturbance of lead containing coatings on buildings or structures.

3.2.2 There are a number of environmental regulations and standards governing the collection, handling and disposal of lead contaminated waste. For assistance with environmental compliance refer to Waste Management (WM) Standard 410 – Waste Blasting Abrasive Material or contact your Waste Management Specialist or Area Environmental Coordinator.

3.3 Planning and Preparation

3.3.1 Documentation

3.3.1.1 Before any lead related work commences, a written work procedure which addresses all the elements of the lead exposure control program, as well as all applicable environmental requirements, must be prepared. The procedures must be posted at the job site throughout the project.

3.3.1.2 When medical monitoring is required during the project, these results must not be posted at the job site (see section 3.6.2) due to employee confidentiality.

3.3.1.3 Depending on the nature of the project, the following documentation must also be available at the job site, when applicable:

- Analysis results (% lead content);
- MSDS for all products used during the project;
- Respirable air test results;
- Respirator fit test records;
- Emergency and evacuation procedures.
3.3.2 Selection of Removal Method

3.3.2.1 Although most large scale industrial lead removal projects cannot be carried out effectively and efficiently without using some type of abrasive blasting, alternative removal methods which reduce worker exposure should be considered and selected when practicable. Selection of a lead removal method which results in lower exposures may also reduce or eliminate the need for compliance with other environmental or safety requirements (e.g. containment, decontamination facility).

3.3.3 Containment

3.3.3.1 Where the method of lead removal may result in the emission of lead dust or debris or contaminated abrasives into the environment, regulatory agencies may require that a containment be built to fully enclose the removal area. For assistance in determining if containment will be required, contact your Environmental Risk Management. If containment is required, the following safety related criteria must be met:

- The supports must be structurally sound and, where required, approved by a professional engineer.
- Where the containment is not directly attached to a decontamination facility the containment structure must include a pre-decontamination vestibule/airlock. See section 3.5.2 for the required equipment and procedures.
- The containment design must provide adequate ventilation (section 3.3.4) and visibility for workers.

3.3.4 Ventilation and Dust Collection

3.3.4.1 For lead removal projects where containment is required, mechanical ventilation must be provided to reduce airborne lead concentrations and to ensure adequate visibility. Ventilation systems must meet the following minimum criteria:

- The ventilation system exhaust fan(s), duct work and make-up air supply (natural or mechanical) must maintain the removal area at negative pressure. This may be confirmed visually or with smoke tubes.
- The exhaust ventilation system must flow into appropriately sized collection and air cleaning devices to control the emission of contaminated particulates into the environment in accordance with applicable environmental regulations and standards.

3.3.5 Decontamination Facility

3.3.5.1 To help prevent the overexposure of workers and the spread of hazardous material beyond the work-site, a decontamination facility must be provided when there is a potential for significant contamination of workers' skin, hair and protective clothing. This relates to task categories 2 and 3 in the table in clause 3.1.3 of this standard. The decontamination facility must meet the following general criteria:

- The facility must consist of a separate “dirty area”, a “shower area” and a “clean area”.
- The facility layout must be designed to prevent cross contamination between the dirty and clean areas. See Appendix 1 for the preferred design.
- The interior surfaces must be smooth and non-absorbent to facilitate cleaning.
- The dirty room equipment must include an appropriately marked waste container (e.g. a poly bag) for disposable garments or clothing that requires laundering.
• Hand washing facilities must be provided in the dirty room or near the containment (if applicable).
• Waste water collection and disposal must comply with the applicable environmental and public health regulations.

3.3.6 Access Control and Signage

3.3.6.1 The boundaries of work areas where worker exposures may exceed 0.025mg/m³ must be clearly defined and access to those areas must be restricted to properly equipped and trained personnel.

3.3.6.2 A peel-and-stick, 4” x 4” Lead workplace label available from BC Hydro Stationery must be posted at all entrances to contaminated work areas.

![CAUTION LEAD](image)

3.4 Protection of Workers

3.4.1 Respiratory Protection

3.4.1.1 Respiratory protection must be used to supplement engineering and administrative controls whenever these controls are technologically incapable of reducing worker exposures to below 0.025 mg/m³.

3.4.1.2 Pending the collection of air sampling data (section 3.6.1), respirator selection for lead related activities must be based on the highest anticipated potential exposures (see the estimates provided in clause 3.1.3).

3.4.1.3 When respirators are required, a complete respiratory protection program must be implemented. For assistance with program implementation and respirator selection, refer to OSH Standard 313 Respiratory Protection.

3.4.2 Protective Clothing and Equipment

3.4.2.1 To provide shielding and to minimize the accumulation of lead on personal clothing, skin and hair, workers who are exposed to airborne dust that contains lead must wear protective clothing. Such clothing must cover the body and head and it must fit snugly at the neck, wrists and ankles (e.g. disposable coveralls with hood). See section 3.5 of this standard.

3.4.2.2 Workers must wear all other protective equipment appropriate to the hazards encountered during their work. Depending on the nature of the lead abatement project, the required protective equipment may include:

• Steel toe footwear (rubber preferred for working inside containments);
• Eye, face and hand protection;
• Hearing protection;
• Specialized protection during abrasive blasting and high pressure (>5,000 psi) washing/jetting (see section 12.111 of the OH&S Regulation).

3.5 Decontamination Procedures

3.5.1 Worker Decontamination—Task Category 1

Personal decontamination must be carried out in accordance with the procedures outlined in section 3.5.2 except that a decontamination facility (section 3.3.5) and showering at the end of the work-shift are not required.

3.5.2 Worker Decontamination—Task Category 2 and 3

Before entering a lead contaminated work area, workers must remove personal clothing in the clean area of the decontamination facility and put on clean, disposable coveralls. For activities where additional shielding is needed (e.g. abrasive blasting) or where the decontamination facility is not directly attached to the containment (assumed in clauses 3.5.2.1 and 3.5.2.2) a second (outer) pair of coveralls (disposable or non-disposable) may be required.

3.5.2.1 Before coffee and lunch breaks, workers must carry out personal decontamination procedures as follows:

- Move to an area just outside the work area boundary and thoroughly clean clothing, footwear and protective equipment with a HEPA vacuum cleaner.
  
  Note:
  This is done in the pre-decontamination area attached to the containment, where applicable, section 3.3.3).
- Remove and hang up outer coveralls and protective equipment.
- Vacuum inner coveralls.
- Walk directly to the nearest washing facility and thoroughly wash face and hands before eating, drinking or smoking.

3.5.2.2 At the end of the work-shift, workers must carry out personal decontamination procedures as follows:

- Move to an area just outside the work area boundary and thoroughly clean clothing, footwear and protective equipment with a HEPA vacuum cleaner (as above).
- Remove outer coveralls and protective equipment, place coveralls in a poly bag and seal the bag.
  
  Note:
  The bag must be damp-wiped or vacuumed before it is removed for disposal or laundering.
  See section 3.5.3.
- Vacuum inner coveralls.
- Walk directly to the nearest washing facility and thoroughly wash face and hands.
- In the dirty area of the decontamination facility, remove footwear and inner (disposable) coveralls, place the coveralls in a waste container and re-seal the container.
- Shower and wash hair in the shower area of the decontamination facility.
- Change into personal clothing in the clean area of the decontamination facility.
3.5.2.3 Protective footwear and equipment and all areas of the decontamination facility must be maintained free of visible dust and debris. All cleaning must be done using wet methods and/or a HEPA vacuum cleaner.

3.5.3 Laundering of Non-Disposable Protective Clothing

3.5.3.1 Non-Disposable clothing must be laundered before re-use. If laundering is done at the work site, then the following procedure must be followed:

- Fill washing machine with water;
- Place top of unopened poly bag near the surface of the water, open the bag and slowly transfer the contaminated clothing into the machine, fully submerging each garment;
- Reseal the poly bag and dispose of it as waste.

3.5.3.2 Contaminated clothing may be sent to a commercial laundry if it can be confirmed that the workers at the laundry have been informed of the potential hazards and they are taking adequate precautions to prevent exposures. It is recommended that laundry bags leaving the work site be labelled as follows:

```
CAUTION
CLOTHING CONTAMINATED WITH LEAD
DO NOT REMOVE DUST BY BLOWING OR SHAKING
DISPOSE OF CONTAMINATED WASTE WATER
IN ACCORDANCE WITH APPLICABLE REGULATIONS
```

3.6 Exposure Monitoring

3.6.1 Air Monitoring

3.6.1.1 Due to the variability in the lead content of lead based products, the design of containment and ventilation, and other factors which impact on exposures, occupational and ambient air monitoring must be carried out to ensure that engineering controls are effective and respiratory protection is adequate. Minimum monitoring requirements are as follows:

- Occupational sampling must be carried out during the first shift of any lead related activity where exposures may exceed 0.025 mg/m³.
- Additional occupational sampling must be carried out during the project if there are any changes in the sampling parameters present during the initial sampling (e.g. increase in the number of blasters inside containment, increase in blasting pressures, decrease in ventilation rate, etc.).
- Ambient and/or occupational air sampling must be carried out outside the containment to confirm that unprotected workers are not exposed to lead concentrations exceeding 0.025 mg/m³.
- Ambient monitoring must be carried out in the decontamination facility to confirm the effectiveness of the cleaning program.
3.6.2 Medical Monitoring

3.6.2.1 As stated in OSH Standard 312 Medical Monitoring, lead medical monitoring is required for:

- Workers who are routinely exposed to airborne lead levels exceeding 50% of the Exposure Limit; and
- Workers who perform short-term, high risk lead work (e.g. large scale lead abatement projects). See clause 3.6.2.2.

3.6.2.2 Medical monitoring must be carried out before the start (within one month) and near the end of each lead abatement project. The monitoring that is carried out near the end of the project must be completed no later than one week after the exposures stop. If the duration of the project exceeds two months, then medical monitoring must also be carried out mid-way through the project.

3.6.2.3 The results of medical monitoring must be reviewed with workers and appropriate follow-up action must be taken in accordance with OSH Standard 312.

3.7 Education and Training

3.7.1 All workers who work in locations where lead based products are present and whose work involves activities which could result in disturbance of those products must be given lead awareness education which covers the following topics (to arrange for presentation, contact your Occupational Safety and Health (OSH) Specialist):

- Lead hazards;
- Exposure avoidance; and
- Information and assistance resources

3.7.2 Before starting any lead abatement work, the workers involved must, in addition to the general awareness education outlined in clause 3.7.1, be given training which cover the following topics:

- Use and care of required personal protective clothing and equipment;
- Decontamination procedures and the importance of personal hygiene in reducing exposures;
- The purpose of medical monitoring and the interpretation of the results (where applicable); and
- Job specific lead work procedures and safety issues.

4. Roles and Responsibilities

4.1 Managers

4.1.1 Managers are responsible for ensuring that all lead abatement work is carried out in accordance with this standard. For assistance contact your OSH Specialist.

4.2 Workers

4.2.1 Workers involved in lead abatement work are responsible for ensuring that the work is done in accordance with the written work procedures and training provided.
5. References

5.1 WorkSafeBC, Occupational Health & Safety Regulation, Section 5.54, 5.82 to 5.84, 6.59 to 6.69 and 20.2

5.2 OSH Standards relating to Medical Monitoring and Respiratory Protection

5.3 WorkSafeBC Publication: Lead – Preventing Exposure at Work

5.5 BC Hydro Lead Workplace Label, Form GDS14–533
Appendix 1

Decontamination Facility Preferred Layout
OSH Standard 315
Bloodborne Pathogens
OSH Standard 315
Bloodborne Pathogens

1. Scope
1.1 This standard covers the health and safety aspects of bloodborne pathogens.

2. Purpose
2.1 This standard defines the requirements for addressing and minimizing exposures to bloodborne pathogens. It further outlines the criteria for when an employee should pursue a vaccination for protection against a very specific bloodborne pathogen: Hepatitis B virus. Additional information can be obtained from your Occupational Safety and Health (OSH) Specialist.

3. Standard

3.1 General

3.1.1 The WorkSafeBC Occupational Health and Safety Regulation (OHSR) provides the following definitions:

Biohazardous Material—a pathogenic organism, including a bloodborne pathogen, which due to its known or reasonable believed ability to cause disease in humans, would be classified as Risk Group II, III or IV as defined by the Medical Research Council of Canada, or any material contaminated with such an organism.

Harmful Contact—situations where an injury penetrates through intact skin, or a mucous membrane or non-intact skin contact exposes a worker to blood or other potentially infectious material (OPIM).

Occupational Exposure—means reasonably anticipated, harmful contact with blood or other potentially biohazardous material that may result from the performance of a worker’s duties.

3.1.2 In the WorkSafeBC OHSR Occupational Exposure is defined as regular and expected exposure to bloodborne pathogens during the course of an employee's regular duties. According to the WCB, this definition is more explicitly related to the health care profession and first responders, where regular or daily exposure to blood and body fluids occurs as part of their normal work duties (e.g. Nurses, Physicians, Firefighters and Paramedics). For more information, please contact your OSH Specialist.

3.1.3 Bloodborne pathogens fall into the category of biohazardous materials (see definition above). This standard will address the following:

- WorkSafeBC requirements
- Bloodborne Pathogens
- Vaccine Information
- Risk Identification
- Risk Criteria
- Methods of Controlling Exposure
- Minimizing Exposure
- Universal Precautions
3.2 WorkSafeBC Requirements—The WorkSafeBC OHSR (section 5.54 and 6.34) requires that an Exposure Control Plan be in place where an employee has, or may have occupational exposure to a bloodborne pathogen. This standard serves as the basis for an Exposure Control Plan.

3.3 Bloodborne Pathogens—Basically, they are infectious viruses of bacteria which can be present in blood or body fluids. The bloodborne pathogens of most usual concern are:

- the hepatitis B virus (HBV), affects the liver
- the hepatitis C virus (HCV), affects the liver
- the human Immuno–Deficiency virus (HIV)

The hepatitis B and C viruses and HIV can all be spread by infected blood. They can also be spread by certain infected body fluids. In order for infection to occur in a susceptible individual, viruses from the infected blood and body fluids from an already afflicted person must enter another person's body. It is then a function of an individual's own immune system (ability to fight infection) that will determine whether an infection will ultimately occur.

Some employees within BC Hydro have the potential to encounter a number of different work situations which may increase their overall risk of exposure to bloodborne pathogens. This standard deals with the requirements of potential exposure to these bloodborne pathogens.

3.4 Vaccine Information—Of all of the bloodborne pathogens that are known to exist, the only vaccination currently available for protection against any of them is the vaccine for the hepatitis B virus. There is no vaccine currently available for protection against the hepatitis C virus or HIV (see Appendix 2).

This standard does not include exposures to faeces, urine, nasal secretions, sputum, tears and vomit, unless they are visibly contaminated with blood.

3.5 Risk Identification—Section 6.35 of the WorkSafeBC OHSR requires that BC Hydro maintain a list of all job classifications and identify all tasks and procedures in which there is a potential for occupational exposure to bloodborne pathogens or biohazardous material specified by the WorkSafeBC. This assessment determines the potential for exposure as well as the risk of exposure.

3.6 Risk Criteria

Most BC Hydro workers while at work, will never contact blood and/or certain body fluids that can spread HIV and the hepatitis B and C viruses. However, BC Hydro staff must be aware of some basic precautions. This is important since it is possible to become infected from a single exposure incident, following harmful contact with infected blood or body fluids.

Hepatitis B vaccine is the only vaccination currently specified in the WorkSafeBC OHSR (section 6.39) for hepatitis B virus. The following individuals (see below) in BC Hydro are considered to be occupationally exposed to hepatitis B and are eligible to receive the hepatitis B vaccine with cost being covered by BC Hydro:

a) All designated First Aid Attendants (Level II and higher); although individuals offering first aid in a typical office environment are at much lower risk of exposure than those individuals providing first aid at an electrical facility where there is a greater probability of significant injuries (e.g. major cuts causing bleeding).
or

b) Individuals who work in a locale where intravenous drug paraphernalia can be readily found in the area, and the nature of the work being performed requires handling, climbing surfaces and moving infected material, thus increasing the probability of being injured, by inadvertently breaking the skin, by needle puncture, or otherwise coming into contact with infected blood products (e.g. Metermen, Meter Reader or Power Line Technician working in Vancouver Downtown East Side).

3.7 Methods of Controlling Exposures

To minimize any risk of possible exposure, the following controls must be considered and instituted when warranted by the risk:

3.7.1 Engineering controls—Minimize the hazard by guarding against potential exposures (e.g. isolate and secure electrical equipment from public access).

3.7.2 Administrative Controls/Safe Work Practices—Although most workers do not expect to be in contact with blood and body fluids, they should use basic safe work practices to address those rare incidents that may occur. Some examples of administrative controls include:

- universal precautions (see also section 3.9)
- visually inspect all equipment before climbing or accessing
- safely decontaminate or dispose of contaminated materials or objects
- get first aid assistance
- seek medical attention
- safely clean up blood and body fluids after spills
- report exposure incidents

3.7.3 Personal Protective Equipment—After instituting engineering and administrative controls, don protective equipment when working in areas contaminated with blood (e.g. use nitrile gloves when there is contact with contaminated surfaces).

3.7.4 Training—Must be provided to an employee when there is a potential for occupational exposure. The training will also include: the contents of the exposure control plan, identification of potential areas of high risk, review of bloodborne pathogens, common means of prevention and control as well as the post exposure protocol. Contact your OSH Specialist for training and an information video on Bloodborne Pathogens.

3.7.5 Instruction and Supervision of Workers—Ensure workers are given adequate instruction and supervision in any work procedures potentially contaminated with bloodborne pathogens.

3.8 Minimizing Exposure—The principle focus on the above controls is the Prevention of exposure. This is the preferred approach since immunization currently available for the treatment of some bloodborne pathogens (e.g. hepatitis B), does not confer immunity against any other bloodborne pathogens (e.g. HIV), or other potentially infectious materials (OPIM’s). Once the above control measures are in place, there would be a low probability of occupational exposure to bloodborne pathogens. Individuals should discuss their concerns with their manager or their OSH Specialist if they think that they are occupationally exposed.
3.9 Universal Precautions—Under normal working conditions contact with blood or other biohazardous materials is not anticipated. However, as bloodborne pathogens are communicable, any surface or object covered with blood or body fluids must be treated as if it is infectious. Every effort must be made to avoid direct contact with such surfaces or objects and appropriate personal protective equipment must be worn (e.g. Nitrile gloves) if contact is possible. Needles must always be handled using tongs or forceps; never by hand. Hands and other soiled or contaminated surfaces must be washed thoroughly with soap and water. Contaminated surfaces such as tables, counter tops must also be wiped with a disinfecting solution (e.g. 9 parts water to 1 part household bleach by volume).

3.10 Availability of Vaccination—Section 6.39 of the WorkSafeBC OHSR requires that vaccination against hepatitis B virus must be made available upon request to all workers who are exposed or potentially exposed to this virus (see clause 3.5 of this standard). However, if engineering, administrative and PPE controls are effectively instituted, the probability that an employee could come in contact with either the hepatitis B virus or any other bloodborne pathogen is extremely low. Engineering, administrative and personal protective equipment controls must be put in place. If vaccination is still considered necessary by either the worker or manager, the necessary arrangements should be made.

3.10.1 The employee is responsible for making the necessary arrangements for the hepatitis B vaccine and providing management with the appropriate documentation. Records of vaccination will be kept by the manager.

3.10.2 Those individuals identified above may choose not to receive the hepatitis B vaccine, however they must indicate to their manager in writing their decision to forego the vaccination.

3.11 Post Exposure Protocol and Evaluation—If an individual has been exposed to a bloodborne pathogen, a post exposure protocol must be implemented. Post exposure to a potential bloodborne pathogen becomes a medical issue. In situations where workers may have been exposed to a hepatitis B virus or another bloodborne pathogen, immediate medical evaluation and treatment is required (WorkSafeBC OHSR, Section 6.40). Obtain immediate medical assistance from the closest Hospital Emergency Department. They will be able to:

- Provide 24 hours assistance
- Draw blood from the injured person as well as from the person involved
- Administer HIV preventative post exposure drugs (e.g. anti retro virus)
- Provide follow–up information to a worker’s family physician.

If possible, obtain a sample of the infected material or object in question, safely package it and forward it to the hospital. This may be helpful in determining whether the material or object was infectious. For further assistance, contact BC Hydro, Health and Recovery Services.

The following post exposure information is to be recorded by the manager:

a) Document
   - route of exposure; and
   - circumstances related to the incident

b) Determine infectivity of blood
   - assume blood is infective if answer is unknown
   - obtain sample of infectious material if possible
   - blood test is required (HIV/HBV serological status)
c) Obtain Post–Exposure prophylaxis (prevention treatment) in consultation with BC Hydro medical consultant
d) Records must be kept on every individual that may have been exposed
e) First Aid log must reflect exposure incidents

4. References

4.1 WorkSafeBC Occupational Health and Safety Regulation (Section 6.33 to 6.41)
4.2 Draft WorkSafeBC Operating Instructions (Part B6 pages 1 to 19), “Substance Specific Requirements” (April 1998)
4.3 SmithKline Beecham Information Pamphlets – Hepatitis B Are You at Risk? (1997) and “Hepatitis in the Workplace” (1995)
4.4 Information from the B.C. Ministry of Health, Victoria, B.C. (http://www.bchealthguide.org/healthfiles/)
4.5 Information from the Centre for Disease Control, Atlanta, Georgia, U.S.A. (http://www.cdc.gov)
Appendix 1

Hepatitis B Questions & Answers

Question #1—What is Hepatitis B?

Answer:

Hepatitis B is a viral liver disease caused by the hepatitis B virus (HBV). The acute form of hepatitis B can cause many severe symptoms—weakness, fatigue, fever, diarrhoea, vomiting as well as yellowing of the skin and the whites of the eyes (jaundice). Although it is seldom fatal, victims of the acute form of the disease frequently require hospitalization, weeks or months of rest and recuperation before they can return to normal life and work. Once an individual has been diagnosed as having hepatitis B, he/she may be hospitalized or otherwise prevented from spreading the disease to others. However, the incubation period before symptoms appear may be several weeks or months. During this period, a person can be highly infectious and therefore, a danger to everyone that has come into contact with that person.

The chronic form of hepatitis B presents a very different and much more dangerous situation. With chronic hepatitis B, the symptoms may be hidden and go unnoticed for years. Individuals will feel nothing and probably won’t even know they have the disease, although the hepatitis B virus will be in their body and may be slowly destroying their liver. Chronic hepatitis B can lead to death through cirrhosis or cancer of the liver. Once the process has started, it cannot be stopped. There is no known reliable cure.

Question #2—How do you catch hepatitis B?

Answer:

Hepatitis B is an infectious disease that is passed from one person to another almost exclusively through direct contact with blood or body fluids. Hepatitis B is not spread through food or water or by casual contact. The virus can be transmitted by infected blood getting into the body through extremely small, breaks in the skin. Contact with infectious blood is the most common method of catching the disease. Blood is not the only means of infection. Hepatitis B virus can be carried in all body fluids. Therefore, Universal Precautions should always be followed.

Question #3—How do vaccines protect against hepatitis B?

Answer:

Vaccines cause your body’s natural immune system to produce defensive substances called “Antibodies”. The HBV vaccine will stimulate the production of specific antibodies which have the ability to neutralize hepatitis B viruses. It is important to note that this vaccine does not cure the disease.
Appendix 2

Pros and Cons of HBV Vaccination
and Information of HIV/AIDS, and Hepatitis C

Pros and Cons of Vaccination

Currently there is no known cure for hepatitis B. The vaccine will only prevent the disease. Vaccination requires an initial course of three primary injections over six months which will provide five years of immunity. A single booster will be required every five years.

The most common reaction to the vaccine is minor, usually redness, warmth and pain or swelling at the injection site. Tiredness or slight fever may last 1 to 2 days.

Over 90 per cent of all people vaccinated develop immunity to hepatitis B virus (HBV).

The hepatitis B vaccine is effective only against HBV and does not immunize against other forms of infectious hepatitis. There is currently no vaccine for hepatitis C or HIV.

Information of HIV/AIDS, and Hepatitis C

HIV/AIDS: The human immunodeficiency virus (HIV) causes acquired immune deficiency syndrome (AIDS). Once introduced into the body, the virus infects the body’s natural immune system and eventually compromises the body’s ability to resist illnesses and infections. This results in serious illness and eventually death. There is currently no cure for HIV. Special drugs known as anti-retrovirals attack HIV’s ability to reproduce itself. There are drugs that may be given after a person has been exposed to blood and certain body fluids to lower the risk of HIV infection.

Hepatitis C: The hepatitis C virus (HCV) can cause symptoms similar to those of hepatitis B (see Appendix 1). The hepatitis C virus can also cause acute and chronic liver disease and liver cancer. It is more likely to cause chronic hepatitis, liver scarring and cancer of the liver of than hepatitis B. Most people infected with the hepatitis C virus do not report any symptoms when they first get the disease. About 90 percent become chronically infected and remain infectious to others. There is no cure for hepatitis C. There is medication that may be used for treating chronic hepatitis caused by HCV, but the medication only works in some cases.
OSH Standard 316
Field Ergonomics
OSH Standard 316
Field Ergonomics

1. Scope

1.1 This standard describes the requirements and responsibilities for developing an Ergonomics Program pursuant to Sections 4.46 to 4.53 of the Occupational Health and Safety Regulation (OHSR).

1.2 For office ergonomics requirements, refer to OSH Standard 308 – VDT Workstations Ergonomics.

2. Purpose

2.1 To eliminate or, if that is not practicable, to minimize the risk of musculoskeletal injury (MSI) to workers and to assist managers with identifying, assessing and controlling factors in the workplace that may expose workers to a risk of MSI. The flowchart in Appendix 1 summarizes the required Steps in the MSI Prevention Process. For assistance, managers should contact their Occupational Safety and Health (OSH) Specialist.

3. Standard

Requirements:

3.1 Identify Ergonomic Risk Factors

3.1.1 MSI risk factors in the workplace must be identified and used as the starting point for the MSI prevention process. There are a number of indicators that MSI risk factors may be present in the workplace and/or in a specific job or work activity:

- Risk factors are observed (see Section 3.1.2);
- Workers reporting signs and symptoms;
- MSI(s) reported to First Aid;
- Workers off work with MSI; or
- Injury/claims statistics showing increased MSI incidences in certain jobs.

3.1.2 Risk factors that may cause or contribute to MSI in the workplace include:

- The physical demands of work activities, including force required, repetition, duration, work postures, and local mechanical contact stress;
- Aspects of the layout and condition of the workplace or workstation, including working reaches and heights, seating, and floor surfaces;
- The characteristics of objects handled, including size/shape, load condition and weight distribution, and container/tool/equipment handles;
- The environmental conditions, including temperature extremes; and
- Characteristics of the organization of work, including work–recovery (rest) cycles, task variability, and work rate.
3.2 Assess Ergonomic Risk Factors

3.2.1 Identified risk factors must be assessed to determine their severity and likelihood of contributing to MSIs. A variety of risk assessment tools/methods are available, including WorkSafeBC's MSI Risk Factor Identification and Assessment Worksheets. The Worksheets are designed to assist with determining if an identified risk presents a low, moderate or high risk of MSI, and to help set priorities for risk control, if required (Section 3.3).

3.2.2 Risk assessments must be carried out by a person who is familiar with the work process/activity being assessed, has a good understanding of ergonomic risk factors, and has been instructed in the applicable assessment tool/method (contact OSH Specialist for assistance).

3.2.3 Risk assessments must include consultation with workers who are experiencing signs and symptoms of MSI, if applicable, and a representative sample of the workers who are required to carry out the work being assessed.

3.3 Control Ergonomic Risk Factors

3.3.1 If a risk assessment (Section 3.2) indicates that a work activity or tool presents a moderate or high risk of MSI, then controls must be implemented to eliminate or, if that is not practicable, minimize the risk.

3.3.2 Possible risk control options vary depending on the risk factor(s) present, but will typically involve changes to workstations, equipment or tools (Engineering Controls) or changes in the way work is done (Administrative Controls). Personal protective equipment may only be used as a substitute for engineering or administrative controls where those controls are not practicable. Appendix 2—Summary of MSI Risk Factors and Control Options—provides examples of possible risk control options.

3.3.3 If permanent control measures will be delayed, interim controls must be implemented without delay (e.g. minimize the use of a problem tool pending selection and purchase of an ergonomically designed tool).

3.3.4 Implemented controls must be monitored to ensure that they are effective and must be reviewed at least annually. If deficiencies are identified, corrective action must be taken without undue delay.

3.4 Educate and Train Workers

3.4.1 Workers who may be exposed to a risk of MSI must be educated in the identification of the risks associated with their work, including the recognition of early signs and symptoms of MSIs, the potential health effects of MSIs and how physical condition impact the risk of MSI. To arrange for the delivery of ergonomic education, contact your OSH Specialist.

3.4.2 Workers who perform work that requires specific controls to minimize the risk of MSI (e.g. work procedures, mechanical aids, personal protective equipment, etc.) must be trained in the use of the applicable controls.

4. Responsibilities

4.1 Managers, in consultation with the local Safety Committee and/or Key Safety Representative(s) are responsible for implementing the requirements outlined in this standard.

4.2 Workers are responsible for:

- Assisting with the identification of ergonomic risk factors in the workplace by reporting any signs or symptoms of MSI to their manager and/or Safety committee/representative; and

- Using any risk control measures that are implemented in their workplace in accordance with the training or instruction provided.
4.3 Safety committees/representatives are responsible for monitoring the ergonomics program and providing input on activities relating to:

- Risk identification, assessment and control;
- The content and provision of worker education and training; and
- The evaluation of compliance measures taken.

5. Records and Documentation

5.1 Records must be kept of activities relating to the Ergonomics Program including:

- MSI risks identification and assessment;
- Controls implementation and review; and
- Worker education and training.

6. References

6.1 WorkSafeBC Occupational Health & Safety Regulation, Sections 4.46 to 4.53

6.2 OSH Standard 308 – VDT Workstations Ergonomics


6.4 WorkSafeBC Booklet: Understanding the Risk of Musculoskeletal Injury (MSI): An Educational Guide for Workers on Sprains, Strains, and Other MSIs (BK78)

7. Glossary

7.1 Ergonomics—An applied science that seeks to fit the job to the worker by taking the worker's capabilities and limitation into account when assessing and designing jobs, workstations and tools. The goal of ergonomics is to prevent adverse health effects by creating an optimal match between the worker's capabilities and limitations and the demands of the job.

7.2 Musculoskeletal Injury (MSI)—An injury or disorder of the muscles, tendons, ligaments, joints, nerves, blood vessels or related soft tissue including a sprain, strain and inflammation, that may be caused or aggravated by work.
Triggers That Begin The Process

- Risk factors observed
- Workers reporting signs and symptoms
- MSI reported to first aid
- Study of MSI occurrences to highlight higher risk jobs
- New job or process change

<table>
<thead>
<tr>
<th>Step 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>IDENTIFICATION</td>
</tr>
<tr>
<td>Identify risk factors for the specified job or task</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Step 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDUCATION</td>
</tr>
<tr>
<td>Educate workers about risk factors and signs and symptoms of injury</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Step 3</th>
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</thead>
<tbody>
<tr>
<td>ASSESSMENT</td>
</tr>
<tr>
<td>Assess identified factors to determine the degree of risk to workers</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Step 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>RISK CONTROL</td>
</tr>
<tr>
<td>Implement control measures to eliminate or minimize the risk to workers</td>
</tr>
</tbody>
</table>

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<tr>
<th>Step 5</th>
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</thead>
<tbody>
<tr>
<td>TRAINING</td>
</tr>
<tr>
<td>Train workers in use of control measures.</td>
</tr>
</tbody>
</table>

<table>
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<tr>
<th>Step 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>EVALUATION</td>
</tr>
<tr>
<td>Evaluate control measures to determine their effectiveness to minimize the risk of MSI. Where the risk has not been effectively controlled, re-examine the task</td>
</tr>
</tbody>
</table>

CONSULTATION
with Occupational health & safety committee or worker health & safety representative

CONSULTATION
with affected workers & a representative sample of other workers who perform the same tasks
## Appendix 2

### Summary of MSI Risk Factors & Control Options

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Definition</th>
<th>Possible Risk Control Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Awkward Postures</td>
<td>• Those outside the “neutral” range defined for each joint as optimal for applying force or minimizing injury</td>
<td>• Change height, reach or orientation of work or workstation/equipment/tools, or worker</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Use adjustable stands</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Use turntables or conveyors to bring items closer</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Ensure adequate vision</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Use tilted work surfaces and spring-loaded surfaces</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Design hand tools for neutral wrist and thumb posture</td>
</tr>
<tr>
<td>High Repetitions</td>
<td>• Task or series of motions that are performed over and over again by the same muscle groups with little variation</td>
<td>• Combine or eliminate some parts of task</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Ensure worker has some flexibility over pace and breaks, take frequent micropauses</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Give people time to break into repetitive tasks</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Train in good techniques</td>
</tr>
<tr>
<td>Forceful Exertions</td>
<td>• Forces are generated by muscles of the hands and arms to cause movement (e.g. turning a board, gripping an item)</td>
<td>• Reduce weight of objects held, or use devices to hold</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Reduce gripping or improve grip on tool</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Replace muscles with motors or mechanization</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Use larger stronger muscles (e.g. power grip vs. pinch)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Ensure gloves are well-fitting and improve friction</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Reduce hand tool vibration and minimize cold</td>
</tr>
<tr>
<td>Static Load</td>
<td>• Muscular contraction maintained with no movement (gripping tool, leaning over)</td>
<td>• Use fixtures and clamps to hold materials, suspend tools</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Provide armrests where arms are elevated</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Job rotation, micro–pauses, rest breaks</td>
</tr>
<tr>
<td>Local Mechanical Stresses</td>
<td>• Parts of the body in contact with objects (e.g. resting palm–side of wrist on sharp surface)</td>
<td>• Distribute pressure over as wide an area as possible</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Use tools with long enough handles, round surfaces</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Pad surfaces with softer material</td>
</tr>
<tr>
<td>Manual Materials Handling</td>
<td>• Lifting of objects (including people)</td>
<td>• Minimize material movement through good design</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Use mechanical assists (lift trucks, platforms, hoists)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Reduce weight of object, assign more people</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Provide better grip with handles</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Reduce horizontal distance with good access</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Limit stacking heights, heavy objects at waist height</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Change layout to reduce twisting, use good techniques</td>
</tr>
<tr>
<td>Pushing, Pulling and Carrying</td>
<td>• Pushing, pulling or carrying of objects, carts, people, etc.</td>
<td>• Reduce force with good wheels and handles</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Minimize distances</td>
</tr>
<tr>
<td>Working Heights</td>
<td>• Vertical work level – affects posture</td>
<td>• Spring–bottom bins, lift tables, alleviators, extend arms of tools, adjustable work surfaces, stools ladders</td>
</tr>
<tr>
<td>Working Reaches</td>
<td>• Distance to objects handled</td>
<td>• Redesign to bring items closer, use tilting mechanism, electronic eyes, rollers, etc.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Reorient product, remove obstructions</td>
</tr>
<tr>
<td>Sitting</td>
<td>• Prolonged periods in chair or sit–stand stool</td>
<td>• For multiple users, make adjustable</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Provide seating instructions and training</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Allow sufficient leg room, and micro–pauses</td>
</tr>
<tr>
<td>Standing</td>
<td>• Prolonged period stationary in one place</td>
<td>• Alternate with sitting, sit/stand and walking tasks</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Use anti–fatigue matting and a low foot–rail</td>
</tr>
</tbody>
</table>

### Table of Contents
OSH Standard 317
Battery Safety
OSH Standard 317
Battery Safety

1. Scope

1.1 This standard covers the safety requirements for battery work.

2. Purpose

2.1 The purpose of this standard is to establish safety requirements for working on batteries to ensure that workers involved in such work are protected from the risks associated with battery chemical and explosion hazards, and to ensure regulatory compliance. With the exception of tools (section 3.5 of this Standard), electrical safety requirements are addressed under Power System Safety Protection (PSSP), the Safety Practices Regulation (SPR), Work Protection Procedures (WPP) and the applicable BC Hydro Engineering and Maintenance Standards.

3. Standard

3.1 General

3.1.1 There are three main hazards associated with battery work:

- Electrical Contact – A considerable amount of stored energy is present in battery banks and, if the required work practices and procedures are not followed, flash burns due to shorting out or electrocution can occur (potential currents up to 10,000 amps);

- Chemical (Electrolyte) Exposure – The electrolyte in batteries is sufficiently acidic (Lead Antimony, Lead Acid and Lead Calcium batteries) or caustic/alkaline (Nickel Cadmium, Potash) to cause permanent damage to eyes or burns to skin if the electrolyte comes in contact with those areas; and

- Explosion (Hydrogen Gas) – Hydrogen gas is produced during equalizing and recharging electrolysis and, if the gas is allowed to accumulate due to inadequate ventilation, an explosive atmosphere can result. Hydrogen gas is colorless, odorless, tasteless and lighter than air.

3.1.2 With the exceptions described in clauses 3.1.3 through 3.1.5, this Standard applies to all Stations, communications, and emergency (UPS) batteries.

3.1.3 A lower level of personal protective equipment/clothing and emergency washing may be used when working on sealed, gelled-electrolyte (e.g. Valve-Regulated Lead-Acid – VRLA) and small, sealed radio control batteries (less than five, automotive-type batteries). See clause 3.3.3 for minimum personal protective equipment/clothing and washing facilities requirements during work on these batteries.

3.1.4 The emergency eye and skin washing requirements (clause 3.3.1) do not apply to unheated Radio Repeater sites that have liquid electrolyte batteries and are accessible only by helicopter. See clause 3.3.4 for minimum emergency washing requirements and precautions for these sites.

3.1.5 The emergency skin washing requirements for Non-Routine or Major Maintenance (clause 3.3.1) do not apply to Microwave sites if/when:

- There is no plumbed water supply at the site;
- The site is only accessible via helicopter or snowmobile/snowmachine due to winter conditions; and
- Work (i.e. emergency cell replacement) can’t be delayed until the weather/road conditions improve.

See clause 3.3.5 for minimum skin washing requirement and precautions for Microwave sites that meet the above conditions.
3.2 Pre-Work Checklist and Precautions

3.2.1 Before starting work on a battery bank the worker(s) must:

- Ensure required eye/skin washing facilities are available and operational (see section 3.3);
- Put on required personal protective equipment/clothing (see section 3.3);
- Ensure that spill kit and spill response plan/procedures are on site, if applicable (see section 3.4 and Appendix 1);
- Ensure that required tools are available and in good condition (see section 3.5);
- Ensure that battery room/area ventilation is adequate (see section 3.6);
- Remove any large metal adornments (e.g. wrist watch, bracelet); and
- Discharge body static by touching ground.

3.3 Personal Protective Equipment/Clothing & Emergency Washing Facilities

Note:
In addition to the hazard specific requirements outlined below, the general requirements for flame resistant clothing form OSH Standard 601 Personal Protective Equipment also apply.

3.3.1 The required PPE/clothing and emergency washing facilities depend on the planned work activity, as per the following Table.

<table>
<thead>
<tr>
<th>Work Activity</th>
<th>Face/Eye Protection</th>
<th>Hand Protection</th>
<th>Body/Foot Protection</th>
<th>Emergency Washing Facilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Routine Maintenance (See Note¹)</td>
<td>Face-Shield</td>
<td>Neoprene Rubber Gloves</td>
<td>Neoprene Rubber Apron</td>
<td>Plumbed or Portable Eye-Wash Station (See Note⁴)</td>
</tr>
<tr>
<td>Routine Corrective Maintenance (See Note²)</td>
<td>Face-Shield Add Chemical Goggles if two or more workers are working side-by-side removing inter-cell connectors</td>
<td>Neoprene Rubber Gloves</td>
<td>Neoprene Rubber Apron</td>
<td>Plumbed or Portable (self-contained) Eye-Wash Station (See Note⁴)</td>
</tr>
<tr>
<td>Non-Routine or Major Maintenance (See Note³)</td>
<td>Face-Shield Add Chemical Goggles when carrying charged battery cells</td>
<td>Neoprene Rubber Gloves</td>
<td>Neoprene Rubber Apron</td>
<td>Plumbed or Portable (self-contained) Eye-Wash Station (See Note⁴); and Drench Hose (plumbed source) or Portable (self-contained) water supply for washing skin (See Note⁵)</td>
</tr>
</tbody>
</table>
Note1: Routine Maintenance includes visual inspections, voltage readings, specific gravity checks and topping up of batteries with distilled water.

Note2: Routine Corrective Maintenance includes removing/cleaning inter–cell connectors, cleaning battery terminals, by–passing cells, carrying out load testing and replacing less than 3 cells in a battery bank.

Note3: Non–Routine or Major Maintenance includes changing battery cells (3 or more) and installing or replacing battery banks. If new cells require filling with electrolyte after installation additional precautions, including respiratory protection may be required. Contact your OSH Specialist for assistance with carrying out a risk assessment.

Note4: Eyewash station must provide continuous flow, with a minimum duration of 15 minutes, and must be located within 5 seconds walking distance of the hazard area, but not further than 6 meters (20 feet). The flushing agent (potable water or saline solution) in the eye wash station must be maintained at 15–30 degrees centigrade (60–85 F), and the eyewash station must be tested and maintained in accordance with the instructions provided in Appendix 2 of OSH Standard 604 – Emergency Showers and Eyewash Stations.

Note5: Skin washing facilities must be located within 10 seconds walking distance of the hazard area but no further than 30 meters (100 feet). At sites without a plumbed water supply, portable skin washing equipment must be provided during the work – e.g. Encon’s 37–gallon ABS dual–stream self–contained eyewash with drench hose on cart (Model O1106001), or equivalent. Encon’s 37–gallon tank supplies 30 gallons of useable water, providing 6 minutes of continuous skin rinsing. Encon products can be purchased from Acklands–Grainger or Fleck Brothers. If a plumbed shower is provided, it must be tested and maintained in accordance with Appendix 2 of OSH Standard 604.

3.3.2 PPE must be stored in an area away from the battery bank and must be put on at that location, before approaching and starting work on battery. If battery bank is located in a separate room, PPE must be stored outside the battery room. If battery bank is not located in a separate room (e.g. is located in control room), then PPE must be stored at least 6 meters (20 feet) from the battery bank.

3.3.3 The risk of electrolyte contact with eyes and skin is significantly reduced, but not eliminated, during work on sealed batteries with gelled electrolyte (e.g. VRLA batteries) and small, sealed radio control batteries (less than five, automotive–type batteries). To minimize risk during work on these batteries the following requirements must be met.

3.3.3.1 PPE and Clothing – Workers must wear neoprene rubber gloves, and a face–shield. Add a neoprene rubber apron when moving/carrying batteries/cells.

3.3.3.2 Emergency Eye/Skin Washing Facilities

• During Routine/Corrective Maintenance at locations where there is no permanent eyewash station on site (as per Note4, clause 3.3.1), provide 2 one–litre personal wash bottles with isotonic saline solution.
  If an eyewash station is on site, ensure that it is operational before starting work.
• During Non–Routine or Major Maintenance at locations where there is no water supply (drench hose, as per Note5, clause 3.3.1), provide 2 one–litre wash bottles with isotonic saline solution for skin (and eye) washing.

3.3.4 The following emergency eye and skin washing requirements apply to unheated Radio Repeater sites that have liquid electrolyte batteries and are accessible only by helicopter.

• For all battery–related work, transport in a Fend–All “Flash Flood” (or equivalent) portable eyewash station and two one–gallon saline solution cartridges (Note: Sealed cartridges have a two–year shelf life – maximum 6 months after seal is broken).
• Place the eyewash station on a flat surface with the back of the unit supported, within 3 meters of the area where the battery work is carried out (See Note below).

• Place the cartridges next to the station ready for mounting, if required.

• For Non-Routine or Major Maintenance use solution in the cartridge(s) to wash affected skin in the event of skin contact with electrolyte.

• Proper use of personal protective equipment/clothing to minimize the risk of injury is particularly important at remote sites and must be stressed at all times.

Note:
When cartridge is mounted the eyewash station is top-heavy and may need to be supported to keep it upright – e.g. put the back of the unit up against an equipment case and/or have the second worker on site support the station during flushing.

3.3.5 At Microwave sites that meet the conditions outlined in clause 3.1.5, transport in a minimum of 2 one-litre personal washing bottles filled with water or saline solution for skin washing (in addition to the required, on-site permanent eyewash station). Proper use of personal protective equipment/clothing to minimize the risk of injury is particularly important at remote sites and must be stressed at all times.

3.4 Spill Clean Up – Selection and Safe Use of Battery Spill Kits

3.4.1 As per the requirements of the OHSR (WHMIS) and OSH Standard 302 (Safety During Spill Response) a plan, including procedures and worker training, must be in place to address an emergency involving a controlled product.

3.4.2 Appendix 1 of this Standard is provided to assist managers with selecting a battery spill kit and developing their local response plan and clean up procedure in the event of a liquid electrolyte spill. The local procedure must include site-specific information and instructions – i.e. it is not acceptable to simply copy the generic procedure provided in Appendix 1.

3.5 Electrical Hazards Controls – Tools

3.5.1 All work on, or near, a battery bank must be carried out with insulated tools to minimize the risk of worker injury in the event of inadvertent tool contact with adjacent cells. There are tools manufactured for this purpose – e.g. steel tools insulated entirely except for the contact point. Insulated tools are available through various suppliers.

Note:
Most battery manufacturers provide some wrenches in fixed sizes when a new battery bank is delivered. These tools should be retained for use after installation as they are the required size for inter-cell connectors, and are either plastic or 100% insulated.
3.6 Explosion Hazard Control — Ventilation

3.6.1 Battery rooms/areas must be ventilated (mechanically or naturally) to prevent the accumulation of hydrogen (H2) gas during equalizing and recharging electrolysis.

3.6.2 To minimize the risk of an explosion and comply with WorkSafeBC requirements, ventilation must maintain the H2 concentration in the room/area at less that 20% of the Lower Explosive Limit (LEL). The LEL for H2 is 4% by volume; therefore, the ventilation must be sufficient to maintain the H2 concentration below 0.8% by volume.

3.6.3 For information about the requirements that apply to new installations, refer to the applicable Hydro Engineering Standards and the battery manufacturer’s specifications. For assistance with carrying out ventilation assessments, contact your Occupational Safety and Health (OSH) Specialist.

3.7 Signage

3.7.1 A peel-and-stick, 4” x 4” (Form #80524) and 8.5” x 11” (Form #80524-1) label is available from BC Hydro Stationery and must be posted near each entry to the battery room/area, in a location where it is easily visible to anyone approaching the battery bank.

3.8 Chemical Storage

3.8.1 Chemical (electrolyte) storage at sites with batteries must not exceed quantities required for routine maintenance (maximum 1 litre).

3.8.2 Larger volumes of electrolyte may be required and stored at the site during battery bank installation or replacement, in cases where new cells arrive dry and have to be filled after installation. After completion of filling, surplus electrolyte must be removed from the site.

4. References

4.1 WorkSafeBC, Occupational Health and Safety Regulation, Part 5 – Chemical and Biological Substances

4.2 BC Hydro OSH Standards pertaining to Spill Response and WWork Environment.

4.3 BC Hydro Battery Engineering and Maintenance Standards
4.4 BC Hydro Power System Safety Protection (PSSP)

4.5 BC Hydro Safety Practices Regulations

4.6 BC Hydro Batteries Workplace Label, Form 80524 and 80524–1

Revision Rationale:

OSH Standard 317 RO August 2006 (R0–1 Updated April 16, 2014): Notation added to Section 3.3 to provide clear connection between OSH Standard 317 Battery Work Safety Requirements and OSH Standard 601 Personal Protection Equipment to ensure the requirement for flame resistant clothing is identified. Section 3.7.1 edited to include image of Form #80524 and previous wording from Section 3.7.2.

OSH Standard 317 RO August 2006 (R0–2 Updated August 1, 2014): Section 3.7.1 edited with new image of Form #80524 and 4” x 4” size.

OSH Standard 317 RO August 2006 (R0–3 Updated June 18, 2015): Minor edit to section 3.7.1 to include the availability of 8.5” x 11” label (Form #80524–1).
Appendix 1

Spill Clean-Up – Selection and Safe Use of Battery Spill Kits

A. Battery Type Determination

BC Hydro uses a variety of wet cell batteries that usually contain metal plates (e.g. lead, mercury or cadmium) surrounded by a corrosive liquid/gelled alkaline or acid electrolyte at varying concentrations. There are several different types of spill kits for battery electrolytes and it is important to determine the type of electrolyte that is being used before purchasing a kit (refer to electrolyte Material Safety Data Sheet). For example, the most common type of electrolyte used in lead antimony and lead calcium batteries is sulphuric acid with concentrations typically ranging from 30 to 60 percent by weight.

B. Spill Kit Selection

1. Available Battery Spill Kits

There are basically two types of battery spill kits available on the market: Neutralizing Kits and Hazardous Liquids Kits with General Sorbents (Detailed information on both kits is provided below). Whenever possible, the spill kits with general sorbents should be used for the following reasons:

- **Reduced exposure hazard for responders** (neutralization requires increased handling and can create an exothermic – heat generating – reaction); and
- From a disposal standpoint there is no advantage to “neutralizing” the spilled liquid because the waste material generated is still considered a special waste due to the presence of heavy metals (e.g. lead) which leach into the fluid portion on the battery during normal use.

(a) Neutralizing Kits

Some spill kits come with a neutralizing agent which reacts with the electrolyte fluid to minimize the spill hazard. These neutralizing agents can come in the form of an acid (e.g. muriatic) or alkaline (soda ash). It is important that you determine whether the battery contains an acid or alkali electrolyte so that the appropriate neutralizing agent is selected. **Caution** must be taken when attempting to apply a neutralizer to the spilled liquid as excessive heat and gas can be generated.

Neutralizing agents are available in liquid, dry and powdered formulations. In order to overcome the problem of adding too much neutralizer, some manufacturers also add a color indicator to the neutralizer to help identify the neutralization point.

(b) Hazardous Liquids Spill Kit with General Sorbents

Some industrial suppliers provide spill kits for hazardous liquids. These kits often contain general sorbent materials for aggressive and hazardous fluids. Typical hazardous and aggressive liquids spill kits contain a treated polypropylene (synthetic) sorbent material, which is less likely to react with the spilled liquid.

**Note:**
Never place an organic sorbent – e.g. sawdust – on a strong acid or base, as the mixture may spontaneously combust.

Some manufacturers also provide a powdered sorbent (e.g. alumina silicate), which will react with any liquid to form a semi solid.

**Note:**
Please note that this solidified material is still corrosive.

Although these powders may be harder to clean-up they are more effective at sorbing up the spill liquid and less likely to leave any corrosive residue behind. These kits may be supplemented with a neutralizing agent that should not be used.
2. Spill Kit Size Selection

There is a wide range of spill kit sizes for battery spills. Some kits can handle only 1 litre of spilled liquid while others are designed to deal with several hundred litres at once. It is very unlikely that an entire battery bank would be damaged at one time, thus when choosing a spill kit, ensure the kit is able to handle at least 125%, and preferably 200%, of the largest battery volume. For maximum/ideal protection select a spill kit with the capacity to handle 125% of the largest battery plus 10% of the facility’s total battery volume.

C. Safe Use of Battery Spill Kits – Spill Clean Up

Care must be taken during clean up of battery spills. A local, site-specific hazard assessment must be carried out and an emergency/spill response plan must be in place. The plan must include written work procedures and worker training in those procedures. For assistance refer to OSH Standard 302 – Safety During Spill Response (Use the Spill Response Hazard Assessment form provided in Appendix 1 of OSH Standard 302 and the applicable electrolyte Material Safety Data Sheet).

The following generic clean up procedure is provided to assist with drafting of the local procedure. The local procedure must include site-specific information and instructions – i.e. it is not acceptable to simply copy the following generic procedure. For assistance, contact your Occupational Safety and Health (OSH) Specialist.

Generic Clean-Up Procedure For Battery Spills/Leaks

Scope

The following generic procedure is for clean up of electrolyte spills/leaks only and is based on workers using a general sorbent – i.e. there is no attempt to neutralize the electrolyte. The procedure is not adequate for dealing with situations requiring entry during/after a fire or immediately after an explosion.

Procedure

1. Ensure Safety
   a) Turn on mechanical ventilation system if in place, or maximize natural ventilation by opening door(s), and allow area/room to air out for 15–20 minutes.
      
      Note:
      This assumes that ventilation system can be can be turned on without entering spill area. If this is not the case, let area/room air out for 15–20 minutes and put on PPE before entering to turn on ventilation system.
   
   b) Put on Personal Protective Equipment (PPE), including face-shield and rubber gloves, boots and apron/boots.
      
      Note:
      Wear chemical goggles beneath the face-shield if there exists a risk of electrolyte splashing during spill control or clean up.
   
   c) Do not enter spill area if it cannot be ventilated.

2. Stop the Flow
   a) If required, enter the spill area and stop the flow.
3. Secure the Area
   a) Limit access to properly equipped/protected workers.

4. Contain the Spill
   a) Use battery spill response kit contents to contain the spill. Review spill kit instructions prior to taking action!
   b) Use sorbent socks to contain any free liquid.
   c) Place sorbent material over spill area, minimizing splashing.

5. Report
   If the spill volume exceeds 1 litre (Class 9.2) and enters the environment (e.g. via floor drain or storm sewer system) the Provincial Emergency Program (PEP) must be contacted. PEP telephone number is 1 800 663 3456.

6. Clean Up
   a) Clean up contaminated sorbent in accordance with kit instructions and carefully place contaminated sorbent and materials into a leak proof container or 5 Mil. poly bag.

Note:
Used sorbent material is corrosive. Seal and label waste container (refer to section C of this Appendix). Place waste container in the special waste storage area. Call Store 12 Special V Waste Coordinator for transportation and disposal assistance.

   b) Outside the spill area remove PPE avoiding contact with contaminated areas. Clean contaminated PPE and reusable equipment with soap and water and rinse thoroughly with water. Any damaged PPE that cannot be repaired must be placed into the waste container for disposal.

   c) Ensure any spill kit materials used during the cleanup and damaged PPE are promptly replaced.

D. Waste Storage and Disposal

All waste generated from the clean-up of a battery spill is considered a special waste and must be disposed of in accordance with the Provincial Special Waste Regulations. Even if the electrolyte has been neutralized, the waste material will still be a special waste because, due to the nature of wet cell batteries, heavy metals leach into the electrolyte generating a leachable hazardous waste.

All contaminated materials and sorbents generated during clean up must be placed into a leak proof plastic (5 Mil polyethylene) or corrosive resistant container. A polyethylene lined metal drum may be used as long as there is not direct contact with the metal surfaces.

Apply a WHMIS workplace label to the waste container. Label must include product identification, handling precautions and reference to Material Safety Data Sheet. Also indicate date and contact person/phone on label. Store container in a designated special waste storage area and contact the Store 12 Special V Waste Coordinator for transportation and disposal assistance.

For further information, contact your Environmental Coordinator.
OSH Standard 318
Crystalline Silica
OSH Standard 318  
Crystalline Silica

1. Purpose
To establish BC Hydro's expectations for respirable crystalline silica exposure control in order to protect workers and enable compliance with WorkSafeBC's Occupational Health and Safety Regulation Part 6 requirements.

2. Contents
1. Purpose
2. Contents
3. Policy
4. Application
5. Requirements
6. Roles and responsibilities
7. Reference material
8. Recent document changes
Appendix 1 – Silica Work Activity Identification
Appendix 2 – Exposure Control Plan Requirements

3. Policy
BC Hydro and its contractors shall control worker exposures to respirable crystalline silica to As Low As Reasonably Achievable (ALARA) below the occupational exposure limits, in a manner compliant with this Standard and WorkSafeBC's Occupational Health and Safety Regulation (OHSR).

4. Application
4.1. This Standard applies to all BC Hydro work places, where work is conducted by BC Hydro or for BC Hydro.
4.2. This Standard applies to work activities and work areas where workers are or may be exposed to respirable crystalline silica, as defined by WorkSafeBC OHSR section 6.110 (silica process), including but not limited to the activities listed in Appendix 1.
4.3. Throughout this Standard, the term silica shall refer to respirable crystalline silica that can be deposited in the lower gas exchange regions of the lung when inhaled, as defined by WorkSafeBC OHSR section 6.110 (“RCS dust”).
4.4. Throughout this Standard, the term Exposure Control Plan (ECP), shall refer to all required components of an exposure control plan, as defined by the WorkSafeBC OHSR and Appendix 2, including associated work procedures.
4.5. Throughout this Standard, the term qualified person shall be defined, in addition to WorkSafeBC OHSR section 1.1 (qualified), as being knowledgeable of the identification, assessment and control of respirable crystalline silica occupational hazards, by reason of education, training, experience or a combination thereof.
5. Requirements

5.1. Products or materials containing crystalline silica must be substituted for less hazardous materials that eliminate or minimize exposure to silica dust, where practicable.

Note:
Most naturally occurring (rock) and construction (concrete) materials are not practicable to replace. This requirement is intended for consideration of other work process related materials (new installation of grout or mortar products, sandblasting etc.) that could be reasonably substituted.

5.2. Silica work activities or workplace conditions, where a worker will or may be exposed to respirable crystalline silica, must be identified prior to start of work and not be permitted unless a risk assessment has first been completed by a qualified person.

5.3. The risk assessment must be sufficiently representative of the work activity and silica material, and include all factors required by WorkSafeBC OHSR section 6.112.

Note:
A qualified person must determine if exposure monitoring is required for activities with no prior documented or insufficient air sampling records, in order to meet the requirements of OHSR 6.112(3) and 6.112(4).

5.4. Where risk assessments indicate that workers are or may be exposed to respirable crystalline silica, an Exposure Control Plan must be developed by a qualified person, and implemented.

Note:
Contractors are expected to develop and implement their own Exposure Control Plans to protect their workers. BC Hydro’s Silica Exposure Control Plan applies only to the protection of BC Hydro employees.

5.5. Exposure Control Plans must address WorkSafeBC OHSR Part 5 and Part 6 requirements listed in Appendix 2, and must be developed in consultation with representation of the workers exposed to the hazard.

5.6. A qualified person must be contacted to review, and if necessary update, the risk assessment, and/or Exposure Control Plan when there are changes to the scope or nature of the work activity that significantly affect the risk assessment.

5.7. Records of the activities pursuant to silica risk assessments and Exposure Control Plans must be kept for at least 10 years, and available upon request.

5.8. Risk assessments and Exposure Control Plans must be reviewed annually and updated as necessary by a qualified person, in consultation with workers exposed to the hazard.
6. Roles and responsibilities

<table>
<thead>
<tr>
<th>Role</th>
<th>Responsibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joint Health &amp; Safety Committees</td>
<td>• Facilitate worker representation and participation in the development, implementation, review and continuous improvement of risk assessments and Exposure Control Plans (ECPs).</td>
</tr>
<tr>
<td>Senior Workforce Manager</td>
<td>• Ensure risk assessments are conducted for identified silica work activities. &lt;br&gt;• Ensure operational groups implement and maintain an ECP where required.</td>
</tr>
<tr>
<td>Front-Line Managers</td>
<td>• Ensure silica work activities are identified, and evaluated with a risk assessment. &lt;br&gt;• Ensure requirements of ECPs are implemented, maintained and supported by a qualified person. &lt;br&gt;• Ensure BC Hydro's workers have all necessary support, training, competency and equipment required to effectively implement ECPs where required. &lt;br&gt;• Review ECP implementation and worker competency during Safe Work Observations and workplace inspections (JHSC).</td>
</tr>
<tr>
<td>Supervisors</td>
<td>• Instruct and support workers in following the ECPs and work procedures.</td>
</tr>
<tr>
<td>Workers</td>
<td>• Apply controls and procedures in accordance with ECPs. &lt;br&gt;• Check and inspect PPE prior to and throughout the duration of the work. &lt;br&gt;• Inform the qualified person of changes to the scope of work, which may affect levels or nature of exposure. &lt;br&gt;• Inform the qualified person of issues or concerns with written procedures or ECPs. &lt;br&gt;• Report any incidents, near misses and good catches.</td>
</tr>
<tr>
<td>Contract Owners</td>
<td>• Ensure contractors have developed and implemented ECPs where required. &lt;br&gt;• Ensure silica work activities are identified, and contractors completing the work are competent to implement an ECP and work procedures developed by a qualified person.</td>
</tr>
<tr>
<td>Contractors</td>
<td>• Ensure Risk Assessments are conducted and ECPs are developed by a qualified person where silica work activities are identified. &lt;br&gt;• Ensure ECPs are implemented and updated as required.</td>
</tr>
<tr>
<td>Safety</td>
<td>• Technical Safety Services shall act as Standard Gate Keeper and Content Owner of this Standard. &lt;br&gt;• Field Safety Services shall develop, maintain, and support implementation and field verification of BC Hydro's Silica Exposure Control Plan (documents listed in section 7.2). &lt;br&gt;• Safety Assurance shall assist in the determination of exposure incident reporting.</td>
</tr>
</tbody>
</table>
7. Reference material

7.1. Applicable regulations

<table>
<thead>
<tr>
<th>Regulation</th>
<th>Applicable section(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>WorkSafeBC Occupational Health and Safety Regulation (OHSR)</td>
<td>• Part 6—Respirable Crystalline Silica and Rock Dust sections.&lt;br&gt;• Part 5—Controlling Exposure, Ventilation, Personal Hygiene sections.&lt;br&gt;• Part 8—Respirators section.&lt;br&gt;• Part 20—Notice of Project: Hazardous Substances sections.</td>
</tr>
</tbody>
</table>

7.2. Related documents

<table>
<thead>
<tr>
<th>Reference</th>
<th>Applicable section(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>WorkSafeBC Silica Resources</td>
<td>• Webpage documents and information</td>
</tr>
<tr>
<td>BC Hydro Life Saving Rules</td>
<td>• Life Saving Rule #7 — Prevent Harmful Exposure to Known Carcinogens, Toxins and Bio–Hazards</td>
</tr>
<tr>
<td>BC Hydro Silica Exposure Control Plan</td>
<td>• All sections</td>
</tr>
<tr>
<td>BC Hydro Silica Exposure Control Plan Work Procedures</td>
<td>• SWP1 — Silica Work Procedures — Low Exposure Risk Activities&lt;br&gt;• SWP2 — Silica Work Procedures — Wet Coring Activities&lt;br&gt;• SWP3 — Silica Work Procedures — Grinding Activities&lt;br&gt;• SWP4 — Silica Work Procedures — Drilling Activities&lt;br&gt;• SWP5 — Silica Work Procedures — Chipping Activities&lt;br&gt;• SWP6 — Silica Work Procedures — Cutting Activities&lt;br&gt;• SWP7 — Silica Work Procedures — Demolition Activities&lt;br&gt;• SWP8 — Silica Work Procedures — Moderate Exposure Risk Cleaning Activities&lt;br&gt;• SWP9 — Silica Work Procedures — Moderate Exposure Risk HEPA Vacuum Bag Replacement</td>
</tr>
<tr>
<td>BC Hydro Crystalline Silica FAQ</td>
<td>• All sections</td>
</tr>
<tr>
<td>BC Hydro Safety Training Courses</td>
<td>• SAFE–O12: Silica Awareness</td>
</tr>
<tr>
<td>BC Hydro OSH Standards</td>
<td>• OSH Standard 313 — Respiratory Protection</td>
</tr>
</tbody>
</table>
8. Recent document changes

This document was last updated on September 25, 2017.

<table>
<thead>
<tr>
<th>Date</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 21, 2017</td>
<td>Complete re-write to align with substantial updates to the WorkSafeBC Occupational Health &amp; Safety Regulations Part 6: Respirable Crystalline Silica and Rock Dust. Standard now points to regulations for the detailed requirements, and points to BC Hydro's Silica Exposure Control Plan for internal implementation details.</td>
</tr>
<tr>
<td>June 17, 2013</td>
<td>Removed outdated reference to BCTC (BC Transmission Corporation), EARG (Engineering, Aboriginal Relations and Generation) and FO (Field Operations) in Appendix 1 – Definitions and Requirements and web links updated in Section 6.7, 6.8 &amp; Appendix 4.</td>
</tr>
<tr>
<td>August 2009</td>
<td>New Standard to reflect WorkSafeBC Occupational Health &amp; Safety Regulation requirements.</td>
</tr>
</tbody>
</table>
Appendix 1

Silica Work Activity Identification
Silica work activities and workplace conditions at BC Hydro include combinations of the following materials and activities, but are not limited to:

<table>
<thead>
<tr>
<th>Silica materials</th>
<th>Silica work activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Concrete, cement, mortar and grout</td>
<td>• Mechanical disturbance (grinding, drilling, cutting, chipping, coring and crushing)</td>
</tr>
<tr>
<td>• Masonry, brick, and tile</td>
<td>• Handling (formwork, pouring, placing, mixing, and cleaning of castings)</td>
</tr>
<tr>
<td>• Asphalt</td>
<td>• Demolition or renovation</td>
</tr>
<tr>
<td>• Fibrous-cement board containing silica</td>
<td>• Scaling and blasting</td>
</tr>
<tr>
<td>• Rock and sand</td>
<td>• Shotcrete application and tunnelling</td>
</tr>
<tr>
<td>• Topsoil and fill</td>
<td>• HEPA filter vacuum bag replacement</td>
</tr>
<tr>
<td></td>
<td>• Clean-up (housekeeping, work-area cleaning, sediment removal)</td>
</tr>
<tr>
<td></td>
<td>• Earthworks and construction site activity (all applicable stages of projects where dust is generated)</td>
</tr>
<tr>
<td></td>
<td>• Reservoir drawdown wind erosion</td>
</tr>
</tbody>
</table>

BC Hydro Disclaimer: BC Hydro does not accept any liability or responsibility of any kind arising from inappropriate use of this information.
This version of this safety document is intended solely as an example for prospective BC Hydro contractors. Current BC Hydro contractors must refer to updated information on the BC Hydro contractor Safety Extranet.
Appendix 2

Exposure Control Plan Requirements

The table below outlines BC Hydro’s expectations for Silica Exposure Control Plans, including all applicable WorkSafeBC Occupational Health & Safety Regulation (OHSR) sections, and additional BC Hydro requirements.

<table>
<thead>
<tr>
<th>Component</th>
<th>Applicable WorkSafeBC and BC Hydro clarifications</th>
</tr>
</thead>
</table>
| Exposure Control Plan triggers, contents and structure | • OHSR 5.54 Exposure control plan (general)  
• OHSR 5.57 Designated substances  
• OHSR 6.112.1 Exposure control plan (silica) |
| Permits                                  | • OHSR 20.2.1 Notice of project – hazardous substances  
• Notice of project – hazardous substances are only required where the risk assessment determines workers may be exposed to a significant risk of occupational disease.  
• BC Hydro structural disturbance permits required by local sites or business groups must be completed prior to work (e.g. Generation Cutting, Coring and Drilling Permit). |
| Controls                                 | • OHSR 6.112.2 Elimination or control of exposure  
• Dust control for relevant stages of earth works and construction sites must be included where applicable. |
| Exposure Monitoring                      | • OHSR 6.112.3 Air monitoring for RCS dust  
• 6.112.4 Exceptions to monitoring requirement |
| Housekeeping                             | • 6.112.6 Housekeeping |
| Training                                 | • 6.112.7 Instruction and training  
• Workers who access workplaces where airborne silica is present must receive instruction in the hazards of respirable silica.  
• Workers who conduct silica work activities must receive instruction and training on the hazards of respirable silica, and proper application of Exposure Control Plans (including work procedures applicable to the work, use of engineering controls, selection/use/maintenance of PPE, and housekeeping practices). |
| Other work activity specific requirements as applicable | • 6.112.5 Blasting enclosures  
• 6.113 Rock drills  
• 6.114 Crushing plants  
• 6.115 Asphalt mixing plants |
### Incident Reporting

- Suspected or accidental worker exposures to respirable crystalline silica must be reported to responsible managers and entered in BC Hydro's Incident Management System (IMS).

Note: BC Hydro’s Safety Assurance group and your local OSH Specialist will assist in determining the proper category of IMS submission and provide advice on any necessary injury report forms required.

Note: WorkSafeBC's Exposure Registry Program (form 41M1) is available to register a worker’s exposure to a harmful substance at work.

The information obtained through the registry will be kept as a permanent record of a worker’s exposure and will assist WorkSafeBC in the adjudication of any future claim for occupational disease caused by the workplace exposure.

### Planning, Coordination and Supervision

- Workplace coordination communications must include the location of any silica work activities and controls implemented to prevent exposure.

- Tailboard meetings must include a review of the applicable work procedure and the required operational checks of controls.

- Supervision of silica work activities must include review of and reference to the exposure control plan, safe work procedure and prescribed controls as tools to ensure compliance and workers’ understanding and competency.
OSH Standard 401
Motor Vehicle Safety
OSH Standard 401
Motor Vehicle Safety

1. Purpose

1.1 To establish the requirements and responsibilities of managers and employees for the safe operation of motorized vehicles used on BC Hydro business.

2. Scope

2.1 This standard applies to operation of road-licensed motorized vehicles on BC Hydro business.

3. Requirements

3.1 BC Hydro shall comply with all applicable government regulations as they pertain to the operation of motor vehicles and their operators.

3.2 BC Hydro shall judge driving behaviour by the same principles and standards as all unsafe workplace behaviour, as outlined in the Corporate Policy for Safety and associated procedures.

3.3 Employees shall display courteous driving practices while driving on BC Hydro business or at any time they are using a BC Hydro vehicle.

3.4 Managers, drivers and passengers shall seek to minimize risks associated with driving.

3.5 BC Hydro shall maintain a Motor Vehicle Safety Program within BC Hydro Safety to oversee management of risks related to vehicle safety across the organization.

3.6 The Motor Vehicle Safety Program shall include procedures for:

3.6.1 Journey planning to take into account driver competency, driving environment, and vehicle safety.

3.6.2 Driver assessment and training.

3.6.3 Monitoring and evaluating compliance with program requirements across BC Hydro. The Program manager shall annually report compliance and performance to the Senior Vice-President of Safety, Security and Emergency Preparedness, who will oversee periodic audits.

4. Roles and Responsibilities

4.1 Managers and supervisors are responsible for:

4.1.1 Incorporating the Motor Vehicle Safety Program requirements into the operational work procedures used in their groups.

4.1.2 Ensuring that workers and contractors comply with this standard.

4.1.3 Reporting and investigating incidents.

4.1.4 Reviewing Fleet Bulletins relevant to the operation of vehicles used in their groups.

4.2 Workers are responsible for:

4.2.1 Maintaining their drivers’ licenses current if required to drive.

4.2.2 Participating in instruction and training as required.
4.2.3 Following approved work procedures.

4.2.4 Reporting any problems or concerns to their work/crew leader or manager.

4.3 The Vehicle Safety Program Manager is responsible for:

4.3.1 Developing and maintaining documented requirements, processes, practices and procedures of the Vehicle Safety Program.

4.3.2 Coordinating annual management review of Vehicle Safety Program and BC Hydro performance.

5. Regulations and Related Documents

5.1 WorkSafeBC OHS Regulation, Section 16, 17 and 18.

5.2 Employment Standards Act, Section 39

5.3 Workers Compensation Act, Sections 115 and 117

5.4 Motor Vehicle Act Regulations – Division 35 and 37

5.5 National Safety Code, as implemented in British Columbia

Revision Rationale:

• OSH Standard 401 R1 August 2006: Standard completely revised September 29, 2011.

• OSH Standard 401 V1–1 September 29, 2011: Minor edit made February 7, 2012 – Motor Vehicle Safety Program is managed by Operational Safety in Section 3.5.

• OSH Standard 401 V1–2 September 29, 2011: Minor edit made July 4, 2014 – Clarification of Manager and Supervisor responsibilities in Section 4.1.4 to include expectation to review relevant safety related Fleet Bulletins regarding vehicles used by their workers.
OSH Standard 405
Aerial Lifting Devices

1. Scope

1.1 This standard covers the requirements for the operation, regular maintenance and field inspections of insulated and uninsulated aerial lifts.

2. Purpose

2.1 The purpose of this document is to communicate the requirements for the use and maintenance of aerial lifting devices including those used in Barehand and Live Line applications.

3. Standard

3.1 General

3.1.1 WorkSafeBC Regulations, Policies and Guidelines Part 16 (Mobile Equipment) and Part 19 (Electrical Safety), Part 13, (Temporary Work Platforms) and along with Safety Practice Regulations (SPR) should be reviewed in combination with this standard.

3.1.2 During the course of live line work, the live line tool (e.g. a hot stick) provides primary protection to the worker and the aerial lift provides back–up insulation. In the case of barehand work, the aerial lift is the primary insulation for the worker. Back–up and primary insulation will be dielectrically maintained.

3.2 Operating Limitations

3.2.1 Insulated aerial lifting devices that elevate workers are classified as follows:

- Group I—Those that are designed and manufactured for work in which the boom is considered primary insulation (barehand work). These machines are dielectrically tested to permit workers to work on lines having phase–to–phase voltages of up to 500 kV. They may also be used as Group II devices, providing they have received the appropriate dielectric test certification.

- Group II—Those that are designed and manufactured for work in which the boom is considered back–up insulation. These machines are of the articulated type. They are dielectrically tested to allow workers to work from up to, but no closer than, Column 1 Limits of Approach on lines having phase–to–phase voltages up to one of the following levels: 69 kV, 230 kV, or 500 kV.

- Group III—Telescoping – Those that are designed and manufactured for work in which the boom is considered back–up insulation. These machines are dielectrically tested to allow workers to work up to, but no closer than, Column 1 Limits of Approach on lines having phase–to–phase voltages of up to 46 kV. These aerial devices are of the telescoping type and their manufacturer’s rated platform height is no more than 12.5 m.

3.2.2 The location of the upper boom’s clear insulating material must be clearly delineated. Group I, II and III machines shall have the insulating section of their upper booms finished in orange gel coat. BC Hydro Field Operations Type C—Telescoping machines shall have their upper boom insulated sections constructed of orange fiberglass, or finished in orange Gel–coat. The chassis insulation (i.e. the lower boom insert) on Type C—Telescoping machines shall be orange.
3.2.3 Articulating Booms (Group I and Group II machines) with Insulated Sections

- Articulating-boom bucket trucks are only acceptable for bringing workers close to energized equipment if the length of clear insulation is at least 1.5 m and never less than the Column 2 Limits of Approach for the voltage being worked on.

- Lower steel booms and knuckles must maintain a distance from live conductors greater than Column 3 Limits of Approach.

Note:
The section of the telescoping boom's insulation that extends beyond the supporting roller or wear pad, measured with the boom fully retracted, represents the length of insulation that is not prone to being scratched by contact with the roller or pad (referred to as the insulation's protrusion). The sum of the lengths of the insulation's protrusion and the chassis insulation must be equal to or greater than the Absolute Limits of Approach for the voltage being worked on (2 ft. for 46 kV).

3.2.4 Telescoping Booms (group III—Telescoping machines) with Insulated Sections

- Telescoping-boom bucket trucks are acceptable for bringing workers close to energized equipment only if the extended length of clear insulation is equal to or greater than the Column 2 Limits of Approach. The insulation must be effective for all boom positions.

- The sum of the lengths of the insulation's protrusion (see Glossary) and the chassis insulation must be equal to or greater than the Column 1 Limits of Approach for the voltage being worked on (e.g. 2 ft. for 46 kV).

3.2.5 Insulated Lower Boom Insert

- Conductive components must not bridge the lower boom insert or chassis insulation, thereby negating the dielectric rating, unless specifically required by safe work procedures.

3.2.6 Live Line Jibs

- A live line jib on an insulated aerial lift must have a length of clear insulation that is at least equal to the Column 1 Limits of Approach for the voltage being worked on.

- The minimum length of clear insulation for live line jibs that are placed on the end of a boom truck must be equal to the Column 2 Limits of Approach.

3.2.7 Bucket Liners

- Dielectrically tested bucket liners are required for high voltage rubber glove work.

- Plastic bucket liners are to be installed prior to the installation of the metal liners that are used in barehand work. These plastic liners provide mechanical protection to the bucket. They do not need to be dielectrically tested for this application, but require inspection for damage prior to use.

3.2.8 Any aerial lift that has failed its electrical test, including the electrical test of the lower boom insert, must be treated as uninsulated and clearly marked as such.
3.2.9 Aerial lifts that are overdue an electrical or mechanical inspection, shall with cause, be given a two month grace period during which they can continue to operate. Beyond this period such machines shall be deemed to be and treated as uninsulated.

3.2.10 Attachments or modifications to the equipment are not permitted unless the manufacturer or equivalent authority has certified that they will not adversely affect the safety of the equipment.

3.2.11 Storage and travel boom covers must not be used when an insulated aerial lift vehicle is working around live lines or equipment.

3.3 Limits of Approach for Workers in Buckets

3.3.1 The boom and bucket of an insulated aerial lift may be brought to a position that places the worker no closer than the Column 2 limits of Approach. When the boom and bucket are stationary, the worker may extend his reach no closer than Column 1 Limits of Approach. For the sole purpose of moving an occupied bucket between the neutral and phase conductors (flying through the neutral), the worker can get up to but no closer than Column 2 Limits of Approach. When flying through the neutral, contact between the bucket or boom and the neutral is to be avoided.

3.3.2 When work circumstances cause the boom’s back-up insulation to be lost, then the bucket must be kept at a distance equal to or greater than column 3 Limits of Approach.

As an example, when work is done on a grounded circuit above live under-build, then Column 3 limits must be kept between the bottom of the bucket and the live line — or adequate cover-up must be used.

3.3.3 The back-up insulation provided by an aerial lift must not be considered as primary insulation for the purpose of determining Limits of Approach.

3.3.4 Buckets have no insulation value and must not in any way be relied on as back-up protection.

3.3.5 Qualified workers must maintain at least Column 3 Limits of Approach from energized (ungrounded) conductors when moving the boom of an uninsulated aerial device, and may extend their reach no closer than Column 2 Limits of Approach only when the boom and bucket are stationary. All parts of an Aerial Lift having a boom that is not insulated must stay outside Column 3 Limits of Approach.

3.4 Workers on the ground must maintain at least Column 2 Limits of Approach from an aerial lift when work is being performed on energized equipment, until each of the following conditions prevail:

- The person aloft or in the vehicle has determined that the conductors and equipment are stable and has given verbal permission for the ground workers to contact the vehicle.
- No task is being performed that creates a risk of the vehicle becoming energized.
- Work aloft on the conductors or equipment must not resume until the ground workers have moved away from the vehicle, beyond Column 2 Limits of Approach, and have verbally indicated their intention to remain clear of the vehicle.

3.5 Uninsulated Aerial Lifting Devices

- Uninsulated aerial lifting devices typically used in BC Hydro stations and powerhouses are Genie lifts, scissor lifts, articulating aerial lifts, and bucket vans.

3.5.1 The equipment must be collapsed or retracted when relocating the vehicle

3.5.2 Grounding of vehicles in substation will be done in accordance with applicable OSH standards, work procedures and SPRs.
3.5.3 No part of the aerial device can come closer than Column 3 to energized or ungrounded conductors. A qualified worker may extend their reach no closer than Column 2 when the equipment is stationary.

3.5.4 Equipment movements must be planned when working around energized stations or plants.

3.5.5 All workers who use aerial lifting devices must practice rescue at least twice per year as per SPR.

3.5.6 An effective means to control workers from working directly under an elevated worker in a lifting device will be put in place. E.g. safety-watch, barriers.

3.5.7 A pre-job inspection to ensure the equipment is safe to use must be done. E.g. controls and limits switches, leaks, mechanical inspection.

3.5.8 When suspending loads from boom-mounted fork lifts (Telehandlers), the manufacturers approved lift hook attachments must be used as per manufacturer's instructions.

3.5.9 When using crane supported work platforms, WCB Standard WPL 2–2004 must be followed.

3.6 Limits of Approach for Vehicles that Do Not Elevate Workers

3.6.1 A material handling vehicle or digger derrick that is to be used for work near energized lines or equipment must have an insulated section in the boom.

• The length of the clear insulation should preferably be 1.5 m or greater, but never less than 0.9 m.

3.6.2 Insulated telescoping booms may be used up to the Column 2 Limits of Approach for the lifting of materials.

3.6.3 Fibreglass boom extensions may be used up to the Column 1 Limits of Approach for lifting materials under the following conditions:

• They must be maintained in a clean condition and stored in a protected area when not in use.

• They must be tested electrically each year.

3.7 Aerial Lift Motion at the Job Site

3.7.1 The operator must have full and continuous view of any outrigger being deployed. The operator shall, prior to moving an outrigger, inform all persons near the aerial lift that the outriggers are about to be moved. All persons must stay clear of outrigger movements.

3.7.2 Once set up on the site, the vehicle must not be moved until after the boom or ladder is cradled and tied down, the outriggers are retracted, and the power take off is disengaged.

Note:
The only exception is for short moves, when an Aerial Lift may be moved with workers in the bucket providing the boom is in the cradled position. Such movement must be under the direction of a worker in the elevated position who must be in full view of the driver.

3.7.3 Where the vehicle cannot be leveled, it must be parked facing either uphill or downhill, without exceeding the maximum pitch angle (refer to manufacturer's operating instructions). Work must be done with the boom located uphill beyond the centre of the vehicle.

3.7.4 Vehicles equipped with torsion bars are not to be inclined sideways beyond the manufacturers' allowable limit – generally about 5 degrees.
3.8 Positioning a Bucket for Work

3.8.1 The boom, including its elbow, is to be kept clear of hazardous contact, including vehicle traffic and sources of ground (e.g. telephone lines or stays).

3.8.2 The elbow of the boom must stay outside Column 3 Limits of Approach.

3.8.3 The worker operating the motion controls must face in the direction of travel of the bucket.

3.9 Work in Buckets

3.9.1 When two workers are in the bucket(s) of one aerial device, only one worker is permitted to signal ground workers.

3.9.2 Climbing spurs must not be worn while working in bucket trucks.

Note:
The lone exception is when a worker is preparing to transfer from the bucket to a pole.

3.10 Tools in Buckets

3.10.1 All tools not in use must be properly secured or removed from the bucket.

3.10.2 When a hydraulic power tool is not in use, it must be disengaged from its source of power (i.e. the tool’s hydraulic power lever must be placed in the off position).

3.10.3 Electrically operated power tools will not be used from the bucket of an aerial lift that is close to energized primary conductors or equipment, unless the tool has a self contained power source (e.g. a battery pack).

3.11 Use of Metal Wire Holders in Buckets

3.11.1 Metal wire holders must be taken into account when determining Limits of Approach for live line work.

3.11.2 Metal wire holders must be kept well clear of energized conductors when they are not being used during live line work.

3.12 Use of Live Line Jibs in Buckets

3.12.1 Jibs must be wiped before live line applications. Their surfaces are to be inspected and waxed frequently.

3.12.2 Jibs must be handled and stored with care to maintain their dielectrical integrity.

3.12.3 Jibs must be stored in appropriate bags, bins or receptacles that protect their surfaces from abrasion and contamination when not required for use.

3.12.4 Jibs may be secured in their holders at the job site when not in actual use, but only for short periods of time.

3.12.5 Any jib holder that allows the jib to slide within it must be equipped with adequate inner protection to prevent abrasion of the jib surfaces.

3.12.6 The sliding of the jibs within their holders must be kept to a minimum.

3.13 Dielectric Testing and Inspections

3.13.1 Only the safety service shops listed in the Approved Safety Service Shops are authorized to perform dielectric testing and inspections.
3.13.2 Equipment that is suspected of being damaged or malfunctioning must be examined, and a determination made by a qualified person as to whether it constitutes a safety hazard. Unsafe items must be replaced or repaired prior to use.

- A written record of the unsafe item and its repair must be kept on file.

3.13.3 Group I aerial devices (barehand machines) must pass the AC qualification test (outlined in Table 1 of CSA C225–00) before going into service.

3.13.4 Group I aerial devices must pass the AC periodic electrical test (outlined in Table 2 of CSA C225–00) after every overhaul and major repair. They must also pass this test at an interval of no less than once every three years.

3.13.5 Group I machines must pass the DC periodic electrical test (Testing and Maintenance Instructions for Safety Service Shops) in every year in which they are not subject to an AC test. No more than 1 year is to elapse between the AC or DC testing of these machines.

3.13.6 Annual electrical inspections and tests are required for Group II and Group III aerial devices. Details of these tests are contained in the “Testing and Maintenance for Safety Service Shops” manual.

3.13.7 Mechanical inspections and tests are required annually. They are carried out in the field by the Non–Destructive Testing section of Powertech Labs. Defects will be brought to the attention of line management and Fleet Services Department.

3.14 Maintenance

3.14.1 Only approved cleaners and waxes listed in the “List of Approved Products for Servicing Live Line Tools and Equipment” are to be used to maintain booms and jibs.

Note: Some cleaners and waxes can promote conductivity. Powdered detergents must not be used, as they tend to scratch fibreglass.

3.14.2 All scratches must be sealed as soon as possible to prevent contamination by dirt and moisture.

Note: Small scratches may be temporarily addressed using a surface sealant such as a two–part epoxy or Terrepair. It should be noted that this is only a temporary repair and proper repairs (by Fleet Services) should be made as soon as possible.

3.14.3 The internal surfaces of aerial lift booms and extensions require special equipment for cleaning and their maintenance must be performed under the directions of an Approved Safety Service Shop or Fleet Services.

3.14.4 Group I aerial lifting devices used in Barehand applications are to have their hydraulic oil dried annually prior to the commencement of barehand season. Dielectric testing of the hydraulic oil will be done at the conclusion of the oil drying procedure and quarterly thereafter. Pass/fail is 25kV as per ASTM standard D1816.

Note: The frequency with which the hydraulic oil is dried and tested will be periodically reviewed by Field Operations Safety and if appropriate, altered.
4. Roles and Responsibilities

4.1 Managers

4.1.1 Designate specific workers that will be responsible for field inspections and regular maintenance of aerial lifting devices and reporting malfunctioning or damaged equipment.

4.1.2 Establish the frequency by which booms and jibs will be cleaned and waxed.

4.2 Workers

4.2.1 Follow applicable safe work practices and procedures.

4.2.2 Conduct daily and monthly inspections prior to first use and preferably at the beginning of each shift.

4.2.3 Perform routine cleaning and waxing of the external surfaces of all insulated booms, jibs, and lower boom inserts, and the inner surfaces of open-ended hollow jibs.

Note:
Waxing should be conducted if water shows a tendency to form sheets rather than beads. The interval between waxing is not to exceed 3 months. Completely clean and wax surfaces, examining carefully for damage. Perform this procedure shortly before the required annual dielectric test.

5. Records and Documentation

5.1 Decals that clearly identify the maximum voltage for which an aerial device is rated will be placed in conspicuous locations (i.e. clearly visible by both ground workers and vehicle operators) on all insulated aerial lifts.

5.2 A written record of all unsafe equipment and its repair will be kept on file.

5.3 A yellow coloured Caution decal shall be attached to a fibreglass boom that has failed the annual electrical test. This decal must remain in place and the boom considered uninsulated until the problem is corrected and the boom passes the electrical test.

5.4 A fibreglass boom that passes the annual electrical test must be fitted with a Test Due decal identifying the date of the next annual inspection. The colour of these decals will change from year to year.

5.5 Mechanical Test Due decals identifying the date of the next annual inspection must be placed on the vehicle.

6. References

6.1 BC Hydro Testing and Maintenance Instructions for Safety Services Shops

6.2 CSA Standard C225 Vehicle Mounted Aerial Devices


6.4 BC Hydro Safety Practice Regulation – Definitions for General Rules for Workers Engaged in Work Adjacent to, or on, Energized Lines or Electrical and/or Mechanical Apparatus), Appendix VIII (Work in EHV Areas)

6.5 OSH Standard 401 Motor Vehicle Safety

6.6 OSH Standard 602 Insulated Tools and Equipment

6.7 OSH Standard 608 Fall Protection
7. Glossary

7.1 **Aerial Lift**—A vehicle–mounted lifting device that is used to position workers or equipment. The lifting boom may be telescoping, articulating or both.

7.2 **Back-Up Insulation**—A section of a piece of equipment or tool that will, when properly maintained, prevent dangerous current flow through a worker, in the event that primary insulation is accidentally defeated.

7.3 **Clear Insulation**—the portion of the boom that is constructed of insulating fibreglass and is free of metal components on the boom's external and internal surfaces for all boom positions. The clear insulated length is typically marked by the manufacturer and cannot be arbitrarily altered. It is dielectrically tested and maintained to provide worker protection.

7.4 **Digger Derrick**—A vehicle–mounted lifting device having a telescoping boom that is normally insulated. Some Digger Derricks have fibreglass 3rd extensions. Digger Derricks are designed and maintained for hoisting material, and usually not workers, near energized lines or apparatus.

7.5 **Fibreglass Boom Extensions**—Insulated, non–telescoping devices that are mechanically attached to booms for extending their reach. They are designed and maintained for work near energized lines or apparatus.

7.6 **Live Line Jibs**—Insulated, non–telescoping boom extensions that are attached to aerial lifts. They are used to make direct contact with live lines and are therefore maintained as live line tools.

7.7 **Over–Ride**—The transfer of controls from the bucket to the lower station of an Aerial Lift so that all movements can be controlled from the deck of the vehicle.

7.8 **Platform Height**—The vertical distance between the ground and the base of the platform (the bucket).

7.9 **Primary Insulation**—Tools and equipment that, when properly maintained, are highly resistant to current flow. When used, they are intentionally placed directly in contact with live equipment such that in that they may be electrically stressed to system voltage. Examples are hotsticks, live line jibs, and three–phase lifts.

7.10 **Protruding Insulation**—The section of the telescoping boom's insulation that extends beyond the supporting roller or wear pad, measured with the boom fully retracted. This is the length of insulation that is not prone to being scratched by contact with the roller or pad (referred to as the insulation's protrusion).

7.11 **System Voltage**—The voltage of the part of the power system under consideration, measured phase to phase.

7.12 **Three Phase Lift**—A set of insulated poles used with an insulated boom to support a distribution line which may be energized.

**Revision Rationale:** Sections 3.13.1, 3.13.5, 3.13.6 and 3.14.1 revised to align with new updated Testing and Maintenance Instructions for Safety Shops Manual announced through Safety Directive Series 2012 No. 4 ‘Revisions to OSH 602 Insulated Tools and Equipment’. Section 3.3.1 revised as per Safety Directive Series 2010 No. 3 ‘Flying Through the Neutral’, Section 3.5.8 added as per Safety Alert Series 2012 No. 10 ‘Manufacturer Required Use of Lift Hooks for Suspending Loads From Telehandlers’ and Section 3.5.9 added as per Safety FYI Series 2011 No. 5 ‘Crane Supported Work Platforms’.
OSH Standard 407
Helicopter and Fixed-Wing Aircraft Safety
OSH Standard 407
Helicopter And Fixed-Wing Aircraft Safety

1. Purpose

1.1 To establish the requirements for management of helicopter and fixed-wing aircraft safety.

2. Scope

2.1 This standard applies to use of all chartered helicopters and fixed-wing aircraft for all BC Hydro employees, BC Hydro contractors and their sub-contractors when working under contract with BC Hydro, and all other passengers.

2.2 This standard does not apply to commercially scheduled fixed-wing, helicopter flights (e.g. Helijet between Vancouver and Victoria) or Medevac operations.

3. Requirements

3.1 As a principle, aircraft shall be used only when no other form of transportation is reasonable and when planning of the work includes an approved risk assessment process that shows that the aircraft-related safety risks to workers and the public are acceptable to BC Hydro.

3.2 As a principle, only people who are essential to the operational activity shall be on board the aircraft.

3.3 BC Hydro shall maintain an Aircraft Operations Department (AOD) that will maintain an Aircraft Operations Program (herein called the “Program”) to direct and oversee management of aircraft-related risks across the company.

3.4 The Program shall include procedures for monitoring and evaluating compliance with Program requirements across BC Hydro and its Contractors. The AOD Manager shall annually report compliance and performance to the Senior Vice-President of Safety, Security and Emergency Preparedness, who will oversee periodic audits of Program effectiveness.

3.5 The Program shall include a risk assessment process for identifying mission specific aircraft types which ensures current Canadian Aviation Regulations are met, applies the BC Hydro hierarchy of controls, and considers Federal Aviation Regulations (U.S.), Joint Aviation Requirements (Europe), International Civil Aviation Organization and Utility Industry best practices. Selection of aircraft for specific missions must be of the identified type and ensure pilot proficiency. The Program shall also include procedures for establishing and maintaining the following:

3.5.1 Approved Aircraft Service Provider List

3.5.2 Approved Aircraft List

3.5.3 Approved Pilot List

3.5.4 Flight Approval Process covering flight booking, flight coordination, flight hazard assessment and flight approval.

3.6 Contractors shall either use aircraft service providers, aircraft and pilots from BC Hydro's approved lists (see section 3.5 above), or for contract-specific work they may use alternative suppliers of these services, in which case the selected aircraft service providers, aircraft and pilots must meet or exceed the criteria used in the BC Hydro approval process, as demonstrated through successful completion of an independent third party audit in which both the auditor and audit criteria have been formally accepted by BC Hydro.

3.7 Contractors shall either use AOD's Flight Approval Process (see section 3.5 above), or they shall follow a flight approval process that has been formally accepted by BC Hydro.
4. Roles and Responsibilities

4.1 The Aircraft Operations Department Manager is responsible for:

4.1.1 Managing the Program

4.2 Managers are responsible for:

4.2.1 Incorporating the requirements of the Program into their operations in the facility or group they manage
4.2.2 Ensuring that Workers and Contractors are qualified and comply with the Program requirements
4.2.3 Completing the training required by the Program
4.2.4 Reporting Program non-compliance to AOD

4.3 Workers are responsible for:

4.3.1 Complying with the Program requirements
4.3.2 Completing the training required by the Program
4.3.3 Reporting any problems or concerns to their Work/Crew Leader or Manager

5. Regulations and Related Documents

5.1 Transport Canada Canadian Aviation Regulations
5.2 WorkSafeBC Occupational Health & Safety Regulation

Revision Rationale:
Complete revision to simplify OSH standard and state performance objectives for maintaining and establishing an effective Aircraft Operation Program. Some of the detail formerly located in BC Hydro’s Aircraft Policy and OSH Standard 407 has been removed and incorporated into documentation of the Aircraft Operation Program.
OSH Standard 408
Operation of Boats
OSH Standard 408
Operation Of Boats

1. Purpose

1.1 To establish the safety requirements for operation of boats at, to, and from BC Hydro worksites.

2. Scope

2.1 This standard shall apply to all BC Hydro work, either conducted and supervised by BC Hydro employees or assigned to contractors.

2.2 Where boats are owned and operated by other parties in circumstances other than BC Hydro business (e.g. ferry companies, water taxis, etc.), BC Hydro workers must comply with passenger and load regulations required of those companies.

2.3 This standard does not cover non-boat work around water or diving safety requirements.

3. Requirements

3.1 Regulatory Compliance

3.1.1 BC Hydro boat owners and operators, and contractors must ensure compliance with current regulatory requirements applicable to each individual boat as it is constructed, used, and located. Regulatory requirements pertinent to boat operation include but are not limited to the applicable sections of:

- WorkSafeBC Occupational Health & Safety Regulation (OHSR) Parts 4, 7, 8, 17 and 24;
- Canada Shipping Act and its regulations (Transport Canada); and
- Transportation Safety Board Regulations.

Note: See Appendix 1 for further guidance on Transport Canada regulatory requirements broken down into vessel categories.

3.2 Boat Registration

3.2.1 Registration for small non-pleasure human-powered boats (i.e. canoes, kayaks) and small power-driven boats with propulsion motors less than 10 horsepower (hp) is not required by Transport Canada (Ship Safety Bulletin No.: 05/2012). Transport Canada’s Small Vessel Register has a simplified registration process in place for owners of these vessels that still wish to participate in registration. See link in Appendix 1 for instructions.

3.2.2 Power-driven (greater than 10hp) boats operated by BC Hydro and their contractors must be registered with Transport Canada as commercial vessels as per the Canada Shipping Act. The registration number for BC Hydro and contractor boats must incorporate the letter “C” (e.g. C00000BC) for Commercial vessels. See links in Appendix 1 for registration guidance.

Note: Registration status can be checked in Transport Canada’s Vessel Registration Query System

3.2.3 In addition to registration, power-driven vessels greater than 15 gross tonnage must be inspected by Transport Canada prior to entering service, and be inspected periodically afterwards on an annual or quadrennial basis. See links in Appendix 1 for inspection guidance.
3.2.4 The vessel owner must ensure vessel construction and modifications to small vessels are done in accordance with applicable Transport Canada regulations, including Small Vessel Regulation requirements identified through resources in Appendix 1, and Transport Canada's Construction Standards for Small Vessels — TP1332.

3.2.5 Major vessel modifications must be reported to Transport Canada by updating the vessel registration details as per Small Vessel Regulations 71O.

Note: Major modifications are defined as a modification or repair or a series of modifications or repairs that substantially change the capacity or size (length or gross tonnage) of a vessel or the nature of a system on board that affects its watertight integrity or its stability or that substantially increases its service life. An example of modifications impacting stability includes installation of welded arms which could alter the vessel’s centre of gravity.

3.3 Risk Assessment and Procedures

3.3.1 A risk assessment must be conducted via Job Planning and Tailboard prior to a boat trip or ongoing series of similar boat use/work tasks and documented to determine the level of potential risk, exposure and likelihood of a vessel emergency including consideration of, but not limited to:

- Weather (wind, air temperature, precipitation) (including cold stress as per OHSR section 7.34);
- Water Temperature (cold stress as per OHSR section 7.34);
- Potential wave height;
- Distance from shoreline;
- Docking and boarding facilities available;
- Use of ancillary equipment (e.g. remote operating vehicles off side of boat);
- Crew complement available (working alone or in isolation as per OHSR section 4.20.2); and
- Potential rescue situations and available rescue resources as per OHSR section 4.13.

3.3.2 The Canada Shipping Act and Small Vessel Regulations require suitable safety procedures to be established and documented, based on local conditions, industry best practices and hazards identified. The following procedures must be developed where applicable:

- Safe vessel operation;
- Emergency situations (i.e. Person in water, fast flowing water, vessel breakdown as per OHSR section 4.13/4.14);
- Cold-water shock and hyperthermia prevention (where water temperature is less than 15 degrees Celsius) (and cold exposure control plan as per OHSR section 7.34);
- Operation of mechanical blowers in all gasoline spaces (including signs);
- Closing of ventilation dampers or openings before firefighting; and
- Safe refuelling and prevention of any leakage of fuel.

3.3.3 Procedures must address the requirements of this standard, and include supplementary procedural information outlined in Appendix 2: Supplementary Requirements for Procedures.
3.3.4 Crews conducting work tasks on a boat must perform and document a person in water (overboard) rescue practice specific to the vessel used and conditions of the work as per WorkSafeBC OHSR section 32.2.

3.3.4.1 The rescue practice must be representative of a real working scenario, address all applicable hazards to the job, and include a realistic representation of a body (e.g. rescue dummy or other human-like figure).

3.3.4.2 Rescue procedures must be practiced at minimum once per year to ensure awareness and effectiveness, and a record of the drills must be kept as per WorkSafeBC OHSR section 4.14(3).

3.4 Operating Limitations

3.4.1 Workers must not work alone in a boat unless the risk assessment and prescribed controls deem it safe to do so as per OSH Standard 801 and OHSR section 4.20.2.

3.4.2 If boat operations can be impacted by Dam operations, Generation Operating Order 1G–05 (Procedures for working in or adjacent to water near generation facilities) and applicable Local Operating Orders must be followed. Work in or adjacent to water includes:

- Working immediately downstream from a Facility; and
- Working immediately upstream from a Facility;
- Working either upstream or downstream of a public safety boom;
- Areas that are remote from the Facilty but still under the material influence of flow and reservoir changes.

3.4.3 With the exception of emergencies, canoes less than 5m long or 1m wide and rafts must not be used unless the risk assessment and prescribed controls deem it safe to do so, and area manager approval is provided.

3.5 Instruction and Training

3.5.1 All small powered vessel (0–15GT) operators and crew members must at minimum possess the qualifications required by the Marine Personnel Regulations sections 212 (operators), and 205 (crew members).

See Section 4 of the Small Vessel Compliance Program Detailed Compliance Guidance Notes for a table of Transport Canada mandatory qualifications.

Note: Where the Marine Personnel Regulations require only a Pleasure Craft Operator Card (PCOC) for training requirements, the job specific risk assessment must determine if this is adequate for the hazards of the work. Where the PCOC is found to be insufficient, Small Vessel Operator Proficiency (SVOP) Training and MED A3 (Marine Emergency Duties) Certificates must be obtained.

3.5.2 At least one crew member must hold either a marine basic first aid certificate or any occupational first aid training course of two days minimum (as per Marine Personnel Regulations 205(9) and as clarified by Transport Canada Ship Safety Bulletin O3/2009).

Note: BC Hydro boating safety courses, including those required by Transport Canada, are listed on the BC Hydro Safety Course Catalogue (see Boats and Swift Water). All Transport Canada courses are a one–time requirement.

3.5.3 Any passengers (who are not performing any work related duties) on a boat do not have to obtain any Transport Canada training, but must obtain instruction and orientation from the Boat Operator and/or the Crewmember specifying safety requirements (including emergency procedures and lifejacket/PFD use).

Note: BC Hydro Safety Training offers SAFE–120: Boats Passenger Awareness for general passenger training, however situation and boat specific instruction must still be provided by the operator.
3.6 Safety Equipment and Lights

3.6.1 All vessels must be equipped with safety equipment required by Transport Canada and the Small Vessel Regulations relevant to the size and type of vessel. This includes, but is not limited to, the requirements outlined in Appendix 3.

3.7 Wharves, Docks and Boarding

3.7.1 BC Hydro boat owners and facility managers must ensure that adequate docking facilities are provided as per WorkSafeBC OHSR section 17.9 and G17.9. Additionally, any BC Hydro owned wharves or docks used in conjunction with the operation of boats must be in compliance with WorkSafeBC OHSR sections 24.2–24.6, which outlines requirements related to:

- Walkway slip-reducing surface finishing;
- Foundation or buoyancy for intended loads;
- Ladder installation on docks;
- Lifesaving equipment that must be available;
- Curbs, bullrails, guardrails and barriers;
- Markings for curbs, bullrails, guardrails and barriers; and
- Rescue boat.

Note: The OHSR 24.6 requirement for a rescue boat may not apply in certain work situations where work is close to the shoreline, with no expected high speed boat operations or potential exposure to vessel stability, sinking or drowning hazards (see WorkSafeBC IR201616085004A). The risk assessment must evaluate the need for a rescue boat.

3.7.2 Where wharves or docks are not available, and boarding/disembarking must occur, the operator must find a safe and stable shore location.

3.7.3 A worker must not board or leave a boat while it is in motion, except in case of emergency as per WorkSafeBC OHSR section 17.9(1).

3.8 Incident Reporting

3.8.1 In addition to reporting an incident through BC Hydro's Incident Management System, boating related incidents must be reported to the Transportation Safety Board as required by the Transportation Safety Board Regulations.

3.8.1.1 An initial report must be called in as soon as possible after an incident.

3.8.1.2 A full report must be submitted within 30 days of the incident.

Note: See the Transportation Safety Board's Report a Marine Occurrence webpage for guidance on reporting, including what should be reported.
4. Roles and Responsibilities

4.1 Managers

4.1.1 Ensure boats under his/her ownership are in compliance with applicable Transport Canada commercial vessel requirements.

4.1.2 Ensure work involving boats is in compliance with the provisions of this standard.

4.2 Workers

4.2.1 Comply with the requirements of this standard and applicable procedures.

5. References

5.1 Canada Shipping Act and its regulations

5.2 Transport Canada Marine Safety webpage (resources within)

5.3 WorkSafeBC Occupational Health & Safety Regulation Parts 4, 7, 8, 17, 24 and 32.

5.4 BC Hydro Safety Practice Regulations

5.5 BC Hydro Safety Course Catalogue

6. Information Controls

6.1 Revision History

<table>
<thead>
<tr>
<th>Date</th>
<th>Version</th>
<th>Comments</th>
</tr>
</thead>
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<tr>
<td>August 3, 2016</td>
<td>V3-O</td>
<td>This update to OSH Standard 408 has completely revised the content to align to Transport Canada and WorkSafeBC regulatory compliance requirements and address IMS Incident #285O1 corrective actions.</td>
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Appendix 1
Transport Canada Compliance Categories Relevant to BC Hydro

The following Small Non–Pleasure Vessel categories should be applied when identifying applicable Transport Canada requirements:

<table>
<thead>
<tr>
<th>Category</th>
<th>Application</th>
<th>Examples</th>
<th>Resource (links)</th>
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<tbody>
<tr>
<td>Human–Powered Vessels</td>
<td>Vessel not propelled by an engine and is not fitted with an engine on–board to propel it.</td>
<td>Canoes, kayaks, oar–boats</td>
<td>1. Transport Canada’s Small Vessel Register (Commercial), Vessel Registration Office (voluntary registration)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>2. Transport Canada’s Compliance Guide for Human–Powered Non–Pleasure Vessels (TP15204E) (compliance checklist)</td>
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<td></td>
<td>3. Small Vessel Regulations Part 3: Human Powered Vessels other than Pleasure Craft</td>
</tr>
<tr>
<td>Small (Powered) Vessels 0–15GT</td>
<td>• Vessel measures 0–15 gross tonnage*</td>
<td>Tug (steel), jet boat, river boat</td>
<td>4. Transport Canada’s Small Vessel Register (Commercial), Vessel Registration Office (mandatory registration)</td>
</tr>
<tr>
<td></td>
<td>• Carry between 0–12 passengers</td>
<td></td>
<td>5. Transport Canada’s Small Vessel Compliance Program (voluntary compliance program)</td>
</tr>
<tr>
<td>Small (Powered) Vessels 15–150GT</td>
<td>• All vessels measuring over 15 – 150 gross tonnage*</td>
<td>Barge</td>
<td>7. Canadian Register of Vessels, Vessel Registration Office (mandatory registration)</td>
</tr>
<tr>
<td></td>
<td>• All vessels carrying more than 12 passengers</td>
<td></td>
<td>8. Transport Canada Initial Inspection (mandatory prior to entering service)</td>
</tr>
<tr>
<td></td>
<td>• Does not include unmanned barges.</td>
<td></td>
<td>9. Transport Canada Periodic Inspection (mandatory every 1–4 years)</td>
</tr>
<tr>
<td></td>
<td>• Any vessels requiring a marine mortgage</td>
<td></td>
<td>10. Transport Canada’s Vessels of 15–150GT (outline of compliance requirements)</td>
</tr>
</tbody>
</table>

*Note: Gross tonnage is the measure of the overall size of a vessel as determined by a tonnage measurer or standard calculation.
Appendix 2

Supplementary Requirements for Procedures

The following requirements must be incorporated into the procedures required by Section 3.3 of this Standard:

Spill Response

- Refer to the Canada Shipping Act for information requiring arrangements with a spill response organization related to the total quantity of fuel or cargo being carried.
- Fuelling procedures are to be in place for fuelling the boat, and spill response equipment must be available.
- Materials or substances brought on board for the purpose of work must be incorporated into the risk assessment in order to evaluate spill response requirements.

Pre-trip Inspection

- Prior to each trip, an inspection must be completed to check load, bilges, fuel, oil, emergency equipment and boat general condition.
- Any deficiencies observed in the inspection must be reported immediately to the boat owner, and remedied prior to boat use if safe operation is affected.
- Automatically inflatable life jackets must be inspected as per the original equipment manufacturer's requirements.

Communication

- All boats carrying passengers must have a dependable two-way communication device capable of contacting persons that can effect emergency operations if required.
- When transporting passengers, the operator must notify the contact person at a frequency determined by the risk assessment.

Adverse Weather

- The boat must be appropriate to the type of operation and water conditions to which it will be exposed.
Guides to General Boating Safety

- Unlace boots worn in canoes, rowboats or small motor boats to allow ease of removal in the event of a craft capsize.
- Carry proper equipment and know how to use it.
- Maintain the boat and equipment in good condition, keep bilges clean.
- Know and obey the Rules of the Sea/Water.
- Operate with care, courtesy and common sense.
- Always keep the boat under complete control.
- Watch posted speeds, slow–down in anchorages.
- Never overload the boat.
- Ensure that life–saving equipment is accessible.
- Check local weather reports before departure.
- Guard against leakage of engine fuel and cooking fuel.
- Have fire extinguishers ready.

Resources:

- For more information on developing procedures, templates for these procedures, as well as other example checklists and forms, visit Transport Canada's Templates for Small Commercial Vessel Procedures and Records webpage.
- For more information on Cold Water Immersion, see WorkSafe Bulletin: Cold Water Immersion.
Appendix 3

Safety Equipment for Boats

All vessels must be equipped with safety equipment required by Transport Canada and the Small Vessel Regulations relevant to the size and type of vessel. This includes, but is not limited to, the following:

- The Small Vessel Regulations specify minimum requirements of portable safety equipment, according to the length of the boat. See relevant resource links in Appendix 1 for guidance.

- Boats must be equipped with the proper lighting as specified by the regulations under the Canadian Shipping Act and WorkSafeBC OHSR section 17.26. See relevant resource links in Appendix 1 for guidance.

- Every person on board a human-powered vessel must wear a Transport Canada and WorkSafeBC (OHSR sections 8.26–8.30) approved personal flotation device (PFD) or lifejacket of an appropriate size for each person on board as per Small Vessel Regulations 31O.

- Powered vessels must carry on board a Transport Canada and WorkSafeBC (OHSR sections 8.26–8.30) approved life jacket of an appropriate size for each person on board as per Small Vessel Regulations sections 4O9/5O6.

Note: OHSR section 8.26 requires that workers at risk of drowning must wear a lifejacket or personal flotation device (PFD). This must be determined in the risk assessment.

- Transport Canada approved personal PFDs may be used as the sole flotation device in lieu of lifejackets only if the conditions outlined in Ship Safety Bulletin No. 06/2012 (Wearing and Using Flotation Devices) are satisfied, including but not limited to:
  - PFDs must be worn at all times when in an open boat, or when on deck on a vessel of closed construction, and underway;
  - Passenger vessel length 8.5m or less or workboats length 12m or less;
  - Operating on Sheltered Waters or within 2 nautical miles from shore on a lake or river;
  - Be a highly visible colour (yellow, orange or red); and
  - Fitted with retro–reflective tape and a whistle.

- Vessels carrying PFDs that do not meet the conditions of the above referenced Transport Canada policy must also carry Lifejackets for everyone on board.

Note:

- Each boat operated on BC Hydro business must be equipped with a first aid kit suitable for the number of persons on board.
OSH Standard 501
Fire and Safety Plans for Buildings
OSH Standard 501
Fire and Safety Plans for Buildings

1. Scope

1.1 This standard describes the requirements for fire and safety plans for BC Hydro facilities including:

- Every building required by the BC Fire Code to have a fire alarm system.
- Every building that has a fire alarm and/or fire suppression system.
- Indoor and outdoor storage facilities.
- Areas where flammable or combustible liquids are handled or stored.
- Areas where hazardous processes or operations occur.
- Demolition and construction sites.

2. Purpose

2.1 To ensure that all BC Hydro workers, contractors and visitors are provided with a plan to facilitate a safe means of evacuation in response to emergencies.

3. Standard

3.1 General Requirements

3.1.1 BC Hydro will develop and implement fire and safety plans for all facilities to minimize danger to life from the effects of fire, earthquake, explosion, bomb threats or other emergency situations.

3.1.2 The content and complexity of the fire and safety plans for facilities will depend upon the building classification as identified in the British Columbia Fire Code, the occupant load, type of occupancy and the type of construction including size and height. Plans for facilities located in Seismic Zones 3, 4, 5, and 6 (as identified in Appendix 1) must address the hazards associated with earthquakes.

3.1.3 Facilities that do not require a comprehensive fire and safety plan as detailed in clause 3.1.2 must have written evacuation procedures in place including emergency contact information.

3.1.4 Emergency Response Teams (ERTs) must be organized and trained to meet the requirements for response as detailed in the building/facility Fire and Safety Plan.

3.1.5 All workers must be given adequate instruction in the fire prevention and emergency evacuation procedures applicable to their workplace.

3.1.6 Emergency evacuation drills must be held at least annually to ensure awareness and effectiveness of emergency exit routes and procedures.

3.2 Generic Plan Content

The Fire and Life Safety Plans for buildings/facilities described in clause 3.1.2 shall be prepared in co-operation with the local fire department and other applicable regulatory authorities and emergency response agencies and shall include:
3.2.1 The objectives of the Fire and Safety Plan for the administration of preventative measures and the implementation of emergency procedures.

3.2.2 The emergency procedures to be used in case of fire including:
   3.2.2.1 Sounding the fire alarm
   3.2.2.2 Notifying the fire department
   3.2.2.3 Instructing the occupants on procedures to be followed when the fire alarm sounds.
   3.2.2.4 Evacuating occupants, including special provisions for persons requiring assistance.
   3.2.2.5 Confining, controlling and extinguishing the fire.

3.2.3 The emergency procedures to be used in the event of an earthquake if required (Seismic Zones 3, 4, 5 and 6).

3.2.4 The emergency procedures to be used in the event of a bomb threat.

3.2.5 The appointment and organization of designated workers to carry out fire safety and emergency response duties.

3.2.6 The training of the designated workers and other building occupants in their responsibilities for fire safety and emergency response.

3.2.7 Documents, including diagrams showing the type, location and operation of building fire and safety emergency systems.

3.2.8 Conducting fire drills and building evacuations.

3.2.9 The control of fire hazards in the building or facility.

3.2.10 The control of non-structural safety hazards in the workplace (Seismic Zones 3, 4, 5 and 6).

3.2.11 The inspection and maintenance of building facilities and supplies provided for the safety of occupants.

3.2.12 A copy of the records of inspections, maintenance procedures or tests conducted over the past 2 years.

3.3 High Buildings

For buildings in excess of 6 stories in height within the scope of clause 3.2.6 of the British Columbia Building Code 1998, the Fire and Safety Plan shall, in addition to the requirements of sub-section 3.2 of this standard, include:

3.3.1 The training of designated workers in the use of the voice communication system.

3.3.2 The procedures for the use of elevators.

3.3.3 The action to be taken by designated workers in initiating any smoke control or other fire emergency systems installed in a building in the event of fire until the fire department arrives.

3.3.4 Instructions to the designated workers and fire department for the operation of the systems referred to in clause 3.3.3.

3.3.5 The procedures established to facilitate fire department access to the building and fire location within the building.
3.4 Indoor Storage

The fire safety and plan shall, in addition, to the requirements of sub-section 3.2, include:

3.4.1 The product classifications, as described in the BC Fire Code Sentence 3.2.1.1(1), for each part of the building where products of different classification are stored.

3.4.2 The method of storage, including aisle widths for rack storage.

3.4.3 The maximum permitted height of storage for the building or part of the building, if different.

3.4.4 The maximum permitted size of individual storage areas.

3.4.5 In sprinkler-equipped buildings, the sprinkler system design criteria, inside and outside hose allowances, and results of the benchmark sprinkler system main drain and water flow tests.

3.4.6 The procedures for fire fighting and spill response.

3.4.7 The storage method and maximum height of storage as described in clauses 3.4.2 and 3.4.3 shall be posted in the storage area.

3.4.8 Signs required in clause 3.4.6 shall have:
   • A minimum dimension of 200 mm.
   • Letters not less than 25 mm high.

3.5 Outdoor Storage

The fire safety and plan shall, in addition to the requirements of sub-section 3.2, include:

3.5.1 The location and classification of the products currently stored, as described in BC Fire Code Sentence 3.3.1.1(1).

3.5.2 The method of storage, including the clear spaces required and the maximum permitted size of individual storage areas.

3.5.3 The location of fire alarm systems and fire fighting equipment.

3.5.4 The control of fire hazards in and around the outdoor storage area.

3.5.5 The procedures for fire fighting and spill response.

3.5.6 At least one copy of the fire emergency procedures shall be prominently posted at the outdoor storage site.

3.6 Flammable/Combustible Liquids

Emergency planning measures conforming to sub-section 3.2 shall be provided for all buildings, parts of buildings, structures and open areas where flammable/combustible liquids are stored or transferred. The fire safety and evacuation plan shall, in addition to sub-section 3.2, include:

3.6.1 The location, classification and quantities of product currently stored

3.6.2 The location of fire alarm pull stations and fire fighting equipment.

3.6.3 The control of fire hazards and ignition sources in and around the storage/transfer area.

3.6.4 The procedures for fire fighting and spill response.
3.7 Hazardous Processes and Operations

This part applies to processes and operations that involve a risk from explosion, high flammability or related conditions which create a hazard to life safety.

3.7.1 A fire safety plan conforming to sub-section 3.2 shall be prepared for areas where processes and operations described in sub-section 3.7 take place. In addition to the information required in sub-section 3.2, the fire safety plan shall include:

3.7.1.1 The location and identification of storage and use areas for specific products.

3.7.1.2 The procedures for the safe shutdown of operations under emergency conditions.

3.7.1.3 The procedures for fire fighting and or spill response.

3.7.1.4 The names, addresses and telephone numbers of persons to be contacted in case of fire during non-operating hours.

3.8 Construction and Demolition Sites

This section applies to buildings or parts of buildings undergoing construction or demolition operations and includes renovations. The degree of application of this section to each construction project and each demolition project shall be determined as part of the fire safety plan prior to the commencement of operations.

3.8.1 Prior to the commencement of construction or demolition operations, a fire safety plan conforming to sub-section 3.2 shall be prepared for the site.

3.8.2 The fire safety plan shall include:

3.8.2.1 The designation and organization of site workers to carry out fire safety duties, including fire watch service if applicable. The emergency procedures to be used in the case of fire, including:

• Sounding the fire alarm
• Notifying the fire department
• Instructing site personnel on procedures to be followed when the alarm sounds, and
• Fire fighting procedures

3.8.2.2 The control of fire hazards in and around the building.

3.8.2.3 The procedures for fire fighting and spill response.

3.8.2.4 Maintenance of fire fighting facilities.

3.9 Risk Analysis

Elements to be addressed in the development and implementation of fire and safety plans will be based on the specific emergencies that could be anticipated in a building or facility. A detailed risk analysis must be conducted in all buildings to evaluate the need for emergency response for the following:

• Fire and explosions
• Bomb threats
• Earthquakes (Seismic Zones 3, 4, 5 and 6)
• Spills involving hazardous materials
• Power outages
• Confined space entry and rescue
• High angle rescue
• First aid
• Post earthquake building safety rapid evaluations

3.10 Specific Requirements

The specific requirements of the Fire and Safety Plan for a building or facility will be governed by the risk analysis. Plans will include the following specific components:

3.10.1 The objectives of the Fire and Safety Plan for the administration of preventative measures and implementation of emergency procedures.

3.10.2 The appointment and organization of designated workers to carry out the fire and life safety duties of the plan as members of the ERT.

3.10.3 General instructions to all occupants for all emergencies as identified in the risk analysis.

3.10.4 The definitions of the titles assigned to the ERT members referred to in the plan which may include some or all of the following, according to the requirements of the plan:

**FSD (Fire and Safety Director)**

• Responsible for the administration and maintenance of the Fire and Safety Plan and assumes command during an emergency.

**DFSD (Deputy Fire Safety Director)**

• Assumes the duties of the Fire Safety Director during an absence and assists the Fire Safety Director during emergencies.

**CCO (Communications Control Officer)**

• Operates Public Address and Fire Fighters’ telephone systems.

**ECO (Evacuation Control Officer)**

• Takes charge of personnel outside of the building, directing them to the muster areas.

**FW (Floor Warden)**

• Facilitates evacuation, search and rescue as required of designated floor areas. Performs daily Fire and Safety Inspections.

**Searcher**

• Assists FW in evacuation, search and rescue activities as required.

**OFAAA (Occupational First Aid Attendant)**

• Provides effective injury management until the patient becomes the responsibility of qualified pre-hospital emergency medical personnel or hospital staff.
Building Safety Rapid Evaluator

- Conducts a rapid evaluation of the building/facility as assigned in the event of an earthquake and reports their findings to the Fire and Safety Director.

3.10.5 The duties and responsibilities of the ERT members in the administration and implementation of the plan:

- On a day to day basis
- In the event of an emergency
- Training programs or drills

3.10.6 The duties of the site building services personnel, security staff and first aid attendants, if applicable.

3.10.7 A general description and operational features and instructions of the safety features and communications systems of the building or facility, including the following features:

- Building size, location, type of construction etc.
- Exit systems
- Fire alarm and detection system or means of notifying occupants of an emergency
- Voice communication system if applicable
- Fire fighters’ telephones
- Fire equipment including sprinklers and standpipe systems
- Special fire extinguishing systems, e.g. CO2, Halon, dry chemical etc.
- Emergency power supply
- Elevators
- Smoke control systems
- Utilities including electrical, natural gas and water
- Earthquake emergency supply cabinets and equipment
- Provisions for hazardous spill containment and cleanup

3.10.8 A list of all physically disabled persons in the building, the nature of their disability and work location. This includes those with short term as well as permanent disabilities.

3.10.9 Copies of reference drawings for the site and floor areas identifying the location of access for emergency response agencies, evacuation exits and the location of emergency equipment.

3.10.10 A complete list of emergency telephone and fax numbers for off-site internal and external emergency response agencies.

3.11 Procedure

3.11.1 The Fire and Safety Plan shall be kept on site in a pre-determined location for reference by the fire department, ERT members, the safety committee and workers.

3.11.2 All workers must be given adequate instructions in the fire prevention and emergency evacuation procedures applicable to their place of work.
3.11.3 All workers must carry out the evacuation procedures under the direction of the ERT members in the event of an emergency or practice drill.

3.11.4 The emergency procedures and other duties for ERT members, as detailed in the plan shall be given to all team members.

3.11.5 The emergency procedures and floor plans for the building shall be posted at all exits and elevator lobby areas, if applicable.

3.11.6 All ERT members must be fully trained to perform their specific duties and responsibilities as detailed in the plan.

3.11.7 All workers must familiarize themselves with the location of the fire alarm pull stations, posted evacuation routes and exit facilities in the workplace.

3.11.8 Evacuation drills shall be conducted at least annually at all buildings/facilities to evaluate the effectiveness of the plan and maintain acceptable levels of preparedness for building occupants and the members of the ERT. Records of drills must be kept.

3.11.9 ERT members shall conduct additional drills at intervals not greater than 2 months in high buildings (greater than 36 meters in height). Records of drills must be kept.

3.11.10 The content of fire and safety plan must be reviewed or revised on an ongoing basis:
   3.11.10.1 As required by changes in designated ERT members.
   3.11.10.2 As the result of a change in occupancy or operating procedure.
   3.11.10.3 When changes or additions to building fire alarm or life safety systems are made.
   3.11.10.4 As required by revision to the BC Fire Code or OHSR.

4. Roles and Responsibilities

4.1 Managers
   4.1.1 Ensure that fire and safety plans are developed and implemented in the workplace.
   4.1.2 Ensure that all workers are conversant with their workplace emergency procedures.
   4.1.3 Ensure that training is provided to all workers with emergency response duties.
   4.1.4 Ensure that evacuation drills are conducted on a periodic basis (per annum at minimum).

4.2 Workers
   4.2.1 Ensure that they are conversant with the emergency procedures in the workplace.
   4.2.2 In the event of an emergency, carry out the emergency procedures in accordance with the workplace emergency plan.

5. Records and Documentation

5.1 The Fire and Safety Plan shall be kept on site in a pre-determined location for reference by the fire department, ERT members, the safety committee and workers.

5.2 The Fire and Safety Plan will include a copy of the records of inspections, maintenance procedures, tests, and evacuation drills conducted over the past 2 years.
6. References

6.1 BC Fire Code Section 2.8 – Emergency Planning
6.2 BC Fire Code Section 2.16 – Construction Sites Fire Safety Plan
6.3 BC Fire Code Section 3.2 – Indoor Storage
6.4 BC Fire Code Section 3.3 – Outdoor Storage
6.5 BC Fire Code Part 4 – Flammable and Combustible Liquid
6.6 BC Fire Code Section 5.15 – Hazardous Processes and Operation
6.7 WorkSafeBC Occupational Health & Safety Regulation 4.13 – Risk Assessment
6.8 WorkSafeBC Occupational Health & Safety Regulation 4.14 – Emergency Procedures
6.9 WorkSafeBC Occupational Health & Safety Regulation 4.16 – Training
6.10 WorkSafeBC OHS Regulation 4.17 – Notification of Fire Departments
6.13 OSH 505 Fire Protection Program
6.14 CPS – Safety Policy
### Appendix 1

#### Seismic Zones – Selected Locations in British Columbia

<table>
<thead>
<tr>
<th>Location</th>
<th>Seismic Zone</th>
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OSH Standard 5O3
Earthquakes—Evaluation of Non-Structural Hazards in the Workplace
OSH Standard 503
Earthquakes—Evaluation of Non-Structural Hazards in the Workplace

1. Scope
   1.1 This standard describes the process to manage non-structural earthquake hazards in the workplace. This standard applies to all BC Hydro facilities located in seismic risk zones 3, 4, 5 and 6 (OSH 501–Fire and Safety Plans for Buildings).

2. Purpose
   2.1 This standard outlines the process to identify and mitigate non-structural earthquake hazards. This standard serves as a guide for BC Hydro personnel that have responsibility for the buildings and facilities where BCH employees conduct work. The intention is to identify potential non-structural hazards and mitigate them, using local resources.

3. Standard
   3.1 General
      3.1.1 Injuries, loss of life, property damage and business interruption can be reduced and recovery accelerated by mitigating non-structural hazards in the workplace.
      3.1.2 Non-structural elements are those parts of a building that do not support its structural integrity, including items such as suspended ceilings, lights, windows, office furnishings, computer equipment, work shop equipment, mechanical systems, etc.
      3.1.3 Non-structural hazards can be effectively managed through a process of detailed evaluations and regular inspections. Appendix 1 – Non-Structural Hazard Checklist – provides a comprehensive checklist for evaluations and monthly inspections. Appendix 2 – Guide for Non-Structural Hazard Mitigation – provides information for corrective action.

   3.2 Non-structural hazard evaluations
      3.2.1 Documented non-structural hazard evaluations must be conducted at all risk facilities on an annual basis.
      3.2.2 Additional evaluations shall be conducted on the installation of new equipment or changes in the work place.
      3.2.3 Immediate corrective action must be taken to mitigate non-structural hazards identified in evaluations.

   3.3 Inspections
      3.3.1 Documented non-structural hazards inspections must be conducted on a monthly basis. This process may be included in the scheduled site safety inspection process. Note: Building Safety Rapid Evaluators should be utilized in the completion of ongoing non-structural hazard inspections in their regular place of work.
      3.3.2 Immediate corrective action must be taken to mitigate non-structural hazards identified on inspections.

4. Roles and Responsibilities
   4.1 Managers
      4.1.1 Ensure that non-structural hazard evaluations are conducted on an annual basis.
      4.1.2 Ensure that monthly inspections include the site specific non-structural hazards identified in the annual evaluation.
4.1.3 Ensure that corrective action is taken to mitigate non-structural hazards identified in evaluations and inspections.

4.2 Workers

4.2.1 Identify potential non-structural earthquake hazards and notify manager of unsafe conditions.

5. References

5.1 WorkSafeBC OHS Regulation Part 4


5.3 School Earthquake Safety Guidebook, B.C. Ministry of Education, 1987


5.5 Reducing the Risks of Non-structural Earthquake Damage: A Practical Guide, Bayrepp.
## Appendix 1

### Non-structural Hazard Checklist

**Date of check:**  
**Name of checker:**

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<tr>
<td><strong>1. Ceilings</strong></td>
<td>a) Are T-bars, ceiling tiles, grills, vents, overhead light fixtures, fluorescent tubes, air handling units and space heaters secured so they will not break free during intense shaking?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b) Have other hazards above work areas been made secure? Specify</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Appendix 2 pages 2,3,4,5</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>2. Cabinets</strong></td>
<td>a) Are stationery cabinets, filing cabinets, bookcases, cupboards and storage racks anchored to the wall?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b) Are groups of filing cabinets bolted to each other to “enlarge the footprint”?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Appendix 2 pages 6,7</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>3. Shelves</strong></td>
<td>a) Are heavier objects stored on lower shelves, lighter objects on higher shelves?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b) Are sills, restraining bars or chains in place to prevent things from being pitched off?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>c) Are fragile items (especially people) protected from flying objects?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Appendix 2 page 8</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>4. Drawers and Door</strong></td>
<td>Are desk drawers, file drawers and cabinet doors fitted with secure latches and kept closed when not being accessed?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b) Do all other spaces, such as closets, have secure doors? Specify</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>5. Electronic Equipment</strong></td>
<td>Are personal computers, display terminals, photocopiers, fax machines, printers, telephones and other potential projectiles secured with Velcro strips or non-skid pads?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b) Are there plastic covers nearby to protect the equipment from fire sprinklers, debris or dust?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Appendix 2 page 9</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>6. Partitions and Screens</strong></td>
<td>Are interior partitioning walls securely anchored to the floor and to adjoining walls, with their tops adequately braced to the overhead structure?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b) Are portable screen walls placed where they will cause no harm if they move or fall?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Appendix 2 page 10</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Item</td>
<td>Description</td>
<td>Yes</td>
<td>No</td>
<td>Who will fix it</td>
<td>Date set for completion</td>
</tr>
<tr>
<td>------</td>
<td>-------------</td>
<td>-----</td>
<td>----</td>
<td>----------------</td>
<td>------------------------</td>
</tr>
<tr>
<td>7. Windows and Mirrors</td>
<td>a) Are panes of glass that might shatter and injure people, inside or outside the building, protected from doing so?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Heavy Equipment</td>
<td>a) Have appliances, heating and air-conditioning units, generators, pumps and machine tools been anchored or otherwise restrained?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b) Have all other items of heavy equipment, which may cause damage by breaking loose, been made secure? Specify</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Hot Water Tanks</td>
<td>a) Are separate hot water tanks strapped to a structural wall or equivalent to prevent movement and reduce the possibility of gas leaks, water leaks and fire?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Appendix 2 pages 5,11,12,13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Appendix 2 page 14</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. Asbestos</td>
<td>a) Has all asbestos, that could spill fibres into the heating or cooling system, been removed?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. Outside Facilities</td>
<td>a) Are all sheds, awnings, canopies, car-ports braced to withstand shaking?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b) Are other outside facilities, where people or valuable equipment may be, made secure? Specify</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Appendix 2 page 15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13. Access routes</td>
<td>a) Are all access routes clear?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b) Are all bookshelves, storage racks and other sources of debris secure so they will not impede the movement of people?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>c) Do all desks and tables have clear spaces beneath for persons to crouch?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>d) Do all desks and tables have clear spaces beneath for persons to crouch?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Appendix 2

Guide for Non-Structural Hazard Mitigation
### Earthquakes – Evaluation of Non-Structural Hazards in the Workplace

**Protective Countermeasure:**

1. 12 GA Wires at each corner or at least diagonally opposite corners.
2. (Not as reliable as T-20) Attach fixture to T-Bar with screws or clips.
3. Tight turns to securely tie wire.

**Light Fixtures:**

**Damage Example:**

Drawing on Previous Page

**Approximate Cost:** $30

**Upgraded Vulnerability:**

<table>
<thead>
<tr>
<th>Shaking Intensity</th>
<th>Light</th>
<th>Moderate</th>
<th>Severe</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low</td>
<td>No damage</td>
<td>No damage</td>
<td>Slight chance of occasional falling of fixture diffusers</td>
</tr>
<tr>
<td>0-5%</td>
<td>Low</td>
<td>Mod</td>
<td>High</td>
</tr>
<tr>
<td>5-20%</td>
<td>Mod</td>
<td>High</td>
<td>High</td>
</tr>
<tr>
<td>20-80%</td>
<td>High</td>
<td>Severe</td>
<td>Severe</td>
</tr>
</tbody>
</table>

**Life Safety Hazard:**

|$ | $ | % of Replacement Value Damaged |

**Earthquake:** 1971 San Fernando

Credit: John F. Meehan

---

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DENTS IN HARDWOOD ARMREST CAUSED BY FALLING AIR DIFFUSER

DIFFUSER OR GRILL SHOULD BE POSITIVELY ATTACHED (UNLIKE THIS ONE) TO RIGID METAL DUCT OR CEILING OR WALL, WHICH MUST IN TURN BE BRACED, OR TO STRUCTURE ABOVE. FOR FLEXIBLE DUCTS, DIFFUSER MUST BE INDEPENDENTLY SUPPORTED AS FOR A LIGHT FIXTURE.
### HEATING-VENTILATING-AIR CONDITIONING DISTRIBUTION

<table>
<thead>
<tr>
<th>DAMAGE EXAMPLE</th>
<th>PROTECTIVE COUNTERMEASURE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Drawing on Previous Page

### EXISTING VULNERABILITY

<table>
<thead>
<tr>
<th>SHAKING INTENSITY</th>
<th>EFFECTS</th>
<th>$</th>
<th>SHAKING INTENSITY</th>
<th>EFFECTS</th>
<th>$</th>
</tr>
</thead>
<tbody>
<tr>
<td>LIGHT</td>
<td>occasional falling of diffuser</td>
<td>low</td>
<td>0-5%</td>
<td>low</td>
<td>$</td>
</tr>
<tr>
<td>MODERATE</td>
<td>swinging of ducts; occasional falling of diffusers, grills</td>
<td>mod</td>
<td>5-20%</td>
<td>mod</td>
<td>$</td>
</tr>
<tr>
<td>SEVERE</td>
<td>falling of ducts, mixing boxes, as well as diffusers</td>
<td>mod</td>
<td>20-80%</td>
<td>high</td>
<td>$</td>
</tr>
</tbody>
</table>

+ LIFE SAFETY HAZARD

$ % OF REPLACEMENT VALUE DAMAGED

POST-EARTHQUAKE OUTAGE

APPROXIMATE COST: $30 per diffuser

earthquake: 1971 San Fernando
credits: a) J. Ayres b) William T. Holmes
GAS SPACE HEATER FELL FROM CEILING ABOVE.
### HANGING SPACE HEATERS

**Protective Countermeasure**

- Adequate attachment to roof structure
- Braces all 4 sides
- Flexible gas line

**Drawing on Previous Page**

**EXISTING VULNERABILITY**

- Earthquake: 1971 San Fernando
- Damage Example: C. Winton, Scientific Service, Inc.

<table>
<thead>
<tr>
<th>Shaking Intensity</th>
<th>Effects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Light</td>
<td>No damage</td>
</tr>
<tr>
<td>Moderate</td>
<td>No damage</td>
</tr>
<tr>
<td>Severe</td>
<td>No damage</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Shaking Intensity</th>
<th>Effects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low</td>
<td>Low</td>
</tr>
<tr>
<td>Medium</td>
<td>Low</td>
</tr>
<tr>
<td>High</td>
<td>Low</td>
</tr>
</tbody>
</table>

**Approximate Cost: $100 per heater**

<table>
<thead>
<tr>
<th>Condition</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low</td>
<td>$0</td>
</tr>
<tr>
<td>Medium</td>
<td>$0</td>
</tr>
<tr>
<td>High</td>
<td>$0</td>
</tr>
</tbody>
</table>

**Upgrade Vulnerability**

- Chance of enough swaying to cause slight damage, but no leaks or fires

**Post-Earthquake Outage**

- Immediate repair of non-structural damage

**Life Safety Hazard**

- $0% of replacement value damaged

---

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**OSH Standard 503**

**Earthquakes—Evaluation of Non-Structural Hazards in the Workplace**

---

**Drawing on Previous Page**

**BOLT TO STUD OR STRUCTURAL MEMEBER**

**PROTECTIVE COUNTERMEASURE**

- Top connections to tie units together to form more stable shape... May be done through... out cabinet walls, latching drawers...

---

**TALL FILE CABINETS**

---

**EXISTING VULNERABILITY**

- **SHAKING INTENSITY**
  - LIGHT
  - MODERATE
  - SEVERE

- **EFFECTS**
  - no damage
  - occasional tipover if drawers unlatched and if top heavy
  - tipover of most tall cabinets

- **UPGRADED VULNERABILITY**
  - **$** per pair of cabinets; latching

- **APPROXIMATE COST:** models standard

- **SHAKING INTENSITY**
  - low
  - mod
  - high

- **% OF REPLACEMENT VALUE DAMAGED**
  - 0-5%
  - 5-20%
  - 20-100%

**POST-EARTHQUAKE OUTAGE**

---

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Earthquakes—Evaluation of Non—Structural Hazards in the Workplace

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### Earthquakes – Evaluation of Non-Structural Hazards in the Workplace

**OSH Standard 503**

**MISCELLANEOUS OFFICE FURNISHINGS**

**PROTECTIVE COUNTERMEASURE**
- Potted plant or other heavy, high object
- Large patches of velcro or other heavy, high object
- Guard rail alternative: see separate chart for tall file cabinets

**GUARD RAIL ALTERNATIVE**
- Drawn on previous page

**DAMAGE EXAMPLE**

**EARTHQUAKE: 1979 Santa Barbara**
- Larry Parsons/Health and Safety, UCSB

**EXISTING VULNERABILITY**

<table>
<thead>
<tr>
<th>SHAKING INTENSITY</th>
<th>EFFECTS</th>
<th>EXISTING VULNERABILITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>LIGHT</td>
<td>no damage</td>
<td>low 0-5%</td>
</tr>
<tr>
<td>MODERATE</td>
<td>no damage</td>
<td>low 5-20%</td>
</tr>
<tr>
<td>SEVERE</td>
<td>occasional toppling of small items; furniture slides up to a few inches</td>
<td>low 20-50% mod</td>
</tr>
</tbody>
</table>

**UPGRADED VULNERABILITY**

<table>
<thead>
<tr>
<th>SHAKING INTENSITY</th>
<th>EFFECTS</th>
<th>UPGRADING COST</th>
<th>% OF REPLACEMENT VALUE DAMAGED</th>
</tr>
</thead>
<tbody>
<tr>
<td>LIGHT</td>
<td>no damage</td>
<td>$15.00 materials plus 15 minutes labour</td>
<td>low 0%</td>
</tr>
<tr>
<td>MODERATE</td>
<td>no damage</td>
<td>low 0%</td>
<td></td>
</tr>
<tr>
<td>SEVERE</td>
<td>occasional toppling of small items; furniture slides up to a few inches</td>
<td>low 0-10%</td>
<td></td>
</tr>
</tbody>
</table>

**POST-EARTHQUAKE OUTAGE**

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Table of Contents
OSH Standard 504
Post–Earthquake Building Safety Rapid Evaluation Program
OSH Standard 504
Post–Earthquake Building Safety Rapid Evaluation Program

1. Scope

1.1 This standard describes the post–earthquake building safety rapid evaluation program.

2. Purpose

2.1 This standard outlines a three–stage program to evaluate building safety following seismic activity.

3. Standard

3.1 General

3.1.1 BC Hydro has adopted a Building Safety Rapid Evaluation program based on the ATC 20 methodology developed by the Applied Technology Council of California to carry out post–earthquake safety evaluations of buildings. There are three different post–earthquake building safety evaluation procedures:

- Rapid Evaluation. The simplest procedure is “Rapid Evaluation”. This is normally the first level of evaluation and is designed to quickly designate the apparently safe and the obviously unsafe structures. This Rapid Evaluation can take from 10 30 minutes. This type of evaluation can be carried out by trained Building Safety Rapid Evaluators. Doubtful structures identified in the “RESTRICTED USE” or “UNSAFE” category must be scheduled for a more detailed visual examination, designated a Detailed Evaluation.

- Detailed Evaluation. The Detailed Evaluation is the second level of examination. It consists of a thorough visual examination of a structure, inside and out, and is designed to result in the rating of all structures as either safe for use, potentially dangerous (i.e., restricted use), or unsafe. It is normally performed by structural engineers. This procedure can take from 1 4 hours.

- Engineering Evaluation. After the Detailed Evaluation, any further evaluations would ordinarily be done by a structural engineer/consultant. This is designated the Engineering Evaluation and is the third and most thorough evaluation technique. This procedure can take from 1 to 7 days or more, depending on the type of structure and damage involved.

3.1.2 BC Hydro will include the provision for Post–Earthquake Building Safety Rapid Evaluation of all facilities located in seismic Zones 3, 4, 5, and 6 (see Appendix 5, for selected locations) as an integral part of its Emergency Response Plans.

3.1.3 The majority of stations and reporting locations within seismic zones 3, 4, 5, and 6 have been evaluated for seismic withstand capabilities

3.1.4 BC Hydro has provided training to a number of Building Safety Rapid Evaluators on the methodology of conducting basic building structure damage assessment using ATC 20, ATC–20 1 and ATC–20–2 to the Rapid Evaluation level.
3.2 Emergency response plans in seismic Zones 3, 4, 5 and 6 shall include the duties, responsibilities and report locations of the post-earthquake Building Safety Rapid Evaluators.

3.3 BC Hydro line management shall ensure that the names, work locations, and home contact information of workers assigned to conduct Rapid, Detailed and Engineering Evaluations be maintained as part of the emergency response plan.

3.4 All workers assigned duties to conduct post-earthquake Rapid Evaluations of buildings must be trained in the use of the ATC 20 and ATC 20 2. (See Appendix 1). Training must include field visits to facilities that such Building Safety Rapid Evaluators will be called upon to evaluate.

3.5 Facilities plans and information on hazardous materials and/or operations must be readily available on site to assist in the rapid evaluation process.

3.6 The building Fire & Safety Director will arrange for safety evaluations of the building following an earthquake if any damage is immediately obvious or if, in his or her opinion, the shaking caused by the earthquake was strong enough or long enough to warrant an evaluation to confirm building safety. The evaluation process is described in Appendix 4 “Evaluation Flow Chart”. The Rapid Evaluation will be conducted by trained Building Safety Rapid Evaluators.

3.7 Building Safety Rapid Evaluators shall conduct rapid evaluations of BC Hydro facilities as assigned and report their findings to the Fire Safety Director/Building Manager/Emergency Centre Manager as per emergency plans.

3.8 Buildings evaluated shall be posted as “INSPECTED”, “RESTRICTED USE” or “UNSAFE” on completion of the Rapid Evaluation. A special posting category, “AREA UNSAFE”, is used to designate unsafe areas either inside or outside the building. For instance, if a badly cracked parapet is observed, the area on the ground outside the building and within potential striking distance must be roped off or otherwise barricaded to prevent entry.

3.8.1 Buildings posted as “INSPECTED” (green placard) indicates no apparent hazard found, although repairs may be required. Original lateral load capacity is not significantly decreased. No restriction on use or occupancy.

3.8.2 Buildings posted “RESTRICTED USE” (yellow placards) indicates that a structure has suffered damage such that the risk of partial collapse, local falling hazard, or other hazard necessitates some entry or occupancy restrictions. The following are typical observed conditions for which a building should be posted “RESTRICTED USE”, accompanied by appropriate sample restriction statements.

- The structural elements associated with certain areas of the building have been so badly damaged that partial collapse could occur in those areas. The “RESTRICTED USE” placard would state “Do not enter the following areas (...) without written authorization from jurisdiction” or similar wording. Barricade tape at the affected area would further bar entry. This restriction is the first of the restriction statements on the placard in Appendix 2.

- The overall condition of the building is too degraded to allow continuous occupancy, but brief occupancy by tenants or workers to remove belongings or goods is appropriate. An example would be a wood frame structure with collapsed cripple walls in which the floor is safe but uneven, the entrances are usable, further falling or collapse hazards are absent, the gas and electric utilities are secured, and the plumbing is broken but not hazardous. The “RESTRICTED USE” placard would note “no general public entry into building” or state that “brief entry is allowed for removing belongings or goods.” This restriction is the second pre-printed restriction statement on the placard in Appendix 2.
• Where there are falling hazards at certain entrances to the building. If safe entrances (exits) are still available, the “RESTRICTED USE” placard would state “Do not enter or exit from the following doorways (...).” Barricade tape at the affected entries would further bar their use.

• The structural condition of a stairway is adequate for use by individuals but is questionable for emergency exiting or the removal of heavy building contents. The “RESTRICTED USE” placard would place restrictions on the occupancy of elevated floors.

• The building has been damaged such that no immediate hazard exists, but the quality of health or living conditions for long-term occupancy in the building is significantly diminished. Examples of such damage include extensive interior finish cracking, noticeable plumbing leakage, or damage allowing weather intrusion. No occupancy or use restrictions would be stated, but the placard would note that the Manager must correct the deficiencies prior to workers returning to work in the building.

3.8.3 Access to buildings posted as “UNSAFE” (red placard) indicates an extreme hazard, may collapse, or imminent danger of collapse from an aftershock.

Unsafe for occupancy or entry, except by authorities.

3.8.4 Access to the area adjacent to a building/structure or inside of a building posted as “AREA UNSAFE” indicates an extreme hazard or imminent danger of collapse from an aftershock.

Area must not be entered except by authorities.

3.9 Building Safety Rapid Evaluators should be utilized in the completion of ongoing non-structural hazard inspections in their regular place of work.

3.10 The Fire and Safety Director shall request a Detailed Evaluation of the building if the Rapid Evaluation results in a posting of “Restricted Use” or “Unsafe”. The Fire & Safety Director may request a Detailed Evaluation of the building if the Rapid Evaluation results in a posting of “Inspected”, with some concerns identified, or if the building is a complex building such as the Edmonds or Dunsmuir office. Detailed and/or Engineering Evaluations that are required as a result of the posting of a facility as “RESTRICTED USE”, “UNSAFE” or “AREA UNSAFE” must be conducted by a qualified structural engineer.

3.11 “RESTRICTED USE”, “UNSAFE” and “AREA UNSAFE” placards shall remain posted until problems are fixed and an “INSPECTED” placard is posted. “INSPECTED” placards shall remain in place for at least 5 days following this posting.

3.12 There may be a need to change the posting of a building. This can result from several situations including: A Detailed Inspection of a structure posted RESTRICTED USE after a Rapid Evaluation; an Engineering Evaluation; re–evaluation due to new found damage or an aftershock; or re–evaluation after temporary repairs. Any change in posting category (i.e., re–posting) must be done only by qualified structural engineers trained in the detailed evaluator process.

3.13 Building Safety Rapid Evaluators are to look for readily observable gross kinds of structural distress and geotechnical conditions that threaten building safety. The procedure for conducting a Rapid Evaluation is summarised in the following:

3.13.1 Examine the ground in the general area of the structure for fissures, bulged ground, or signs of slope movement.

3.13.2 Examine the entire outside of the structure.

3.13.3 Evaluate the structure using the six Rapid Evaluation criteria and complete the BC Hydro Post–Earthquake Building Rapid Evaluation Form (Appendix 2). Buildings posted as RESTRICTED USE, UNSAFE or AREAS UNSAFE must be scheduled for a Detailed Evaluation.
Rapid Evaluation Criteria

<table>
<thead>
<tr>
<th>Condition</th>
<th>Posting</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Building has collapsed, partially collapsed, or moved off its foundation.</td>
<td>UNSAFE</td>
</tr>
<tr>
<td>2. Building or any story is significantly out of plumb.</td>
<td>UNSAFE</td>
</tr>
<tr>
<td>3. Obvious severe damage to primary structural members, severe racking of walls or other signs of severe distress are present.</td>
<td>UNSAFE</td>
</tr>
<tr>
<td>4. Obvious damage to ceiling tiles, wall partitions, door frames, canopies, awnings, overhead bus work, station equipment or other falling hazard present.</td>
<td>AREA UNSAFE</td>
</tr>
<tr>
<td>5. Large fissures in ground, massive ground movement, or slope displacement present.</td>
<td>AREA UNSAFE</td>
</tr>
<tr>
<td>6. Other hazard is present (e.g., toxic spill, asbestos contamination, broken gas line, fallen power line).</td>
<td>UNSAFE or AREA UNSAFE</td>
</tr>
</tbody>
</table>

3.13.4 Ordinarily enter a building only if the structure cannot be viewed sufficiently from the outside or when there is a suspected, or reported, problem such as gross non-structural distress (e.g. fallen ceiling or badly damaged partitions visible from the outside).

Do not enter obviously unsafe structures.

3.13.5 Post the structure according to the results of the evaluation. Use one of the four placards (INSPECTED, RESTRICTED USE, UNSAFE or AREA UNSAFE). On the INSPECTED placard, indicate whether only the “exterior” or the “exterior” and “interior” was inspected by checking the appropriate box. Post every entrance to a building classified RESTRICTED USE or UNSAFE. (Appendix 3 – Examples of Posting and Barricading).

3.13.6 Explain the significance of UNSAFE or RESTRICTED USE postings to building occupants, and advise them to leave immediately. Areas designated AREA UNSAFE must also be evacuated.

3.13.7 Significant aftershocks ordinarily require re–inspection of buildings posted INSPECTED or RESTRICTED USE. Whenever a building is re–evaluated, a new placard should be posted to indicate the date, time of re–evaluation, and the evaluator’s name, even if the posting classification is unchanged.

3.13.8 The yellow copy of the completed Post–Earthquake Rapid Evaluation form is to be retained by the evaluator, with the white and green copies given to the Fire & Safety Director. The Fire & Safety Director shall take any immediate Steps necessary to ensure the safety of the occupants, including evacuation if warranted. The Fire & Safety Director shall advise the building manager of the evaluation results, and forward to the building manager the white and green copies of the evaluation form. The building manager shall forward the green copy of the evaluation form to the municipal or provincial building authority for the local area.

3.14 Protective clothing including steel toe shoes/boots, hard hat, goggles, dust masks, coveralls and heavy gloves must be worn by inspectors while carrying out their duties.

3.15 Post–Earthquake Inspection Kits shall be made available to Building Safety Rapid Evaluators by those responsible for the building(s) to which they are assigned including:

- Copies of BC Hydro Post–Earthquake Rapid Evaluation forms are available through BC Hydro Stationery. The Form number is: 11911.
• A supply of placards for posting buildings available by ordering through BC Hydro Stationery. The stationery order numbers are:

  INSPECTED          BCH 10080
  RESTRICTED USE     BCH 10081
  UNSAFE             BCH 10082
  AREA UNSAFE        BCH 10083

• Rolls of yellow “Do Not Cross Line” tape to designate unsafe areas not to be entered.

• Other miscellaneous items such as flashlight, clip board, writing pad, etc.

4. References

  4.1 WorkSafeBC Occupational Health & Safety Regulation 4.1 (Safe Premises) and 4.2 (Safe Buildings and Structures)
  4.3 ATC 2O Procedures for Post-Earthquake Safety Evaluations of Buildings
  4.4 ATC 2O 1 Field Manual: Post-Earthquake Safety Evaluation of Buildings
  4.5 ATC 2O 2 Addendum to the ATC-2O Post-Earthquake Building Safety Evaluation Procedures
  4.6 BC Hydro Safety Policy
  4.7 OSH Standard 501 Fire and Safety Plans for Buildings
  4.8 OSH Standard 503 Earthquakes – Evaluation of Non-Structural Hazards in the Workplace
## Appendix 1

### Training Requirements—Post–Earthquake Rapid Evaluation Building Inspectors

<table>
<thead>
<tr>
<th>Objective</th>
<th>To provide technical background for designated workers to use the ATC 20, ATC–20–1 and 2 methodology developed by the Applied Technology Council, California, to carry out post–earthquake Rapid Evaluations of Hydro's buildings and post them as “INSPECTED”, “RESTRICTED USE”, “UNSAFE”, or “AREA UNSAFE”.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Format</td>
<td>One–day seminar on Building Safety Rapid Evaluation with 1/2 day in the classroom, 1/2 day field evaluation of buildings to be assessed.</td>
</tr>
</tbody>
</table>
| Outline   | Evaluation of buildings for non–structural hazards.  
Examination of outside of building.  
Examination of inside of building.  
Examination of ground in the general area of the building.  
Six–point Rapid Evaluation criteria.  
Determining the specific restrictions on use.  
Posting of the building.  
Explaining the “RESTRICTED USE”, “UNSAFE” and “AREA UNSAFE” posting to building occupants.  
Arranging for detailed evaluation of building posted “RESTRICTED USE” or “UNSAFE”. |
| Participants | This training would be of value to all Hydro's workers assigned duties to conduct post–earthquake safety evaluations of buildings.                                                                 |
| Prerequisites | Preferably individuals with general building design, construction or inspection experience.                                                                                                       |
| Delivery   | Training can be arranged through the CDPPT Building Withstand Team.                                                                                                                        |
| Updates    | Two to four hour program at two–year intervals.                                                                                                                                               |

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Appendix 2

Samples of Safety Assessment Form/Placards

<table>
<thead>
<tr>
<th>Serial numbered</th>
</tr>
</thead>
<tbody>
<tr>
<td>2001</td>
</tr>
</tbody>
</table>

### Post-Earthquake Building Rapid Evaluation Form

**Evaluator:**

<table>
<thead>
<tr>
<th>Date &amp; time:</th>
<th>Exterior only:</th>
<th>Exterior &amp; interior:</th>
</tr>
</thead>
</table>

**Area evaluated:**

<table>
<thead>
<tr>
<th>Type of Construction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wood frame</td>
</tr>
<tr>
<td>Steel frame</td>
</tr>
<tr>
<td>Tilt-up concrete</td>
</tr>
<tr>
<td>Concrete frame</td>
</tr>
<tr>
<td>Concrete shear wall</td>
</tr>
<tr>
<td>Other:</td>
</tr>
</tbody>
</table>

**Building Description**

<table>
<thead>
<tr>
<th>Building Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
</tr>
</tbody>
</table>

**Building Manager:**

**Number of stories above ground:**

**Number of stories below ground:**

**Evaluation**

Investigate the building for the conditions below and check (&) the appropriate box.

<table>
<thead>
<tr>
<th>Observed Conditions:</th>
<th>Minor/none</th>
<th>Moderate</th>
<th>Severe</th>
<th>Est’d Structural damage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Collapse, Partial collapse or building off foundation</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Building or story leaning</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Racking damage to walls, other structural damage</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chimney, parapet, or other falling hazard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Loose or fallen ceiling fixtures</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ground slope movement or cracking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Electrical Hazard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fire Hazard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chemical Hazard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Broken Plumbing</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Comments:**

**Posting**

Choose a posting based on the evaluation and team judgement. Severe conditions endangering the overall building and occupants are grounds for an Unsafe posting. Localized Severe and overall Moderate conditions may allow a Restricted Use posting. Post INSPECTED placard at main entrance. Post RESTRICTED USE and UNSAFE placards at all entrances. Post AREA UNSAFE where required.

<table>
<thead>
<tr>
<th>INSPECTED (Green Placard)</th>
<th>RESTRICTED USE (Yellow Placard)</th>
<th>UNSAFE (Red Placard)</th>
<th>AREA UNSAFE (Red Placard)</th>
</tr>
</thead>
</table>

Record any use & entry restrictions exactly as written on placard:

**Further Actions** (i.e. Barricades needed in the following areas:)

**Detailed Evaluation recommended:** Structural □ Geotechnical □ Other □

Other recommendations & comments:

Received by (Building Manager):

White copy: Building Manager or Delegate
Yellow copy: Evaluator
Green copy: Municipal Authority
**LAWFUL OCCUPANCY PERMITTED**

<table>
<thead>
<tr>
<th>Date:</th>
<th>Time:</th>
</tr>
</thead>
</table>

(Caution: Aftershocks since inspection may increase damage and risk)

This facility was inspected under emergency conditions for:

<table>
<thead>
<tr>
<th>(Jurisdiction)</th>
</tr>
</thead>
</table>

Inspector ID/Agency:

<table>
<thead>
<tr>
<th>Facility Name and Address:</th>
</tr>
</thead>
</table>

This structure has been inspected (as indicated below) and no apparent structural hazard has been found.

- [ ] Inspected Exterior Only
- [ ] Inspected Exterior and Interior
- [ ] Inspected Exterior and In-situ

Report any unsafe condition to local authorities; reinspection may be required.

Inspector Comments:

Do not REMOVE, ALTER or COVER this placard until authorized by governing authority.
# RESTRICTED USE

**Caution:** This structure has been inspected and found to be damaged as described below:

- Entry, occupancy, and lawful use are restricted as indicated below:
  - Do not enter the following areas: __________
  - Brief entry allowed for access to contents: __________
  - Other restrictions: __________

**Date:** __________

**Time:** __________

(Caution: Aftershocks since inspection may increase damage and risk)

This facility was inspected under emergency conditions for:

- Jurisdiction: __________
- Inspector ID/Agency: __________

Do not REMOVE, ALTER or COVER this placard until authorized by governing authority.

Facility Name and Address: __________

---

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UNSAFE

THIS PLACARD IS NOT A DEMOLITION ORDER

Date: ____________

Time: ____________

This structure has been inspected and is unsafe

(Caution: Aftershocks since inspection may increase damage and risk)

This facility was inspected under emergency conditions for:

(Jurisdiction)

Inspector ID/Agency:

Do not enter, except as specifically authorized in writing by jurisdiction.

Entry may result in death or injury.

Do not REMOVE, ALTER or COVER this placard until authorized by governing authority

Facility Name and Address:

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AREA UNSAFE
DO NOT ENTER OR OCCUPY THIS AREA
(THIS PLACARD IS NOT A DEMOLITION ORDER)

This structure has been inspected found to be seriously damaged and is unsafe to occupy, as described below:

Date: __________________________
Time: __________________________

(Caution: Aftershocks since inspection may increase damage and risk)

This facility was inspected under emergency conditions for:

__________________________________________
(Jurisdiction)

Inspector ID/Agency:

__________________________________________
__________________________________________
__________________________________________

Do not REMOVE, ALTER or COVER this placard until authorized by governing authority
Appendix 3

Examples of Posting and Barricading

<table>
<thead>
<tr>
<th>Condition Present</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Buildings</strong></td>
<td></td>
</tr>
<tr>
<td>Building has no apparent safety-related damage or other hazard present.</td>
<td>Post building: INSPECTED</td>
</tr>
<tr>
<td>Building appears to be of doubtful safety; further evaluation required.</td>
<td>Post building: RESTRICTED USE</td>
</tr>
<tr>
<td>Building in danger of collapse.</td>
<td>Post building: UNSAFE</td>
</tr>
<tr>
<td>Building in danger from geotechnical hazard (e.g., slope failure).</td>
<td>Post building: UNSAFE</td>
</tr>
<tr>
<td>Building structurally safe, but its use prevented by other hazard (e.g., ruptured gas line, toxic chemical spill).</td>
<td>Post building: UNSAFE</td>
</tr>
<tr>
<td><strong>Equipment</strong></td>
<td></td>
</tr>
<tr>
<td>Elevator machinery has been damaged.</td>
<td>Post elevator doors and switches: UNSAFE</td>
</tr>
<tr>
<td><strong>Falling or other hazards</strong></td>
<td></td>
</tr>
<tr>
<td>Building has falling hazard present (e.g., damaged parapet, cracked window).</td>
<td>Barricade danger zone and/or post: AREA UNSAFEThe UNSAFE placard may be placed on a perimeter barricade for this purpose.</td>
</tr>
<tr>
<td>Ruptured gas line, toxic chemical spill.</td>
<td>Post: AREA UNSAFEIf practical, and report situation to local authorities.</td>
</tr>
<tr>
<td>Building within inundation zone of unsafe dam, reservoir, or tank.</td>
<td>Post: AREA UNSAFEIf practical, and report situation to local authorities.</td>
</tr>
</tbody>
</table>
Appendix 4

Evaluation flowchart
### Appendix 5
### Seismic Zones—Selected Locations in British Columbia

<table>
<thead>
<tr>
<th>Location</th>
<th>Seismic Zone</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Mile House</td>
<td>1</td>
</tr>
<tr>
<td>Abbotsford</td>
<td>4</td>
</tr>
<tr>
<td>Agassiz</td>
<td>3</td>
</tr>
<tr>
<td>Alberni</td>
<td>5</td>
</tr>
<tr>
<td>Ashcroft</td>
<td>2</td>
</tr>
<tr>
<td>Burns Lake</td>
<td>3</td>
</tr>
<tr>
<td>Cache Creek</td>
<td>2</td>
</tr>
<tr>
<td>Campbell River</td>
<td>6</td>
</tr>
<tr>
<td>Castlegar</td>
<td>1</td>
</tr>
<tr>
<td>Chetwynd</td>
<td>1</td>
</tr>
<tr>
<td>Chilliwack</td>
<td>4</td>
</tr>
<tr>
<td>Comox</td>
<td>6</td>
</tr>
<tr>
<td>Courtenay</td>
<td>6</td>
</tr>
<tr>
<td>Cranbrook</td>
<td>1</td>
</tr>
<tr>
<td>Crescent Valley</td>
<td>1</td>
</tr>
<tr>
<td>Crofton</td>
<td>5</td>
</tr>
<tr>
<td>Dawson Creek</td>
<td>1</td>
</tr>
<tr>
<td>Duncan</td>
<td>5</td>
</tr>
<tr>
<td>Elko</td>
<td>1</td>
</tr>
<tr>
<td>Fernie</td>
<td>1</td>
</tr>
<tr>
<td>Fort Nelson</td>
<td>1</td>
</tr>
<tr>
<td>Fort St. John</td>
<td>1</td>
</tr>
<tr>
<td>Golden</td>
<td>1</td>
</tr>
<tr>
<td>Grand Forks</td>
<td>1</td>
</tr>
<tr>
<td>Greenwood</td>
<td>1</td>
</tr>
<tr>
<td>Hope</td>
<td>3</td>
</tr>
<tr>
<td>Hudson Hope</td>
<td>1</td>
</tr>
<tr>
<td>Kamloops</td>
<td>1</td>
</tr>
<tr>
<td>Kaslo</td>
<td>1</td>
</tr>
<tr>
<td>Kelowna</td>
<td>1</td>
</tr>
<tr>
<td>Kimberley</td>
<td>1</td>
</tr>
<tr>
<td>Kitimat</td>
<td>4</td>
</tr>
<tr>
<td>Lillooet</td>
<td>2</td>
</tr>
<tr>
<td>Lytton</td>
<td>2</td>
</tr>
<tr>
<td>Mackenzie</td>
<td>2</td>
</tr>
<tr>
<td>Masset</td>
<td>6</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Location</th>
<th>Seismic Zone</th>
</tr>
</thead>
<tbody>
<tr>
<td>McBride</td>
<td>1</td>
</tr>
<tr>
<td>McLeod Lake</td>
<td>2</td>
</tr>
<tr>
<td>Merritt</td>
<td>2</td>
</tr>
<tr>
<td>Mission City</td>
<td>4</td>
</tr>
<tr>
<td>Montrose</td>
<td>1</td>
</tr>
<tr>
<td>Nakusp</td>
<td>1</td>
</tr>
<tr>
<td>Nanaimo</td>
<td>4</td>
</tr>
<tr>
<td>Nelson</td>
<td>1</td>
</tr>
<tr>
<td>Ocean Falls</td>
<td>4</td>
</tr>
<tr>
<td>Osoyoos</td>
<td>1</td>
</tr>
<tr>
<td>Penticton</td>
<td>1</td>
</tr>
<tr>
<td>Port Alberni</td>
<td>5</td>
</tr>
<tr>
<td>Port Hardy</td>
<td>6</td>
</tr>
<tr>
<td>Port McNeill</td>
<td>6</td>
</tr>
<tr>
<td>Powell River</td>
<td>5</td>
</tr>
<tr>
<td>Prince George</td>
<td>2</td>
</tr>
<tr>
<td>Prince Rupert</td>
<td>5</td>
</tr>
<tr>
<td>Princeton</td>
<td>2</td>
</tr>
<tr>
<td>Qualicum Beach</td>
<td>4</td>
</tr>
<tr>
<td>Quesnel</td>
<td>2</td>
</tr>
<tr>
<td>Revelstoke</td>
<td>1</td>
</tr>
<tr>
<td>Salmon Arm</td>
<td>1</td>
</tr>
<tr>
<td>Sandspit</td>
<td>6</td>
</tr>
<tr>
<td>Sechelt</td>
<td>5</td>
</tr>
<tr>
<td>Sidney</td>
<td>5</td>
</tr>
<tr>
<td>Smithers</td>
<td>3</td>
</tr>
<tr>
<td>Squamish</td>
<td>3</td>
</tr>
<tr>
<td>Stewart</td>
<td>4</td>
</tr>
<tr>
<td>Taylor</td>
<td>1</td>
</tr>
<tr>
<td>Terrace</td>
<td>4</td>
</tr>
<tr>
<td>Tofino</td>
<td>5</td>
</tr>
<tr>
<td>Trail</td>
<td>1</td>
</tr>
<tr>
<td>Ucluelet</td>
<td>5</td>
</tr>
<tr>
<td>Vancouver &amp; Region</td>
<td>4</td>
</tr>
<tr>
<td>Burnaby</td>
<td>4</td>
</tr>
<tr>
<td>Cloverdale</td>
<td>4</td>
</tr>
<tr>
<td>Location</td>
<td>Seismic Zone</td>
</tr>
<tr>
<td>-------------------</td>
<td>--------------</td>
</tr>
<tr>
<td>Coquitlam</td>
<td>4</td>
</tr>
<tr>
<td>Delta</td>
<td>4</td>
</tr>
<tr>
<td>Ladner</td>
<td>4</td>
</tr>
<tr>
<td>Langley</td>
<td>4</td>
</tr>
<tr>
<td>New Westminster</td>
<td>4</td>
</tr>
<tr>
<td>North Vancouver</td>
<td>4</td>
</tr>
<tr>
<td>Richmond</td>
<td>4</td>
</tr>
<tr>
<td>Surrey</td>
<td>4</td>
</tr>
</tbody>
</table>
OSH Standard 505
Fire Protection Program
OSH Standard 505
Fire Protection Program

1. Scope

1.1 This standard covers the BC Hydro fire protection program.

2. Purpose

2.1 This standard specifies fire safety measures to protect workers, contractors, visitors and the workplace from the consequences of fire and/or explosion.

3. Standard

3.1 Measures must be taken to ensure that BC Hydro workers, contractors and visitors, plant and equipment are protected from the risks of fire and/or explosion by the most effective, prudent and technically feasible means.

3.2 The BC Hydro Fire Protection program shall be in conformance with the following Acts, Codes, Standards and Regulations:

- BC Building Code
- BC Fire Code
- National Fire Protection Association (NFPA) Codes, Standards and Recommended Practices
- Fire Services Act of BC
- Forest Fire Prevention and Suppression Regulation (BC Reg. 169/95)
- Open Burning Smoke Control Regulation (BC Reg. 145/93)
- Workers Compensation Board Act and WorkSafeBC Occupational Health & Safety Regulation
- Canadian Standards Association (CSA)
- Underwriters’ Laboratories of Canada (ULC)
- Underwriters’ Laboratories (UL)
- BC Hydro Safety Practice Regulations
- BC Hydro Design Standards

3.3 The BC Hydro Fire Protection program will be based on the prevention of injuries/loss of life, damage to property and the environment through the implementation of the following elements:

3.3.1 The completion of site specific fire hazard assessments and risk analysis for facilities, equipment and work procedures.

3.3.2 The immediate elimination of fire hazards.

3.3.3 Ongoing fire inspections/fire protection audits of plant and equipment.

3.3.4 Scheduled servicing, maintenance and testing programs including records of work completed for fire protection equipment/suppression systems in conformance with current codes and standards.
3.3.5 Documented design review of fire, safety and protection systems for new facilities and/or extensions to existing facilities.

3.3.6 The development/implementation of fire emergency plans.

3.3.7 The provision of information to local fire departments on hazardous materials including hazardous wastes at BC Hydro facilities which may endanger firefighters including storage locations and safe handling procedures.

3.3.8 The provision of information to fire departments and the forest service on the hazards associated with the BC Hydro plant and the electrical system as a component of the pre-fire emergency planning process.

3.3.9 The training of all workers in the fire prevention and the emergency evacuation procedures applicable to their place of work.

3.3.10 The selection and training of workers assigned to fire fighting duties including but not limited to fire suppression methods, fire prevention, emergency procedures, the Incident Command System (ICS), firefighter team safety and communications applicable to the workplace.

3.3.11 The provision and maintenance of approved fire fighting equipment, personal protective clothing and respiratory equipment for workers assigned fire fighting duties.

3.3.12 Maintaining compliance with the Waste Management Act – Open Burning Smoke Control Regulation BC Reg. 145/93 in the management and disposal of debris (vegetative matter) or demolition waste.

3.3.13 Conducting work in areas classified as wildland in compliance with the Forest Fire Prevention and Suppression Regulation BC Reg. 169/95.

3.3.14 The prompt reporting and investigation of fires and/or explosions.

3.3.15 Maintaining records of reports and investigations of incidents involving fire and/or explosions and the release of hazardous materials.

4. Roles and Responsibilities

The implementation of Fire Protection Program requires the cooperation and coordination of all employees as follows:

4.1 Managers

4.1.1 Ensure that a fire hazard assessment is conducted for all buildings, operating equipment and work procedures in their area of responsibility.

4.1.2 Establish site specific guidelines for the prevention of fires in the workplace for workers and contractors.

4.1.3 Ensure that monthly inspections are carried out at each BC Hydro building or operation to identify and correct fire hazards.

4.1.4 Arrange for testing, maintenance and servicing of fire equipment, fire alarm and fire suppression systems in compliance with the BC Fire Code and NFPA Standards.
4.1.5 Ensure that formalized fire emergency plans for all facilities within their jurisdiction are developed, implemented and maintained.

4.1.6 Ensure that local emergency agencies such as fire departments are familiar with fire and emergency plans including site specific hazards.

4.1.7 Ensure that all workers are trained in fire prevention, emergency evacuation, and fire fighting procedures applicable to their place of work.

4.1.8 Ensure that all workers assigned to fire fighting duties are provided with the appropriate approved fire fighting equipment, respiratory equipment and personal protective clothing.

4.1.9 Ensure that annual fire emergency drills are conducted to confirm and evaluate the level of understanding of all workers with the procedures in the site emergency plans. Records of drills and exercises must be kept.

4.1.10 Ensure that information on proposed renovations or changes in usage of existing facilities including drawings is submitted to BC Hydro Engineering for code compliance review at the planning stage.

4.1.11 Ensure that within 24 hours all fires are reported to the Treasury Manager and your Occupational Safety and Health (OSH) Specialist. “Fire and Explosion Report” Form #80311 is available on the Intranet.

4.2 Supervisors/Crew Leaders

4.2.1 Conduct fire hazard assessments in their work area and correct hazards as identified.

4.2.2 Conduct or designate workers to carry out monthly fire inspections of the work area. Maintain records of inspections.

4.2.3 Ensure that workers are familiar with the fire prevention regulations and emergency procedures for the work place.

4.2.4 Complete a fire report within 24 hours of the incident on a “Fire and Explosion” Report Form #80311 available on the Intranet. Forward one copy to the Treasury Manager and one copy to your Occupational Safety and Health (OSH) Specialist.

4.2.5 Ensure that fire equipment is recharged and returned to service immediately after usage.

4.2.6 Ensure that fire emergency response equipment and fire protection systems are properly maintained.

4.2.7 Ensure that operations involving the disposal of debris (vegetative matter) or demolition waste are carried out in compliance with the Waste Management Act BC Reg. 149/93.

4.2.8 Ensure that all industrial work activities conducted under their direction in areas designated as wildland or forest are carried out in compliance with the Forest Fire Prevention and Suppression Regulation BC Reg. 169/95.

4.3 Workers

4.3.1 Report all fire hazards or hazardous conditions to their work leader, supervisor or manager.

4.3.2 Report all incidents involving fires and/or explosions to their supervisor or manager.

4.3.3 Conduct all work practices in compliance with WorkSafeBC Occupational Health and Safety Regulations and site specific fire regulations.

4.3.4 In the event of a fire, carry out emergency procedures in accordance with their site or local Fire Emergency Response Plan.
4.4 BC Hydro Engineering

4.4.1 Specify the type, location and general requirements of fire protection for all BC Hydro facilities.
4.4.2 Assist in the design and development of specifications, for fire protection and life safety systems.
4.4.3 Conduct reviews of all building plans (including substations, hydro and thermal, stationary or mobile) from a Fire Prevention and Fire Safety viewpoint, prior to calling tenders.
4.4.4 Provide consulting services on the operation of and maintenance requirements for fire protection systems.
4.4.5 Conduct periodic inspection and fire protection audits of corporate facilities.
4.4.6 Ensure that acceptance testing and verification of new or modified fire protection systems are conducted.
4.4.7 Provide consulting services in the interpretation of fire/life safety codes and standards.

5. References

5.1 BC Building Code
5.2 BC Fire Code
5.3 National Fire Protection Association (NFPA) Codes, Standards and Recommended Practices
5.4 Fire Services Act of BC
5.5 Forest Fire Prevention and Suppression Regulation (BC Reg. 169/95)
5.6 Open Burning Smoke Control Regulation (BC Reg. 145/93)
5.7 Workers Compensation Board Act and WorkSafeBC Occupational Health & Safety Regulation
5.8 Canadian Standards Association (CSA)
5.9 Underwriters’ Laboratories of Canada (ULC)
5.10 Underwriters’ Laboratories (UL)
5.11 BC Hydro Safety Practice Regulations (SPR)
5.12 BC Hydro Design Standards
5.13 BC Hydro SES – Fire Protection
5.14 BC Hydro SES – Emergency Preparedness
OSH Standard 508
Emergency Kits & Winter Survival
OSH Standard 508
Emergency Kits & Winter Survival

1. Scope

1.1 This standard covers emergency preparedness kits, cabinets and winter survival.

2. Purpose

2.1 This standard provides information on Emergency Preparedness Supply Cabinets and Kits including their contents, inspection and maintenance procedures, and winter survival kits and training.

3. Standard

3.1 General

3.1.1 Facilities located in seismic risk zones 3, 4, 5 and 6 (see OSH Standard 501 – Fire and Safety Plans for Buildings) that serve as headquarters and/or are staffed for significant periods of the day shall be equipped with Emergency Preparedness Supply Cabinets and Kits as detailed in this standard.

3.1.2 Emergency kits should be stored in easily accessible locations. Post-earthquake accessibility of the kit is an important consideration for high-risk seismic zones.

3.1.3 Workers that will be subjected to extreme weather conditions during their work activities must be provided with training and an appropriate winter survival kit.

3.2 Emergency Preparedness Supply Cabinets

3.2.1 A single Emergency Preparedness supply cabinet can house sufficient emergency supplies for up to 50 persons. The cabinet (2 doors, 3 shelves) is a crush-resistant steel storage unit measuring 1350mm (53") height, 1060mm (41") width, 580mm (23") depth. An instructional video entitled “Emergency Preparedness Cabinets” available through BC Hydro Strategic Emergency Management provides information on using the contents of the cabinets.

3.2.2 Post-earthquake accessibility of emergency supplies is an important consideration for high-risk seismic zones. Therefore Emergency Preparedness Supply Cabinets should be stored in easily accessible locations. For proper placement of the Cabinets within a building, employ the following guidelines to optimize post-earthquake accessibility:

   • Situate cabinets in an area of structural strength near the vicinity of a building exit.
   • Avoid concentrating multiple cabinets at a single location. Instead, distribute the cabinets throughout different areas of the building to maximize accessibility.

3.2.3 The emergency preparedness supply cabinet is fitted with a lock and a ‘break–glass’ key box. Appendix 7 describes the modification procedure(s) to upgrade the key box. The seal–ties required for the key box upgrade are available from BC Hydro Strategic Emergency Management (provide your mailing address and the number of key boxes slated for upgrade).

3.3 Emergency Preparedness Kits

3.3.1 Emergency Preparedness Kits are designed to provide essential rescue, first aid, and survival support.
requirements for a period of 72 hours. These kits, stored inside emergency preparedness supply cabinets, are organized in modular format and are available from Store 1. Appendix 2 lists the contents of emergency preparedness kit modules.

3.3.2 Emergency Preparedness kits must be inspected and maintained in accordance with the schedule provided in Appendix 5. Written records shall be kept for all monthly checks, annual inspections and periodic maintenance performed. A maintenance record form is provided in Appendix 6.

3.3.3 Update packs are available to upgrade Emergency Preparedness Kits where contents are damaged or are beyond their expiry date. See Appendix 3.

3.4 Winter Survival

3.4.1 Some BC Hydro work is carried out in remote areas under harsh winter conditions. Workers that will be subjected to extreme weather conditions must be provided with:

- Winter survival kits, and
- Training in winter survival techniques.

3.4.2 Training in winter survival is available in all regions. It can vary from a one–day course focusing mainly on the winter survival kit and the use of its contents, to a week–long wilderness experience. Details may be obtained from your Occupational Safety and Health (OSH) Specialist.

3.4.3 Winter survival kits are available from suppliers as listed. See Appendix 4 for winter survival kits, their contents and suppliers.

3.4.4 The contents of winter survival kits should be inspected before use. Contents that are dated, punctured or leaking should be replaced.

4. Roles and Responsibilities

4.1 Managers

4.1.1 Ensure that Emergency Cabinets and Kits are stored in readily accessible locations and have sufficient contents for the occupants of the location.

4.1.2 Ensure that the emergency preparedness cabinets are inspected and maintained in accordance with the specified schedule. It is recommended that a worker be designated for this task.

4.1.3 Ensure that employees subject to extreme weather conditions have the appropriate training and emergency survival equipment.

4.2 Workers

4.2.1 Designated workers are to conduct inspection and maintenance of Emergency Preparedness Cabinets and Kits in accordance with the specified schedule, and to document all inspections and maintenance activities.
5. Records and Documentation

5.1 Document and maintain records of checks, inspections, and maintenance of Emergency Preparedness Cabinets and Kits.

6. Reference

6.1 WorkSafeBC OSH Regulations, Part 3, Division 3

6.2 Wilderness Survival Manual, Form #10011
Appendix 1

Emergency Preparedness Kit Descriptions

The following provides a description of the various Emergency Preparedness Kit Modules. See Appendix 2 for kit contents. All kit modules are available from Store 1 by Stores Requisition.

**Rescue First-Aid Kit — Stock #151–0501**
This is a portable tote bag with rescue equipment suitable to for up to 50 persons, and first aid for up to 25 persons. For 26 to 50 persons, an additional first aid kit is required.

**Food Water Survival Support Kit — Stock #151–0502**
This kit contains supplies for the survival of 5 people for 3 days. Up to ten kits may be stored in one cabinet.

**First-Aid Kit — Stock #151–0503**
This is an expansion module for 26 to 50 persons as described above.

**Emergency Backpack — Stock #151–0504**
This is a mobile kit that contains first aid and survival equipment, food and water to help 1 person survive for 3 days. It may be expanded for up to 5 persons by adding an emergency kit for each additional person. The kit is suitable for vehicle use, and in some circumstances suitable for work sites.

**Emergency Kit — Stock #151–0505**
This kit contains survival equipment, food and water to support 1 person for 3 days. Although it is intended as an expansion module for the emergency backpack, it may also be used as a bare minimum stand-alone kit.
## Emergency Preparedness Kit Contents

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<thead>
<tr>
<th>Description</th>
<th>151-O5O1</th>
<th>151-O5O2</th>
<th>151-O5O3</th>
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### Appendix 3

Emergency Preparedness Kit Upgrade Pack Contents

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<th>Description</th>
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<th>151–0511 Rescue Kit</th>
<th>151–0512 Food Water Survival Support</th>
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<td>10</td>
<td></td>
</tr>
<tr>
<td>Adhesive Dressing, Fingertip, Sterile 75mm x 44 mm, Individually Wrapped</td>
<td>Each</td>
<td></td>
<td></td>
<td>5</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Adhesive Dressing, Anchor, Sterile 75 mm x 38 mm, Individually Wrapped</td>
<td>Each</td>
<td></td>
<td></td>
<td>5</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Closure, Butterfly, Sterile, medium size. Individually Wrapped. Smith &amp; Nephew or Equivalent</td>
<td>Each</td>
<td></td>
<td></td>
<td>5</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Gloves, Surgical, Disposable. Size Large</td>
<td>Pairs</td>
<td></td>
<td></td>
<td>10</td>
<td>2</td>
<td></td>
</tr>
</tbody>
</table>
Appendix 4

Winter Survival Kits

Fanny Pack

This kit contains survival equipment, and food to support 1 person for 3 days. The kit includes:

<table>
<thead>
<tr>
<th>Pack, Shelter &amp; Bedding</th>
<th>Food</th>
<th>Cooking</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 fanny pack</td>
<td>2 Knorr soup mixes</td>
<td>1 Trangia survival store</td>
</tr>
<tr>
<td>1 tube tent</td>
<td>4 tea bags</td>
<td>1 Sigg fuel bottle</td>
</tr>
<tr>
<td>1 alpine over-bag</td>
<td>1 ration pack (compressed food)</td>
<td>1 litre methyl hydrate</td>
</tr>
<tr>
<td></td>
<td>4 hot chocolate</td>
<td>2 large Sierra cups</td>
</tr>
<tr>
<td></td>
<td>2 Wonders bars</td>
<td>2 sets knife, fork, spoon</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Signal</th>
<th>Fire</th>
<th>Miscellaneous</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 flashlight</td>
<td>2 candles (Pink Lady)</td>
<td>1 package pocket tissue</td>
</tr>
<tr>
<td>1 Huntsman compass</td>
<td>1 pkg waterproof matches</td>
<td>1 50 foot cord</td>
</tr>
<tr>
<td>1 survival whistle</td>
<td>1 Bic lighter</td>
<td>1 sheath knife</td>
</tr>
<tr>
<td>1 wilderness signal kit</td>
<td>1 folding saw</td>
<td>1 first aid kit (soft pack)</td>
</tr>
<tr>
<td>2 “AA” batteries</td>
<td>1 survival whistle</td>
<td>1 lip balm</td>
</tr>
<tr>
<td></td>
<td>1 flashlight</td>
<td>1 sun screen</td>
</tr>
<tr>
<td></td>
<td>2 “AA” batteries</td>
<td>1 insect repellent</td>
</tr>
<tr>
<td></td>
<td>2 candles (Pink Lady)</td>
<td>1 garbage bag</td>
</tr>
</tbody>
</table>

Vehicle Survival Kit

This kit contains survival equipment, food and first aid supplies to support 1 to 2 people overnight. It is intended for employees whose work always involves vehicle use and whose worst case survival scenario would be a disabled vehicle in extreme weather conditions. The vehicle survival kit includes:

<table>
<thead>
<tr>
<th>Cooking</th>
<th>Food</th>
<th>Fire</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 large metal cup</td>
<td>1 emergency food rations</td>
<td>1 pkg waterproof matches</td>
</tr>
<tr>
<td>1 36 hour candle</td>
<td>6 emergency water rations</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3 hot chocolate</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3 tea bags</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>First Aid</th>
<th>Miscellaneous</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 triangular bandage</td>
<td>1 multi-blade knife</td>
</tr>
<tr>
<td>4 adhesive strips</td>
<td>1 garbage bag</td>
</tr>
<tr>
<td>1 fingertip bandage</td>
<td>5 zip-lock bags (miscellaneous sizes)</td>
</tr>
<tr>
<td>1 dressing 2” x 3”, fabric</td>
<td>1 emergency shelter</td>
</tr>
<tr>
<td>6 BZK (antiseptic towelette)</td>
<td>1 content card</td>
</tr>
<tr>
<td>6 gauze, 3” x 3”, sterile</td>
<td>1 poly-zip bag 11” x 14” (sealed)</td>
</tr>
<tr>
<td>14” x 6” sterile pressure dressing</td>
<td></td>
</tr>
</tbody>
</table>
Winter Survival Kit

This kit contains survival equipment, food, and first aid supplies to support 2 to 3 people for 4 days. The winter survival kit includes:

<table>
<thead>
<tr>
<th>Pack, Shelter &amp; Bedding</th>
<th>Food</th>
<th>Cooking</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 travel back pack</td>
<td>6 Knorr soup mixes</td>
<td>1 Trangia survival store</td>
</tr>
<tr>
<td>1 tent “Stretch Dome” (with fly)</td>
<td>12 tea bags</td>
<td>1 Sigg fuel bottle</td>
</tr>
<tr>
<td>1 tube tent</td>
<td>1 ration pack (compressed food)</td>
<td>1 litre methyl hydrate</td>
</tr>
<tr>
<td>1 ground sheet</td>
<td>6 hot chocolate</td>
<td>1 1.3 litre pot with lid</td>
</tr>
<tr>
<td>1 bivy sack (North Face)</td>
<td>6 rice (boil in bag)</td>
<td>1 2 litre pot with lid</td>
</tr>
<tr>
<td>1 compression stuff sack (custom)</td>
<td>2 Wonders bars</td>
<td>2 large Sierra cups</td>
</tr>
<tr>
<td>1 sleeping bag (Bigfoot)</td>
<td></td>
<td>2 sets knife, fork, spoon</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Signal</th>
<th>Fire</th>
<th>Miscellaneous</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 flashlight</td>
<td>6 candles (Pink Lady)</td>
<td>2 packages pocket tissue</td>
</tr>
<tr>
<td>2 “D” batteries</td>
<td>1 Esbitt stove (with fuel tablets)</td>
<td>1 75 foot cord</td>
</tr>
<tr>
<td>1 reflector mirror</td>
<td>1 package large fuel tablets</td>
<td>1 sheath knife</td>
</tr>
<tr>
<td>6 Skyblazer flares</td>
<td>1 pkg waterproof matches</td>
<td>1 folding saw</td>
</tr>
<tr>
<td>1 Huntsman compass</td>
<td>1 fire lighter flint</td>
<td>1 mini heater</td>
</tr>
<tr>
<td>1 survival whistle</td>
<td>1 Bic lighter</td>
<td>1 book “Survival Sense”</td>
</tr>
<tr>
<td>2 Cyalume lightsticks</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 ML-15 signal flash</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 “AA” batteries</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Suppliers:

The BC Hydro Winter survival kit and fanny pack may be purchased from:

Carleton Rescue Equipment Ltd.
3201 Kingsway
Vancouver, B.C.
V3R 5K3

Vehicle Survival Kit EKIT 1815 may be purchased from:

FAST Limited First Aid & Survival Technologies Ltd.
8850 River Road
Delta, B.C.
V4G 1B5
Appendix 5

Emergency Preparedness Cabinet and Kit Inspection and Maintenance Schedule

Emergency Preparedness Cabinets and Kits must be inspected and maintained in accordance with the schedule outlined below. Written records shall be kept for all monthly checks, annual inspections and periodic maintenance performed. A maintenance record form is provided in Appendix 6. If the cabinet key box requires upgrading, see Appendix 7.

Before Use

Before using a kit, check its contents for evidence of damage or wear.

Monthly Check

Conduct a quick check to ensure that the cabinet is accessible and the contents are undamaged. Replace punctured or leaking contents.

Annual Inspection

Perform a visual inspection of key kit components:

- Check Kit bags for general condition of all contents and for evidence of damage or wear. Replace punctured or leaking contents.
- Check batteries located in the end pouch of the Rescue First–Aid Kit for damage or leakage.
- Check Food or Water pouches contained in a box within the Food Water Survival Support kits for damage. Package integrity is critical to the performance of these items. Replace time dated contents that are beyond their expiry date.

5 year Periodic Maintenance

Every five years, key and expired components shall be replaced. Update packs are available from Store 1. See Appendix 3 for contents of update packs.

Update Packs Available

The contents of the Upgrade pack are listed in Appendix 3.

- Rescue First–Aid kit – Stock #151–O511 (Note: The first-aid component is handled separately below)
- Food Water Survival Support kit – Stock #151–O512
- First–Aid kit – Stock #151–O513
- Emergency backpack – Stock #151–O514
- Emergency kit – Stock #151–O515
Appendix 6

Emergency Preparedness Kit Maintenance Record Form

<table>
<thead>
<tr>
<th>RECORD OF 5 YEAR PERIODIC UPDATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Updated on:</td>
</tr>
<tr>
<td>Next Update Required on:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>RECORD OF ANNUAL INSPECTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year:</td>
</tr>
<tr>
<td>Checked by:</td>
</tr>
<tr>
<td>Year:</td>
</tr>
<tr>
<td>Checked by:</td>
</tr>
<tr>
<td>Year:</td>
</tr>
<tr>
<td>Checked by:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>RECORD OF ANNUAL INSPECTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>For Year</td>
</tr>
<tr>
<td>Jan</td>
</tr>
<tr>
<td>-----</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

BC Hydro Disclaimer: BC Hydro does not accept any liability or responsibility of any kind arising from inappropriate use of this information.

This version of this safety document is intended solely as an example for prospective BC Hydro contractors. Current BC Hydro contractors must refer to updated information on the BC Hydro contractor Safety Extranet.
Appendix 7

Emergency Preparedness Supply Cabinet – Key Box Upgrade

Procedure for Key Box Upgrade

At present, the key has simply been placed on the bottom of the key box. Due to safety concerns related to retrieval of the key from the broken glass, a modification has been designed to suspend the key within the key box.

The following modification must be completed on all Emergency Preparedness Supply Cabinets where the cabinet is locked and the key is stored within the key box.

Two different models of key boxes are deployed on the emergency preparedness supply cabinets. From the pictures below, identify the model of the key box slated for upgrade. Then employ the respective modification procedure to upgrade the key box. Before completing this procedure, have a duplicate key made by a locksmith.

For Globe model – Use Procedure One  For Ross model – Use Procedure Two
Key Box Upgrade — Procedure One for Globe Model

Step 1 Using a screwdriver, loosen the lower screw on the key box face.

Step 2 Loosen and remove the upper screw on the key box face.

Step 3 Rotate the key box face on the lower screw to gain access to the key. Use caution as the glass plate behind the face is loose and must be retained during this operation.

Step 4 Remove the key from the box and have a copy made.

Step 5 As illustrated above, place seal-tie through the keyhole and pull free end all the way through. Do not over-tighten as the seal will break!

Step 6 Place key into key box, behind the glass, with seal-tie as close to the centre as possible and the key positioned so that it will be suspended after the next step.
Step 7  Replace the key box face and tighten the screws with the seal–tie trapped between the body and face of the key box.

Step 8  Cut the seal–tie flush with the top of the key box using a sharp knife.
Key Box Upgrade — Procedure Two for Ross Model

Step 1  This procedure requires a second cabinet key. A locksmith will be able to provide you with a copy.

Step 2  The key can be accessed by removing the screws from the front of the key box and moving the glass away. After gaining access to the cabinet, unscrew the lock box from the cabinet and re-assemble the breakglass components.

Step 3  As illustrated above, place seal–tie through the keyhole and pull free end all the way through. Do not over–tighten as the seal will break!

Step 4  Loosen the screws holding the key box to the cabinet (not the glass retaining screws on the front of the box) enough so that the key can be inserted between the cabinet and the back of the lock box as shown above.

Step 5  Retighten the screws while holding the seal–tie so that the key is suspended in the lock box.
Step 6  Cut the seal–tie flush with the top of the key box using a sharp knife.
OSH Standard 509
Fire Extinguisher Maintenance

1. Scope
   1.1 This standard covers the maintenance of fire extinguishers.

2. Purpose
   2.1 This standard specifies the procedures and requirements for fire extinguisher maintenance.

3. Standard
   3.1 General
      3.1.1 Hand-portable and wheeled fire extinguishers are installed throughout the BC Hydro infrastructure. This equipment is the first line of defense against fires, and its reliability is dependent upon a maintenance schedule of inspections, servicing and testing (refer to Appendix 1 – Maintenance Schedule for Hand-Portable Fire Extinguishers).
      3.1.2 The specific regulatory requirements are listed in the BC Fire Code Section 6.2 Portable Fire Extinguishers, NFPA 10 – The Standard for Portable Fire Extinguishers and according to WorkSafeBC OHS Regulation 4.3.

3.2 Inspection
   3.2.1 Fire extinguishers must be inspected on a monthly basis by trained BC Hydro workers.
   3.2.2 Inspections of fire extinguishers must include checks, of at least the following items:
      • Located in designated place.
      • No obstruction(s) to access or visibility.
      • Operating instructions or nameplate legible and facing outward.
      • Seals and tamper indicators not broken or missing.
      • Determine fullness by weighing or hefting.
      • Examine for obvious physical damage, corrosion, leakage or clogged nozzle.
      • Pressure gauge reading or indicator in the operable range or position.
      • Hydrostatic test date is not overdue.
      • Last annual service date on the record tag.
      • Ensure that the WHMIS label is legible.

      Immediate corrective action must be taken to rectify any deficiencies revealed by the inspections.

3.3 Servicing
   3.3.1 Fire extinguishers must be serviced on an annual basis, and as required whenever deficiencies are found. Service work is to be conducted by qualified BC Hydro workers or approved fire extinguisher service contractors with ASTT Certification.
3.3.2 The servicing of a fire extinguisher requires a full service check, including:

- All applicable items in clause 3.2.2.
- Disassembly, thorough examination, and cleaning of the mechanical parts.
- Replacement of any defective parts.
- Examination of the condition of the extinguishing agent and expellant.

Note:
The specific requirements for the fire extinguisher servicing are detailed in the BC Hydro Fire Extinguisher Manuals.

3.4 Fire extinguishers must be hydrostatically tested at regular intervals as prescribed in Appendix 1. Hydrostatic tests are to be conducted by qualified, properly equipped, approved agencies. Contact BC Hydro Fire Marshal or Fire Prevention Equipment Servicer/Trainer for further information.

3.5 Fire extinguishers must be recharged immediately after use. Recharging is to be conducted by qualified BC Hydro workers or approved fire equipment service contractors technicians with ASTT Certification.

3.6 Fire extinguishers removed from their designated locations while undergoing maintenance, hydrostatic testing, or recharging must have temporary replacement fire extinguishers (of similar type and rating) serving in their stead.

3.7 Training

3.7.1 All workers who are assigned fire extinguisher maintenance duties (e.g. inspection, servicing, recharging) must be given the appropriate training.

3.7.2 Fire Prevention Equipment Servicer/Trainer, Construction Services is available to provide training and a full range of inspection, maintenance and recertification of fire fighting equipment.

3.8 Fire Prevention Services

3.8.1 The Construction Services, Fire Prevention Equipment Servicer/Trainer (or Fire Marshal) can supply additional information on maintenance manuals and worker training on request.

3.8.2 Fire Prevention Equipment Servicer/Trainer (or Fire Marshal) can provide full service recharge and hydrostatic test services to BC Hydro Business Units on request.

4. Roles and Responsibilities

4.1 Managers

4.1.1 Ensure that hand portable and wheeled fire extinguishers are inspected, maintained, recharged and tested in accordance with the requirements of this standard.

4.1.2 Ensure that all workers assigned fire extinguisher maintenance duties have been provided with adequate instruction and training.
4.1.3 Ensure that records for fire equipment maintenance are kept on site for review and reference purposes.

4.2 Workers

4.2.1 Trained workers are to conduct monthly inspections of fire extinguishers in accordance with the provisions of this standard.

4.2.2 Workers shall report any damaged, discharged equipment or equipment overdue for maintenance or test to their manager.

5. Records and Documentation

5.1 Each extinguisher must have a tag securely attached that denotes the month and year the maintenance was conducted and identifies the person performing the service. The Fire Extinguisher Service Record tag, Form 80312, should be used.

5.2 Monthly inspections must be recorded and kept on file.

5.3 Service records must be maintained. The record information should include the size and type of extinguishers, serial number, last hydrostatic test date, the type of work conducted and any deficiencies found. A sample may be seen in Appendix 2.

6. References

6.1 NFPA 10 Standard for Portable Fire Extinguishers

6.2 BC Fire Code Section 6.2 Portable Fire Extinguishers

6.3 WorkSafeBC OHS Regulation 4.3.

6.4 BC Hydro Fire Extinguisher Manual (available through Fire Marshal or Fire Prevention Equipment Servicer/Trainer)
## Appendix 1

### Maintenance Schedule for Hand-Portable Fire Extinguishers

#### Types of Maintenance:

**Inspection:** A quick check at regular intervals to provide reasonable assurance an extinguisher is available and operable.

**Servicing:** A thorough check (full service) at regular intervals to provide maximum assurance an extinguisher will operate effectively and safely.

**6 year Maintenance:** Procedure required to be performed on stored pressure extinguishers with a 12 year HST frequency.

**Hydrostatic Testing (HST):** A pressure test on the extinguisher shell, cylinders, some cartridges and some hose assemblies.

<table>
<thead>
<tr>
<th>Extinguisher</th>
<th>Inspection Frequency</th>
<th>Servicing Frequency</th>
<th>6 year Maintenance</th>
<th>Hydrostatic Testing Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ansul 5 lb, 10 lb, 20 lb, 30 lb, ABC cartridge operated dry chemical</td>
<td>Monthly</td>
<td>Annually</td>
<td>Not Required</td>
<td>12 Years</td>
</tr>
<tr>
<td>5 lb, 15 lb, &amp; 20 lb Carbon Dioxide</td>
<td>Monthly</td>
<td>Annually</td>
<td>Not Required</td>
<td>5 Years</td>
</tr>
<tr>
<td>Dry Chemical Stored Pressure</td>
<td>Monthly</td>
<td>Annually</td>
<td>Required</td>
<td>12 Years</td>
</tr>
<tr>
<td>FE-36/CLEAN GUARD Stored Pressure</td>
<td>Monthly</td>
<td>Annually</td>
<td>Required</td>
<td>12 Years</td>
</tr>
<tr>
<td>2.5 gallon Water Mist</td>
<td>Monthly</td>
<td>Annually</td>
<td>Not Required</td>
<td>5 Years</td>
</tr>
<tr>
<td>2.5 gallon Water Pressure</td>
<td>Monthly</td>
<td>Annually</td>
<td>Not Required</td>
<td>5 Years</td>
</tr>
<tr>
<td>150 lb &amp; 350 lb ABC Dry Chemical Wheeled Unit</td>
<td>Monthly</td>
<td>Annually</td>
<td>Not Required</td>
<td>12 Years</td>
</tr>
<tr>
<td>Nitrogen Cylinder for Wheeled Unit</td>
<td>Monthly</td>
<td>Annually</td>
<td>Not Required</td>
<td>10 Years</td>
</tr>
<tr>
<td>50 lb, 75 lb, 100 lb Carbon Dioxide Wheeled Unit</td>
<td>Monthly</td>
<td>Annually</td>
<td>Not Required</td>
<td>5 Years</td>
</tr>
</tbody>
</table>
Appendix 2

A Typical Example

**FIRE AND EMERGENCY SERVICES RECORD AND INVENTORY**

**DATE:** February 2001

**SITE NAME:** Cathedral Square Substation

**FILE:** 406A

**SPECIAL REMARKS:** Contact Boundary Operations Centre

**SERVICER:** RVH & DP

<table>
<thead>
<tr>
<th>Location</th>
<th>Type</th>
<th>HST</th>
<th>Serial</th>
<th>Make</th>
<th>S*</th>
<th>R*</th>
<th>H*</th>
<th>Deficiencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room 102</td>
<td>FE-36</td>
<td>2000</td>
<td>BF4996</td>
<td>Ansl</td>
<td>x</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Room 102</td>
<td>FE-36</td>
<td>2000</td>
<td>BF1231</td>
<td>Ansl</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
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<tr>
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<td>88</td>
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<td>Ansl</td>
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<td></td>
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<td>D859691</td>
<td>Ansl</td>
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<td>Room 107</td>
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<td>DK494174</td>
<td>Ansl</td>
<td></td>
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<td>x</td>
<td></td>
</tr>
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<td>83</td>
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<td>2000</td>
<td>BF3674</td>
<td>Ansl</td>
<td>x</td>
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<td></td>
</tr>
</tbody>
</table>

*S – Serviced  32 & 6 hoses  Total Number of Hours 5.5
H – HST  4
R – Recharged  Local Component  Yes

Table of Contents
OSH Standard 601
Personal Protective Equipment
OSH Standard 601
Personal Protective Equipment

1. Purpose

This standard describes the application of Personal Protective Equipment (PPE) for all persons at BC Hydro workplaces; and all BC Hydro employees entering other industrial workplaces.

This standard also describes the accountability of the Business Group’s Senior Leadership to Establish PPE zones in the workplace; and defines basic PPE requirements for all PPE zones.

2. Contents

1. Purpose
2. Contents
3. Scope
4. Requirements
5. Roles and responsibilities
6. Reference material
7. Recent document changes

Appendix 1 – Example – Implementing PPE Zones for Conforming Areas
Appendix 2 – Example – Implementing PPE Zones for Non-conforming Areas
Appendix 3 – BC Hydro Workplace PPE Zones and Requirements
Appendix 4 – Head Protection – General Workplace Requirements
Appendix 5 – Foot Protection
Appendix 6 – High Visibility Clothing
Appendix 7 – Eye Protection
Appendix 8 – Hearing Protection
Appendix 9 – Hand and Forearm Protection (Gloves and Sleeves)
Appendix 10 – HS-PPE Table
Appendix 11 – PPE for Home Use
Appendix 12 – BC Hydro Flame Resistant (FR) Clothing Requirements
3. **Scope**

This standard covers the use of PPE mandated by WorkSafeBC and required by BC Hydro Safety Practice Regulations. When it has not been practicable to eliminate the hazards of a workplace, PPE shall be used. PPE represents the workers’ last line of protection for the body (see OSH Standard 110 – Hazard Identification & Risk Assessment).

4. **Requirements**

4.1. **Definitions**

4.1.1. Personal Protective Equipment (PPE) is defined as safety clothing/equipment that is worn by an individual as a last line of defense to protect against hazards.

4.1.2. PPE Zone is defined as a work area that requires usage of basic PPE.

4.2. **Identification of PPE Zones**

4.2.1. Business Groups, with support from BC Hydro Safety are responsible for defining PPE zones for their worksites. See Appendices 1 and 2 for direction on identification of PPE Zones.

- PPE zones shall be clearly established and communicated through signage and/or controlled access.
- Modifications to PPE zone must be approved by Senior Management.
- Basic PPE requirements shall be defined for PPE zones.

**Note:**
Section 8.4 of the WorkSafeBC Occupational Health and Safety (OHS) Regulation, requires an evaluation of workplace conditions where required in order to determine appropriate PPE.

4.3. **Basic PPE**

4.3.1. Basic PPE is protection for head, feet, eyes, hearing and hands, plus high visibility clothing. Basic PPE must be worn or readily accessible in workplaces where hazard exists. These have been defined in:

- Appendix 3 for BC Hydro Workplace PPE Zones and Requirements and SPR 303

4.3.2. Specific requirements for each type of Basic PPE must be followed as defined in:

- Appendix 4 – Head Protection – General Requirements, plus Off-Road Vehicle Requirements
- Appendix 5 – Foot Protection
- Appendix 6 – High Visibility Clothing
- Appendix 7 – Eye Protection
- Appendix 8 – Hearing Protection
- Appendix 9 – Hand and Forearm Protection (Gloves and Sleeves)

4.3.3. Occupations or persons not covered by the requirements of Section 4.3 shall be governed by WorkSafeBC requirements, and Sections 4.4 through 4.6 of this Standard.
4.4. Hazard Specific—Personal Protective Equipment (HS–PPE)

4.4.1. Additional PPE (HS–PPE) is required for task-specific hazards where basic PPE does not provide sufficient protection (e.g., respiratory protection, handling of hazardous materials, fall protection, etc.).

4.4.2. HS–PPE is used in conjunction with basic PPE, and can supersede basic PPE (e.g. for chemical spill clean-up, the use of rubber boots overrides the use of leather boots).

4.4.3. HS–PPE requirements can be determined by the following:

- Consulting HS–PPE table in Appendix 1O, which will give direction to other hazard specific OSH Standards; or by
- Consulting BC Hydro documentation (SPRs, Work Procedures, Local Instructions); or by
- Conducting a risk assessment for unique task-specific hazards. Contact your Occupational Safety & Health (OSH) Specialist for assistance.

4.5. PPE – General Requirements

4.5.1. All PPE shall meet the requirements of WorkSafeBC regulations and specifications.

4.5.2. BC Hydro will supply PPE as required.

- The exception to this is safety footwear which shall be purchased by employees for reimbursement (reimbursement policy detailed in Appendices or collective agreement).

4.5.3. BC Hydro employees shall use only PPE supplied by BC Hydro or meet the requirements of this and other applicable Standards.

- If unavailable through stores, exceptions can be evaluated through a Professional Engineer or OSH Specialist and approved by the Business Group. PPE requires proper inspection, maintenance, cleaning, and storage.

4.5.4. PPE must not be modified.

4.5.5. PPE is available for employees to use at home. See Appendix 11.

4.6. Application of Flame Resistant (FR) Clothing

4.6.1. Requirements – when working in proximity to energized conductors or equipment, within 10 feet to low voltage or within column 4 for high voltage, a base layer of Flame Resistant (FR) clothing (i.e., shirt and pants with full coverage of arms, torso and legs) that provides an arc thermal performance value (ATPV) of at least 8 cal/cm² will be worn:

4.6.2. Exceptions can only be made where a hazard identification and risk assessment has been conducted by a BC Hydro OSH Specialist or Professional Engineer, or with an approved work procedure, and the area has been clearly identified.

Flammable undergarments (e.g. polyester) are prohibited. FR clothing performs best when, in addition to being the outer layer, it is also the layer closest to the skin. It may be worn over top of a first layer of clothes made of non-melting natural fibre (e.g., cotton, silk, wool, rayon), including undergarments and socks.

- See Appendix 12 for further elaboration on the use of FR clothing.

Note:
Some switchgear have specific operating instructions including NO RACKING OUT OF CIRCUIT BREAKERS UNLESS DE-ENERGIZED. Refer to BC Hydro Safety Alert Series 2009 No.1 Metalclad Switchgear Risk of Internal Arc Failure and 2009–4–A Arc Flash Risk of Low Voltage Metalclad Switchgear and Generator Bus.
4.6.3. When workers are required to wear FR clothing and a fall protection harness, the fall protection harness and lanyard shall be arc flash rated. See OSH Standard 608 (Fall Protection) for more information.

Note:
HS–PPE requirements are normally contained in dedicated OSH standards listed in Appendix 10. A dedicated OSH standard has not yet been written for FR clothing and other HS–PPE protection against arc flash. In the interim, FR requirements are outlined above.

4.6.4. Work Activities also requiring a face shield (8 cal/cm²), in addition to the FR requirements above:

- Removal/Installation of revenue meters on any voltage.
- Work on* exposed energized low voltage (secondary) > 250V. This includes DC excitation system which have a ceiling voltage >250V.

*Note 1:
“Work on” includes opening unhinged covers containing energized equipment, connecting and removing conductors while energized, and testing for voltage using contact methods

Note 2:
For circuits/busses where incident energy has been assessed as less than 4 cal/cm², face shields are not required.

5. Roles and responsibilities

<table>
<thead>
<tr>
<th>Role</th>
<th>Responsibility</th>
<th>Applicable section(s)</th>
</tr>
</thead>
</table>
| Workers               | • Must use basic PPE in PPE zones  
                        | • Must use approved PPE appropriate to the situation  
                        | • Alert crew leader/manager to work conditions where PPE is required but not worn  
                        | • Regularly inspect PPE to ensure it is in good working condition. Ensure PPE is properly maintained and stored. | 4.3, 4.3, 4.4, Appendices 3, 10, Appendices 4–9 |
| Crew Leader/Work Leader | • Ensure PPE Zones are defined and clearly marked  
                          | • Ensure PPE requirements are clearly communicated  
                          | • Ensure crews are provided with properly maintained PPE  
                          | • Ensure workers are wearing PPE | 4.2.1, 4.2.1, 4.5.2 |
| Managers              | • Ensure PPE Zones are defined and clearly marked  
                        | • Ensure PPE requirements are clearly identified  
                        | • Ensure PPE requirements are current  
                        | • Ensure employees are trained in correct application of PPE  
                        | • Ensure all required PPE is worn  
                        | • Provide resources and funding for PPE programs  
                        | • Monitor PPE programs for effectiveness | 4.2.1, 4.2.1, Appendices 8, 11 |
6. Reference material

6.1. Applicable regulations

<table>
<thead>
<tr>
<th>Regulation</th>
<th>Applicable section(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>WorkSafeBC Occupational Health &amp; Safety (OHSR) Regulation</td>
<td>Part 8</td>
</tr>
<tr>
<td>Safety Practice Regulations (SPR)</td>
<td>Rule 300</td>
</tr>
</tbody>
</table>

6.2. Related documents

<table>
<thead>
<tr>
<th>Reference</th>
<th>Applicable section(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PPE FAQs</td>
<td></td>
</tr>
</tbody>
</table>

7. Recent document changes

<table>
<thead>
<tr>
<th>Date</th>
<th>Comments</th>
</tr>
</thead>
</table>
| June 12, 2017 | V8-0. A business decision was made to provide a consistent approach across BC Hydro for the use of FR clothing and eye protection. The appendices for Workplace PPE Zones and Requirements for T&D Operations and Generation were combined into a single appendix for BC Hydro (Appendix 3), with the proceeding appendices renumbered accordingly. Accordingly, changes were made within Appendix 7 (Eye Protection) and Appendix 12 (BC Hydro FR Clothing Requirements).

Updates to hardhat selection (Type 1 vs. Type 2) based on guidance from CSA Z94.1-15 Industrial protective headwear – Performance, selection, care, and use and on the replacement frequency for hardhats were also made in Appendix 4.

Clarifications to high visibility clothing requirements and a summary table were provided in Appendix 6. |
Appendix 1

Example – Implementing PPE Zones for Conforming Areas

Conforming area = A space that is being utilized as per design.

A facility with conforming areas has its office and work spaces properly situated in suitable environments. Some examples: office areas are located in proper office environments; or industrial work yards permit only service vehicles.

It is a straightforward method to establish PPE zones for conforming areas. The example diagram below demonstrates how to establish PPE zones for such areas.
Appendix 2

Example – Implementing PPE Zones for Non-conforming Areas

Non-conforming area = a space that is not being utilized as per design

A facility with non-conforming areas has office and/or work areas that are improperly situated or areas that serve multiple/mixed purposes. Some examples: improvised office spaces occupy a corner of the warehouse floor; or a work yard is utilized for mixed use – industrial use plus warehouse loading plus employee parking plus public parking.

Establishing PPE zones for non-conforming areas can be problematic and may pose a challenge for some sites. The example diagram below demonstrates how to establish PPE zones for such areas.
Appendix 3

BC Hydro Workplace PPE Zones and Requirements

Scope

- Per OSH Standard 601 section 4.2 this appendix establishes workplace PPE Zones and their associated Personal Protective Equipment (PPE) requirements for BC Hydro.
- BC Hydro Safety shall be consulted for circumstances or applications not described in the table below.
- Workplace PPE Zone requirements apply consistently to all employees and contractors from start of shift to end of shift.

<table>
<thead>
<tr>
<th>Workplace PPE Zone</th>
<th>PPE to be worn at all times</th>
<th>PPE Required to be readily accessible and worn in the presence of hazards</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office Facilities – includes small work benches where hand tools or test instruments are used</td>
<td>• None required</td>
<td>• Task appropriate PPE</td>
</tr>
<tr>
<td>Work Yards – including adjacent warehouses and loading bays,</td>
<td>• Safety boots</td>
<td>• Hearing Protection</td>
</tr>
<tr>
<td></td>
<td>• Hi Vis attire</td>
<td>• Gloves appropriate for the task</td>
</tr>
<tr>
<td></td>
<td>• Hard Hat</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Eye Protection</td>
<td></td>
</tr>
<tr>
<td>Worksites – (e.g., Overhead and Underground work, stations, microwave sites, operating areas of Generating Stations, certified utility arborist work, etc.)</td>
<td>• Safety boots</td>
<td>• Hearing Protection</td>
</tr>
<tr>
<td></td>
<td>• Hardhat (not required in control rooms)</td>
<td>• Gloves appropriate for the task</td>
</tr>
<tr>
<td></td>
<td>• Eye Protection</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Helmets, when operating ATVs, snowmobiles or motorcycles</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Hi Vis attire</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• FR Clothing*</td>
<td></td>
</tr>
<tr>
<td>Work Shops and all other areas – Workshops are defined as facilities with equipment such as lathes, drill presses, pneumatic tools, welding machines. Examples of all other areas can include utility vans, Fleet garages, environmental sites, surveying, etc.</td>
<td>• Safety boots</td>
<td>• Hearing Protection</td>
</tr>
<tr>
<td></td>
<td>• Eye Protection</td>
<td>• Gloves appropriate for the task</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Hi Vis attire (required when moving vehicles or equipment operating)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Hard Hat</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• FR Clothing</td>
</tr>
<tr>
<td>Note:</td>
<td></td>
<td>Note: Some large shops have hazards present on an ongoing basis, so this PPE would be required at all times. If evaluation is required, discuss with your OSH Specialist.</td>
</tr>
</tbody>
</table>

* FR Clothing Refer to Appendix 12 “BC Hydro Arc Rated (FR) Clothing Requirements”
Appendix 4

Head Protection

General Workplace Requirements

Specification

- Safety headgear shall conform to WorkSafeBC OHS Regulation, Part 8.11 General Requirements, as applicable. At minimum, safety hard hats must be approved by CSA or ANSI.
- BC Hydro also requires hard hats to be Class E (non-conducting) and Type 2, unless the results of a hazard assessment demonstrate that Type 1 is sufficient. Protective headgear is typically orange, white, green, or blue in colour and has slots for ear muffs and face shields.

Application

- Apprentices are generally issued green hard-hats, and trades trainees/pre-apps/youth hires are generally issued blue hard-hats.
- Traffic control workers must wear hard hats with reflective material, such as lime green Reflexite Hot Dots or equivalent. Conductive tape shall not be used.
- Adjust the sweat bands and crown straps of hard hats to provide a minimum clearance between the shell and the wearer’s head as specified by manufacturer instructions (e.g. 3 cm).
- Chinstraps (either 2 or 4 point) must be used to secure the hard hat if it is likely to be dislodged or when climbing or working from a height exceeding 3 metres. The CSA standard advises that chinstraps used with Class E hardhats not be drawn over the brim or peak because the strap, in case of contact with a live electrical conductor, may allow the current to flow from the conductor to the end user.
- Hard hats may be worn with winter liners provided the entire assembly has no metallic fasteners.

Maintenance and Storage

- Proper storage and care of safety hard hats will extend service life.
- Store hard hats in a clean dry area away from sunlight, contaminants and temperature extremes. Do not store safety hats in the rear window of vehicles – the sun’s UV rays damage the shell.
- Hard hats are to be kept clean. Use mild soap and warm water, and let air dry.

Inspection and Testing

- Hard hats are to be frequently inspected. Examine the components (shell, suspension, chin strap) for signs of damage, wear and degradation. Safety hats failing visual inspection must be discarded and replaced.

Replacement

- Hard hats that sustain a forcible impact must be discarded and replaced.
- Hard hat suspension and shell shall be replaced as per manufacturer recommended frequency at minimum.
Note 1:
Manufacturers’ replacement guidelines for hard hats in typical usage are as follows:

- Suspension replacement every year
- Shell replacement every 2 – 5 years

Note 2:
The service life of a hard hat will depend on the use, care and storage. Safety hats subjected to heavy use, aggressive conditions and/or poor storage must be frequently replaced.

Note 3:
The service life of hard hats that are properly stored and seldom used will exceed 5 years, but need ongoing inspection and replacement if any damage becomes evident. If older than 10 years, check with your OSH Specialist to determine whether any change in regulation has made the hard hat obsolete and in need of replacement.

General
- BC Hydro Stores stocks Class E hard hats.

Requirements for All Terrain Vehicles (ATVs), Snowmobiles, Utility Terrain Vehicles (UTVs) and Snowcats
- Must be operated in compliance with WorkSafeBC OSH Regulation, Part 16 Mobile Equipment.

ATVs and Snowmobiles
- ATVs and snowmobiles are characterized by straddle seating and handlebar steering.
- Operators and passengers on ATVs and snowmobiles must wear a helmet meeting the requirements of WorkSafeBC OHS Regulation, Part 8.12 Use with All Terrain Vehicles, Snowmobiles, Motorcycles, as applicable. At a minimum, the helmet must be approved by CSA or Snell, as outlined in the WorkSafeBC regulation.
- The design of the helmet can be either open-faced (no chin/jaw protection) or full-faced (integrated chin/jaw protection).
- Eye protection must be worn by operators and passengers and can be in the form of an approved face shield from the manufacturer of the specific helmet or through the use of approved safety eyewear. Note: Full-faced helmets come with face shield built in.
- Exception – as per WorkSafeBC 8.12, when an ATV is operated within a specific location (e.g., yard) with no significant hazard of rollover or loss of control AND at a speed not exceeding 20 km/h, a CSA or Snell approved bike helmet with chinstrap or an approved hard hat with chinstrap may be used in place of an ATV helmet.
Utility Terrain Vehicles (UTVs) and Snowcats

- UTVs and Snowcats are characterized by side–by–side seating and steering wheel.
- Helmet use is not required for Snowcats
- Similarly for ATVs and Snowmobiles, BC Hydro does not require helmet use if all of the following parameters can be met when operating the UTV:
  - 20 kph or lower speed
  - Equipped with roll–over protection, and seatbelts are used
  - Equipped with windshield or safety glasses are used.
  - Operated in a specific location frequently used by mobile equipment, with good terrain and no significant hazard of rollover. This means a Yard, or access roads on a right–of way. Grades cannot exceed 10%, and there cannot be adjacent ditches or slopes.
  - If these conditions cannot be met, or if the UTV is to be used off–road (areas other than those described in the fourth sub–bullet above), a helmet as described for ATVs will be required.

Sizing

- For a helmet to be effective, it must feel comfortable on your head — it should fit snugly, but not painfully tight.
- Fit:
  - If you can pull the helmet on without having to spread the helmet, it is too big.
  - A properly fitted helmet might seem tight as you pull it on, because the foam components that seal out the wind noise are made to conform to your head. If a helmet pulls on too easily without resistance of such padding, it will be noisy and uncomfortable.
  - The helmet needs to fit snugly so that it is stable when you shake your head side–to–side, front–to–back or up and down. A full–face helmet should grip your cheeks and jaw as well as the top and sides of your head.
- Grab the helmet with both hands and try to move the helmet forward and backward and from side to side. The helmet fits right if your skin moves with the liner of the helmet.
- Try to remove the helmet from your head without undoing the retention system closures. If the helmet comes off or shifts freely over your eyes, then re–adjust and try again.
- If you can grab the rear lip of the helmet and roll it forward off your head (even with slight pressure), you need a different helmet; it should not come off.
- There should be very little “play” in the way the helmet sits on your head. In fact, the helmet should not be able to move around on your head without it tugging on your skin a bit.
Maintenance and Storage

- Proper storage and care of safety helmets will extend service life.
- Store helmets in a clean dry area away from sunlight, contaminants and temperature extremes. Do not use chinstrap to hang helmets off of handlebars or hooks.
- Helmets are to be kept clean. Use mild soap and warm water, and let air dry. Removable interior padding can be laundered by hand or machine wash gentle.

Inspection and Testing

- Helmets are to be inspected prior to each use. Follow manufacturer’s instructions. Examine the components (shell, padding, chin strap, visor, and face shield) for signs of damage, wear and degradation. Helmets failing showing excessive wear, loose components, cracks/gouges on shell, or face shield damage that would impede vision, must be discarded and replaced.

Replacement

- The service life of a helmet is dependent on the intensity and frequency of its use. Follow any manufacturer’s instructions for service life. Discard and replace helmet if:
  - The helmet was subjected to an impact.
  - The comfort padding or the retention system has become loose due to heavy use or display signs of deterioration.
  - The synthetic foam padding displays signs of heavy use and the helmet feels too loose. Test: with the retention system fastened, the helmet turns to the side when you gently shake your head.

General

- Helmets are purchased through the local tools budget.
Appendix 5

Foot Protection

Specification

- Safety footwear (boots or shoes) must meet CSA Standards as required by WorkSafeBC and SPR Rule 302.2. WorkSafeBC OSH Regulation Part 8.22 also accepts safety footwear that is ANSI-rated. The ANSI Standard for footwear has been withdrawn and replaced by ASTM Standards. ASTM-rated footwear will only be accepted if an equivalent level of safety to CSA-rated footwear can be verified with an OSH Specialist, and all other required safety features described below are met.

- BC Hydro has determined that trade/job functions in categories F and G are exempt from the above rule. Footwear for categories F and G must be of sturdy construction and satisfy the table requirements listed below.

- Categories of safety footwear are listed in the table below. If work activity straddles various work environments with different safety requirements, select safety footwear that offers the highest level of protection.

<table>
<thead>
<tr>
<th>Category</th>
<th>Typical Trade or Function</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Workers who climb poles or work on high voltage lines.</td>
</tr>
<tr>
<td>B</td>
<td>Workers who work in substations, switchyards, or Generation plants (includes powerhouse and shops).</td>
</tr>
<tr>
<td>C</td>
<td>Workers who work in right-of-ways or in the bush.</td>
</tr>
<tr>
<td>D</td>
<td>Workers who work in heavy industrial shops or garages.</td>
</tr>
<tr>
<td>E</td>
<td>Workers who work in stores or warehouses.</td>
</tr>
<tr>
<td>F</td>
<td>Workers who work in laboratories or light non–industrial shops such as telecommunications, protection and control. (Note: Category F footwear does not require CSA approval)</td>
</tr>
<tr>
<td>G</td>
<td>Workers who read meters, traverse uneven, difficult terrain, or walk long distances. (Note: category G footwear does not require CSA approval)</td>
</tr>
</tbody>
</table>

- Required safety features for each category of safety footwear.
### Required Safety Features

<table>
<thead>
<tr>
<th>Feature</th>
<th>Category</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sturdy construction for foot protection</td>
<td>✓ ✓ ✓ ✓ ✓ ✓ ✓</td>
</tr>
<tr>
<td>Sturdy soles with good traction</td>
<td>✓ ✓ ✓ ✓ ✓ ✓ ✓</td>
</tr>
<tr>
<td>Soles with insteps and distinct heels for ladder work</td>
<td>✓ ✓ ✓ ✓ ✓ ✓ ✓</td>
</tr>
<tr>
<td>Sole puncture protection plus grade 1 toe protection</td>
<td>✓ ✓ ✓ ✓ ✓ ✓ ✓</td>
</tr>
<tr>
<td>Sole resistance to electric shock</td>
<td>✓ ✓</td>
</tr>
<tr>
<td>Minimum Height of 20 cm (8 inches)</td>
<td>✓</td>
</tr>
<tr>
<td>Minimum Height of 15 cm (6 inches)</td>
<td>✓</td>
</tr>
<tr>
<td>Minimum Height above ankle</td>
<td>✓ ✓ ✓ ✓ ✓ ✓ ✓</td>
</tr>
<tr>
<td>No minimum height (below ankle or higher)</td>
<td>✓ ✓ ✓ ✓ ✓ ✓ ✓</td>
</tr>
</tbody>
</table>

- **Safety boot remarks for electrical workers:**
  - Safety boots with electrically resistive soles display a CSA symbol = ‘white rectangle with Ω sign’, or ASTM identification that specifies “EH”. BC Hydro has mandated that these boots be worn by electrical workers.
  - Safety boots with electrically resistive soles are not permitted to be re-built or re-soled. When worn out, they must be replaced.
  - Safety boots with electrically conductive soles display a CSA symbol = ‘red rectangle with letter C and grounding symbol’, or ASTM identification that specifies “Cd”. BC Hydro Stores carry these boots (stock series154–1900). These boots are required by BC Hydro to be used to maintain equipotential for specifically barehand work or work on energized steel structures.

### Maintenance and Storage

- Proper storage and care will extend service life.

### Inspection and Testing

- Visually inspect before use.

### Replacement

- Units failing visual inspection must be discarded and replaced.
Reimbursement

- Employees who are required to wear CSA-approved safety boots or shoes at work are expected to purchase them. Union members shall refer to their collective agreement (MoveUp 378 – Article 16.04, IBEW 258 – Article 28), and M&P members shall refer to BC Hydro’s Management and Accounting Policies and Procedures (MAPP 5.6.1B.1), with respect to safety footwear coverage.

Appendix 6
High Visibility Clothing

High visibility clothing is worn by workers to improve how well other people “see” them (their visibility) and is usually worn to alert drivers and other vehicle operations of a worker’s presence, especially in low light and dark conditions.

Specification

- If high visibility components are to be integrated with Flame Resistant clothing, or if a high visibility vest is to be worn over Flame Resistant clothing, the high visibility components must also be flame resistant.

Application

- Employees must wear HV clothing:
  - If they are exposed to the hazards of moving vehicles/equipment; or
  - If it enhances their safety (e.g. visibility in forest).
  - If the worker must wear both HV clothing and FR clothing at the same time, refer to Appendix 12 for additional direction.

Maintenance and Storage

- Keep clean and well-maintained.
- Proper storage and care will extend service life.

Inspection and Testing

- Visually inspect before use for signs of wear and tear, soiling or contamination.

Replacement

- Units failing visual inspection must be cleaned, discarded or replaced as appropriate.

General

- BC Hydro Stores stocks High Visibility Clothing.
Requirements for high vis clothing have been summarized in the table below:

<table>
<thead>
<tr>
<th>Workplace Hazard</th>
<th>Where/When High Vis Clothing is Required</th>
<th>Requirement (WorkSafeBC)</th>
<th>Acceptable CSA Z96 Alternative</th>
</tr>
</thead>
</table>
| Vehicles travelling at speeds > 30 km/h | Examples:  
  • Worksites (line work on a road where workers are not protected from moving traffic by barricades or other effective traffic control, etc.)  
  • Must be worn at all times.  
  Note: high vis requirements may be incorporated into FR clothing where it is required | Type 1  
  Vest, shirt or similar garment, worn on the torso, with a fluorescent background and attached visibility-enhancing trim  
  Note: BC Hydro’s variance with WorkSafeBC allows bright colors to be used as opposed to fluorescent colors provided workers are not carrying out traffic control duties. | Class 2 CSA apparel provides full coverage of the upper torso (front, back, sides, and over the shoulders). Examples can include a vest, jacket, hooded coat, and bib overalls.  
  This apparel is acceptable to WorkSafe BC if the background material is fluorescent orange or fluorescent yellow-green. |
| Mobile equipment | Examples:  
  • Worksites (stations, etc), Work Yards (including adjacent warehouses and loading bays)  
  • Must be worn at all times.  
  Note: high vis requirements may be incorporated into FR clothing where it is required  
  • Work Shops  
  • Must be worn in the presence of hazards. | Type 2  
  Jacket, coat, coverall or other garment with a bright coloured background and attached visibility enhancing trim | Class 3 CSA apparel consists of Class 2 CSA apparel with bands encircling both arms and both legs, which are composed of combined-performance strips/bands or a combination of retro-reflective and background material. Examples can include jacket & pants, coveralls, and long coat or slicker.  
  This apparel is acceptable to WorkSafe BC if the background material or the retro-reflective tape is in a fluorescent colour.  
  Note: grey is not available as a fluorescent colour. |
|                 |                                          | Type 3  
  A harness or suspender-type of garment worn on the torso, fabricated from parallel strips of contrasting colours. The harness has fluorescent and retro-reflective properties. | Class 1 CSA apparel consists of a basic harness or stripes/bands over the shoulder(s) and encircling the waist. An example could be a harness.  
  This apparel is acceptable to WorkSafe BC. |
Definitions:

- Fluorescent material – material that absorbs ultraviolet radiation in daylight and emits it in the visible light region
- Retro-reflective material – material that reflects light back to the same direction as the source of light
- VE trim – visibility enhancing trim attached to the garment which has fluorescent and retro-reflective properties. Note: It can be made from combined-performance material that is both fluorescent and retro-reflective, or separate fluorescent and retro-reflective materials. If the background colour is orange or fluorescent orange, the trim must be fluorescent lime yellow.

Appendix 7

Eye Protection

Specification

- Protective eyewear shall conform to WorkSafeBC OHS Regulation, Parts 8.14 through 8.18.
- This regulation includes the requirement that protective eyewear meet CSA Standard Z94.3–92 Industrial Eye and Face Protectors, or ANSI Standard Z87.1–1989 Practice for Occupational and Educational Eye and Face Protection.
- Note that prescription protective eyewear must have plastic or polycarbonate lenses.
- Protective eyewear must have permanent side shields or wrap-around protection.
- The following table is from the Canadian Centre for Occupational Health and Safety and is a shortened version adopted from CSA Standard Z94.3.

<table>
<thead>
<tr>
<th>Flying Objects</th>
<th>Class 1</th>
<th>Class 2</th>
<th>Class 3</th>
<th>Class 4</th>
<th>Class 5</th>
<th>Class 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chipping, drilling, scaling, grinding, polishing, buffing, riveting, punching, shearing, hammer mills, crushing, heavy saving, planning, wire and strip handling, hammering, unpacking, nailing, punch press, lathe work, etc.</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Woodworking, sanding, light metal working and machining, exposure to dust and wind, resistance welding (no radiation exposure), sand, cement, aggregate handling, painting, concrete work, plastering, material batching and mixing</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Heat, sparks and splash from molten materials</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Bubbling, casting, pouring molten metal, brazing, soldering, spot welding, stud welding, hot dipping operations</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Acid splash, chemical burns</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Acid and alkali handling, degreasing, pickling and plating operations; glass breaking, chemical spray, liquid chemicals handling</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Abrasive blasting materials</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Sand blasting, shot blasting, shotcreting</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Glare, stray light (for reduction of visible radiation)</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Reflecting, bright sun and lights, reflected welding flash, photographic copying</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Injurious optical radiation (moderate reduction of optical radiation)</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Torch cutting, welding, brazing, furnace work, metal pouring, spot welding, photographic copying</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Injurious optical radiation (large reduction of optical radiation)</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>Electric arc welding, heavy gas cutting, plasma spraying and cutting, inert gas shielded arc welding, atomic hydrogen welding</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
<td>✔</td>
</tr>
</tbody>
</table>
Application

- When working on or testing electrical equipment energized at a potential greater than 30 Volts, WorkSafeBC requires that polycarbonate lenses with > 99.9% ultra violet light absorption must be worn.
- For employees that work in both bright outdoor and low light conditions BC Hydro will (with manager approval) provide employees with 2 pairs of prescription eye protection meeting the requirements above. Subject to the prescription eye protection requirements described in the reimbursement section below.
- Recommended lenses for work in bright outdoor conditions when working on or testing electrical equipment at a potential greater than 30V:
  - Uvex SCT Gray lenses
- Recommended lenses for work indoors or in low light conditions when working on or testing electrical equipment at a potential greater than 30V:
  - Uvex SCT Low IR lenses
- Workers wearing contact lenses should alert site supervisor and first-aid attendant.

Maintenance and Storage

- Proper storage and care will extend service life.

Inspection and Testing

- Inspect lenses and frame for damage.
- Ensure safety glasses fit properly and stay in place, as the size of the viewing portion, bridge size and temple length can vary.
- Wear safety glasses so that the temples fit comfortably over the ears. The frame should be as close to the face as possible and adequately supported by the bridge of the nose.
- A quick test for fit can be conducted by gently probing the eraser portion of a pencil along different points around the perimeter of the frame. Nothing larger than the eraser should be able to pass between the frame and the face at any point.
- Always brush, shake, or vacuum dust and debris from hardhats, hair, forehead and your brow before removing protective eyewear.

Replacement

- Replace if eyewear is defective or in poor condition.
Reimbursement

- Reimbursement for prescription safety eyewear will be made available when:
  - Workers have personal prescription eyewear, and
  - Their duties require eye protection.
- Reimbursement for replacement prescription safety eyewear will be provided when personal lenses are replaced due to prescription change, or every 2 years, whichever comes first.
- Prescription safety eyewear damaged on the job is usually replaced by WorkSafeBC.
- When purchasing prescription safety eyewear, ensure personal prescription requirements are met as well as CSA Standard Z94.3.
- There are two (2) options for purchase and reimbursement. A comparison table and the steps for carrying out both options are shown below:

<table>
<thead>
<tr>
<th>Option 1</th>
<th>Option 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advantages</td>
<td>Disadvantages</td>
</tr>
<tr>
<td>BCAO’s Occupational Vision Plan allows employees to purchase safety eyewear at wholesale prices. The full cost will be reimbursed.</td>
<td>Not all optometrists within B.C. subscribe to this program (although most communities have an optometrist who does subscribe to the program).</td>
</tr>
<tr>
<td>In communities where there isn’t an optometrist that subscribes to the Occupational vision Plan the employee may choose any optometrist to visit.</td>
<td>Reimbursement maximum will be as prescribed as per the table below.</td>
</tr>
</tbody>
</table>

**OPTION 1 – Purchase Safety Eyewear through BC Association of Optometrists (BCAO)**

1. Obtain a BCAO “OVP Authorization Form” (not available online) from BC Hydro Safety at Safety@bchydro.com. You may also request a BC Hydro insert form which specifies what safety glasses features are allowable.
2. Have your work leader/manager (must have required spending authority) authorize your requirement for the safety eyewear by completing the authorization form. Ensure BCO 90533, Release 0000 is specified in the top left hand corner of the form.
3. To find a local list of providers go to the Occupational Vision Plan website http://www.ovp.bc.ca and choose “Find an OVP Optometrist” under the “Your OVP Optometrist” drop-down menu.
4. Book an appointment with an optometrist on the BCAO plan, and take your approved authorization form and current prescription (from a registered Optometrist or an Ophthalmologist within the last two years) with you.
5. Pay for your eyewear with your corporate credit card. Keep the credit card receipt and accompanying invoice. If you don’t have a corporate credit card, use a personal credit card (cheques are not accepted).
6. Process the expense in accordance with the appropriate process (BC Hydro credit card expense or out-of-pocket expense). Include the credit card receipt and accompanying invoice as supporting documentation.

Note:
Where multiple requests are anticipated or if there is no local OVP optometrist, a nearby OVP optometrist can be asked if they are willing to provide an onsite service to the local BC Hydro headquarters. If this request is made, the requester should be as equitable as possible where there is more than one OVP optometrist listed. Assistance can be provided by contacting the BCAO–OVP office directly.
OPTION 2 – Purchase Safety Glasses through employee’s choice of Optometrists

1. Complete the BC Hydro Industrial Safety and VDT Prescription Eyewear Reimbursement Form and have your manager approve it.

2. Book an appointment with the optometrist of your choice.

3. Present the approved form at your appointment and have the optometrist complete the form.

4. Choose a pair of safety eyewear pay the optometrist and keep the receipt for reimbursement.

5. Submit an expense claim to BC Hydro for partial reimbursement in accordance with the following table:

<table>
<thead>
<tr>
<th>Lens Type</th>
<th>Reimbursement Maximum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single Vision</td>
<td>$300</td>
</tr>
<tr>
<td>Bi–focal</td>
<td>$350</td>
</tr>
<tr>
<td>Tri–focal or Progressive</td>
<td>$450</td>
</tr>
</tbody>
</table>

Note¹: Lens type must be equivalent to personal use eyewear.

Note²: Includes costs of eyewear (frames and lenses), excludes cost of eye exam.

Appendix 8

Hearing Protection

Specification

• For detailed information on hearing protection, refer to OSH Standard 309 (Hearing Conservation).
• Ear plugs (Types: Custom, Disposable, and Reusable).
• Ear muffs (Hardhat mounted, typical standalone).
• Ear caps (hearing protection that fits over ear canal).

Application

• Hearing protection must be used if noise levels exceed 85 dBA.
• Training – learn how to correctly apply hearing protection.

Maintenance and Storage

• Ear muffs must be maintained in accordance with manufacturer’s instructions.
• Maintain good personal hygiene and cleanliness of hearing protection.
• Proper storage and care will extend service life.
Inspection and Testing
- Visually inspect before use.

Replacement
- Units that are damaged or fail to provide adequate hearing protection must be discarded and replaced.

General
- Contact OSH Specialist for more information and/or assistance.
- Other Considerations on selection and use of Hearing Protection:
  - Daily exposure
  - Worker ability to hear
  - Communication with other worker
  - Use of other equipment and/or PPE
  - Physical constraints of worker activity
  - Temperature, climate & environment
  - Comfort


Appendix 9
Hand and Forearm Protection (Gloves and Sleeves)

Specification
Gloves and sleeves must:
- Properly fit the user’s hand and forearm.
- Provide appropriate dexterity and grip for the work task.
- Meet required protection ratings specified below when working with knives or other sharp objects.

<table>
<thead>
<tr>
<th>Hazard to hand/forearm</th>
<th>Required Minimum Protection Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cut</td>
<td>ANSI:A4</td>
</tr>
<tr>
<td></td>
<td>EN:5</td>
</tr>
<tr>
<td>Puncture</td>
<td>ANSI:4</td>
</tr>
<tr>
<td></td>
<td>EN:3</td>
</tr>
</tbody>
</table>

Note: High Voltage Class 3 Rubber Glove Work Methods and Class 1 rubber glove use in proximity to broadcast antennas are exempt from the requirement for Cut and Puncture protection ratings.

ANSI / ISEA 105–2016 standard provides protection ratings for gloves and sleeves. ANSI Cut Protection ratings use a nine-level scale. Level A1 provides the least amount of cut protection and level A9 provides the most cut protection. For more information on ANSI and EN protection ratings, visit the Gloves webpage.
Application

- Work gloves that meet the BC Hydro minimum Cut and Puncture protection ratings must be worn when work tasks involve the use of knives and other sharp objects.
- Protective sleeves that meet the BC Hydro minimum Cut and Puncture protection ratings are recommended when work tasks present cut or puncture risk to the forearms.

Maintenance and Storage

- Proper storage in a cool, dry, well ventilated space away from direct sunlight will extend service life.

Inspection and Testing

- Visually inspect the glove or sleeve material for foreign objects, wear and tear, before use.

Replacement

- Gloves or sleeves failing visual inspection must be discarded and replaced.

Purchasing

- Recommended gloves and sleeves that meet the minimum requirements of this standard are listed on the Gloves webpage.
- If you are unable to determine the protection ratings for gloves or sleeves that are not on BC Hydro's recommended list, contact the manufacturer directly or contact Safety Engineering for further support.

Note:
Hazard-specific applications (chemical work, welding, painting, etc.) require the appropriate HS-PPE gloves. Contact an OSH Specialist for information on HS-PPE gloves.
## Appendix 1O

### HS–PPE Table

<table>
<thead>
<tr>
<th>OSH Standard #</th>
<th>OSH Document Title</th>
<th>Mandatory Usage of Basic PPE and HS–PPE</th>
</tr>
</thead>
<tbody>
<tr>
<td>OSH 203</td>
<td>Welding, Cutting and Hot Tapping</td>
<td>• FR clothing</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Hardhat</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Eye protection</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Respiratory protection</td>
</tr>
<tr>
<td>OSH 208</td>
<td>Chainsaws and Portable Power Tools</td>
<td>• Chainsaw pants 3600 rpm rating</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Hardhat, ear protection, safety boots with ankle protection, gloves, face shield</td>
</tr>
<tr>
<td>OSH 212</td>
<td>Safe Handling of Oil, Liquids &amp; Compressed Gases</td>
<td>• Loose fitting, well insulated gloves</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Eye protection</td>
</tr>
<tr>
<td>OSH 302</td>
<td>Safety During Spill Response</td>
<td>• Written procedure will describe PPE</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Respiratory protection</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Gloves</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Eye protection</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Body protection</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Protective footwear</td>
</tr>
<tr>
<td>OSH 303</td>
<td>Confined Spaces</td>
<td>• Procedures describe PPE</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Retrieval harness</td>
</tr>
<tr>
<td>OSH 304</td>
<td>Polychlorinated Biphenyls (PCBs)</td>
<td>• Goggles</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Aprons</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Nitrile gloves</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Coveralls</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Jackets</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Boot covers</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Respiratory protection</td>
</tr>
<tr>
<td>OSH 305</td>
<td>Sulphur Hexafluoride (SF6)</td>
<td>• Protective eyewear</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Nitrile gloves</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Neoprene gloves</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Half–face piece respirator with combination P100 (HEPA), acid gas and organic vapour cartridges</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Acid gas or organic vapour cartridges</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Safety goggles</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• SCBA</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Rubber boots</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Disposable coveralls</td>
</tr>
<tr>
<td>OSH Standard #</td>
<td>OSH Document Title</td>
<td>Mandatory Usage of Basic PPE and HS-PPE</td>
</tr>
<tr>
<td>----------------</td>
<td>-----------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| OSH 310        | Selection and Use of Solvents           | • Impervious gloves  
• Chemical goggles  
• Face-shield  
• Chemical resistant apron  
• Disposable coveralls  
• Rubber boots  
• Foot covers  
• Respiratory protection |
| OSH 313        | Respiratory Protection                  | • Face seal dependent air purifying respirator  
• SCBA (self contained breathing apparatus)  
• Supplied air respirators |
| OSH 314        | Lead Abatement                          | • Respiratory protection  
• Disposable coveralls with hood  
• Steel toe rubber boots  
• Eye protection  
• Face protection  
• Head protection  
• Hearing protection  
• Specialized protection for abrasive blasting and high pressure washing |
| OSH 315        | Bloodborne Pathogens                    | • Nitrile gloves |
| OSH 317        | Battery Work Safety Requirements        | • Face shield  
• Chemical goggles  
• Neoprene rubber gloves  
• Neoprene rubber apron  
• Steel toe rubber boots |
| OSH 408        | Operation of Boats                      | • Personal flotation device/life jacket |
| OSH 505        | Fire Protection Program                 | • PPE  
• Respiratory equipment |
| OSH 601        | Personal Protective Equipment           | • FR clothing information |
| OSH 602        | Insulated Tools and Equipment           | • Rubber gloves |
| OSH 608        | Fall Protection                         | • Fall protection |
| OSH 609        | Ladders                                 | • Fall protection |
Appendix 11

PPE for Home Use

- Employees are permitted to use BC Hydro equipment for home use. The equipment is to be returned by the time specified. See the table below.

- Guidelines for PPE for Home Use:
  - The borrowed equipment is for the home use of employees only and must not be used while performing work for third parties (cannot be for pay; can be for volunteer work but only if known and approved by Manager) or used by third parties.
  - Employees must be qualified and trained in the effective use of the equipment.
  - No items may be borrowed from equipment or supplies required for emergency response or system restoration.
  - Any consumables associated with PPE are either provided at Manager’s discretion or the employee must purchase on their own.
  - Equipment must be returned in good condition in a timely manner as indicated in the Table or the employee will be required to replace at Stores inventory or replacement cost.
  - If equipment is damaged or destroyed in performing the intended function (i.e. it prevented an injury) then BC Hydro will absorb the cost.
  - Obtain Manager approval to borrow items not listed in the table.

<table>
<thead>
<tr>
<th>PPE</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Protective Headgear: Hard Hats</td>
<td>A</td>
</tr>
<tr>
<td>Eye Protection:</td>
<td></td>
</tr>
<tr>
<td>• Safety glasses</td>
<td>C</td>
</tr>
<tr>
<td>• Face shield or Goggles</td>
<td>B</td>
</tr>
<tr>
<td>Hearing Protection:</td>
<td></td>
</tr>
<tr>
<td>• Ear plugs</td>
<td>C</td>
</tr>
<tr>
<td>• Ear muffs</td>
<td>A</td>
</tr>
<tr>
<td>Gloves: Leather/Rubber/Nitrile</td>
<td>C</td>
</tr>
<tr>
<td>Safety Footwear</td>
<td>D</td>
</tr>
<tr>
<td>Body Protection:</td>
<td></td>
</tr>
<tr>
<td>• Aprons</td>
<td>B</td>
</tr>
<tr>
<td>• High Vis Vest</td>
<td>A</td>
</tr>
<tr>
<td>• Chainsaw pants</td>
<td>B</td>
</tr>
<tr>
<td>Flame Resistant Clothing</td>
<td>E</td>
</tr>
<tr>
<td>Fall Protection</td>
<td>A</td>
</tr>
</tbody>
</table>

Code Key:

- A = PPE issued to Employee – must be returned by employee’s next working day
- B = PPE for general use – must be returned by the next working day
- C = Manager will provide item to employee for home use at reasonable intervals
- D = Employee owned PPE – reimbursement as per Collective agreement
- E = Not for loan as no known use at home

Notes:
- Respiratory protection is excluded from this program.
- Use PPE Outside of Work Sign-Out Sheet
Appendix 12

BC Hydro Flame Resistant (FR) Clothing Requirements

Note: A new OSH Standard on Arc Flash will be published in the future as part of the Arc Flash program development, at which time FR clothing requirements will be transferred.

Overview:

This BC Hydro OSH Standard sets out the requirement for FR clothing.

Per WorkSafeBC regulations, workers must wear FR clothing appropriate to the risk when working near electrical energy (working in proximity to energized conductors or equipment, within 10 feet to low voltage or within column 4 for high voltage), high temperatures, flames, molten metal or sparks. The minimum level of protection provided by FR clothing in BC Hydro is an arc thermal performance value (ATPV) of 8 cal/cm².

Hazard and Barrier Assessment:

- An assessment has determined that FR clothing with an arc thermal performance value (ATPV) of 8 cal/cm² is appropriate for general use.
- There are some tasks performed by BC Hydro workers that need FR clothing with an ATPV rating well in excess of 8 cal/cm² (e.g. switching in an enclosed space or metal clad switchgear). CSA Standard Z462 and BC Hydro Safety Alert Series 2009 No. 4 Arc Flash Risk Low Voltage Metalclad and Generator Bus provide guidance in the selection of appropriate arc flash PPE for such circumstances.

Note:
While it is known that electrical utilities are exempt from the CSA Z462 (Workplace Electrical Safety) standard, BC Hydro presently recognizes that this standard is a valuable reference (Specifically Chapter 4, Tables 4 & 5) for determining FR Clothing requirements appropriate for the risk, based on the work activity.

High Visibility apparel is required in workplace PPE zones (see Table in Appendix 3). Either a flame resistant high-vis vest may be worn over top of the FR clothing, or FR clothing with integrated high-vis components may be used. For integrated FR/high-vis clothing, the high visibility components must also be flame resistant.

- See OSH Standard 601 Appendix 6 for more information on high visibility clothing. If there are any concerns consult a Safety Engineer or OSH Specialist to assist with the hazard or risk assessment.

Why is FR Clothing Required?

When working on or around energized electrical equipment, there is a potential Arc Flash Hazard and workers must wear FR clothing because:

- Arc flash is a “short circuit” through the air and air temperature can exceed 35,000°F.
- Arc flash can cause serious burns even when workers are up to 10 feet or more from the location of the arc.
- 50% of deaths from electrical contact are associated with arc flash burns.
- Majority of hospital admissions for electrical contact are burn injuries, not shock injuries.
- BCH has a history of arc flash incidents and near misses.
- FR clothing helps protect you from the arc flash hazard.
When is FR Clothing Required?

All workers required to access or work in workplace PPE zones (see Table in Appendix 3) that pose a hazard from electrical energy (working in proximity to energized conductors or equipment, within 10 feet to low voltage or within column 4 for high voltage), high temperatures, flames, molten metal or sparks will be issued FR Clothing.

The requirement in substations and switchyards has been established because these areas can have exposed high voltage conductors and equipment in confined areas that can be constrained in size. Switching is often done manually, but can also be done remotely and can occur without local awareness. The potential therefore to be in an area subject to arc flash is high.

Note:
When switching energized LV or HV Metalclad switchgear workers must wear face shields and gloves with an ATPV of at least 8 cal/cm² to protect their face and hands from the potential arc flash hazard. Class 1 rubber gloves with the leather protectors are considered to have an ATPV rating of at least 8 cal/cm².

- Note 1:
  This requirement for face shields and gloves does NOT apply to switching panel–boards or switchboards rated 240 VAC and below with moulded–case or insulated–case circuit breakers.

- Note 2:
  Some switchgear in substations have specific operating instructions including NO RACKING OUT OF CIRCUIT BREAKERS UNLESS DE–ENERGIZED. Refer to BC Hydro Safety Alert Series 2009 No.1 Metalclad Switchgear Risk of Internal Arc Failure

How to Wear FR Clothing:

FR clothing performs best when, in addition to being the outer layer, it is also the layer closest to the skin. It may be worn over top of a first layer of clothes made of non–melting natural fibre (e.g., cotton, silk, wool, rayon), including undergarments and socks. Flammable undergarments (e.g. polyester) are prohibited. In addition, if the FR clothing is to provide the intended protection to the worker in an arc flash event, the clothing must be worn as follows when working in proximity to an arc flash hazard:

- Collars of FR clothing must be buttoned closed, and with sleeves and cuffs worn down and secured.
- The inner most layer of FR must be tucked in at the waist.
- Protective neck, head, hand and foot coverings must be worn if the occupational hazard warrants their use. Requirement will be documented in work procedures.
- Non–flame resistant clothing must not be worn over flame–resistant garment.

When working on or around energized conductors or equipment, a standard layer of FR clothing (i.e., shirt and pants with full coverage of arms, torso and legs) that provides an arc thermal performance value (ATPV) of at least 8 cal/cm² will be worn.

Non Electrical Task–Specific Requirements

Refer to the Table in Appendix 3 that describes required clothing and footwear workers must wear to protect themselves from the hazards associated with their type of work. There may be site specific requirements due to equipment condition or vintage.

Ordering FR Clothing

If you need FR Clothing, there is an order form and instructions on the Safety Clothing Program webpage.
OSH Standard 6O2
Insulated Tools, Equipment and Rubber Gloves
1. Purpose

The purpose of this standard is to communicate acceptable practices for the safe use and care of insulated tools and equipment.

2. Contents

1. Purpose
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3. Scope

3.1. This standard covers the use, maintenance and testing requirements of insulated tools and equipment.

3.2. The categories of insulated tools and equipment include live line tools, live line guards, plastic barriers and cover-up, proximity and custom barriers, hydraulic hose, rubber gloves and other insulating rubber equipment.
4. Requirements

4.1. Insulated tools and equipment are used for work in energized high and low voltage environments. Preserving the dielectric integrity of these devices maximizes protection for workers.

4.2. Requirements for each category of insulated tools and equipment are specified in the Appendices and must be followed to ensure worker safety.

4.3. Only approved Field Testers and approved Safety Service Shops may perform tests, repairs and alterations to live line tools and equipment. See the approved lists on the Safety Service Shops.

5. Roles and responsibilities

<table>
<thead>
<tr>
<th>Role</th>
<th>Responsibility</th>
<th>Applicable section(s)</th>
</tr>
</thead>
</table>
| Front-Line Managers   | • Ensure employees are trained in the correct application and care of insulated tools and equipment.  
                          • Monitor programs for maintaining and testing of insulated equipment (e.g. washing rubber gloves, line hose, insulator covers and blankets) | Section 4              |
| Workers               | • Workers are responsible for following applicable safe work practices and procedures for energized high and low voltage work.  
                          • Perform day to day visual inspection, cleaning and minor maintenance of insulated tools and equipment.  
                          • Ensure that line tools and equipment have valid test decals affixed prior to using them. | Section 4              |

6. Records and Documentation

6.1 An inspection log must be kept to verify that adequate maintenance of covers and barriers is taking place.
7. Reference material

7.1. Applicable regulations.

<table>
<thead>
<tr>
<th>Regulation</th>
<th>Applicable section(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>VWorkSafeBC Occupational Health &amp; Safety Regulation</td>
<td>Part 19 — Electrical Safety</td>
</tr>
</tbody>
</table>

7.2. Related documents

<table>
<thead>
<tr>
<th>Reference</th>
<th>Applicable section(s)</th>
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</thead>
<tbody>
<tr>
<td>CSA Standard C225 — Vehicle Mounted Aerial Devices</td>
<td>See document</td>
</tr>
<tr>
<td>CAN/ULC (IEC Adopted Standards)</td>
<td>See document</td>
</tr>
<tr>
<td>ASTM Standards</td>
<td>As applicable</td>
</tr>
</tbody>
</table>

8. Recent document changes

This document was last updated on March 30, 2017.

<table>
<thead>
<tr>
<th>Date</th>
<th>Comments</th>
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<tbody>
<tr>
<td>March 23, 2017</td>
<td>Converted to SafeHub template.</td>
</tr>
<tr>
<td></td>
<td>Removed (former format) section 6.1: “Line Rooms will retain Class 3 glove numbers so that the same gloves (or a replacement if a failure occurs), will be returned to the same user after testing.”</td>
</tr>
<tr>
<td></td>
<td>Removal rationale: The requirement no longer reflects field practices or expectations. Gloves are received from a test shop and in one workers possession until they go back for testing.</td>
</tr>
<tr>
<td>September 14, 2016</td>
<td>Content Change: Requirements for when to use low voltage gloves has been removed from OSH Standard 602 V5–8 and placed in SPR 418 – Rubber Glove Work. Only the specification, maintenance and usage directions remain in OSH Standard 602; see Appendix 3.</td>
</tr>
<tr>
<td></td>
<td>Format Change: Entire OSH Standard has been restructured and renamed to meet current formatting expectations. Content remains the same as the previous OSH Standard, but some material has been moved in appendices. See the new Appendix 1 through 5 for specific categories of insulated tools and equipment.</td>
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</table>
Appendix 1

Insulated Live Line Tools and Equipment Requirements

1) Live line tools are insulated tools that are designed for use on voltages greater than 750 V, including fibreglass reinforced plastic (FRP) tools (e.g. hotsticks, grip-alls, universal poles).

2) FRP tools must meet or exceed the requirements of ASTM F711 or equivalent.

3) 1.2 m (4 ft.) universal poles are:
   a. Only to be used as means of holding hand tools and other devices.
   b. Only to be used when appropriate Limits of Approach can be maintained.
   c. Never to be used for tying or untieing tie-wires.

4) Lever type tools (e.g. MD6, Lever Jumper Holding Tool) of 1.2 m (4 ft.) length are not to be used.

5) Only the top foamed filled section of a telescopic (extendable) live line tool (e.g. a switch stick) is to be considered insulating; the extendable hollow sections are not to be considered as insulation for determining the maximum voltage rating for this style of tool.

6) The maximum voltage rating of live line tools is determined by the clear insulation distance (includes fibreglass and plastic sections, excludes any metallic sections internally or externally). The clear insulation distance must be equal to or greater than the Column 2 LOA distance corresponding to the voltage that the tool will be used. Specific tools that do not meet this requirement may be still be approved for use, provided they are approved by a Professional Engineer and recorded on the BC Hydro Approved Tools List.

7) Live line tools and equipment must be marked with a valid TEST DUE date or decal from an approved Safety Service Shop or Field Tester in accordance with the “Testing and Maintenance Instructions for Safety Service Shops and Field Testers”
   a. The first test on all new live line tools must be from an approved Safety Service Shop.
   b. If the test interval is one year or greater, the tool may be used for a period of no more than two months beyond the TEST DUE date.
   c. If the interval is less than one year the tool may not be used beyond the TEST DUE date.
   d. Test intervals are set out in Table 1.

8) Damaged live line tools or equipment must be withdrawn from service and sent to an approved Safety Service Shop for repair.

9) Live line tools that do not have Column 2 of clear insulation as required by section 7 above must be approved by a Professional Engineer. The recommended criteria for this approval is that the clear insulation distance meets the requirements of the OSHA Live Line Work Minimum Approach Distances for the voltage range the tool is to be used on. Note that most major manufacturers design their tools according to these criteria.
Appendix 2

Guards and Barriers Requirements

Live line guards and barriers fall into three categories:

- Plastic Cover-up
- Rubber Cover-up
- Un-tested construction awareness barriers

The effect of cover-up in relation to Worker Limits of Approach is detailed in Table 2.

1) Plastic Cover-up

   a. Plastic cover-up (e.g. line guards, pole guards, arm guards, custom Lexan sheets) consists of single layer or spiral form plastic material and must be dielectrically tested.

   b. Commercially purchased plastic cover-up must meet ASTM F968, and only approved material may be used in the construction of custom covers and barriers. The manager of BC Hydro Work Methods, or a professional engineer, will provide design assistance to fit each individual requirement.

      - The design for Lexan sheets, linear polyethylene sheets and fabricated shapes must take the following into account:

      - Holes for tie down purposes are to be drilled in each corner with 2.5 cm of material between the hole and sheet edges.

      - The perimeter of clear barrier sheets must be marked with a 2.5 cm border of non-conductive paint.

      - Use 1 cm polypropylene or nylon tie down ropes of adequate length for restraining the sheets and barriers from movement.

      - For polyethylene sheets and fabricated shapes, use a medium density polyethylene material that is international orange in colour.

      - Inspection and electrical testing of plastic cover-up must be carried out in accordance with the schedule in Table 1 by an Approved Safety Service Shop listed on the Safety Website.

      - Plastic Cover-up must have a regular maintenance schedule for inspection and cleaning. It must be stored in a clean and dry location and treated as a live line tool.
2) Rubber Cover-up Requirements

Rubber Cover-up e.g. (Line hose, insulator covers, and rubber blankets) provides protection to workers and equipment from accidental contact with energized high and low voltage electrical apparatus.

a. Rubber cover-up is manufactured and tested in accordance with ASTM D1048, ASTM D1049, or ASTM D1050.

b. Inspection and electrical testing of rubber cover-up must be carried out in accordance with the schedule in Table 1 by an Approved Safety Service Shop.

c. High voltage rubber protective equipment that is left in service on energized lines or apparatus for extended periods of time, (e.g. overnight), must be removed, cleaned and visually inspected before re-use, and if suspect, submitted for electrical testing.

d. Rubber goods that are damaged or show signs of leakage, must be immediately withdrawn from service.

e. Line hose is to be raised and lowered in hose bags. Blankets and covers are to be raised and lowered in a controlled manner, i.e. in a bag or with a hand-line hook inserted in a corner eyelet.

f. Plastic or adhesive tape must never be used to hold rolled blankets since adhesive tape residue collects contaminants, which compromises the dielectric properties of the blanket.

g. Bucket clamp pins (or suitable hooks) are to be used to secure the blanket to the edge of the bucket during rubber glove work when moving the bucket from one location to another or when stripping the line.

3) Untested Construction Awareness Barriers Requirements

a. Construction Awareness barriers (e.g. Instant Insulation) are used to increase the visibility of energized equipment during third party construction projects. They shall be of a high visibility orange or yellow material.

b. They do not provide any dielectric protection, and therefore workers must observe Limits of Approach even with these barriers in place.

c. These barriers are to be used only on voltages of 35kV (phase to phase) or less.

d. Awareness barriers must be cleaned and inspected after removal and before returning to service if they have been in service for a total of 90 days or more. Any cover that has suspected damage must be removed from service. Damaged ends may be cut off if this is practical.
Appendix 3

Insulating Rubber Gloves Requirements

1) Rubber gloves must meet or exceed the requirements of ASTM Specification D120 or equivalent. Per ASTM D120, the rated Class of the glove shall be marked by the manufacturer on a tag on the glove.

2) All high voltage (Class 1 and above) insulating rubber gloves must be constructed of two contrasting colours in order to facilitate detection of cuts and tears during inspection.

3) All watches, rings and other jewellery must be removed before putting on gloves. The use of wool or cotton liners worn inside the gloves is recommended.

4) The rubber glove cuff must extend past the protector cuff by at least one inch multiplied by the Class number, and at least ½” for Class O. This section must not be regarded as insulation.

5) Visual inspection and air testing of gloves must be performed before use and when damage is suspected.

6) Rubber gloves must not be worn inside out or without appropriate leather covers. Under no circumstances may the rubber gloves or the leather covers be used for any purpose other than rubber glove work.

7) Low Voltage Glove Requirements:
   a. Definitions:
      o Hazardous Low Voltage (HLV) – 31VAC – 750VAC or 150VDC – 750VDC
   b. For Hazardous Low Voltage glove requirements, please refer to SPR 418 – Rubber Glove Work.
Appendix 4

Live Insulator Washing Hose

Live insulator washing hose is electrically insulated hose used for washing energized electrical equipment.

1) Live insulator washing hose must have a minimum inside diameter of 2 cm (3/4”) and minimum burst rating of 27,600 kPa (4000 psi). Minimum unspliced length must be 4.5 m (15 ft.) for use on voltages of up to 150 kV and 7 m (23 ft.) for voltages between 150 – 500 kV.

Note:
For procedures and associated tools and equipment, see Insulator Washing Procedures in the Live Line Manual.

2) Live Insulator washing hose is subject to mechanical and dielectric testing at intervals set out in Table 1.

3) Live insulator washing hoses with cuts and/or kinks that penetrate deeper than the outer jacket or hoses that have rippled vinyl coating are to be tagged and immediately removed from service and/or sent to an approved Safety Service Shop.
Appendix 5

Hydraulic Hose

High-pressure Hydraulic Hose is hose that is rated for pressures greater than or equal to 34,500 kPa (5000 psi).

Low-pressure Hydraulic Hose is hose that is rated for pressures less than 34,500 kPa (5000 psi).

1) Insulated and non-insulated high-pressure hydraulic hose shall be subject to a mechanical test at intervals as set out in Table 1, and shall have a valid MECHANICAL TEST DUE decal affixed.

2) Insulated hydraulic hose that functions as primary insulation (e.g. hose used to actuate hydraulic tools during rubber glove procedures) requires dielectric testing at intervals as set out in Table 1. Only hydraulic hose that passes this test and that has a valid Test Due decal affixed may function as primary insulation. Hydraulic hose not used as primary insulated does not require dielectric testing.

3) Hydraulic hose must have a ratio of minimum bursting pressure to operating pressure of 3 to 1.

4) Hydraulic hose must be inspected in the field for defects and when required sent in for testing at an approved Safety Service Shop.
   a. Hoses must be regularly inspected and maintained by the user in a manner consistent with other live line equipment maintenance.
   b. Hose must not be hung on pressure points (e.g. over a nail in a wall).
   c. Hose must be wiped clean before storing in a proper bag in a dry environment.
   d. Hose ends are to be joined together or sealed where possible to avoid contamination of the oil.
   e. Hoses are not to be bent to a radius tighter than 14 times the hose diameter.
   f. Hoses with cuts and/or kinks that penetrate deeper than the outer jacket or hoses that have rippled vinyl coating are to be tagged and immediately removed from service and/or sent to an approved Safety Service Shop.
## Table 1

**Test intervals for tools and equipment**

<table>
<thead>
<tr>
<th>Item</th>
<th>Field Test</th>
<th>Safety &amp; Service Shop Test</th>
</tr>
</thead>
<tbody>
<tr>
<td>Live Line Tools</td>
<td>2 years – the test that follows a Field Test</td>
<td>2 years – The test that follows a Safety Service Shop test.</td>
</tr>
<tr>
<td></td>
<td>must be a Safety Service Shop test.</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tree Trimming Tools used by Certified Utility Arborists</td>
<td>—</td>
<td>1 year</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hydraulic Hose used as primary insulation (mechanical and electrical test – where applicable)</td>
<td>—</td>
<td>2 years</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Insulator Washing Hose</td>
<td>—</td>
<td>1 year</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Live Line Jumpers</td>
<td>—</td>
<td>1 year</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Load Break Tools</td>
<td>—</td>
<td>2 years or 1500 operations</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Whichever comes first – shop must be certified by manufacturer)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Plastic and Custom Cover-up (not construction cover-up for 3OM33)</td>
<td>—</td>
<td>2 years</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rubber Blankets, Line Hose, and Covers</td>
<td>—</td>
<td>1 year</td>
</tr>
<tr>
<td>Class O to 4</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rubber Gloves</td>
<td>—</td>
<td>6 months</td>
</tr>
<tr>
<td>Class O, 1, and 3</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Live Line rope used above 60kV (green) and Barehand rope (orange)</td>
<td>—</td>
<td>1 year</td>
</tr>
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</table>

Note: Test Intervals are based on applicable CAN/ULC and ASTM Standards
<table>
<thead>
<tr>
<th>Column</th>
<th>Examples</th>
<th>LOA</th>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
<th>F</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>Tested Cover-up - Touching conductor</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Column 1 LOA</td>
<td>Column 4 LOA</td>
</tr>
<tr>
<td>B</td>
<td>Tested Cover-up - Rubber Cover-up</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Column 1 LOA</td>
<td>Column 4 LOA</td>
</tr>
<tr>
<td>C</td>
<td>Not tested - Not grounded</td>
<td>Not tested - Not grounded</td>
<td>Not tested - Not grounded</td>
<td>Not tested - Not grounded</td>
<td>Not tested - Not grounded</td>
<td>Not tested - Not grounded</td>
<td>Not tested - Not grounded</td>
<td>Not tested - Not grounded</td>
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<tr>
<td>D</td>
<td>Tested barriers - No touching</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
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<td>Plywood or similar barrier mounted at Column 3 LOA</td>
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</tr>
<tr>
<td>E</td>
<td>Not tested - Grounded</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
</tr>
<tr>
<td>F</td>
<td>Not tested - Grounded</td>
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<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
<td>Plywood or similar barrier mounted at Column 3 LOA</td>
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</tbody>
</table>

### Table 2: Worker Limits of Approach (LOA) in Relation to Cover-up

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
<th>F</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Qualified Electrical Worker (Col 1 or 2)</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
</tr>
<tr>
<td>2</td>
<td>Qualified Electrician Training (Col 3) - Unsupervised</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
</tr>
<tr>
<td>3</td>
<td>Qualified Electrician Training (Col 3) - Supervised by Qualified Electrical Worker</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
<td>Avoid contact</td>
</tr>
<tr>
<td>4</td>
<td>Unqualified (Col 4) - Supervised by Qualified Electrical Worker</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
</tr>
<tr>
<td>5</td>
<td>Unqualified (Col 4) - Unsupervised</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
</tr>
<tr>
<td>6</td>
<td>Unqualified Equipment Operated by Qualified Electrical Worker or Unqualified who is supervised by Qualified Electrical Worker (Col 3)</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
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<tr>
<td>7</td>
<td>Unqualified Equipment Operated by Qualified Electrical Worker or Unqualified who is supervised by Qualified Electrical Worker (Col 3)</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
<td>Column 4 LOA</td>
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</tbody>
</table>
OSH Standard 603
Work Area Barriers
OSH Standard 603
Work Area Barriers

1. Scope

1.1 This standard describes the application and use of work area barriers.

2. Purpose

2.1 The purpose of this standard is to communicate the installation criteria and requirements for work area barriers, and to outline the procedures for barrier deployment.

3. Standard

3.1 General

3.1.1 This standard describes methods by which work areas are to be clearly defined to help prevent workers from reaching hazards outside the work area and to make others aware of activity within the work area. This includes cordonning off the work area in order to establish its perimeter, and to control access to and from the work area. This procedure may be used to prevent pedestrian traffic from entering a work area (e.g. to cordon off a section of sidewalk when working overhead from a bucket truck). The use of work area barriers does not relieve workers of their responsibility to adhere to rules governing safe work practices.

3.1.2 This standard addresses the use of visual barriers to define work areas. The use of electrical proximity barriers may also be used to help define the work area. Use of electrical proximity barriers is described in OSH Standard 602 – Insulated Tools and Equipment.

3.2 Installation Criteria for Barriers

3.2.1 The manager or their delegate (e.g. foreman, sub-foreman or crew leader) is responsible for determining whether or not a work area will be cordonned off. This decision is to be made and documented during a pre-job planning or tailboard discussion. Factors that shall be considered include, but are not limited to:

- The requirements of WorkSafeBC regulation 19.18(2):
  “Barriers or distinctive identification must be used to differentiate high voltage electrical equipment which has been de-energized for safety reasons from similar energized equipment at the work location if lack of such identification would result in undue risk to workers.”

- Work area(s) within an isolated zone will need to be defined by the use of barriers unless documented otherwise.

- Equipment testing areas usually need to be defined by the use of barriers unless documented otherwise.

- Hazardous areas (e.g. hatch covers removed) need to be defined by the use of barriers.

3.3 Barrier Requirements

3.3.1 Work area barriers at grade must be highly visible, non-conductive rope, chain or comparable material using standard yellow precautionary markings. Flags or tapes may be attached to the barriers to increase visibility. See Appendix 1 – Barrier Deployment Examples.

3.3.2 Barrier posts must be of sufficient height to allow the barrier to be securely strung above a grade at an elevation between 36 and 50 inches. Appendices 1 & 3 provide samples of suitable barrier posts.
3.4 Work Areas

3.4.1 Work area barriers will be used to establish the perimeter of a work area unless it has been predetermined in a documented pre-job plan or tailboard that barriers are not necessary.

Note: The person responsible for establishing the work area will take into account the similar appearance of substation equipment when planning work area boundaries.

3.4.2 Planned work is to be completed within the work area defined by the barriers. These areas are to be kept as small as practical.

3.4.3 The work area barriers will be placed under the direction of the work leader. Barriers must be in place before work commences, and may be disassembled only after all work inside the area is completed.

3.4.4 The perimeter of the work area will be established such that the contained work area is completely inside the isolated zone. Whenever possible, the vertical extension of the work area perimeter will also be inside the isolated zone.

- The perimeter of the work area will be such that workers inside the work area cannot reach all hazards that are outside the established work area and persons that are outside the work area cannot reach hazards that are inside the work area. (The extension of the workers reach provided by tools and equipment shall be considered and documented in the tailboard). When the hazard is energized electrical equipment or conductors, then the barrier is to be positioned no closer to the energized equipment or conductors than Column 2 Limits of Approach. If work conditions are such that this principle cannot be met, then the hazards adjacent to the work area will be identified in a documented tailboard (Note: proximity barriers may be necessary in the presence of such hazards).

- The established perimeter includes any hazards above the work area. Electrical hazards in proximity above or beside the work area are to be isolated and grounded if practicable, otherwise physical or visual barriers must be installed to differentiate these electrical hazards from the de-energized work area. Proximity is to be judged using the requirements of SPR 401, plus consideration of any area that could be reached through inadvertent or unintended movement or positioning. Some examples of overhead visual barriers are shown in Appendix 3. Workers should consult a Trades Training Instructor or Safety Advocate for assistance if required.

- All defined work area boundaries shall be identified by the use of work area barriers completed with signs. A typical barrier sign will be two sided. On the Work Area side, the lettering will be black on a yellow background (see Appendix 2 – Two-sided Barrier Sign). This would indicate that area beyond the barrier would be considered the work zone. The opposite side of the sign facing inside the work area would have Danger High Voltage in black on a red background. This would indicate that all equipment on the other side of the barrier is to be considered live. Barrier warning signs must be placed in appropriate position(s) so that they are visible to all workers. Work areas must include a point of access that will be as small as practical through which tools and materials can be moved. All barriers and barrier signs must be highly visible.

Note:

Work Area Barriers are to be attached to independent stanchions placed for the sole purpose of defining the work zone. Structural steel may be used provided that it is not part of an isolation point or its use creates an excessively large work zone.

3.4.5 If work is required outside the established boundaries, this will necessitate a change in the work plan and a new documented tailboard shall be initiated. The new tailboard will include any requirements for new or re-defined work area boundaries.
3.5 Hazardous Areas

3.5.1 Conditions where inadvertent access could expose workers to hazards (e.g. equipment required to be temporarily left operating without adequate guards, hatch covers temporarily removed, etc.) shall be addressed by the use of barriers. Other circumstances may also dictate that barriers shall be erected to warn workers of potential hazards.

3.5.2 When a hazard has been identified, barriers shall be erected to warn workers of the potential hazard. All barriers shall have appropriately labelled warning signs that are visible from all access points stating “Keep Out”, as well as identifying the nature of the hazard.

3.6 Testing Areas

3.6.1 Safety barriers for testing under Work Protection Practices (WPP) or under Safety Protection Guarantees (SPG) must be used to identify areas in which hazardous energy sources are introduced for test purpose. These barriers must have a single pre-determined point of entry/exit.

3.6.2 Danger High Voltage Testing warning signs visible from all access points must be posted on barriers.

3.6.3 Signs identifying work area access will state “Entering Work Area” on one side and “Leaving Work Area” on the opposite side. See Appendix 3 – Barrier Signs and Stanchions.

3.6.4 Flashing warning light(s) will further identify test areas when appropriate.

4. Roles and Responsibilities

4.1 Workers

4.1.1 Comply with procedures for barrier implementation, and ensure that barriers and barrier signs are, and remain, properly deployed.

4.1.2 Notify crew leader, supervisor or manager if work activity encroaches on defined work area boundaries.

4.2 Managers

4.2.1 Provide necessary assistance and guidance in establishing or re-defining work area boundaries.

5. References

5.1 SPR Section 700 Isolation and Lockout: WPP rules 701.10, 713.6 and 722.6

5.2 WorkSafeBC Regulation, “Isolation and Lockout,” 19.18

5.3 Local Operating Orders

5.4 Brady Catalogue Phone # 1 800 263 6179 (Lynn Wilson Sales)

5.5 Hastings Catalogue (www.hfgp.com)

5.6 Sherine Industries Ltd, Tel. 1 800 665 0566

Revision Rationale:

OSH Standard 603 RO August 2006 (RO-1 Updated March 10, 2015): OSH standard has been updated to reflect learnings from IMS Incident 21801 – New Westminster Substation Electrical Contact Incident.

OSH Standard 603 RO August 2006 (RO-2 Updated April 15, 2015): Minor edits to include stock numbers (danger signs) on page 9 and image replaced on page 10 to clarify that the wrapping is not required for 1) traffic cone.
Appendix 1
Barrier Deployment Examples

Rope barrier using on-site fabricated steel stanchions

Plastic chain barrier using on-site fabricated steel stanchions
Appendix 1
Barrier Deployment Examples

Rope barrier using Bradylink stanchions stock # 92112.
Barrier bases weighted with sand or water.

Bradylink plastic chain and barrier stanchions.
Barrier bases weighted with sand or water.

Catalogue # 92122 for posts
Catalogue # 78234 for 1½” chain
Hastings Telescopic Barriers with Traffic Stanchions

Hastings Telescopic Barrier Bar (51" to 85")
Catalogue # 685O
Appendix 2
Two-Sided Barrier Sign

Work Area display face – two-sided barrier sign BCH stock # 96003504

Danger High Voltage display face – two-sided barrier sign BCH stock # 96003504
Appendix 3
Barrier Signs and Stanchions

18" X 30" two sided vinyl Barrier Sign with 2½" lettering – BCH stock # 96004025

Danger High Voltage or Energized Bus Above signs (45cm x 30cm) in 3 ml Sintra plastic – available through Sherine Industries Ltd. (1 800 665 0566)

7" X 10" two-sided yellow plastic sign with 2" lettering for “Caution” and 1" lettering for “Entering/Leaving work area”

Danger High Voltage (BCH stock #97000508) or Energized Bus Above (BCH stock #97000509) signs (45cm x 30cm) in 3 ml Sintra plastic
1) Traffic cone  
2) Bradylink stanchion – stock # 92116  
3) Site–made steel base stanchion witH plastic post  
4) Site–made all steel stanchion
OSH Standard 604
Emergency Showers and Eyewash Stations
OSH Standard 604
Emergency Showers And Eyewash Stations

1. Scope

1.1 This standard covers requirements and procedures for emergency showers and eyewash stations.

2. Purpose

2.1 Policies and procedures are outlined to ensure that BC Hydro facilities are appropriately equipped with emergency showers and eyewash stations.

3. Standard

3.1 General

3.1.1 The work of some BC Hydro workers causes them to be exposed to substances that are toxic, corrosive or otherwise harmful to the skin or eyes. Where such exposures may occur, appropriate emergency washing equipment must be provided. This Standard establishes the policies and procedures for selecting, installing, using, testing and maintaining emergency washing equipment (showers and eyewash stations).

3.1.2 Emergency washing equipment is remedial only. Contamination of skin and eyes must be prevented by proper work procedures, training and the provision and use of personal protective equipment (refer to OSH Standard 601 – Personal Protective Equipment).

3.1.3 For information about emergency washing requirements for work involving batteries, refer to OSH Standard 317 – Battery Work Safety Requirements.

3.1.4 For assistance with implementing this standard, contact your Occupational Safety and Health (OSH) Specialist.

3.2 BC Hydro will provide emergency washing equipment at job sites where a worker’s eyes or skin may be exposed to harmful or corrosive substances, or other substances, which may burn or irritate. To determine the degree of hazard that a work activity poses to skin/eyes and the applicable emergency shower and eyewash equipment requirements, refer to Appendix 1 of this Standard.

3.3 Emergency shower and eyewash equipment must be installed in accordance with the manufacturer’s instructions and acceptable plumbing practices, and must be tested upon initial installation to ensure that the required pressures, volumes and flow rates are achieved. Regular testing and maintenance must be carried out in accordance with the manufacturer’s instructions and Appendix 2 of this Standard.

3.4 The water supply provided for plumbed eyewash stations must be potable (i.e. safe for drinking). Portable (self-contained) eyewash stations must be filled with potable water or an isotonic saline flushing solution. For further information about drinking water standards, refer to OSH Standard 307 – Drinking Water.

3.5 The valves which activate emergency shower and eyewash equipment must be designed so that, once activated, the flow of water or flushing solution will continue without requiring the use of the operator’s hands. Mixing valves used to temper (15–35°C) water, where required, must be designed with a fail-safe cold water supply.

Note: The requirements for tempered water in the Table in Appendix 1 do not apply if the advise of a medical professional indicates that tempered washing would increase risk of injury in a particular application.
3.6 Emergency shower and eyewash stations must be clearly identified by signs that indicate their location and provide directions for their use. The pathways from areas of potential injury to showers and eyewash stations must be unobstructed.

3.7 Emergency showers and eyewash stations and, where applicable, the water supply piping, must be protected from freezing.

3.8 Workers who are required to use emergency washing equipment must be trained in their location and proper use.

3.9 When showers or eyewash stations are used for treatment of injuries the regulations for the practice and recording of first aid will apply. The use of emergency washing facilities for first aid should always be followed by medical treatment.

3.10 Workers who wear contact lenses must notify the site first aid attendants to ensure that appropriate treatment is given in the event of eye injury.

4. References

4.1 WorkSafeBC Occupational Health & Safety Regulation, Part 5, Section 5.85 to 5.96 Emergency Washing Facilities

4.2 BC Hydro Emergency Shower/Eyewash Maintenance Record, Stationery Form 8O423

4.3 OSH Standard 317 – Battery Work Safety Requirements

4.4 OSH Standard 307 – Drinking Water
Appendix 1
Hazard Assessment and Emergency Washing

Equipment Requirements

In determining the degree of hazard a work activity poses to the skin and eyes three main factors must be taken into consideration:

a) The nature of the hazardous material involved;

b) The quantity of the material; and

c) The potential for the material contacting the eyes and/or skin during the work.

This Appendix is meant to assist in determining emergency shower and eyewash station requirements. Note that emergency washing facilities supplement and do not replace safety eyewear and other personal protective equipment.

Nature of Hazardous Materials

Chemical products that pose a hazard of skin or eye contact may be divided into three groups. They are:

1. High Hazard Materials
   These products are WHMIS Class E corrosive materials or Class D1(a) materials meeting criteria for acute dermal toxicity. The MSDS and label will confirm this classification. Contact the supplier if clarification is necessary. Products in this category can produce serious irreversible damage to skin and eyes, or induce serious acute toxicity through skin exposure.

2. Moderate Hazard Materials
   These products are WHMIS Class D2b irritant materials. Products in this category produce reversible irritation to skin and eyes. While not as serious as the effects caused by the first category, the availability of emergency washing facilities is important in minimizing discomfort, and speeding recovery.

3. Low Hazard Materials
   Other materials pose eye and skin hazards due to their physical nature. Work with grinders, lathes and other equipment in a machine shop are examples. These will be considered of lower hazard potential from the standpoint of emergency eyewash and shower requirements. These hazards are addressed in this standard, although the availability and quality of first aid treatment is normally more important than the immediate availability of emergency flushing equipment.
Work Hazard Assessment

1. Examples of Situations Posing High Hazard

The selection of suitable shower and eyewash equipment must be based upon an assessment of the hazardous materials present in the workplace and the potential for those materials contacting the eyes and/or skin during the required work activities. Following are examples of situations posing high, moderate and low hazard to eyes/skin. At the back of this Appendix, decision charts have been provided to assist with categorizing eye/skin hazards for activities involving high or moderate hazard materials.

High Hazard to the Eyes

a) A work activity where any volume of a high hazard material may be splashed into the eyes.

   Examples include handling and pouring containers of battery acid, concentrated caustic or acid cleaning products, fibreglass catalysts etc. which may allow splashing.

High Hazard to the Skin

a) A work activity where more than 100 ml of a high hazard material may be splashed above the waist; or

b) A work activity where more than a litre of a moderate hazard material may be splashed onto the body with splashing possible above the waist.

   Examples include installations where ammonia or chlorine gas is used.

2. Examples of Situations Posing Moderate Hazard

Moderate Hazard to the Eyes

a) Work activities where any volume of a moderate hazard material may splash into the eyes.

   Examples include handling irritant materials such that a splash hazard to the eyes is presented. Bulk open pouring of fuels (not using closed fittings), paint thinners and solvent work are examples of situations moderately hazardous to the eyes.

3. Examples of Situations Posing Low Hazard to the Skin and Eyes

Work operations such as grinding, welding rosin-cored soldering and machine shop work may result in irritation of the eyes that does require availability of emergency flushing equipment. The duration and immediate availability of flushing in these situations is not as critical as the availability of qualified first aid. When there is a possibility of contacting small quantities of materials (less than 100 ml of a high hazard material or less than 1 litre of a moderate hazard material) where splashing is limited to areas below the waist can be considered as situations posing low hazard to skin. The limited quantities of material involved allow for lower flushing volumes and durations. Routine maintenance in battery rooms not involving pouring electrolyte or carrying cells would be included in the category.
Emergency Shower and Eyewash Equipment Requirements

Refer to the chart on the following page.

Special Considerations for Remote and Transient Work-Sites

1. Transient Work-Sites (Construction Sites etc.)

Where it is not practical to provide a permanent potable water supply at a transient work-site, portable, self-contained eyewash units may be used. Where there is a high or moderate hazard to the eyes or skin, emergency facilities must deliver at least 15 minutes flush duration. Dunk tanks and similar facilities may be substituted for showers.

2. Remote Work-Sites

Where it is not practical to provide a portable, self-contained unit at a remote work-site, effective means to flush eyes and skin must be available at the work-site based on the hazard present. For details on requirements for battery-related work at remote sites (e.g. unheated Radio Repeater sites), refer to OSH Standard 317. Special emphasis must be placed on personal protective equipment and safe work practices to minimize the likelihood of accidental contact with materials hazardous to the skin and eyes.
# Emergency Shower and Eyewash Equipment Requirements

<table>
<thead>
<tr>
<th>Eye</th>
<th>High Hazard</th>
<th>Moderate Hazard</th>
<th>Low Hazard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requirement</td>
<td>Tempered*, continuous flow eyewash facility with a minimum duration of 15 minutes (or more if required by the nature of the material).</td>
<td>Within 5 seconds walking distance of hazard area, but no further than 6 metres (20 ft).</td>
<td>Effective means to flush the eyes.</td>
</tr>
<tr>
<td>Location</td>
<td>Within 5 seconds walking distance of hazard area, but no further than 6 metres (20 ft).</td>
<td>Within 10 seconds walking distance of hazard area, but no further than 30 metres (100 ft). May be located further than 30 metres, provided that: a) A supplementary eyewash facility is located 20 seconds walking distance of the hazard area but no further than 30 metres (100 ft), and b) First aid services are maintained to start treatment of an affected worker within 5 minutes.</td>
<td>Within 10 seconds walking distance of the hazard area but no further than 30 metres (100 ft).</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Skin</th>
<th>High Hazard</th>
<th>Moderate Hazard</th>
<th>Low Hazard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requirement</td>
<td>Tempered*, continuous flow emergency shower facility with a minimum duration of 15 minutes (or more if required by the nature of the material).</td>
<td>Tempered*, continuous flow emergency shower facility with a minimum duration of 15 minutes.</td>
<td>Emergency flushing equipment, such as a non-tempered drench hose.</td>
</tr>
<tr>
<td>Location</td>
<td>New Installations: Within 5 seconds walking distance of the hazard area but no further than 6 metres (20 ft). Existing installations: May be located further than 6 metres provided that: a) A supplementary emergency shower facility such as a non-tempered drench hose is located within 5 seconds walking distance of the hazard area but no further than 6 metres, and b) Tempered shower facility is available within the building to start emergency washing within 5 minutes.</td>
<td>New Installations: Within 10 seconds walking distance of the hazard area but no further than 30 metres (100 ft). Existing installations: May be located further than 30 metres provided that: a) A supplementary emergency shower facility such as a non-tempered drench hose is located within 10 seconds walking distance of the hazard area but no further than 30 metres, and b) First aid services are maintained to start treatment of an affected worker within 5 minutes.</td>
<td>Within 10 seconds walking distance of the hazard area but no further than 30 metres (100 ft).</td>
</tr>
</tbody>
</table>
Eye/Skin Hazard Categorization

When Handling High Hazard Materials

- **Is eye contact possible?**
  - No → **No eye hazard**
  - Yes → High hazard to eyes

- **Is skin contact possible?**
  - No → **No skin hazard** → STOP
  - Yes → >100ml involved in splash

- **>100ml involved in splash?**
  - No → **Low hazard to the skin**
  - Yes → Splash possible above waist?

- **Splash possible above waist?**
  - No → Low hazard to the skin
  - Yes → Moderate hazard to the skin

BC Hydro Disclaimer: BC Hydro does not accept any liability or responsibility of any kind arising from inappropriate use of this information. This version of this safety document is intended solely as an example for prospective BC Hydro contractors. Current BC Hydro contractors must refer to updated information on the BC Hydro contractor Safety Extranet.
Eye/Skin Hazard Categorization

When Handling Moderate Hazard Materials

1. Is eye contact possible?
   - Yes: Moderate hazard to eyes
   - No: No eye hazard

2. Is skin contact possible?
   - Yes: No skin hazard
   - No: Proceed to the next step

3. Is splash possible above waist?
   - Yes: Moderate hazard to the skin
   - No: Low hazard to the skin
APPENDIX 2

Testing and Maintenance of Emergency Showers and Eyewash Stations

Showers and eyewash stations, whether plumbed or self-contained, must be properly tested and maintained. Testing and maintenance must be recorded on a BC Hydro Emergency Shower/Eyewash Maintenance Record, Stationery Form 80423 and attached to the unit.

Plumbed Showers and Eyewash Stations

1. Once per month fully activate the flow and run for a sufficient length of time to completely flush the branch of the water line supplying the unit, and, where required, ensure that water is tempered (15–35°C).

Self-Contained Showers and Eyewash Stations

1. Self-contained Showers and Eyewash stations must be maintained in accordance with the manufacturer’s instructions. At minimum, self-contained Eyewash station maintenance must include the requirements in sections 2 through 4 below.

2. Before a new self-contained Eyewash station is put into service it must be disinfected as follows:
   
   • Fill the unit with potable water;
   
   • Add 30 ml (1 fluid oz) of household bleach for every 20 litres (5.3 US gallons) of water, mix well and let stand for at least 20 minutes
   
   Note: Volumes are based on using household bleach with 5–10% sodium hypochlorite – check MSDS to confirm concentration);
   
   • Drain the solution completely by allowing the disinfecting solution to flow through the nozzles and observe flow to confirm there are no blockages, then turn unit upside down to drain any remaining solution;
   
   • Rinse the unit thoroughly with potable water then refill (see section 3).

3. Only potable water or an isotonic saline solution may be used in self-contained Eyewash stations. If a saline flushing solution is used, then replacement frequency must be in accordance with the supplier’s instructions. If potable water is used, then water replacement and treatment (disinfection) to prevent the growth of microbial contaminants must be carried out as follows.

   Note: The effectiveness of these procedures in controlling microbial growth will depend on a number of factors, including handling of solution, local water quality, temperature ranges and environment. If there is evidence of microbial contamination when the eyewash solution is replaced, then fluid replacement must be carried out more frequently. A recommended alternative is to install a self-contained eyewash station that is equipped with factory sealed washing fluid cartridges (e.g. Fendall Pure Flow1000, or equivalent) that only require replacement at the cartridge expiry date – 24 months from date of manufacture.

   a) Every 6 months drain the unit completely and inspect nozzles to confirm that flow is unrestricted. If there is any evidence of microbial contamination (e.g. fluid odours/cloudiness or visible contamination/film on the inside of the unit) then unit must be disinfected, as per Section 2 above, and fluid replacement must be carried out more frequently.

   b) Refill unit with potable water, add 1 drop of household bleach (5–10% sodium hypochlorite) for every 2 litres of water (2 drops per gallon) and mix well (Note: This provides a chlorine residual of 1–2 ppm).

   Note: Household bleach must be stored in properly labelled plastic containers in a cool, dry place away from sunlight. When properly stored, the shelf life of household bleach is about one year.
4. Monthly inspect the eyewash station to ensure that there is a proper (full) level of flushing fluid and the unit activating device is intact (Note: Keep station clean by wiping with a damp cloth, as required).

Remote Worksites (e.g. Microwave Sites and unmanned Substations)

1. At remote work sites where it isn’t practicable to follow the testing and maintenance procedures outlined above, the following modified procedures may be used.

   a) If monthly flow testing of plumbed Showers and Eyewash stations and/or monthly inspection of self-contained Eyewash stations isn’t practicable, then the units must be tested/inspected immediately before work involving hazardous materials is carried out at the site. If the required emergency washing equipment is not operational, do not proceed with work.

   b) If semi-annual replacement of self-contained Eyewash station solution is not practicable, then the replacement frequency may be extended to annual, if local conditions permit (see bolded Note in Section 3 above).
OSH Standard 608
Fall Protection
OSH Standard 608
Fall Protection

1. Purpose

1.1 The purpose of this standard is to communicate acceptable and required fall protection practices.

2. Scope

2.1 This standard sets out the requirements associated with protecting workers from falling from elevated work positions. It does not address slip and fall or tripping hazards that involve no change in worker elevation.

3. Requirements

3.1 General

3.1.1 Fall protection is required when work is being performed in areas where a fall of greater than 3 m (10 ft) may occur or where an unusual risk of injury exists, regardless of fall distance (e.g. work above pits, protrusions, open tanks or moving machinery). For fall protection requirements with ladders, refer to OSH Standard 609.

3.1.2 This Standard and all Fall Protection plans and equipment must meet the expectations of Part 11 Fall Protection of the WorkSafeBC OH&S Regulation.

Note: Work activities that meet the definition of “Rope Access”, must comply with Part 34 of the WorkSafeBC OH&S Regulation. For additional resources on assessing work activities that may meet the definition of rope access work, refer to section 7.10, 7.11 and Appendix 2, Rope Access.

3.1.3 All workers whose work activities involve the risk of falling shall be provided with fall protection equipment and training in accordance with this standard.

• Workers that require personal fall protection equipment shall be provided with no less than a full body harness and a shock absorbing lanyard.

• All Fall Protection equipment shall meet the applicable CSA, or ANSI Standard, as is deemed acceptable by WorkSafeBC.

• Personal fall protection equipment shall be arc flash rated when there is a requirement to wear FR clothing.

• Guidance on equipment selection is available from the BC Hydro fall protection equipment catalogue, or by referencing posted BC Hydro Fall Protection work procedures.

• In special circumstances where approved products do not meet the needs of a specific function or hazard, contact the Subject Matter Experts identified at the end of this Standard for assistance.

3.1.4 The total fall distance shall be calculated for all work.

• The available fall distance must be more than the fall distance required by the selected fall protection system.

• If working above or in proximity to energized equipment or conductors, the total fall distance shall be such that the worker cannot get closer than column 1 Limits of Approach to the energized conductor.

• The extended length of the shock absorber must be included in the calculation.

• Refer to section 3.6 of this Standard for additional information on shock absorbers.
3.1.5 After a fall has occurred, the complete fall protection system involved must be tagged and prohibited for further use unless inspected and recertified as safe for use by the manufacturers, their authorized agents, a Competent person, or by a Professional Engineer.

3.1.6 When using fall protection systems the job plan must consider rescue methods to be deployed in the event of an injury or a health issue and the tailboard must document the rescue procedure and personnel to be used (refer to OSH Standard 122 Job Planning, section 3.2.4).

3.2 Full Body Harnesses

3.2.1 When worn together the full body harness must be worn over the body belt.

3.2.2 Workers shall use a full body harness when working on metal towers such as transmission/communication towers and substation structures and aerial lifts, etc.

3.3 Fall Restrict Equipment for Wood Pole Climbing

3.3.1 A fall restrict device (pole strap) meeting the requirements of CSA Z259.14–01 Type AB or ANSI equivalent shall be used when climbing or working from a wood pole. Refer to the Work Methods approved tools list for equipment that meets this criterion, and to the Fall Protection Plan for Climbing Wood Poles for procedural direction.

3.3.2 Workers who climb poles will be trained in the use of wood pole fall restrict devices.

3.4 Safety Belts and Safety Straps

3.4.1 Safety belts, waist belts and safety straps are for body positioning only — they are prohibited for use as fall arrest: only full body harnesses are permitted for fall arrest applications.

3.4.2 The preferred body holding device for wood pole fall protection is the full body harness. Waist belts are acceptable for use with wood pole fall restrict devices as described in section 3.3.1 (wood pole fall restrict devices are classified as fall restraint, not fall arrest).

3.4.2.1 When a waist belt is used without a full body harness, then the second belt must be an approved rope belt (e.g. the Petzl Grillon) — seat belt style retractors are not permitted for use with waist belts.

3.4.2.2 Approved rope belts may only be used for the purpose of climbing past obstacles: fall restrict pole straps are to be used as soon as the worker is past the obstacle on the pole, e.g., as soon as they are above the cross arm.

3.4.3 Seat belt style retractors may be used as a second belt for climbing past obstacles only when used in conjunction with a full body harness.

Note: If the retractor is to be choked around the pole when in use, then the retractor must be connected to the harnesses’ dorsal D–ring. A Velcro strap can be used to secure the retractor in a conveniently accessible location when not in use.

3.4.4 Self–locking snap hooks shall be used to reduce the risk of roll–out of the snap hook when a double safety strap (two straps) is used (e.g. for pole climbing). See section 3.5 – Snap Hooks and Carabineers.

3.5 Lanyards and Shock Absorbers

3.5.1 Short lanyards shall be used wherever practicable to minimize fall distances.

3.5.2 Non–retracting lanyards shall have a self–locking snap–hook at each end. Exception—arc flash rated lanyards with soft loop ends.
3.5.3 The worker’s weight, including tools and equipment, must be taken into account in the selection of shock absorbing lanyards.

- 6 ft fall rated CSA E4 shock absorbing lanyard for worker plus tools and equipment weight of 45 kg – 115 kg (100 lb – 254 lb).
- 6 ft fall rated CSA E6 shock absorbing lanyard for worker plus tools and equipment weight of 90 kg – 175 kg (200 lb – 386 lb).
- 6 ft and 12 ft fall rated ANSI shock absorbing lanyard for worker plus tools and equipment weight of 59 kg – 141 kg (130 lb – 310 lb).

Note: The ANSI shock absorbing lanyard is preferred for standardization purposes per the BCH Fall Protection training program, subject to it being suitable to the worker plus tool and equipment weight.

3.5.4 Per section 3.1.4 of this Standard, the increase in length of the shock absorbing lanyard must be taken into account when calculating total fall distance. Maximum increases in length must not exceed:

- CSA E4 shock absorbing lanyard – 1.2m (47 in)
- CSA E6 shock absorbing lanyard – 1.75m (69 in)
- ANSI 6 ft fall rated shock absorbing lanyard – 1.22m (48 in)
- ANSI 12 ft fall rated shock absorbing lanyard – 1.52m (60 in)

Note: The 12 ft fall rated shock absorbing lanyard is not to be used unless shorter length fall protection options are proven to be non-viable by a competent person, and adequate available fall distance has been evaluated and assured.

3.5.5 The minimum force that must be applied to a shock absorbing lanyard before there is permanent elongation of more than 51 mm (2 in) must be 2 kN (450 lbs).

3.6 Snap Hooks and Carabiners

3.6.1 Snap hooks and carabiners shall be of the self-locking type.

3.6.2 Self-locking snap hooks are required at both ends of each strap when using two pole straps (e.g. when pole climbing).

3.6.3 Steel is the preferred material for carabiners and snap hooks and is to be used whenever possible. Aluminum components may be included in some approved systems if it is beneficial for a specific application or piece of equipment.

3.7 Vertical Lifelines and Rope Grabs

3.7.1 Vertical rope lifelines must be compatible with rope grabs and descent devices, and must be used in accordance with the manufacturer’s instructions.

Note: The lifeline’s diameter, material, construction and type must match that required by the rope grab. The preferred size for a synthetic rope lifeline is 16 mm (5/8 in) diameter.

3.7.2 Only lifelines and rope that are identified in the BC Hydro Fall Protection Manual equipment catalogue shall be used.
3.7.3 Only one worker shall be secured to one vertical lifeline at any time.

3.7.4 All rope grabs must be used with lanyards or connecting means of appropriate length for the system, and are to be as short as practicable.

- To ensure that the maximum allowable free fall distance of 1.82 m (6 ft) is not exceeded, the maximum lanyard length measured from the rope grab to the snap hook must not exceed 0.9 m (3 ft).
- Rope grabs with 0.6 m (2 ft) lanyards shall be used when possible

3.7.5 Once at the work location, the automatic rope grab used for fall arrest must be parked above the height of the dorsal D–ring on the person’s full body harness.

3.7.6 Manual rope grabs used for work positioning or restraint must be in a position that will not allow any free fall.

- Such manual rope grabs can be used as an anchor on a lifeline by a person who is attached to a separate suspension system, e.g., a window cleaner sitting on a Boson’s chair with a separate lifeline.
- Rope grabs that are used for fall restraint may have a lanyard longer than 3 ft provided the system is used for fall restraint in a way that will prevent the person from entering a fall arrest situation.

3.8 Horizontal Lifelines

3.8.1 Horizontal lifelines (temporary or permanent) must be certified by a Professional Engineer.

- Engineered horizontal lifeline systems (including those that have been pre–approved by the manufacturers’ Engineer) are acceptable for temporary use without an engineer’s involvement provided they are installed and used in accordance with the manufacturers’ instructions.

3.8.2 Horizontal lifelines can be sloping providing they are used with a suitable rope grab.

- These systems must be certified by a Professional Engineer and require written fall protection plans outlining equipment requirements and rescue procedures.

3.9 Anchors and Anchor Points (anchorage)

3.9.1 An anchor intended for fall protection (fall arrest or restraint) or rescue purposes must not be used for material handling, except with the approval of a Professional Engineer.

3.9.2 Any damage to an anchor must be reported to the supervisor.

3.9.3 Temporary and permanent anchors must be designed or confirmed to meet the requirements of Part 11 Fall Protection of the WorkSafeBC OH&S Regulation.

3.9.4 Direct anchorage to a fibreglass structure, such as an aerial bucket, is prohibited unless it is certified by a Professional Engineer or by the manufacturer of the fibreglass structure.

3.9.5 Temporary anchor stanchions (posts) must be certified by a Professional Engineer.

3.9.6 Only self–locking snap hooks or carabiners shall be used to connect to an anchor point.

- The size of the snap hook or carabiner shall be compatible with that of the anchor.

Note: A self–locking snap hook can potentially dislodge from an anchor if its size differs considerably from that of the anchor, and the snap hook is pulled at an unfavourable angle with respect to the anchor.

3.9.7 Temporary anchor point installations are to be discussed and documented on the tailboard. Purpose of discussion is to evaluate and consider all surrounding workplace hazards to ensure the anchor is placed in an appropriate location that does not introduce additional risk from surrounding hazards.
3.10  Anchor Hooks (Shepherd Hooks)

3.10.1  Shepherd Hooks must be equipped with a latching mechanism across their gate opening, i.e., they must have a positive means of preventing the hook from becoming dislodged. Also refer to the Work on Metal Transmission Towers work procedure.

3.11  Safety Nets

3.11.1  A safety net, certified by a Professional Engineer, may be used when it is not practicable to use other forms of fall protection.

3.12  Transformer Fall Prevention Post

3.12.1  The maximum arrest force must be limited to 4 kN (900 lbs) per worker. The maximum free-fall distance must be limited to 1.83 m (6 ft).

3.12.2  For fall arrest, fixed length lanyards or self-retracting lanyards shall be connected to an anchor post (or extension as appropriate).

•  Workers must connect to the extension when using a post located 0.6 m (2 ft) or closer to the edge of the transformer.

•  In all other cases, worker may connect to the swivel rings on the post.

3.12.3  For fall restraint, fixed length lanyards must be connected to either an anchor post or a personal anchor point on a weld-on plate. An adjustable length lanyard, Y-lanyard or rope and rope grab may also be used.

3.12.4  A maximum of three people may be connected to a single Transformer Anchor Post.

3.12.5  A Transformer Anchor Post has three swivel connection rings. Each worker must connect their personal fall protection to a different swivel connection ring, i.e. two or more workers must not be attached to the same swivel connection ring.

Note: These posts, like all fall protection equipment, must be inspected prior to use. Particular attention should be directed to the inspection of the Circlips that secure the swivel connection rings to the post, as several of these clips have been found to have been broken in service.

3.13  Safety Inspection and Testing Requirements

3.13.1  Fall protection equipment that exhibits any damage, excessive wear, or is past the expected service life date must be immediately removed from service.

Note: Generation Operations are to take specific direction from the Generation Fall Protection Manual (Generation Maintenance Standard 10.4O.MTCE.01) T&D Operations are to refer to Appendix 1 of this Standard.

3.13.2  The frequency of inspection of fall protection equipment must not be less than that recommended by the manufacturer. For further information, refer to Appendix 1 – Safety Inspections.
4. Roles and Responsibilities

4.1 Workers

4.1.1 Perform a thorough visual inspection of their fall protection equipment prior to each use. In addition, documented, detailed annual inspections are required for all safety equipment owned by BC Hydro. Workers are to submit all of their fall protection equipment for annual inspection and non-destructive testing.

4.1.2 Understand the components of a fall protection system.

4.1.3 Wear approved fall protection equipment.

4.1.4 Confirm and follow the applicable work procedures and fall protection plans.

4.1.5 Achieve proper fitting of the full body harness.

4.1.6 Select appropriate lanyard or lifeline length.

4.1.7 Read the equipment manufacturer’s instructions.

4.2 Supervisors

4.2.1 Review and ensure that all work plans requiring use of fall protection systems have a viable fall protection plan in place.

4.2.2 Review tailboards and affirm the documentation properly accounts for fall protection to be used, the suitability of the anchor points, anchor attachment methods, and the rescue plan.

4.2.3 Confirm that individuals using fall protection systems are appropriately trained and equipped to do so.

4.2.4 Confirm that a rescue plan is in place and individuals identified as part of the rescue team are qualified in the methods being used.

4.3 Managers

4.3.1 Ensure that workers are properly equipped and have received adequate training. Such training is available from Occupational Safety and Health (OSH) Specialists, Trades Training Instructors (TTI), or outside agencies.

4.3.2 Ensure that detailed inspections are being completed at the recommended frequencies.

5. Records and Documentation

5.1 Managers are to retain records of fall protection training for each worker.

5.2 Managers are to retain detailed fall protection equipment inspection records.

6. References

6.1 CSA Standard Z259.1, Safety Belts and Lanyards

6.2 CSA Standard Z259.2.1, Fall Arresters, Vertical Lifelines, and Rails

6.3 CSA Standard Z259.2.2, Self-Retracting Devices for Personal Fall-Arrest Systems

6.4 CSA Standard Z259.2.3, Descent Control Devices

6.5 CSA Standard Z259.3, Lineman’s Body Belt and Lineman’s Safety Strap
6.6 CSA Standard Z259.10, Full Body Harnesses

6.7 CSA Standard Z259.11, Shock Absorbers for Personal Fall Arrest Systems

6.8 CSA Standard Z259.14, Fall Restrict Equipment for Wood Pole Climbing

6.9 WorkSafeBC Occupational Safety & Health Regulation Part 11, Fall Protection

6.10 WorkSafeBC Occupational Safety & Health Regulation Part 20, Section 20.75, Roof Work

6.11 Generation Fall Protection Manual (Generation Maintenance Standard 10.40.MTCE.01)

6.12 Work on Metal Transmission Towers

6.13 Fall Protection Plan for Substation Structures

6.14 T&D Fall Protection work procedures and approved equipment list

6.15 BC Hydro Fall Protection Equipment Catalogue

7. Glossary

7.1 Fall Protection – a generic term embracing any Fall Restraint or Fall Arrest systems, equipment, work plans and work procedures that are used to minimize the risk of falling, and reduce or eliminate any possible injury resulting from a fall.

7.2 Fall Restraint – a work positioning system that prevents a worker from falling from a work position, or a travel restriction system such as guardrails or a personal fall protection system that prevents a worker from reaching to an edge from which the worker could fall.

7.3 Fall Arrest – a system that will stop a worker’s fall before the worker hits the surface below (e.g. a full body harness with a shock absorbing lanyard connected to an approved anchor).

7.4 Fall Protection Plan (Work Plan) – the written document that is required when working at heights of over 7.6 m (25 ft.) without guardrails. It covers the following four necessary elements of fall protection: 1) the fall hazards expected; 2) the fall protection system or systems to be used in the area; 3) the procedures to assemble, maintain, inspect, use and disassemble the fall protection system when applicable; and 4) the procedures for rescue.

7.5 Qualified – accepted as satisfactory with reference to experience, training, education, personal competency, physical fitness and familiarity with the rules, procedures, equipment and hazards involved in the job.

7.6 Simple snap hook – has one spring loaded catch. This catch needs to be moved to open the mouth of the hook.

7.7 Self-locking snap hook – has two catches; the second catch must be released before the first catch can be moved to open the mouth of the hook.

7.8 Self-retracting lifeline – consists of a reel of stainless steel cable or nylon webbing that locks when an abrupt force is applied to the exposed section of the line. It is used as a fall arrest device and attaches to the back (dorsal) D ring of a full body harness.

7.9 Work Procedures – the sequential steps to be performed including those to minimize the hazard when no physical form of fall protection is employed. Examples of Work Procedures include Control Zone and Safety Monitor.

7.10 Rope Access – means a technique in which a rope access system is used to provide a person with access to and from a workplace, commonly including suspension at the workplace, in such a way that a fall is prevented or arrested.
7.11 Rope Access System – means a system consisting of:
   a) a sit harness or full body harness;
   b) rope, lanyards and other connecting equipment;
   c) anchors; and
   d) other components such as ascenders, descenders, belay devices, backup devices and fall arresters, that usually employs 2 separately secured subsystems, one as a means of access and the other as a safety, secondary, belay or backup system, but does not include a boatswain’s chair, also known as a bosun’s chair, or a zipline.

Revision Rationale:

V2–4 Updated August 16, 2017
Section 3.1.3: Requirement added for personal fall protection equipment to be arc flash rated when there is a requirement to wear FR clothing in order to align with Section 4.6.3 of OSH Standard 601. Hyperlinks corrected throughout.

V2–3 Updated November 29, 2016:
Section 3.5.3: Lanyards with soft loop ends shall only be attached to other soft loops requirement removed. WorkSafeBC regulations and the mandatory CSA standard do not expressly prohibit hard-to-soft connections. They do require connectors to be CSA or ANSI certified, and compatible as per the standards and manufacturer requirements.

Note:
That some manufacturer instructions do prohibit the connection of snap hooks with soft web loops (e.g. DBI SALA Exo Fit Harness instructions, section 2.10).

V2–2 Updated March 7, 2016:
Section 3.1.2: Included reference to rope access and points towards Appendix 2 Rope Access. Edit made based on WSBC’s new Part 34 Rope Access.

Section 7.10 & 7.11: Included the definition of Rope Access and Rope Access System. Edit made based on WSBC’s new Part 34 Rope Access.

Section Appendix 2 Rope Access: New Appendix to provide a method to assess working at height activities to determine if the activity meets the definition of rope access or not. Also includes an inventory of Rope Access assessments.

V2–1 Updated February 10, 2016:
Section 3.1.6: New section added to reflect rescue requirements when using Fall Protection. Edit made in response to WorkSafeBC order related to November 2014 electrical contact at the New Westminster substation.

Section 3.9.7: New section added to require discussion, evaluation and documentation of temporary anchor points. Edit made in response to WorkSafeBC order related to November 2014 electrical contact at the New Westminster substation. Appendix 1 Safety Inspections

Generation Operations are to take specific direction from Generation Maintenance Standard 10.40.MTCE.01. T&D Operations are to refer to this Appendix.
Appendix 1
Safety Inspections

Generation Operations are to take specific direction from the Generation Fall Protection Manual (Generation Maintenance Standard 10.40.MTCE.01). T&D Operations are to refer to this Appendix.

Safety inspection is divided into three categories as follows:

1. Equipment that is used frequently and is subject to deterioration from use (e.g. Power Line Technician body belts, lanyards, body harnesses and climbers).
   - Such equipment requires a thorough visual inspection to be performed by the user prior to each use.
   - The inspection shall be carried out according to the manufacturer's instructions.
   - In addition, equipment used by line crews requires annual non-destructive testing.

2. Equipment that is used frequently, but is not subject to excessive wear or damage.
   - The user of such equipment will perform a thorough visual inspection according to the manufacturer's instructions prior to each use.
   - This equipment does not require annual non-destructive testing.

3. Equipment that is used only occasionally.
   - The user will carry out a thorough visual inspection prior to each use, according to the manufacturer's instructions.
   - This equipment does not require non-destructive testing.

Assistance with visual inspections can be found in the Personal Fall Protection Equipment Inspection Guide.
Appendix 2

Rope Access

Scope

This appendix sets out the requirements for assessing rope access work activities within BC Hydro, based on WorkSafeBC Part 34 (Rope Access) regulation. WorkSafeBC Part 34 is an extension of the WorkSafeBC Part 11 (Fall Protection) that became law in February 2015 with the intent to better regulate rope access work throughout the Province. Part 34 has much more stringent training requirements than Part 11 because of the higher technical requirements when using ropes, connectors and supporting equipment.

Purpose

The purpose of this Rope Access Appendix is to provide guidance to operations to help determine if their work activity falls under Part 11 (Fall Protection) or Part 34 (Rope Access).
Requirements

a. Rope Access Work Assessment Inventory

The rope access inventory identifies BC Hydro work activities that have been assessed to determine if Part 34 applies to the activity. The majority of work activities at BC Hydro, that include working at heights, will not fall under Part 34, however, more complicated rope work that requires suspension from a rope may need to be formally assessed. The inventory table below documents specific work activities that have been assessed against the regulation. There is no requirement for re-assessment unless the work activity changes.

<table>
<thead>
<tr>
<th>Work Activity</th>
<th>Assessment Date</th>
<th>Assessment Decision</th>
<th>Justification</th>
<th>Notes</th>
</tr>
</thead>
</table>
| Barehand Tower access    | Sept. 3, 2016   | Not Rope Access     | Part 34 of the WOksafeBC regulation does not apply to hoisting employees using the capstan hoist because the system does not include ascenders, descenders or belay devices used in a rope access system that would allow the employee lateral movement under their control. The employee being raised and lowered does not have control over their movement; this is controlled by the employee managing the capstan winch on the ground. The work activity incorporates a separate fall protection system in the event of a failure of the hoisting rope. | • Decision has also been noted in the Barehand work procedures.  
• Ref Procedure: BH1: live line rope method |
| GMS Penstock Inspection  | Oct. 16, 2015   | Not Rope Access     | The Penstock inspection falls out of the Part 34 requirements in two sections of the definition. 1) The employee is not under suspension during the descent in the Penstock. Although he does depend on the working rope to maintain his position because of the angle of the penstock. 2) The work activity does include one lower device (MPD) controlled by a worker at the top of the penstock and one Fall Arrest (DMM Buddy or Kong Backup). | • Decision has also been noted in the GMS Penstock and Intake Gates Procedures |
| GMS Penstock Tower Access| Oct. 16, 2015   | Not Rope Access     | The tower access using the rated man basket and crane does not fall under Part 34 because the basket is used as a platform and therefor would need to meet Part 13 requirements.                                                                                                                                                                  | • Decision has also been noted in the GMS Penstock and Intake Gates Procedures |

As new work activities that may require formal assessment are identified, they will be added to the inventory and assessed.
b. Work Activity Assessment Process

Differentiating between “Fall Protection Systems” and “Rope Access Systems” is not always clear because equipment used will often meet the requirements for both types of systems. The work activity assessment process is based on the definition of “Rope Access” and “Rope Access System” in WorkSafeBC Part 34 and can help determine the applicable regulations.

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**Rope Access System Decision Process**

- Does the work involve being suspended on a rope? [WorkSafe BC 34.4.1]
  - No → Other Parts Apply (Part 11.13.32)
  - Yes → Are you using a platform? (Boatman Chair, swingstage, spider stage) [WorkSafe BC 34.4.4]
    - Yes → Other Parts Apply (Part 11.13.32)
    - No → Are you using 2 separately secured systems?
      - No → Other Parts Apply (Part 11.13.32)
      - Yes → Are you using a sit harness or full body harness? [WorkSafe BC 34.4.4]
        - Note: harness must be approved for rope access
        - Yes → Are you using rope, lanyards and other connecting devices? [WorkSafe BC 34.4.4]
          - Yes → Are you using Anchors? [WorkSafe BC 34.4.2]
            - Yes → Are you using other components such as Ascenders, Descenders, belay devices, back-up devices and fall arrestors? [WorkSafe BC 34.4.4]
              - Yes → Part 34 Applies
              - No → Other Parts Apply (Part 11.13.32)
            - No → Other Parts Apply (Part 11.13.32)
        - No → Other Parts Apply (Part 11.13.32)
    - No → Other Parts Apply (Part 11.13.32)
This assessment process was discussed and supported by WorkSafeBC following a meeting with WorkSafeBC Regulatory Practices Group and WorkSafeBC Rope Access Working Committee on November 24, 2016.

The decision tree can be used as a tool to help determine if a formal evaluation is necessary; a formal assessment will require additional support from Safety. The formal assessment process to evaluate the work activity requires a site visit to observe the work activity and document the types of equipment being used. This information is then evaluated against the criteria in the decision tree based on the WSBC definition of “Rope Access” and “Rope Access System” in OHSR s34.1–Definitions. To meet the definition of a rope access system, the system being used must meet ALL the criteria in the decision tree to fall under Part 34.

c. Records and Documentation

Formal Assessments of the work activities must be documented to provide justification on the decision and to assist with questions from WorkSafeBC inspections. The following table provides a list of documents for rope access assessments.

<table>
<thead>
<tr>
<th>Record</th>
<th>Purpose</th>
<th>Document Storage Location</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessment Inventory</td>
<td>Summary of BC Hydro Rope Access work activities</td>
<td>OSH Standard 608 – Fall Protection, Appendix 2</td>
<td>The inventory will include all formal assessments completed</td>
</tr>
<tr>
<td>Work Activity Assessment</td>
<td>Documents the decision process using the decision tree and the reason for the decision.</td>
<td>Local Facility</td>
<td>The activity document must be referenced in the relevant work procedure.</td>
</tr>
</tbody>
</table>
OSH Standard 609
Ladders
OSH Standard 609
Ladders

1. Scope

1.1 This standard applies only to the planned, or actual, use of fixed and portable ladders for BC Hydro work activity.

2. Purpose

2.1 The purpose of this standard is to provide corporate ladder use policy, principal safety requirements, and direction to other applicable standards, regulations or similar references to ensure ongoing safe work practice and regulatory compliance in ladder use.

3. Standard

3.1 General

3.1.1 Ladders are available, necessary, and considered acceptable apparatus for a wide variety of applications and activities in electrical utility work. A ladder may be used for access (ascent or descent), or it may be used temporarily for work positioning and execution. Ladder use must conform to WorkSafeBC OHS Regulation Part 13.

3.1.2 Consideration must be made for the use of a work platform, scaffolding, or an aerial lift device as an alternative to ladders whenever practicable. If work cannot be performed from a ladder without undue hazard to a worker, a work platform must be provided. (WorkSafeBC Regulation 13.6).

3.1.3 Depending on the nature of the intended ladder work and its assessment of risk, using a ladder during work at heights can be considered high hazard work. If this is the case, the requirements of OSH Standard 122, Job Planning, must be followed including the use of the Hazard Barrier Reference form to assist in identifying and documenting appropriate barriers on the tailboard.

3.1.4 Ladders must be confirmed to be appropriate for the work application and inspected for overall condition and work readiness before use. Refer also to Safety Practice Regulation (SPR) rule 308.

3.1.5 See Appendix 1 for the safe application of ladder related fall protection systems and also refer to OSH Standard 608 – Fall Protection.

3.2 Fixed Ladder Fall Protection

3.2.1 A fall arrest system will be used with ladders under the following conditions:

- A fixed ladder over 7.6 m (25 ft) without an approved cage.
- A fixed ladder with an approved cage over 15 m (50 ft).

3.2.2 A permanent fall protection system for fixed ladders shall be one of three types:

- A rail or cable running the entire length of the flight. This system must meet the requirements of ANSI A14.3–1992 when used as fall restraint, or CSA Z259.2.1–98 when used as fall arrest.
- A vertical synthetic rope lifeline rated as per ANSI A14.3 1992.
- A self–retracting lifeline.
3.3 Portable Ladder Use and Fall Protection

3.3.1 When working from a portable ladder, the requirements of WorkSafeBC Regulation 13.5 and the related guidance provided in Appendix 1 on ladder positioning, securement and use must be followed.

When ladders need to be secured for safe use, the worker may climb the unsecured ladder for the purpose of securing it prior to commencing work.

3.3.2 When working from a portable ladder above 3 m (10 feet) above grade (measured from the waist):

The use of fall protection is not required when:

- Performing “light duty tasks” for sporadic, short-term work.

The use of fall protection is required when:

- Work on a portable ladder is likely to exceed 15 minutes at one spot.
- A hazard exists that is greater than the fall impact on a flat surface.
- Working in proximity to high voltage equipment.

3.3.3 Per SPR 802.2 (a), for work from an unsecured ladder at a height of greater than 3 meters (10 feet) above grade there must be a second person present that is qualified and equipped to render or request emergency assistance.

3.3.4 Ladders made of wood, fibreglass, and aluminum are approved for general use. See SPR 308 and SPR 516.3 for rules using metal ladders.

3.3.5 All job-built ladders must conform to WorkSafeBC Standard LDR 1-2004.

3.3.6 Ladders in poor condition must be clearly labelled “Do Not Use” and removed from service for repair or destruction.

4. Roles and Responsibilities

4.1 Workers

4.1.1 Comply with the provisions of this standard and all referenced regulations as required.

4.2 Supervisors

4.2.1 Ensure available equipment is in good working order

4.2.2 Ensure fall protection provisions are established, understood, and in place

4.2.3 Confirm all elements of the safe work plan are in place before ladder work proceeds

5. Records and Documentation

None required.
6. References

6.1 ANSI Standard A14.3–1992, Safety Requirements for Fixed Ladders

6.2 CAN/CSA–Z259.2.1–98 (R2004)–Fall Arresters, Vertical Lifelines and Rails

6.3 OSH Standard 608 – Fall Protection

6.4 WorkSafeBC OHS Regulation Part 13, Ladders, Scaffolds and Temporary Work Platforms

6.5 WorkSafeBC OSH Guidelines Part 11 (G11.2(5)3), Fall Protection

6.6 WorkSafeBC Standard LDR 1–2004 (Job Built Ladders)

6.7 Safety Practice Regulations, Rules 308, 802.2 (a) and 516.3

7. Glossary

7.1 Fall Protection – A generic term embracing any Fall Restraint or Fall Arrest systems, equipment, work plans and work procedures that are used to minimize the risk of falling, and reduce or eliminate any possible injury resulting from a fall.

7.2 Fall Restraint – A work positioning system that prevents a worker from falling from a work position, or a travel restriction system such as guardrails or a personal fall protection system that prevents a worker from reaching to an edge from which the worker could fall.

7.3 Fall Arrest – A system that will stop a worker's fall before the worker hits the surface below (e.g. a full body harness with a shock absorbing lanyard connected to an approved anchor).

7.4 Self-retracting lifeline – Consists of a reel of stainless steel cable or nylon webbing that locks when an abrupt force is applied to the exposed section of the line. It is used as a fall arrest device and attaches to the back (dorsal) D ring of a full body harness.

Revision Rationale:

OSH Standard 609 V3–1 (Updated March 31, 2016): Clarification of section 3.1.3 for considering working from a ladder as high risk.

OSH Standard 609 V3–0 (Updated February 10, 2016): General rewrite of the standard to ensure alignment with and proper reflection of WSBC regulations, plus BC Hydro requirements from the Safety Practice Regulations. Note: Additional minor edit made February 22, 2016 removing ‘measure from the waist’ from section 3.3.2. Work height is to be measured from level being stood upon, the same as for fall protection.
Appendix 1

Fixed and Portable Ladder Safety

Application of Permanent Fall Protection Systems for Fixed Ladders

1. Vertical synthetic rope lifelines shall be connected to a permanent anchor having a minimum load capacity of 22 kN (5,000 lbs).

2. When a rope lifeline is suspended along the side of a fixed ladder, the back (dorsal) D ring on a full body harness shall be used to connect to the lifeline via a 0.6 m (2 ft) lanyard that is integrally sewn with a rope grab.

3. The chest (sternal) D ring shall be used only with systems that are fixed to the centre of the rungs, and attached to the rail or cable of a fixed ladder via a 23 cm (9 in) connector.

Light Duty Work from Portable Ladders

This will apply when working off of any kind of portable ladder doing a “light duty task,” such as inspection or painting, where the ladder will be at any one spot for sporadic, short-term work. Portable ladders include step ladders as well as extension step ladders.

Examples of sporadic short-term work:

• Temporary service pole connections
• Gaining access to roofs
• Brief Communications Protection and Control (CPC) work on pole-mounted recloser controls
• Inspection of exterior vents, gutters, and window seals;
• Caulking;
• Touch-up painting; and,
• Maintenance-type work (such as changing light bulbs).

1. Portable ladders must:

   • Be placed on a firm and level base to achieve a secure footing, or they must be lashed or held in position and,
   • Be positioned so that the horizontal distance from the base to vertical plane of support is approximately ¼ of the ladder length
   • Be positioned far enough away from an edge or floor opening to decrease the potential fall distance.

2. Where positioning of ladders stated above is not possible due to physical site limitations such as fences, sloping ground, obstructions, etc. the following criteria shall be used, in the order shown:

   • A second person will be present and the ladder will be suitably secured, or
   • A scaffold will be erected, by a competent person, to reach to the work location.

3. Workers will keep their centre of gravity (i.e. waist) between the side rails of the ladder, and, will have one hand available to hold on to the ladder or other support to maintain three points of contact.
4. Ladders used to gain access to a roof or other areas must extend at least 0.91 m (3 ft) above the support.

5. Ladders must not be modified.

6. Ladders must not be lashed together to make them longer.

7. Not more than one person may be on any ladder at one time.

8. At least one hand will be in contact with a ladder rung when climbing up or down the ladder. While climbing or descending, heavy or bulky objects shall not be carried, nor any other objects which may make ascent or descent unsafe.

There are CSA-approved products on the market, such as Laddermaster, Stabilad and Safe Set Ladder Base, which can be used to adapt regular ladders to uneven surfaces.
OSH Standard 801
Employees Working Alone
OSH Standard 801
Employees Working Alone

1. Scope

1.1 This standard covers the safety requirements and procedures for all employees working alone and worker checks. This standard does not address telecommuting from home which will be dealt with by the manager on a case by case basis as per 4.1.4.

2. Purpose

2.1 This standard establishes the WorkSafeBC requirements and procedures for employees working alone.

3. Standard

3.1 WorkSafeBC OHSR Part 4.20 – 4.23 requires employers to provide a means of periodically checking the well-being of a worker where the worker is employed under conditions which present a risk of disabling injury and when the worker might not be able to secure assistance in the event of injury or other mishap.

3.2 Before a worker is assigned to work alone or in isolation, the Manager must identify any hazards to the worker and take measures to eliminate the hazard or minimize the risk from the hazard. For further information, refer to hazard methodology in OSH Standard 110 – Hazard Identification and Risk Assessment.

3.3 To determine when a working alone procedure is required, the following factors need to be considered:

- Work on the electrical system including:
  - Substations
  - Working aloft
  - Working on towers
  - Hazardous process
  - Hazardous locations (physical or chemical, confined space, enclosed space)
  - Remote locations
  - Access (working on ladders)
  - Road conditions
  - Weather conditions
  - Frequency and duration of exposure
  - Working on waterways
  - Animals and people
  - Availability of communications
  - Availability of responsible personnel who would initiate a rescue.
3.4 The need for worker checks can be identified during the following times:

- If a hazardous situation is identified prior to a job, (worker–check procedures are required
- If a hazardous or potentially hazardous situation arises during the course of work, the worker recognizes this and initiates a worker–check to cover the duration of the activity.

3.5 A written Working Alone procedure for checking the well–being of a worker must be developed prior to the worker being assigned hazardous work to work alone or in isolation and communicated to all applicable workers (Appendix 1 and 2 provide sample procedures).

3.5.1 Before starting a job where hazards exist and the worker will be working alone, the worker must implement worker check procedures by notifying a worker–check authority and providing:

- The location of the job
- The nature of the job
- The expected time to complete the work
- Pre–determined time intervals the worker will call in at
  - Note: Time intervals must be appropriate to the nature, hazards, and circumstances of the work and cannot be less frequent than on arrival to and departure from the worksite.
- Means of communication, and
- Nature of rescue mission

3.5.2 Worker–check authorities must be capable and competent to discharge their work–check duties, and can include but are not limited to:

- Office Staff
- Control Centre
- Customer Restoration Centre (see Appendix 2 – CRC – Safety Check on One Man Crews)
- Headquarters
- Other workers
- Manager or crew leader
- Spouse/family member

3.5.3 The circumstances in which the worker might be required to work are many and varied; therefore worker checks shall be made at time intervals appropriate to the nature, hazards, and circumstances of the work. In no case shall these checks be less frequent than on arrival to and departure from the worksite.
3.5.4 The worker–check authority, when notified that a worker is working alone or travelling in remote areas, must record in the daily log, the time and all pertinent information regarding the worker involved as stated in clause 3.5.1. In addition, the worker–check authority must set a timer to alarm at the prearranged time as agreed with the worker in clause 3.5.1.

3.5.5 If a worker fails to call the work–check authority at the agreed upon time, the worker–check authority will attempt to contact the worker via the means identified in clause 3.5.1.

3.5.6 If the work–check authority is unsuccessful in contacting the worker, the worker–check authority will initiate a rescue response to the worksite of the worker and, shall remain involved with the rescue mission to its conclusion. The worker–check authority will ensure that all other persons are safe and/or transported from the site.

3.5.7 Worker–check shall not be passed from one worker–check authority to another without the worker being contacted and the worker setting up a worker–check with the new worker–check authority.

3.6 All workers in section 3.5 and any person assigned as worker check authority must be trained in the written procedure and be familiar in what actions are necessary.

3.7 The working alone check procedure must be reviewed annually or more frequently if

- There is a change in work arrangements which could adversely affect a worker’s well-being or safety, or
- A report that the procedures are not working effectively

4. Roles and Responsibilities

4.1 Managers

4.1.1 Ensure that hazard identification and risk assessments have been carried out to identify any hazards to the worker and take measures to eliminate the hazard or minimize the risk from the hazard as per OSH Standard 110—Hazard Identification and Risk Assessment.

4.1.2 Ensure that a written working alone procedure (which includes the time interval between checks, the procedure to follow in case the worker cannot be contacted and provisions for emergency rescue) is developed to check the well-being of workers who are assigned work where hazardous conditions are present and who work alone.

4.1.3 Ensure that workers in 3.5 and their Work Check Authority are trained in the written procedure.

4.1.4 Ensure that workers telecommuting (working from home) have conducted a self assessment of their work area for hazards (e.g. loose electrical cords, ergonomic hazards) prior to authorizing the work.

4.1.5 Ensure the written procedure is reviewed annually, or more frequently as per 3.7.

4.2 Workers

4.2.1 Ensure Working Alone procedures are appropriate for the job and risk involved

4.2.2 Follow the Working Alone procedure

4.2.3 Notify a worker–check authority before starting each hazardous job requiring worker check procedures and provide information as per 3.5.1

4.2.4 Call the worker–check authority at the agreed upon time

4.2.5 Ensure training in the Working Alone procedure was received and understood
4.3 Worker Check Authority

4.3.1 Must be capable and competent to implement their worker check duties

4.3.2 When notified that a worker is working alone or travelling in remote areas, must record information received in 3.5.1

4.3.3 Must set a timer to alarm at the prearranged time as agreed with the worker in 3.5.1

4.3.4 Attempt to contact the worker via the means identified in clause 3.5.1 if the worker fails to call at the agreed upon time

4.3.5 If unsuccessful in contacting the worker, initiate a rescue response to the worksite of the worker and, shall remain involved with the rescue mission to its conclusion

4.3.6 Ensure that all other persons are safe and/or transported from the site

4.3.7 Shall not pass on the worker–check authority without contacting the worker to enable the worker to set up a worker–check with the new worker–check authority

5. Records and Documentation

5.1 Local Working Alone Procedure (based on hazards and controls)

6. References

6.1 WorkSafeBC OHSR Part 4 Working Alone or In Isolation Section 4.20 to 4.23

6.2 Appendix 1 – Example of Hazard Level Descriptions

6.3 Appendix 2 – Example of a Working Alone Procedure

6.4 Appendix 3 – Example of a Safety Check on One Man Crews

Revision Rationale: Completely revised to reflect WorkSafeBC revisions, improve clarity and include examples of hazard level descriptions, a sample working alone procedure and safety check on one person crews.
### Appendix 1

**Example of Hazard Level Descriptions**

<table>
<thead>
<tr>
<th>Description</th>
<th>Check-In Required</th>
<th>Procedures</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 No Recognized Hazard</td>
<td>No</td>
<td>Suggest sign-out board, itinerary or calendar</td>
</tr>
<tr>
<td>2 Recognized Hazard</td>
<td>No</td>
<td>Sign-out board, itinerary or calendar</td>
</tr>
<tr>
<td>3 No immediate assistance available</td>
<td>Yes</td>
<td>Written work-check procedure is required</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Set communication time</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Worker-check may require a sign-out board, itinerary, calendar and alternative contact.</td>
</tr>
</tbody>
</table>
Appendix 2

Example of a Working Alone Procedure

Procedure

As part of pre-job or preliminary job planning discussions, an appropriate check-in schedule must be arranged when a worker is working alone under conditions that present a significant hazard of disabling injury. The worker must comply with the following procedures:

• Before starting the job, the worker will call the worker-check authority giving the location, estimated duration of the job, check-in schedule and type of communication (radio, PAX, telephone, cell phone, etc.). This information shall be recorded in a “worker-check” log and a timer will be set to alarm at the end of the designated time.

• If the duration of the work exceeds the estimated time, the worker will call the worker-check authority before the time estimate expires and provide them with a new estimate.

• After completing the work, the worker shall call the worker-check authority to let them know.

Note:
Worker-check authority is usually staffed from 08:00 hours to 16:00 hours, Monday to Friday. Workers working alone during non-regular hours must report to a worker-check authority that is available in the applicable time period. This may be a control centre or a contracted agency that is available 24 hours per day.

Shift Change of Worker-check Authority

Worker-check shall not be passed from one worker-check authority to another without the worker being contacted and the worker setting up a worker-check with the new worker-check authority.

Failure to Check In

When a worker does not contact the worker-check authority within the time estimate, immediate attempts will be made to contact the worker. These calls must be completed within 10 minutes of the elapsed time. The worker in the field must respond immediately.

If there is no response to the call back, the worker-check authority shall arrange for someone to check the worker at the work site as soon as possible, starting with:

• Any crew or other individual known to be near the job site
• The worker’s immediate Supervisor or Manager
• The Area Manager
• Local Police

Special Situations

This general procedure may not suffice to cover all situations. For specific requirements, pertinent work procedures will be issued by the worker’s Manager.
In House Worker–checks

- The worker–check authority may be called upon to extend similar service after regular working hours to contractors and construction workers when on call out or working alone.

Outside Services Worker–checks Can Include But Not Limited To:

- Telecom Facilities Maintenance (TFM) Department may be called upon to extend similar service to personnel working alone at microwave sites under conditions which present a significant hazard to the worker.
- Customer Restoration Centre (see Appendix 2)
- Other crews or individuals
Appendix 3

Example of a Safety Check on One Man Crews

T10-22 Safety Check On One Man Crews

Policy  The Customer Restoration Centre (CRC) will be responsible for carrying out safety checks on one man crews

General

1. A safety check is done on a one man crew to ensure that the worker has not encountered a personal safety problem in performing his work.
2. The CRC has been designated the worker check authority.
3. The CRC has agreed to provide Field Operations with one man crew safety checks. Other departments that have requested the CRC to be their safety check authority are Vehicle Services, Telecontrol, Safety Division, and the Material Management Business Unit (MMBU).
4. The CRC maintains a daily man check log and elapsed time timers at each dispatcher station to record the location and duration of the crew's activity.

Procedure

1. Before starting each job, the worker contacts the CRC to let a dispatcher know:
   - His/her location
   - The estimated duration of the job (usually no longer than 30 minutes)
   - His/her contact number, i.e. cellular phone number, radio repeater, etc.
2. The CRC dispatcher records the information in the daily man check log.
3. The dispatcher starts the timer which is set for no longer than 30 minutes.
4. When the worker has completed the job within the estimated time, he/she contacts the CRC dispatcher.
5. The dispatcher records the clearance time in the log, and clears the timer.
6. If the worker fails to check in within the time estimate, the dispatcher will immediately attempt to contact the worker. Three attempts will be made to contact the worker.
7. All three attempts to contact the worker must be made within 10 minutes.
8. Each attempt made to contact the worker is recorded in the log.
   Note: If the worker is at a known customer address with a valid phone number, the dispatcher can call that number to verify the status of the worker.
9. If there is no response within the 10 minutes, the CRC dispatcher will:
   (a) Dispatch the nearest available fellow worker to check on the worker at the site as soon as possible, AND
   (b) Notify the worker's immediate manager, or standby manager.
   (c) Failing (a) or (b) above, request the fire department or police to check on the status of the worker.